HEAT 1 RESULTS • UNDER 10:46 SEED TIMES								
plc	time	bib	last name	first	team	sex	age	division
1	9:32.0	359	Konugres	James	Ballard HS	Male	18	Single entry February 4
2	9:45.1	362	Van Dooren	Tyler	Club Northwest	Male	26	Single entry February 4
3	9:52.0	212	Randal	Max	Redmond HS	Male	17	SR Senior
4	9:59.8	8	Christen	lan	Club Northwest / NKit HS	Male	21	CO College (Grade 15 to grad)
5	10:01.1	357	Fisher	Chris	Club Northwest	Male	21	Single entry February 4
6	10:07.6	44	Garcia	Anthony	Jackson HS XC	Male	17	SR Senior
7	10:08.9	364	Schorr	Ari	Club Northwest / MIHS	Male	27	Single entry February 4
8	10:09.6	363	Kliot	Gabriel	Club Northwest	Male	39	Single entry February 4
9	10:12.6	72	Grode	Caleb	Jackson HS XC	Male	17	JR Junior
10	10:13.4	206	Skoog	Joseph	Jackson HS XC	Male	16	SO Sophomore
11	10:14.3	48	Sheh	Joseph	Seattle Prep	Male	17	JR Junior
12	10:17.0	366	Kent	Dylan	Club Northwest	Male	29	Single entry February 4
13	10:18.9	85	Dimond	Al	Club Northwest / York HS	Male	32	30 Ages 30-39
14	10:20.1	84	Nickum	Eric	Redmond HS	Male	17	JR Junior
15	10:22.0	397	Tate	Dax	Husky RC	Male	20	Single entry February 4
16	10:27.0	20	Maier	Jonathan	Ballard HS	Male	17	SR Senior
17	10:27.4	171	Shekut	Sam	Husky RC	Male	18	CU College Uclass (Grds 13-14)
18	10:29.6	365	Shaikh	Waqar	Club Northwest	Male	35	Single entry February 4
19	10:30.4	105	Kim	Christian	Jackson HS XC	Male	17	SR Senior
20	10:30.6	361	DeJarlais	Nick	Cascade Striders	Male	17	Single entry February 4
21	10:34.4	3	Killalea	Jack	Seattle Prep	Male	17	SR Senior
22	10:38.9	100	Brennan	Conor	Seattle Prep	Male	17	JR Junior
23	10:39.4	356	Ramos	Micah	Jackson HS XC	Male	16	Single entry February 4
24	10:40.4	27	Skepetaros	Sebastian	Ballard HS	Male	18	SR Senior
25	10:40.9	44	Sheh	Charles	Seattle Prep	Male	17	JR Junior
26	10:49.0	213	Gruen	Henry	Seattle Prep	Male	16	JR Junior
27	11:04.4	89	Hsu	Alex	Redmond HS	Male	17	JR Junior
				HEAT 2 RES	SULTS · 10:46-11:45 SEED T	IMES		
plc	time	bib	last name	first	team	sex	age	division
1	10:43.7	142	Cretu	George	Redmond HS	Male	15	SO Sophomore
2	10:49.1	118	Mason	Travis	Redmond HS	Male	16	Single entry February 4
3	10:53.4	115	Murphy	Daniel	Cedarcrest Schl	Male	16	JR Junior
4	10:54.3	121	Ashley	Ethan	Redmond HS	Male	16	SO Sophomore
5	10:56.5	379	Young	Paul	Club Northwest	Male	25	Single entry February 4
6	10:57.1	132	Serrano	John	West Seattle HS	Male	18	SR Senior
7	10:58.3	162	O'Hearn	John	Club Northwest / CC HS	Male	54	50 Ages 50-59
8	10:59.1	114	Young	Justin	Cedarcrest Schl	Male	16	JR Junior
9	11:02.8	151	Masunaga	Jun	CNW / E-W HS XC	Male	16	JR Junior
10	11:04.0	221	Omar	Ibrahim	Foster HS	Male	15	Single entry February 4
11	11:11.4	45	Borgal	Kane	Jackson HS XC	Male	15	SO Sophomore
12	11:11.8	170	Cheah	Aaron	Husky RC	Male	19	CU College Uclass (Grds 13-14)
		1			1			
13	11:12.2	110	Shin	Nathaniel	Jackson HS XC	Male	14	FR Freshman

15	11:16.5	76	Ramos	Joshua	Jackson HS XC	Male	14	FR Freshman
16	11:19.3	124	Kebede	Mekas	Renton HS	Male	15	FR Freshman
17	11:19.8	360	Olson	Jacob	Ballard HS	Male		Single entry February 4
18	11:21.7	97	Ponton	Josiah	E-W HS XC	Male	14	MS Middle School (Grades 7-8)
19	11:23.4	381	Dallas	Lucas	Unattached	Male	18	Single entry February 4
20	11:27.7	195	Konnai	Kyota	Unattached	Male	38	30 Ages 30-39
21	11:32.9	203	Hendry	Benjamin	Ballard HS	Male	15	SO Sophomore
22	11:33.3	137	Ruiz	Christopher	Ballard HS	Male	16	JR Junior
23	11:38.2	4	Corley	Steve	Cascade Striders	Male	46	40 Ages 40-49
24	11:38.9	174	Bleakley-Harris	Stephen	Unattached	Male	11	El Elem Intermediate (Grds 4-6)
25	12:10.8	224	DeJarlais	Emily	Cascade Striders	Female	13	MS Middle School (Grades 7-8)
				HEAT 3 RES	ULTS • 11:46-13:00 SEED T	IMES		
plc	time	bib	last name	first	team	sex	age	division
1	11:23.9	358	Wetherington	Jacob	Unattached	Male	17	Single entry February 4
2	11:26.6	197	Souza-Ponce	Eric	Ballard HS	Male	13	MS Middle School (Grades 7-8)
3	11:32.7	108	Perry	Joshua	Jackson HS XC	Male	14	FR Freshman
4	11:44.9	375	Wroblewski	Stephanie	E-W HS XC	Female	15	Single entry February 4
5	11:49.4	70	Fraser	Seamus	Port Townsend HS	Male	14	FR Freshman
6	11:49.8	80	Villeneuve	Denis	CNW / Redmond HS	Male	60	60 Ages 60-69
7	11:52.6	376	Boland	Sydney	E-W HS XC	Female	18	Single entry February 4
8	11:53.3	67	Fraser	lan	Club Northwest / PtT HS	Male	43	40 Ages 40-49
9	12:03.2	1	Carr	Paul	Club Northwest	Male	53	50 Ages 50-59
10	12:04.5	368	Killalea	Hugh	Seattle Prep	Male	15	Single entry February 4
11	12:09.1	42	Bentley	John	Seattle Prep	Male	14	FR Freshman
12	12:12.3	216	Lahman	Miranda	Club Northwest / Niwot CO		24	20 Ages 20-29
13	12:19.7	49	Stoner	Jack	Seattle Prep	Male	15	FR Freshman
14	12:19:7	210	Skoog	Anna	Jackson HS XC	Female	14	FR Freshman
15	12:20.8	690	Nilsson	Sven	Ballard HS	Male	15	HS High School (Grades 11-12)
16	12:22.7	60		Dan	Club Northwest	Male	55	50 Ages 50-59
17	12:22.7	653	Spencer	Neil	Unattached	Male	30	Single entry February 4
				Emma				, ,
18 19	12:28.2 12:29.1	66 58	Bury Klingman	J.D.	Redmond HS Club Northwest	Female Male	16 57	JR Junior 50 Ages 50-59
20	12:31.6	32	Doherty	Emma	Ballard HS	Female	17	SR Senior
21	12:42.5	208	Brodsky	Krystal	Redmond HS	Female	18	SR Senior
22	12:42.5	53	McShane	Olivia	CNW / Blanchet HS	Female	17	SR Senior
23	12:50.5	113	Rowley	John	Everett HS	Male	56	50 Ages 50-59
24	12:52.2	111	Couvrette		Unattached	Male	28	20 Ages 20-29
25	12:52.2	18	Munro	Brent	North Central HS	Female	32	30 Ages 30-39
								0
26	12:58.7	176	Schemmel	Michael	Club Northwest	Male	45	40 Ages 40-49
27	13:07.1	176	Baker	Barry	CNW / RS4L	Male	58	50 Ages 50-59
28	13:14.6	90	Peterson	Rian	Redmond HS	Male	17	SR Senior
29	13:15.4	31	Klebeck	Lucy	Club Northwest	Female	15	SO Sophomore
30	13:17.5	123	Wells	Emma	CNW / Blanchet	Female	17	SR Senior
31	13:20.0	88	Anderberg	Mike	Ingraham HS	Male	61	60 Ages 60-69

HEAT 4 RESULTS • 13:01-15:00 SEED TIMES								
plc	time	bib	last name	first	team	sex	age	division
1	13.11.5	119	Haffey	Connor	Unattached	Male	31	30 Ages 30-39
2	13.13.9	101	Ward	Susan	Unattached	Female	50	Single entry February 4
3	13.16.7	117	Weber	Annika	Northwest Schl	Female	12	MS Middle School (Grades 7-8)
4	13.18.8	69	Fraser	Alice	Port Townsend HS	Female	38	30 Ages 30-39
5	13.21.6	133	Butler	Ailey	Redmond HS	Female	16	JR Junior
6	13.27.1	161	Meyer	Tasia	Redmond HS	Female	16	SO Sophomore
7	13.29.3	15	McInnes	Stacia	E-W HS	Female	49	40 Ages 40-49
8	13.32.6	73	Grode	Sadie	Jackson HS XC	Female	14	FR Freshman
9	13.35.1	129	Joyce	Regina	Oiselle	Female	59	50 Ages 50-59
10	13.36.3	198	Berntsen	Steve	CNW / Shorecrest	Male	61	60 Ages 60-69
11	13.40.9	160	Rozler	Jennifer	Run Seattle 4 Life	Female	46	40 Ages 40-49
12	13.41.6	35	Leary	Peter	Rain City Flyers	Male	12	MS Middle School (Grades 7-8)
13	13.46.2	148	Redpath	Veronica	Ballard HS	Female	16	JR Junior
14	13.46.7	178	Kunkle	Karl	CNW / RS4L	Male	62	60 Ages 60-69
15	13.52.7	377	Mirenzi	Anna	Ballard HS	Female	21	Single entry February 4
16	13.53.4	382	Howard	Neal	Ballard HS	Male	27	Single entry February 4
17	13:56.4	680	Donlea	Tom	Unattached	Male	49	40 Ages 40-49
18	13.58.3	10	Miller	Viole	Rain City Flyers	Female	12	MS Middle School (Grades 7-8)
19	14.00.7	130	Neal	Michelle	Oiselle	Female	55	50 Ages 50-59
20	14.02.2	173	Bleakley-Harris	Haylie	Unattached	Female	13	MS Middle School (Grades 7-8)
21	14.04.6	175	Harris	David	Unattached	Male	54	50 Ages 50-59
22	14.07.0	223	Callen	Isabel	E-W HS XC	Female	18	SR Senior
23	14.07.4	378	Murphy	Kat	Unattached	Female	13	Single entry February 4
24	14.07.8	373	Wroblewski	Cecilia	E-W HS XC	Female	14	Single entry February 4
25	14.08.2	168	Siehl	Ruby	Ballard HS	Female	14	FR Freshman
26	14.00.2	196	Souza-Ponce	Anya	Rain City Flyers	Female	11	El Elem Intermediate (Grds 4-6)
27	14.11.1	23	Pickering	Ella	Ballard HS	Female	16	SO Sophomore
28	14.15.0	11	Woolley	Melissa	Unattached	Female	43	40 Ages 40-49
29	14:15.8	214	Engler	Claire	Redmond HS	Female	17	SR Senior
30	14:18.7	140	Kearns	Jonah	Rain City Flyers	Male	9	EP Eleme Primary (Grades 3-un)
31	14:18.7	83	Fortson	Edward	Unattached	Male	56	50 Ages 50-59
32	14:24.2	153	Oliveira	Mike	Interlake HS	Male	40	40 Ages 40-49
33	14.24.2	177	McKay	Peter	Club Northwest	Male	55	50 Ages 50-59
34	14.25.4	81	Ishiyama	Yasuhiro	Ballard HS	Male	18	SR Senior
35	14:37.8	371	Kranwinkle	Rose	Ballard HS	Female	15	Single entry February 4
			McGill		Club Northwest / LincolnH			, ,
36	14.38.2	143		Jim		Male Female	68 44	60 Ages 60-69 40 Ages 40-49
37	14.45.3	154	Harvie	Sandra	Run Seattle 4 Life			
38	14:50.4	156	Prince	Crista	Pacific Grove HS	Female	49	40 Ages 40-49
39	15.00.4	185	Bateson	Colin	Unattached	Male	33	30 Ages 30-39
40	15.17.1	21	Maier	Joel	Ballard HS	Male	50	50 Ages 50-59
41	15.19.5	99	Brennan	Sean	Unattached	Male	54	50 Ages 50-59
42	15.37.9	59	Mirenzi	Bob	Ballard HS	Male	61	60 Ages 60-69

HEAT 5 RESULTS • 15:01-17:00 SEED TIMES										
plc	time	bib	last name	first	team	sex	age	division		
1	14.33.2	380	MacDonald	Bill	Unattached	Male	29	Single entry February 4		
2	15.04.2	383	Rodgers	Perry	ES Runners	Male	54	Single entry February 4		
3	15.07.3	98	Muto	Paul	Highline HS	Male	69	60 Ages 60-69		
4	15:18.9									
5	15.20.5	152	Masunaga	Mio	CNW / Westgate Schl	Female	9	El Elem Intermediate (Grds 4-6)		
6	16.08.3	384	Gullufsen	George	Unattached	Male	64	Single entry February 4		
7	16:09.0	184	Gray	Patrick	Unattached	Male	65	60 Ages 60-69		
8	16.21.9	157	Schultz	Karen	Run Seattle 4 Life	Female	38	30 Ages 30-39		
9	17.47.4	147	Redpath	Étienne	Rain City Flyers	Male	10	El Elem Intermediate (Grds 4-6)		
10	17.50.4	2	Sherrill	John	CNW / ES Runners	Male	70	70 Ages 70-plus		
11	17:55.0									
12	17:55.4									
	HEAT 6 RESULTS · 17:01-UP SEED TIMES									
plc	time	bib	last name	first	team	sex	age	division		
1	15:49.4	172	Bleakley	Marie	Unattached	Female	48	40 Ages 40-49		
2	16:42.7	222	Skoog	Allison	Penny Creek Elem	Female	10	El Elem Intermediate (Grds 4-6)		
3	17:17.6	25	Burns	Eileen	Run Seattle 4 Life	Female	36	30 Ages 30-39		
4	17:27.1	120	Stocker	Mary	Club Northwest / OHarbor	Female	56	50 Ages 50-59		
5	17:29.5	144	Adams	Sophe	Ballard HS	Female	16	JR Junior		
6	17:34.8	38	Paddock	Randy	Unattached	Male	46	LH Love Handles		
7	17:44.3	68	Fraser	Fiona	Port Townsend HS	Female	9	El Elem Intermediate (Grds 4-6)		
8	17:44.7	?	Navot	Neta	Unattached	Male	8	Single entry February 4		
9	17:50.1	135	Butler	Ryan	Redmond HS	Male	15	FR Freshman		
10	18:03.6	181	West	Jeff	Unattached	Male	35	30 Ages 30-39		
11	18:12.7	188	Carter	Sonya	Rain City Flyers	Female	8	EP Eleme Primary (Grades 3-un)		
12	18:20.9	112	Martinello	Tamara	Renton HS	Female	51	50 Ages 50-59		
13	18:55.2	36	Miller	Andrew	Unattached	Male	51	50 Ages 50-59		
14	19:00.7	688	Nelson	Phyllis	Eastside Runners	Female	69	60 Ages 60-69		
15	19:24.6	145	Adams	Lance	Unattached	Male	46	LH Love Handles		
16	19:49.2	180	Couvrette	Chuck	Unattached	Male	63	60 Ages 60-69		
17	20:25.7	179	Couvrette	Barbara	Unattached	Female	63	60 Ages 60-69		
18	20:37.4	330	Simpson	Phoebe	John Rogers Elem	Female	10	El Elem Intermediate (Grds 4-6)		
19	20:51.2	63	Stoddard	Neal	Unattached	Male	73	70 Ages 70-plus		
20	29:47.0	54	Wright	Gary	Unattached	Male	78	70 Ages 70-plus		