

42nd Annual Series • CNW Summer All-Comers Track & Field • Meet 7 • Wednesday, July 7, 2010

Meet sponsored by SUPER JOCK 'N JILL, an all-comers supporter for more than 30 years!

Series kid's ribbons sponsored by A Child Becomes Pre-School

Shoreline District Stadium, Shoreline, Washington

Finally, too much summer...

OUTSTANDING PERFORMANCES

Male -- Will Conwell (CNW), discus throw.

Female -- Carly Dockendorf, pole vault, and Amy-Eloise Neale (STC), mile run.

TOTAL ENTRIES -- 549

Full disclosure financials -- \$1378 gate and passes income

FIELD EVENT RESULTS

Kid's High Jump

1. Chinne Okoronkwo (KTC/F12) 1.45m (4-9); 2. (tie) Anna Richards (Shln Camp/F13) and Xandria Korn (KTC/F12) 1.40m (4-7); 4. Grant Whitworth (un/M12) 1.25m (4-1 1/4); 5. Sam Moschel (un/M13) 1.25m (4-1 1/4); 6. James Williamson (Shln Camp/M12) 1.10m (3-7 1/4); 7. Cruise Cauvin (Shln Camp/M12) 1.05m (3-5 1/4); 8. Liam Elias (Shln Camp/M10) 1.05m (3-5 1/4); 9. Daniel Hartman (Shln Camp/M10) 1.00m (3-3 1/4); 10. Bennett Dondoyano (un/M11) 0.81m (2-8); nh. Alec Rust (un/M06), Blake Martin (un/M13), and Bradley Martin (un/M11).

Women's High Jump

1. Emily Corona (un/F17) 1.65m (5-5); 2. Stephanie Burk (un/F19) 1.50m (4-11); 3. (tie) Jennie Hartwell (un/F17) and Maddie Anderson (un/F15) 1.45m (4-9).

Men's High Jump

1. Doug Misner (un/M23) 2.00m (6-6 3/4); 2. Brandon Roddewig (un/M19) 2.00m (6-6 3/4); 3. Josh Gordon (un/M16) 1.90m (6-2 3/4); 4. Chris Tobey (CNW/M43) 1.50m (4-11); 5. Rob Stone (un/M67) 1.50m (4-11); 6. Kwame Turner (un/M67) 1.30m (4-3 1/4); nh. Bill Church (un/M54).

Women's Pole Vault

1. Carly Dockendorf (un/F27) 4.30m (14-1 1/4); 2. Shawna Kelly (un/F18) 2.75m (9-0 1/4); 3. Montana Pellegrini (un/F15) 2.60m (8-6 1/4); 4. Chinne Okoronkwo (KTC/F12) 2.45m (8-0 1/2); 5. Stacia Martineau (un/F17) 2.30m (7-6 1/2); nh. Kelley DiVesta (un/F24), Karis Anderson (CNW/F19), Alecia Longsine (un/F17), and Natalie Franze (un/F17).

Men's Pole Vault

1. Adam Boase (un/M18) 3.95m (12-11 1/2); 2. Shamus Mukai (un/M18) 3.80m (12-5 1/2); 3. Sean Mukai (un/M18) 3.50m (11-5 3/4); 4. Lev Marcus (un/M15) 3.50m (11-5 3/4); 5. Bryton Rodgers (un/M16) 3.50m (11-5 3/4); 6. Travis Steve (un/M18) 3.35m (11-0); 7. Nathan Philips (un/M??) 3.35m (11-0); 8. Russell Jacquet-Acea (un/M57) 2.75m (9-0 1/4); 9. (tie) Michael Tang (un/M17) and Nick Shugart (un/M13) 2.75m (9-0 1/4); 11. Dave Butler (CNW/M70) 2.45m (8-0 1/2); 12. Zach Shugart (un/M12) 2.30m (7-6 1/2); nh. Chris Tobey (CNW/M43), Jamie Wilson (un/M??), Scott Elliott (un/M20), and Robby Fegles (Lane/M21).

Kid's Long Jump

1. Gada Lajavkaite (un/F14) 4.34m (14-2 3/4); 2. Grant Whitcutt (un/M12) 3.92m (12-10 1/4); 3. Nathan Tipyasothi (ShlnCamp/M14) 3.85m (12-7 1/2); 4. Bennett Dondoyano (un/M11) 3.77m (12-4 1/2); 5. Owen Donnelly (ShlnCamp/M12) 3.40m (11-1 3/4); 6. Liam Elias (ShlnCamp/M10) 3.22m (10-6 3/4); 7. James Williamson (ShlnCamp/M12) 3.18m (10-5 1/4); 8. Jack Mardon (un/M08) 2.96m (9-8 1/2); 9. Amber Rose (ShlnCamp/F13) 2.88m (9-5 1/2); 10. Bradley Martin (un/M11) 2.79m (9-1 3/4); 11. Paul Richards (ShlnCamp/M10) 2.73m (8-11 1/4); 12. Cruise Cauvin (un/M12) 2.73m (8-11 1/4); 13. Gustav Johannson (un/M11) 2.67m (8-9); 14. Ashley Saenz (un/F08) 2.47m (8-1 1/4); 15. Rylee Reese (un/F07) 2.45m (8-0 1/2); 16. Jenna Ramsdell (un/F10) 2.41m (7-11); 17. Zoe Dunnewind (ShlnCamp/F09) 2.37m (7-9 1/4); 18. Justin Fehler (un/M12) 2.26m (7-5); 19. Eric Lopit (un/M09) 2.25m (7-4 1/2); 20. Cameron Manes (un/M12) 2.15m (7-0 3/4); 21. Craig Elias (ShlnCamp/M08) 2.06m (6-9); 22. Mason Tobey (CNW/M05) 1.97m (6-5 1/2); 23. Dylan Tyler (un/M07) 1.84m (6-0 1/2); 24. Mercy Haub (un/F05) 1.81m (5-11 1/4); 25. Arianna Riley (un/F07) 1.81m (5-11 1/4); 26. Alec Rust (un/M06) 1.68m (5-6 1/4); 27. Detric Riley (un/M05) 1.43m (4-8 1/4); 28. Marco Saenz (un/M06) 1.39m (4-6 3/4); 29. Jack Tyler (un/M??) 1.36m (4-5 1/2); 30. Caprice Coffey (un/M04) 1.35m (4-5)

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1/4); 31. Aaron Haub (un/M04) 1.34m (4-4 3/4); 32. Naia Langland (un/F03) 1.21m (3-1 3/4); 33. Kahlil Richards (un/M03) 1.06m (3-5 3/4); 34. Cael Scanlon (un/M05) 1.00m (3-3 1/4); 35. Elijah Haub (un/M02) 0.50m (1-7 3/4); 36. Camila Saenz (un/F04) 0.50m (1-7 3/4).

Women's Long Jump

1. Melissa Webb (un/F17) 4.57m (15-0); 2. Mo Moschel (un/F18) 4.40m (14-5 1/4); 3. Jessica Tran (un/F15) 3.83m (12-6 3/4).

Men's Long Jump

1. Christian Crain (un/M20) 6.80m (22-3 3/4); 2. Josh Gordon (un/M16) 6.11m (20-0 1/2); 3. Sean Dever (un/M17) 6.10m (20-0 1/4); 4. Nicholas Sinclair (un/M16) 5.87m (19-3); 5. Michael Tang (un/M17) 5.61m (18-4 3/4); 6. Colton Rud (un/M17) 5.41m (17-9); 7. Dan Tran (un/M17) 5.39m (17-8 1/4); 8. Raphael Fish (un/M18) 5.22m (17-1 1/2); 9. Emmett Lam (un/M17) 5.12m (16-9 1/2); 10. Daniel Snowden (un/M33) 5.10m (16-8 3/4); 11. Gifton Okoronkwo (un/M15) 5.02m (16-5 3/4); 12. Kevin Law (un/M17) 5.00m (16-4 3/4); 13. Byron Dondoyano (un/M42) 3.40m (11-1 3/4).

Women's Triple Jump

1. Elisa Ahern (un/F16) 10.44m (34-3); 2. Michaela Hendrix (un/F14) 9.65m (31-8); 3. Mo Moschel (un/F18) 9.46m (31-0 1/2); 4. Stephanie Burk (un/F19) 9.29m (30-5 3/4); 5. Melissa Webb (un/F17) 8.99m (29-6); 6. Amy Russell (un/F30) 8.44m (27-8 3/4).

Men's Triple Jump

1. Colton Rud (un/M17) 11.33m (37-2); 2. Emmett Lam (un/M17) 11.01m (36-1 1/2); 3. Dustin Allen (un/M16) 9.87m (32-4 1/2); 4. Bennett Dondoyano (un/M11) 8.35m (27-4 3/4); nm. Michael Tang (un/M17) and Dan Tran (un/M17).

Kid's Shot Put

(12lb) 1. Nick Demars (un/M14) 9.80m (32-1 3/4).

(4kg) 1. Brock Eager (un/M14) 10.05m (32-11 3/4); 2. Paige Stillwell (un/F14) 6.00m (19-8 1/4).

(6lb) 1. Meghan Hanrahan (un/F13) 9.81m (32-2 1/4); Jillian Nordness (KTC/F13) 6.32m (20-8 3/4).

Women's Shot Put

(4kg) 1. Molly Meyers (un/F18) 11.10m (36-5); 2. Madison Stillwell (un/F15) 9.89m (32-5 1/4); 3. Carolyn Blood (un/F21) 8.53m (27-11 3/4); 4. Kelly Besmer (un/F18) 8.34m (27-4 1/2).

(3kg) 1. Connie Schmidt (un/F53) 10.96m (35-11 1/2).

Men's Shot Put

(16lb) 1. Tim Abbott (un/M17) 11.33m (37-2); 2. Dylan Woll (un/M18) 10.44m (34-3).

(3kg disabled) 1. Steve Ferreira (CNW/M21) 3.16m (10-4 1/2)

Women's Discus Throw

(1.0kg) 1. Maggie Roe (NewpHS/F18) 33.20m (108-11); 2. Carolyn Blood (un/F21) 32.12m (105-4); 3. Sophie Hallam-Eames (un/F17) 31.46m (103-2); 4. Jennifer Hoang (un/F17) 27.26m (89-5); 5. Renee Gingeresky (un/F19) 26.48m (86-10); 6. Kylie Rebich (un/F18) 26.09m (85-7); 7. Vanessa Tran (un/F17) 24.41m (80-0); 8. Meghan Hanrahan (un/F13) 23.22m (76-2 1/4); 9. Madison Stillwell (un/F15) 23.07m (75-8 1/4); 10. Paige Stillwell (un/F14) 15.44m (50-7 3/4).

Men's Discus Throw

(2.0kg) 1. Will Conwell (CNW/M27) 55.17m (180-11); 2. Conner Larned (un/M20) 48.50m (159-1); 3. Derrick Eager (un/M18) 47.21m (154-10); 4. Tim Abbott (un/M17) 37.30m (122-4); 5. Cory Nau (un/M23) 35.81m (117-5); 6. Rod Wilcox (CNW/M44) 30.47m (99-11).

(1.6kg) 1. Derrick Eager (un/M18) 58.87m (193-1); 2. Nick Demars (un/M14) 33.88m (111-2); 3. Brock Eager (un/M14) 25.99m (85-3); 4. Micah Snodgrass (un/M59) 15.62m (51-3).

(1.5kg) 1. Russell Jacquet-Acea (un/M57) 28.36m (93-0).

(1.0kg) 1. Greg Stotsenberg (CNW/M60) 41.20m (135-2); 2. Brock Eager (un/M14) 35.19m (115-5); 3. Roger Vergin (CNW/M72) 22.17m (72-8 3/4); 4. Steve Ferreira (CNW/M21) 9.03m (29-7 1/2).

Kid's TurboJav™ Toss (measured in yards)

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1. Gustav Johannson (un/M11) 21y; 2. Jack Mardon (un/M08) 20y; 3. Ravi Regan-Hughes (un/M11) 20y; 4. Claudia Hubbard (un/F11) 19y; 5. Nicholas Goodwin (un/M07) 17y; 6. Amber Rose (ShlnCamp/F13) 16y; 7. Liam Elias (ShlnCamp/M10) 16y; 8. Grant Whitcutt (un/M12) 15y; 9. Owen Donnelly (ShlnCamp/M12) 15y; 10. Daniel Hartman (un/M10) 13y; 11. Paul Richards (ShlnCamp/M10) 12y; 12. Justin Fenier (un/M12) 12y; 13. Erik Lopit (un/M09) 12y; 14. Kathrine Hubbard (un/F11) 12y; 15. Cameron Mario (un/M12) 11y; 16. Jenna Ramsdell (un/F10) 8y; 17. Leyton Houck (un/M06) 5y; 18. Rusty Vaughn (un/M04) 5y; 19. Aidan Cousseau (un/M05) 5y; 20. Grace Garth-Green (un/F09) 4y; 21. Mikayla Goodwin (un/F09) 3y; 22. Finley Houck (un/F02) 1y; nm. Craig Elias (ShlnCamp/M08).

Disabled Club Throw

1. Steve Ferreira (CNW/M21) 17.50m (57-5).

Women's Javelin Throw

(600g) 1. Amy Reed (un/F24) 41.80m (137-1); 2. Kelly Besmer (MtSi/F18) 40.62m (133-3); 3. Molly Meyers (MtSi/F18) 30.66m (110-7); 4. Vanessa Tran (un/F17) 25.59m (83-11).

Men's Javelin Throw

(800g) 1. Kyle Stevens (un/M19) 60.14m (197-4); 2. Max Pratt (un/M18) 53.75m (176-4); 3. Miles Kenney (WWU/M22) 48.96m (160-7); 4. Brandon Roddewig (un/M19) 43.10m (141-5); 5. Brandon Alfond (un/M16) 43.01m (141-1); 6. Daniel Snowden (un/M33) 40.80m (133-10); 7. Emmitt Rudd (un/M14) 37.03m (121-5); 8. Dylan Woll (un/M18) 35.91m (117-9).

(600g) 1. Fred Luke (CNW/M63) 46.25m (151-8); Emmitt Rudd (un/M14) 41.58m (136-5).

(500g) 1. Roger Vergin (CNW/M72) 23.18m (76-0 1/2).

(400g) 1. Gustav Johannson (un/M11) 19.05m (62-6).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Anna Richards (ShlnCamp/F13) 13.5h; 2. (tie) Nathan Tipyasothi (ShlnCamp/M14) and Joey Villa (Wings/M12) 13.7h; 4. Matthew Ozmun (un/M12) 14.3h; 5. Bennett Dondoyano (un/M11) 14.5h; 6. (tie) Dylan Scanes (un/M12) and Emma Sexton (Overdrive/F13) 14.7h; 8. Cruise Cauvin (un/M12) 15.2h; 9. Ben Visse (un/M11) 15.3h; 10. (tie) Cameron Mario (CNW?/M12) and Ravi Regan-Hughes (Wings/M11) 15.5h; 12. (tie) Jon Sisneros (un/M12) and Ryan Hascall (un/M10) 15.7h; 14. Shay Adams (Mdwbrk/F09) 15.9h; 15. Grant Whitcutt (CNW?/M12) 16.2h; 16. Amelia Stonkus (un/F08) 16.3h; 17. Liam Elias (ShlnCamp/M10) 16.5h; 18. Blake Martin (un/M13) 16.7h; 19. (tie) Nina Sharp (Wings/F13) and Zoe Dunnewind (ShlnCamp/F09) 17.2h; 21. Jake Ramsdell (un/M09) 17.3h; 22. Alexa Martin (un/F09) 17.4h; 23. (tie) Hannah Visse (un/F12) and Daniel Hartman (ShlnCamp/M10) 17.6h; 25. Kaitlyn Rust (un/F09) 18.2h; 26. Claudia Hubbard (un/F11) 18.3h; 27. Ashley Saenz (un/F08) 18.4h; 28. (tie) Eric Lopit (un/M09) and Mina Young (RCFlyers/F09) 18.6h; 30. Rylee Reese (un/F07) 18.7h; 31. Morgan Walker (un/F08) 19.1h; 32. Bruce Vaughn (un/M07) 19.2h; 33. Dylan Tyler (un/M07) 19.4h; 34. Mikayla Goodwin (CNW/F09) 19.6h; 35. Nicholas Goodwin (CNW/M07) 19.7h; 36. (tie) Craig Elias (ShlnCamp/M08) and Marco Saenz (un/M06) 20.1h; 38. Alec Rust (un/M06) 20.3h; 39. Gabe Robinson (CNW/M07) 20.6h; 40. Mason Tobey (CNW/M05) 21.0h; 41. Ariana Riley (un/F07) 22.1h; 42. Leyton Houck (un/M06) 23.7h; 43. Detric Riley (un/M05) 24.4h; 44. Jack Tyler (un/M05) 24.5h; 45. Mercy Haub (un/F05) 25.1h; 46. Aidan Cousseau (un/M05) 25.4h; 47. Asa McClure (un/M05) 25.7h; 48. Cael Scanlon (un/M05) 26.2h; 49. Finnley Young (un/M05) 26.3h; 50. Aaron Haub (un/M04) 26.8h; 51. Rusty Vaughn (un/M04) 27.4h; 52. Jake Campbell (un/M05) 27.6h; 53. Cameron Contreras (un/M04) 28.8h; 54. Naia Langland (un/F03) 32.2h; 55. Kahlil Richards (un/M03) 32.9h; 56. Caprice Coffey (un/M04) 36.5h; 57. Camila Saenz (un/F04) 42.0h; 58. Elijah Haub (un/M02) 42.5h; 59. Finley Houck (un/F02) 48.8h; 60. Colin Cousseau (un/M02) 53.9h; 61. Leynna Okoronkwo (un/F1.5) 1:02.0h.

Kid's 50-meter Dash

1. Nathan Topyasothi (ShlnCamp/M14) 7.1h; 2. Joey Villa (Wings/M12) 7.3h; 3. (tie) Bennett Dondoyano (un/M11) and Dylan Scanes (un/M12) 7.7h; 5. Ryan Hascall (un/M10) 8.1h; 6. Jack Mardon (un/M08) 8.2h; 7. Jon Sisneros (un/M12) 8.3h; 8. Ravi Regan-Hughes (Wings/M11) 8.4h; 9. Owen Donnelly (ShlnCamp/M12) 8.5h; 10. Amelia Stonkus (un/F08) 8.6h; 11. Zoe Dunnewind (ShlnCamp/F09) 8.8h; 12. Daniel Hartmann (ShlnCamp/M10) 8.9h; 13. Blake Martin (un/M13) 9.0h; 14. Kathrine Hubbard (un/F09) 9.1h; 15. Jake Ramsdell (un/M09) 9.2h; 16. (tie) Rylee Reese (un/F07) and Alexa Martin (un/F09) 9.3h; 18. (tie) Dylan Tyler (un/M07) and Eric Lopit (un/M09) 9.5h; 20. (tie)

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Ashley Saenz (un/F08) and Kaitlyn Rust (un/F09) 9.6h; 22. (tie) Bruce Vaughn (un/M07) and Jenna Ramsdell (un/F10) 9.8h; 24. (tie) Mikayla Goodwin (CNW/F09), Morgan Walker (un/F08), and unknown 10.0h; 27. Nicholas Goodwin (CNW/M07) 10.3h; 28. Mason Tobey (CNW/M05) 10.4h; 29. (tie) Alec Rust (un/M06) and Craig Elias (ShlnCamp/M08) 10.6h; 31. Marco Saenz (un/M06) 10.8h; 32. Gabe Robinson (CNW/M07) 11.0h; 33. Grace Garth-Green (un/F09) 11.2h; 34. Michael Garth-Green (un/M07) 11.4h; 35. Leyton Houck (un/M06) 12.0h; 36. Cael Scanlon (un/M05) 12.4h; 37. Camila Saenz (un/F04) 12.5h; 38. (tie) Mercy Haub (un/F05) and Jack Tyler (un/M05) 12.6h; 40. Rusty Vaughn (un/M04) 12.7h; 41. Aidan Cousseau (un/M05) 13.0h; 42. Aaron Haub (un/M04) 13.2h; 43. Asa McClure (un/M05) 13.4h; 44. (tie) Naia Langland (un/F03) and Caprice Coffey (un/M04) 13.7h; 46. Kahlil Richards (un/M03) 14.4h; 47. Cameron Contreras (un/M04) 14.7h; 48. Finnley Young (un/M05) 17.3h; 49. Kylie Richards (un/F02) 18.4h; 50. Finley Houck (un/F02) 19.6h; 51. Leynna Okoronkwo (un/F1.5) 22.5h; 52. Elijah Haub (un/M02) 22.6h; 53. Jake Campbell (un/M05) 30.0h; 54. Lumia Scanlon (un/F01) 58.8h.

Kid's 200-meter Dash

1. Matthew Ozmun (un/M12) 30.6h; 2. Emma Sexton (Overdrive/F13) 31.0h; 3. Dylan Scanes (un/M12) 31.1h; 4. Bennett Dondoyano (un/M11) 32.4h; 5. Ryan Hascall (un/M10) 33.7h; 6. Amber Rose (ShlnCamp/F13) 34.5h; 7. (tie) Shay Adams (Mdwbrk/F09) and Owen Donnelly (ShlnCamp/M12) 34.7h; 9. Liam Elias (ShlnCamp/M10) 35.0h; 10. Amelia Stonkus (un/F08) 36.0h; 11. James Williamson (ShlnCamp/M12) 38.3h; 12. (tie) Jake Ramsdell (un/M09) and Zoe Dunnewind (ShlnCamp/F09) 38.7h; 14. Kaitlyn Rust (un/F09) 39.8h; 15. Alexa Martin (un/F09) 40.6h; 16. Bruce Vaughn (un/M07) 41.2h; 17. Rylee Reese (un/F07) 42.2h; 18. (tie) Nicholas Goodwin (CNW/M07) and Ashley Saenz (un/F08) 43.9h; 20. Eric Lopit (un/M09) 44.0h; 21. (unknown) 45.9h; 22. Craig Elias (ShlnCamp/M08) 46.7h; 23. Mason Tobey (CNW/M05) 48.3h; 24. Dylan Tyler (un/M07) 48.5h; 25. Marco Saenz (un/M06) 48.9h; 26. Alec Rust (un/M06) 49.2h; 27. Detric Riley (Overdrive/M05) 49.3h; 28. Ariana Riley (Overdrive/F07) 49.6h; 29. (unknown) 51.5h; 30. Michael Garth-Green (un/M07) 52.1h; 31. Jack Tyler (un/M05) 53.2h; 32. Aidan Cousseau (un/M05) 54.8h; 33. Cael Scanlon (un/M05) 55.2h; 34. Leyton Houck (un/M06) 56.2h; 35. Rusty Vaughn (un/M04) 56.6h; 36. Camila Saenz (un/F04) 56.8h; 37. Finnley Young (un/M05) 1:07.6h; 38. Caprice Coffey (un/M04) 1:11.5h; 39. Jake Campbell (un/M05) 1:22.1h.

Kid's Mile Jog

1. Stuart Smith (RCFlyers/M14) 5:17.5h; 2. Sam Moschel (un/M13) 6:07.6h; 3. Ben Visse (un/M11) 6:24.3h; 4. Amber Rose (ShlnCamp/F13) 6:30.2h; 5. Mina Young (RCFlyers/F09) 6:34.5h; 6. Dylan Scanes (un/M12) 6:42.4h; 7. Hannah Visse (un/F12) 6:57.7h; 8. Liam Elias (ShlnCamp/M10) 7:05.1h; 9. Paul Richards (ShlnCamp/M10) 7:10.7h; 10. (unknown) 7:17.3h; 11. Cameron Gregg (un/M07) 7:24.6h; 12. Owen Donnelly (ShlnCamp/M12) 7:31.3h; 13. Nina Sharp (Wings/F13) 7:32.6h; 14. Ryan Contreras (un/M07) 7:51.9h; 15. Bruce Vaughn (un/M07) 8:10.1h; 16. Cruise Cauvin (ShlnCamp/M12) 8:24.3h; 17. James Williamson (ShlnCamp/M12) 8:25.0h; 18. Kaitlyn Rust (un/F09) 8:46.1h; 19. Dylan Tyler (un/M07) 9:48.8h; 20. Jack Tyler (un/M05) 9:51.3h; 21. Rusty Vaughn (un/M04) 10:15.7h; 22. Cameron Contreras (un/M04) 12:53.6h; 23. Alec Rust (un/M06) 14:31.6h.

Co-ed Mile Race Walk

1. Ann Tubery (PPacers/F50) 8:53.8h; 2. Trisha Steidl (SRC/F33) 11:02.4h.

Women's 100-meter Hurdles

(33") 1. Alexis Ramos (un/F17) 15.8h; 2. Melissa Webb (un/F17) 17.6h; 3. Angela Fatigati (un/F17) 21.2h; 4. Barbie Young (un/F38) 22.8h; DQ. Sondra Mainord (un/F16) ran around third hurdle.

Men's 110-meter Hurdles

(36"-100m) 1. Russell Jacquet-Acea (un/M57) 19.5h; 2. Bill Church (un/M54) 22.5h.
(39"-110m) 1. Dillon Baker (un/M17) 15.5h; 2. Corey Pfeiff (un/M18) 15.7h; 3. Jordan Drew (un/M16) 17.5h.

Women's 100-meter Dash

1. Alexis Ramos (un/F17) 12.5h; 2. Michaela Kendrix (un/F14) 13.1h; 3. Gada Lajavskaitė (un/F14) 13.4h; 4. Jenny Hartwell (un/F17) 13.6h; 5. Sondra Mainord (un/F16) 13.9h; 6. Emily Aleinikoff (un/F15) 15.2h; 7. Caroline Cacabelos (un/F14) 15.2h; 8. Connie Schmidt (un/F53) 15.8h; 9. Jillian Nordness (KTC/F13) 15.9h.

Men's 100-meter Dash

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1. Patrick Ni (un/M21) 10.8h; 2. Tony Perkins (un/M30) 10.9h; 3. Mark Roetcisoender (un/M17) 11.1h; 4. Nicholas Sinclair (un/M16) 11.3h; 5. (tie) Tyrell Moulton (un/M16) and Keegan Lockler (un/M15) 11.5h; 7. Chris Uchtyl (un/M17) 11.6h; 8. Tre Harris (un/M16) 11.7h; 9. (tie) Cletus Coffey (un/M35) and Dillon Baker (un/M17) 11.8h; 11. Corey Pfeiff (un/M18) 11.8h; 12. Leonardo Santana (un/M20) 11.8h; 13. (tie) Dustin Allen (un/M16), Reade Lobdill (un/M21), and Dean Freymuth (un/M16) 11.9h; 16. Nathan Phillips (un/M17) 11.9h; 17. Kevin Cacabelos (un/M18) 11.9h; 18. Raphael Fish (un/M18) 12.0h; 19. Clinton Allen Sr (un/M33) 12.0h; 20. James Park (un/M17) 12.2h; 21. Michael Tang (un/M17) 12.3h; 22. (tie) Rob Voce (un/M44) and Nick Page (un/M26) 12.4h; 24. Emmett Lam (un/M17) 12.5h; 25. (tie) Yuta Kato (un/M17) and John Moren (un/M47) 12.6h; 27. Mark Rozema (un/M48) 12.9h; 28. Brad Mott (un/M32) 13.0h; 29. Clinton Allen Jr (un/M12) 13.1h; 30. Tyler Goolsby (un/M17) 13.3h; 31. Art Turock (un/M60) 13.5h; 32. Tony Schenk (un/M42) 13.8h; 33. Russell Jacquet-Acea (un/M57) 13.9h; 34. Will Leslie (CNW/M64) 14.2h; 35. Micah Snodgrass (un/M59) 18.0h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. Brandon Cunningham (un/M18) 7:35-7:35 **ZERO**; 2. (tie) Tony Robinson (CNW/M43) 8:00-7:59 **-01** and Mina Young (Wings/F09) 9:00-9:01 **+01**; 4. (tie) Shelby Schenck (Run26/M42) 7:26-7:28 **+02** and Ian Young (un/M45) 9:00-9:02 **+02**; 6. Sarah Smith (ESR/CNW/F45) 8:22-8:18 **-04**; 7. (tie) Anthony Galvan (un/M19) 6:39-6:34 **-05**, Perry Rodgers (un/M48) 8:40-8:35 **-05**, and John Greengo (un/M42) 6:40-6:35 **-05**; 10. Ellen Harrington (un/F12) 7:45-7:52 **+07**; 11. (tie) Tyler Goolsby (un/M17) 6:30-6:21 **-09** and Rod Wilcox (CNW/M44) 7:19-7:10 **-09**; 13. Sheri Hendrix (un/F50) 10:20-10:30 **+10**; 14. Zoe Schenk (un/F09) 8:30-8:42 **+12**; 15. Ryan Madsen (un/M17) 7:30-7:43 **+13**; 16. (tie) Jonathan Robinson (CNW/M10) 7:30-7:46 **+16**, Miranda Eiserman (un/F28) 8:40-8:56 **+16**, Tony Schenk (un/M42) 8:30-8:46 **+16**, Jon Jorstad (un/M56) 7:13-7:29 **+16**, and Abiel Tekle (un/M16) 8:25-8:09 **-16**; 21. Jordan Crawford (un/M21) 7:00-7:23 **+23**; 22. Phil Welch (CNW/M61) 9:02-8:36 **-26**; 23. Peter Harrington (un/M40) 7:45-6:58 **-47**; 24. Micah Snodgrass (un/M59) 8:10-7:18 **-52**; 25. Cindy Harrington (un/F15) 6:36-7:33 **+57**.

Co-ed 400-meter Relay

1. Shorecrest (Sean Deverit M17, Chris Uchtyl M17, Dillon Baker M17, Keegan Lockler M15) 46.0h; 2. Old Clints (Clinton Sr M33, Reed, Jordan, Lucien) 47.9h; 3. Vikings (Chris, Jenny F17, Nick M26, Tre M16) 50.5h; 4. Chalupas (Raphael Fish M17, Ryan Madsen M17, Kevin L M16, Michael M) 50.8h; 5. Sisters and Brothers (Brent M22, Andrea F26, Miranda F28, Brandon M28) 52.7h; 6. Young Clints (Clinton Jr, Sam, Dustin, Penner) 54.0h; 7. Hot Mamas (Kevin C, Mark R, Jordan G, Tyrell M) 56.4h.

Women's Mile Run

1. Amy-Eloise Neale (STC/F14) 4:58.6h; 2. Shelly Hack (un/F38) 5:33.9h; 3. Lexi Hungerford (un/F13) 5:40.5h; 4. Susan Pappalardo (ESR/F44) 5:51.0h.

Men's Mile Run

1. Anthony Galvan (un/M19) 4:55.5h; 2. John Ruud (un/M41) 4:55.8h; 3. Jorin Arriola (un/M20) 4:58.3h; 4. Ray Prentice (CNW/M51) 5:04.1h; 5. John Greengo (un/M42) 5:07.8h; 6. Paul Huynh (un/M19) 5:08.0h; 7. Rob Oslund (un/M29) 5:20.1h; 8. Josh Snodgrass (un/M31) 5:40.8h; 9. Tony Robinson (CNW/M43) 5:49.5h; 10. Thomas Lindgren (STC/M12) 5:53.7h; 11. Joe Wilcox (un/M67) 6:32.2h; 12. Phil Welch (CNW/M61) 6:41.9h*.

*Ageless Miler winner for this week.

Women's 400-meter Dash

1. Andrea Eiseman (un/F26) 1:03.2h; 2. Sondra Mainord (un/F16) 1:08.1h; 3. Emily Aleinikoff (un/F15) 1:12.2h; 4. Miranda Esieman (un/F28) 1:12.9h.

Men's 400-meter Dash

1. Leonardo Santana (un/M20) 53.0h; 2. Colin Hamilton (un/M18) 53.1h; 3. Cletus Coffey (SETA/M35) 53.9h; 4. Lucien Lekea (un/M19) 55.9h; 5. Brandon Byhre (un/M28) 56.8h; 6. Dean Freymuth (un/M16) 57.2h; 7. Clinton Allen Sr (un/M33) 57.8h; 8. James Park (un/M17) 58.3h; 9. Ryan Madsen (un/M17) 58.6h; 10. Yuta Kato (un/M17) 59.7h; 11. Brad Mott (un/M42) 1:00.6h; 12. Mark Rozema (un/M48) 1:01.1h; 13. Jordan Drew (un/M16) 1:04.4h; 14. Peter Harrington (un/M40) 1:10.9h; 15. Will Leslie (CNW/M64) 1:12.4h; 16. Art Turock (un/M60) 1:14.5h; 17. Roger Vergin (CNW/M72) 1:17.1h; 18. Bill Church (un/M54) 1:21.5h; 19. Micah Snodgrass (un/M59) 1:28.9h.

Women's 800-meter Dash

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1. Sarah Smith (CNW/ESR/F45) 2:32.4h; 2. Cindy Harrington (un/F15) 3:24.7h.

Men's 800-meter Dash

1. Jordan Crawford (un/M21) 2:17.2h; 2. John Ruud (un/M41) 2:17.4h; 3. Shelby Schenck (Run26/M42) 2:21.6h; 4. Arny Stonkus (CNW/M55) 2:22.4h; 5. Micah Snodgrass (un/M59) 3:21.0h.

Co-ed 1600-meter Relay

1. Snohomish TC (Coltun Rudd M16, Amy-Eloise Neale F14, Thomas Lindgren M12, Kylie Rebich F18) 4:08.1h; 2. Sisters and Brothers (Brent M22, Andrea F26, Miranda F28, Brandon M28) 4:31.8; 3. Juniors and Seniors (Lucien, Clint Jr, ??, Clint Sr) 4:32.1h.

Women's 5000-meter Run

1. Shelly Hack (un/F38) 19:14.3h; 2. Phung Vuong (un/F18) 24:36.2h.

Men's 5000-meter Run

1. Uli Steidl (SRC/M38) 15:08.2h; 2. Paul Limpf (SRC/M23) 15:11.4h; 3. Abiel Tekle (un/M16) 16:38.5h; 4. Anthony Galvan (un/M19) 17:40.2h; 5. Bernie Hagan (un/M18) 17:47.7h; 6. John Greengo (un/M42) 18:24.5h; 7. Brian Hodges (un/M33) 18:40.7h; 8. Erik Anderson (un/M30) 19:34.8h; 9. Phil Welch (CNW/M61) 20:09.3h; 10. Mike Kennedy (un/M41) 20:42.9h; 11. Paul Satushek (un/M51) 21:45.1h; 12. Micah Snodgrass (un/M59) 26:54.6h; dnf. Joe Wilcox (un/M67).

Events not held