

## 43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 3• Wednesday, June 8, 2011

Sponsored by ACTIVATED CONTENT'S PACE PAL

Series kid's ribbons sponsored by A Child Becomes Pre-School

Shoreline District Stadium, Shoreline, Washington

Weather relatively nice, although still cooler than normal.

### OUTSTANDING PERFORMANCES

Male -- Ryan Brown, WWU, pole vault, Norris Frederick, Nike, high jump, and Kevin Hicks, SETA, 400m.

Female -- Sarah Frey, 100m.

**TOTAL ENTRIES** -- 392

*Financials -- \$1,112 gate and passes income*

### FIELD EVENT RESULTS

#### Kid's High Jump

1. Madison Church (un/F12) 1.25m (4-1 1/4); 2. George Reidy (CNW/M11) 1.20m (3-11 1/4); 3. Mikaelyn Davis (un/F11) 1.15m (3-9 1/4); 4. McKenzie Davis (un/F13) 1.10m (3-7 1/4); nh. Alex Lanser (un/M14).

#### Women's High Jump

1. Kathi Smith (un/F20) 1.55m (5-1); 2. Adriene Warren (un/F14) 1.55m (5-1).

#### Men's High Jump

1. Norris Frederick (Nike/M25) 2.10m (6-10 3/4); 2. Levi Keller (CNW/M25) 2.05m (6-8 3/4); Brandon Roddewig (un/M20) 1.85m (6-0 3/4); 4. John Jacobsen (un/M20) 1.75m (5-9); 5. Kyle Stevens (un/M20) 1.70m (5-7); 6. Thomas Steinke (un/M20) 1.65m (5-5); 7. Rod Wilcox (CNW/M45) 1.60m (5-3); 8. Duane Dahl (un/M16) 1.55m (4-11); 9. Bill Church (un/M55) 1.30m (4-3 1/4); nh. Miky Mahavel (SCAA/M15) and Jason Carlyle (un/M20).

#### Women's Pole Vault

1. (tie) Eva Perry (PVNW/F17) and Chinne Okoronkwo (PVNW/F13) 3.20m (10-6); 3. Emily Tompkins (SultanHS/F17) 2.60m (8-6 1/4); 4. Chardelise Madrigal (PVNW/F15) 2.45m (8-0 1/2); 5. (tie) Sarah Loth (NHHS/F15) and Kelsey Harmatta (BallardHS/F15) 2.30m (7-6 1/2).

#### Men's Pole Vault

1. Ryan Brown (WWU/M22) 5.05m (16-6 3/4); 2. McKane Lee (CNW/M27) 4.60m (15-1); 3. Lev Marcus (NHHS/M16) 3.95m (12-11 1/2); 4. Blake Erickson (BellvHS/M17) 3.80m (12-5 1/2); 5. Jason Winters (BothellHS/M17) 3.80m (12-5 1/2); 6. (tie) Zach Shugart (un/M13) and Matt Stewart (PVNW/M17) 3.35m (11-0); 8. Henry Schlesinger (ShwdHS/M17) 3.20m (10-6); 9. Chris Tobey (CNW/M39) 3.20m (10-6); 10. Nick Shugart (un/M14) 3.20m (10-6); 11. Paul Cameron (un/M19) 3.05m (10-0); 12. Jerrick Sandico (ScrestHS/M15) 3.05m (10-0); 13. Taylor Ramsden (ShwdHS/M18) 2.90m (9-6 1/4); 14. Russ Jacquet-Acea (un/M58) 2.75m (9-0 1/4); 15. Jake Stewart (PVNW/M13) 2.15m (7-0 3/4); nh. Levi Keller (CNW/M25), Jason Holloway (IssaquahHS/M17), Erik Johnson (ShwdHS/M15), and Ryan Bloom (PVNW/M25).

#### Kid's Long Jump

1. Myles Barrow (un/M11) 3.62m (11-10 1/3); 2. Mikaelyn Davis (un/F13) 3.42m (11-2 3/4); 3. Brandon Schenck (un/M09) 3.23m (10-7 1/4); 4. George Reidy (CNW/M11) 3.19m (10-5 1/2); 5. Stephen Siegwald (un/M10) 2.99m (9-9 3/4); 6. Philip Siegwald (un/M10) 2.90m (9-6 1/4); 7. Ian Ferguson (un/M07) 2.82m (9-3); 8. Jaidacyn Madrigal (un/F13) 2.62m (8-7 1/4); 9. Makenzie Davis (un/F11) 2.60m (8-6 1/4); 10. Levi Howard (CNW/M09) 2.50m (8-2 1/2); 11. Aerial Astley (un/F08) 2.49m (8-2); 12. Kelsey Smith (un/F08) 2.48m (8-1 3/4); 13. Mason Tobey (CNW/M06) 2.10m (6-10 3/4); 14. Nicole Penner (un/F06) 1.85m (6-0 3/4); 15. Olivia Freeman (un/F07) 1.80m (5-10 3/4); 16. Tadhg Thorne (un/M05) 1.36m (4-5 1/2); 17. Berit Astley (un/F04) 0.96m (3-1 3/4); 18. Theo Huggins (un/M05) 0.47m (1-6 1/2).

#### Women's Long Jump

1. Addison Carvajal (un/F17) 4.41m (14-5 1/2).

#### Men's Long Jump

1. Jason Caryl (un/M22) 6.27m (20-6 3/4); 2. William Ayears (un/M45) 6.18m (20-3 1/4); 3. Kyle Stevens (un/M20) 5.92m (19-5); 4. Abdul Rahman (un/M35) 5.91m (19-4 3/4); 5. Brandon Roddewig (un/M20) 5.85m (19-2 1/4); 6. Thomas Steinke (un/M20) 5.25m (17-2 3/4); 7. Duane Dahl (un/M16) 5.22m (17-1 1/2); 8. Trevor Harron (un/M20) 5.20m (17-0 3/4); 9. Victor Bailly (un/M17) 5.02m (16-5 3/4); 10. Mikey Machacek (un/M15) 4.75m (15-7); 11. Marcus Barrow (un/M41) 4.63m

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(15-2 1/4); 12. Roger Vergin (CNW/M73) 3.80m (12-5 1/2); 13. Gary Wright (un/M73) 2.22m (7-3 1/2); nm. Philemon Gitierra (un/M15).

### Women's Triple Jump

1. Chinne Okoronkwo (un/F13) 10.06m (33-0); 2. Ariana Warren (un/F19) 9.46m (31-0 1/2).

### Men's Triple Jump

1. Brandon Roddewig (un/M20) 12.26m (40-2 3/4); 2. Kyle Stevens (un/M20) 12.14m (39-10); 3. Thomas Steinke (un/M20) 12.01m (39-4 3/4); 4. John Jacobsen (un/M20) 11.89m (39-0); 5. Jason Caryl (un/M22) 11.87m (38-11 1/4); 6. Aaron Kelly (un/F15) 11.28m (37-0); 7. Victor Bailly (un/M17) 11.27m (36-11 1/2); 8. Joseph Siegwald (un/M14) 11.06m (36-3 1/2); 9. Duane Dahl (un/M16) 10.96m (35-11 1/2); 10. Austin Dean (un/M21) 9.95m (32-7 3/4); 11. Roger Vergin (CNW/M73) 7.82m (25-7 3/4); 12. Gary Wright (un/M73) 5.03m (16-6).

### Kid's Shot Put

(12lb) 1. Kingston Suka (un/M13) 9.62m (31-6 3/4).

(4kg) 1. Jessica Sexton (un/F14) 7.85m (25-9).

(3kg) 1. Dupree Daily (RB/M14) 13.12m (43-0 1/2); 2. Alexander Silva (RB/M14) 9.06m (29-8 3/4).

(6lb) 1. Kauleta Dassa (un/F12) 7.52m (24-8); 2. Zack Demars (un/M12) 6.49m (21-3 1/2); 3. Conner Holland (un/M10) 6.31m (20-8 1/2);

### Women's Shot Put

(4kg) 1. Kaie Walters-Krohn (un/F27) 10.55m (34-7 1/4); 2. DD Mosikrachart (SultanHS/F17) 10.02m (32-10 1/2); 3. Kylie Eager (un/F16) 9.36m (30-8 1/2).

### Men's Shot Put

(16lb) 1. Ryan Ransavage (un/M20) 14.68m (48-2); 2. Tim Abbott (un/M18) 13.67m (44-10 1/4); 3. Daniel Haakenson (un/M28) 12.81m (42-0 1/4); nm. Mike Vavricka (un/M22).

(13lb) 1. Russ Jacquet-Acea (un/M58) 8.42m (27-7 1/2).

(12lb) 1. Kenny English (un/M15) 13.28m (43-6 3/4); 2. Nick Demars (un/M15) 11.81m (38-9); 3. Wyatt Meyring (un/M16) 11.04m (36-2 3/4); 4. Brock Eager (un/M15) 10.37m (34-0 1/4); 5. James Roberson (un/M51) 10.30m (33-9 1/2); 6. Joshua Wicken-Arnot (un/M15) 6.71m (22-0 1/4).

(4kg) 1. Gary Wright (un/M73) 6.53m (21-5).

### Women's Discus Throw

(1.0kg) 1. Sophie Hallam-Eames (NHHS/F18) 37.55m (123-2); 2. Nadrine Hyde (un/F17) 32.22m (105-8); 3. Katie Walters (un/F27) 31.35m (102-10); 4. Kylie Eager (un/F16) 30.49m (100-0); 5. Jesse Havens (un/F19) 29.79m (97-8); 6. DD Musikachart (un/F17) 28.65m (93-11); 7. Kristen Casel (un/F16) 25.16m (82-6); 8. Jessica Sexton (un/F14) 20.08m (65-10 1/2); 9. Sydney Leonard (un/F15) 14.72m (48-3 1/2).

### Men's Discus Throw

(2.0kg) 1. Daniel Haakenson (un/M28) 43.64m (143-2); 2. Tim Abbott (un/M18) 39.90m (130-11); 3. Mike Vavricka (un/M22) 37.26m (122-3); nm. Ryan Ransavage (un/M20).

(1.6kg) 1. Rod Wilcox (CNW/M45) 38.44m (126-1); 2. Nick Demars (un/M15) 37.17m (121-11); 3. Wyatt Meyring (un/M16) 35.15m (115-3); 4. Brock Eager (un/M15) 29.85m (97-11); 5. Kingston Suka (un/M13) 24.45m (80-2); 6. Ian Casey (un/M16) 22.64m (74-3 1/2); 7. Billy Hardman (un/M15) 18.42m (60-4 1/2); 8. Josh Wicken-Arnot (un/M15) 18.07m (59-3 1/2).

(1.0kg) 1. Brian Peterman (PPacers/M61) 27.82m (91-3).

### Kid's TurboJav™ Toss (measured in yards)

1. George Reidy (CNW/M11) 22y; 2. Philip Siegwald (un/M10) 21y; 3. Riley Ovall (un/F12) 19y; 4. Stephen Siegwald (un/M10) 17y; 5. Bryan Smith (un/M13) 17y; 6. Sam Kanga (un/M11) 16y; 7. Ian Ferguson (un/M07) 16y; 8. Levi Howard (CNW/M09) 15.5y; 9. Conner Holland (un/M10) 14y; 10. McKenzie Davis (un/F11) 12y; 11. Kelsey Smith (un/F08) 10y; 12. (tie) Johnathan English (un/M??) and Lillian Ovall (un/F07) 7y; 14. Mason Tobey (CNW/M06) 7y; 15. Blake Hardar (un/M08) 7y; 16. Theo Huggins (un/M05) 7y; 17. Nicole Penner (un/F06) 4y; 18. Tadhg Thorne (un/M05) 3y.

### Women's Javelin Throw

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(600g) 1. Monika Gruszecki (WWU/F23) 44.02m (144-5); 2. Kristen Kasel (un/F16) 25.42m (83-5); 3. Sydney Leonard (un/F15) 23.26m (76-4); 4. Taylor Guy (un/F15) 22.91m (75-2); nm. Katie Smith (un/F20).

### Men's Javelin Throw

(800g) 1. Bradley Stevens (un/M16) 53.42m (175-3); 2. Payden Butler (un/M20) 51.62m (169-4); 3. David Ovall (un/M35) 50.16m (164-7); 4. Brandon Alford (un/M17) 48.06m (157-8); 5. John Jacobsen (un/M20) 47.86m (157-0); 6. Thomas Steinke (un/M20) 44.20m (145-0); 7. Trevor Harron (un/M20) 42.60m (139-9); 8. Jacob Herzog (un/M16) 36.74m (120-6); 9. Ian Casey (un/M16) 32.82m (107-8); 10. Jordan Drew (un/M17) 32.16m (105-6); 11. Billy Hardman (un/M15) 20.60m (67-7).

(600g) 1. Brian Peterman (PPacers/M61) 29.44m (96-7).

## TRACK EVENT RESULTS

### Kid's 100-meter Dash

1. Dupree Daily (RB/M14) 12.6h; 2. Myles Barrow (un/M14) 13.6h; 3. Kauleta Dassa (un/F12) 14.1h; 4. (tie) Taylor Freeman (un/F14) and Alexander Silva (un/M14) 14.8h; 6. George Reidy (CNW/M11) 15.1h; 7. Jayala Dixon (un/F10) 15.6h; 8. Sam Kanga (un/M11) 15.9h; 9. Mikaelyn Davis (un/F13) 16.3h; 10. Deion Dixon (un/M11) 16.5h; 11. Stephen Siegwald (un/M10) 16.9h; 12. Philip Siegwald (un/M10) 17.0h; 13. MaKenzie Davis (un/F11) 17.1h; 14. Levi Howard (CNW/M10) 17.2h; 15. Aerial Astley (un/F08) 18.1h; 16. (unknown) 18.4h; 17. Conner Holland (un/M10) 18.7h; 18. Olivia Freeman (un/F07) 18.9h; 19. Mason Tobey (CNW/M06) 19.8h; 20. Hailey Stubblefield (un/F08) 20.5h; 21. Nicole Penner (un/F06) 22.5h; 22. Theo Huggins (un/M05) 23.3h; 23. Tadhg thorne (un/M05) 25.5h; 24. Berit Astley (un/F04) 31.9h; 25. Leynna Okoronkwo (un/F02) 33.5h.

### Kid's 50-meter Dash

1. George Reidy (CNW/M11) 8.0h; 2. Jayda Dixon (un/F10) 8.1h; 3. Deion Dixon (un/M11) 8.4h; 4. Madison Church (un/F12) 8.5h; 5. Levi Howard (CNW/M09) 8.8h; 6. Adam Flood (un/M09) 9.0h; 7. Olivia Freeman (un/F07) 9.5h; 8. Aerial Astley (un/F08) 9.9h; 9. Mason Tobey (CNW/M06) 10.1h; 10. Hailey Stubblefield (un/F08) 10.4h; 11. Blake Harder (un/M08) 10.6h; 12. Nicole Penner (un/F06) 11.3h; 13. Tadhg Thorne (un/M05) 11.8h; 14. Theo Huggins (un/M05) 12.8h; 15. Berit Astley (un/F04) 15.7h; 16. Leynna Okoronkwo (un/F02) 16.7h.

### Kid's 200-meter Dash

1. Dupree Daily (RB/M14) 26.7h; 2. Miles Barrow (un/M14) 28.1h; 3. Kayleta Dassa (un/F12) 29.8h; 4. Taylor Freeman (un/F14) 32.3h; 5. Madison Church (un/F12) 32.8h; 6. George Reidy (CNW/M11) 34.6h; 7. Sam Kanga (un/M11) 34.8h; 8. Amelia Stonkus (CNW/F09) 35.9h; 9. Stephen Siegwald (un/M10) 37.2h; 10. Adam Flood (un/M09) 39.1h; 11. Philip Siegwald (un/M10) 40.3h; 12. Aerial Astley (un/F08) 40.6h; 13. Mason Tobey (CNW/M06) 44.7h; 14. Hailey Stubblefield (un/F08) 47.4h; 15. Theo Huggins (un/M05) 57.0h; 16. Tadhg Thorne (un/M05) 1:00.3h; 17. Berit Astley (un/F04) 1:20.1h; 18. Leynna Okoronkwo (un/F02) 1:38.7h.

### Kid's Mile Jog

1. George Reidy (CNW/M11) 6:05.6h; 2. Laura Marty (un/F13) 6:07.9h; 3. Emma Flood (un/F11) 6:34.8h; 4. Sabine Stonkus (CNW/F14) 7:27.9h; 5. Ian Ferguson (un/M07) 7:55.7h; 6. Jaidacyn Madrigal (un/F13) 8:08.3h.

### Co-ed Mile Race Walk

1. Brian Peterman (PPacers/M61) 10:24.5h.

### Women's 100-meter Hurdles

1. Chinne Okoronkwo (PVNW/F13) 17.1h; 2. Chardalise Madrigal (un/F15) 17.4h.

### Men's 110-meter Hurdles

(42") 1. Dillon Baker (un/M18) 16.1h; 2. Brandon Roddewig (un/M20) 17.2h; 3. Corey Pfeiff (un/M19) 17.6h; 4. Austin Dean (un/M19) 19.7h.

(39") 1. Jordan Drew (un/M17) 16.7h; 2. Aaron Kelly (un/M15) 18.7h; 3. Daniel Fomenko (un/M17) 22.5h.

(Masters 100m 36") 1. James Roberson (un/M51) 16.7h; 2. Russ Jacquet-Acea (un/M58) 17.1h; 3. Bill Church (un/M55) 18.2h.

(Youth 100m 33") 1. Alex Lanser (un/M14) 17.7h.

### Women's 100-meter Dash

1. Sarah Frey (un/F24) 12.1h; 2. Alesha Cronie (un/F16) 13.9h.

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### Men's 100-meter Dash

1. Carlos Fontenot (un/M24) 11.5h; 2. (tie) Earl Jones (un/M16) and Jason Cary (un/M22) 11.7h; 4. Mat Strum (SETA/M24) 11.8h; 5. (tie) Duane Dow (un/M16), Michael Waller (CLTC/M52), and Philemon Gituing (un/M15) 11.9h; 8. Nick Conklin (un/M15) 12.0h; 9. Tim Darby (un/M17) 12.1h; 10. Brandon Roddewig (un/M20) 12.2h; 11. Ben Bennett (un/M19) 12.3h; 12. (tie) Clinton Allen Sr (un/M34) and Jacob Hostettler (un/M15) 12.4h; 14. (tie) Corey Pfeiff (un/M19) and Austin Dean (un/M19) 12.5h; 16. Jordan Drew (un/M17) 12.6h; 17. (tie) Joseph Siegwald (un/M14) and Victor Bailly (un/M17) 12.7h; 19. (tie) Daren Monroe (un/M43), David Kane (un/M24), Jason Sims (un/M32), and Daniel Fomenko (un/M17) 12.9h; 23. (tie) David Alde (un/M15) and Conner Wingo (un/M18) 13.1h; 25. (tie) Rob Voce (un/M45) and David Ortman (un/M58) 13.2h; 27. Russ Jacquet-Acea (un/M58) 13.5h; 28. Mark Rozema (un/M49) 13.7h; 29. (tie) Art Turock (CNW/M61) and Marcus Barrow (un/M42) 14.1h; 31. Josh Wicken-Arnot (un/M15) 14.9h; 32. Drew Thorne (un/M51) 15.5h; 33. Roger Vergin (CNW/M73) 15.9h; 34. Gary Wright (un/M73) 19.9h.

### Co-ed Jogger's Mile (listed by order of best prediction)

1. Drew Holloway (un/M34) 7:20-7:18 **-2**; 2. (tie) Michael Allison (CNW/M59) 7:10-7:13 **+3** and Talia Kahn (un/F25) 7:00-7:03 **+3**; 4. Perry Rodgers (un/M48) 8:20-8:12 **-8**; 5. (tie) Cassie Leishman (un/F14) 8:00-7:49 **-11**, Kayla Schmidt (un/F15) 8:00-7:49 **-11**, and Joel Hamilton (un/M38) 7:00-6:49 **-11**; 8. Stephanie Moore (un/F19) 6:15-6:01 **-14**; 9. David Ortman (un/M58) 6:45-6:22 **-23**; 10. Shelly Davis (un/F19) 6:30-6:01 **-29**; 11. Austin Dean (un/M19) 6:30-5:58 **-32**; 12. Drew Thorne (un/M51) 9:00-8:06 **-54**; 13. Paul Huynh (CNW/M20) 6:40-8:27 **+1:47**; 14. Abiel Tekle (un/M17) 5:30-7:30 **+2:00**; no prediction Monica Thorne (un/F??) 8:48 and Ben Pace (un/M17) 7:22.

### Co-ed 400-meter Relay

1. The Bullets (Aaron Kelly M15, Conner Wingo M18, Earl Jones M16, Dillon Baker M18) 46.9h; 2. Flying Narwhales (Brandon Roddewig M20, Thomas Steinke M20, Kyle Stevens M20, Jason Caryl M20) 47.4h; 3. Older 'n Quicker (Sara ?? F??, Clinton Allen Sr M34, Jason Sims M34, Michael Waller M52) 48.2h; 4. Twentysomethings (John Jacobson M20, Katie Smith F20, Hilano Ramirez M22, Arianna ?? F??) 49.0h.

### Women's Mile Run

1. Brooke Kingma (un/F14) 5:16.9h; 2. Nina Penner (un/F17) 6:00.3h; 3. Stephanie Moore (un/F19) 6:06.4h; 4. Brijonnay Madrigal (un/F16) 6:19.1h; 5. Phung Vuong (un/F18) 6:35.3h.

### Men's Mile Run

1. Shaun Frandsen (CNW/M33) 4:33.7h; 2. Kris Kornegay (CNW/M26) 4:49.8h; 3. Paul Swenson (un/M45) 4:51.4h; 4. Patrick McDermott (CNW/M14) 4:52.4h; 5. Paul Huynh (CNW/M20) 4:54.3h; 6. David Simpson (un/M40) 4:54.6h; 7. David Cannon (CNW/M54) 4:55.0h; 8. Seth Berntsen (un/M36) 4:55.9h; 9. Troy Scott (un/M34) 4:57.4h; 10. Nathan Lawless (un/M27) 5:07.6h; 11. Joel Hamilton (un/M38) 5:15.5h; 12. Drew Holloway (un/M34) 5:19.6h; 13. Alex Ashenbrener (un/M16) 5:20.3h; 14. Henry Thomas (un/M17) 5:22.3h; 15. Michael Allison (CNW/M59) 5:37.0h; 16. Gerardo Madrigal (un/M48) 6:24.9h; 17. Andre Penner (un/M14) 6:36.9h.

### Women's 400-meter Dash

1. Lieran Cornish (un/F17) 58.2h; 2. Sarah Frey (un/F24) 59.0h; 3. Alesha Cronie (un/F16) 1:02.1h.

### Men's 400-meter Dash

1. Kevin Hicks (SETA/M25) 48.3h; 2. Mat Strum (SETA/M24) 50.6h; 3. Reade Lobdill (un/M22) 55.8h; 4. Daren Monroe (un/M43) 56.7h; 5. Jacob Hostettler (un/M15) 57.3h; 6. James Roberson (un/M51) 57.5h; 7. Clinton Allen Sr (un/M34) 1:00.0h; 8. Trevor Harron (un/M20) 1:00.9h; 9. Mark Rozema (un/M49) 1:01.2h; 10. Earl Jones (un/M16) 1:01.4h; 11. Russ Jacquet-Acea (un/M58) 1:04.5h; 12. Ben Byrd (un/M30) 1:06.9h; 13. David Kane (un/M24) 1:08.1h; 14. Gary Wright (un/M73) 1:33.6h; .

### Women's 800-meter Dash

1. Cassie Leishman (un/F14) 3:03.0h; 2. Gail Kuhnly (CLTC/F49) 3:03.3h.

### Men's 800-meter Dash

1. Ryan Johnson (SETA/M26) 1:56.0h; 2. Ben Bennett (un/M19) 2:14.9h; 3. Kirby McDermott (CNW/M14) 2:15.9h; 4. Troy Scott (un/M34) 2:16.1h; 5. Paul Huynh (CNW/M20) 2:17.2h; 6. Coulter Leslie (un/M40) 2:17.3h; 7. Nick Conklin (un/M15) 2:19.5h; 8. Austin Dean (un/M19) 2:20.6h; 9. Paul Swenson (un/M45) 2:22.7h; 10. Alex Lanser (un/M14) 2:22.9h; 11. Army Stonkus (CNW/M56) 2:28.9h.

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### **Co-ed 1600-meter Relay**

1. Mixed Up (Reade Lobdill M22, Ben Byrd M30, Clinton Allen Sr M34, Austin Dean M19) 4:06.0h; 2. Twins (Patrick and Kirby McDermott M14) 4:13.2h.

### **Women's 5000-meter Run**

1. Stephanie Moore (un/F19) 21:20.9h; 2. Shelley Davis (un/F19) 21:27.7h; 3. Nina Penner (un/F16) 22:13.8h; dnf. Moira O'Connor-Lenth (un/F16).

### **Men's 5000-meter Run**

1. Shaun Frandsen (CNW/M33) 15:37.5h; 2. Cameron O'Neil (un/M21) 16:09.4h; 3. Abiel Tekle (un/M17) 16:10.0h; 4. Hans Hagmeier (un/M21) 16:25.3h; 5. Matt Kovich (un/M19) 16:51.8h; 6. Anthony Galvan (un/M19) 17:10.5h; 7. David Simpson (un/M40) 17:39.4h; 8. Brent Couvrette (un/M22) 18:55.3h; 9. Joel Hamilton (un/M38) 18:58.9h; 10. Michael Allison (CNW/M59) 19:14.3h; 11. David Couvrette (un/M24) 19:18.6h; 12. Bruce Overstreet (un/M50) 19:28.2h; 13. Henry Thomas (un/M17) 19:43.8h; 14. Paul Satushek (un/M52) 20:27.9h.

*It was our intent to offer electronic timing for this year, particularly for ages 9 and up, and events 800 and shorter (where automatic timing makes a difference in accuracy.) It is still in our plan, but is dependent on the equipment we ordered some weeks ago arriving in a timely manner!*