

## 43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 1 • Wednesday, May 25, 2011

Sponsored by NORTHWEST TRAIL RUNS

Series kid's ribbons sponsored by A Child Becomes Pre-School

Shoreline District Stadium, Shoreline, Washington

Cool, breezy, on-and-off rain showers

### OUTSTANDING PERFORMANCES

Male -- Michael Waller (Christ Life TC) in the 100-meters.

Female -- Jane Larson (CNW) in the mile run and Falesha Ankton (CNW-Brooks) in the 100-meters.

**TOTAL ENTRIES** -- 177

*Financials -- \$966 gate and passes income*

### FIELD EVENT RESULTS

#### Kid's High Jump

1. Madison Church (un/F12) 0.91m (2-11 3/4); nh. Gabe Robinson (CNW/M08).

#### Women's High Jump

No entrants.

#### Men's High Jump

1. Levi Keller (CNW/M25) 1.90m (6-0 3/4); 2. Bill Church (un/M55) 1.45m (4-9); 3. Al Erickson (CNW/M81) 1.30m (4-3 1/4); nh. Timothy Breysse (un/M17) and Alex Heide (un/M17).

#### Women's Pole Vault

This event was not held due to wet conditions.

#### Men's Pole Vault

This event was not held due to wet conditions.

#### Kid's Long Jump

1. Tommy Gardner (un/M10) 3.81m (12-6); 2. Luke Gardner (un/M08) 2.79m (9-1 3/4); 3. Gabe Robinson (CNW/M08) 2.27m (7-5 1/4); 4. Aaron Haub (un/M05) 2.13m (6-11 3/4); 5. Mercy Haub (un/F06) 1.99m (6-6 1/2).

#### Women's Long Jump

No entrants.

#### Men's Long Jump

1. Quinn Chasan (un/M20) 4.93m (16-2); 2. Andrew Nicholas (un/M16) 4.68m (15-4 1/4); 3. Tyler Schwecke (Woodinville HS/M17) 4.56m (14-11 1/2); 4. Abdul Rahman (un/M34) 3.33m (10-11); 5. Gary Wright (un/M73) 2.09m (6-10 1/4).

#### Women's Triple Jump

No entrants.

#### Men's Triple Jump

1. Brian Sutter (un/M19) 10.74m (35-2 3/4); 2. Timothy Breysse (un/M17) 10.23m (33-6 3/4); 3. Alex Heide (un/M17) 9.80m (32-1 3/4); 4. Gary Wright (un/M73) 5.46m (17-11).

#### Kid's Shot Put

(4kg) 1. Jessica Sexton (un/F14) 8.23m (27-0).

#### Women's Shot Put

(4kg) 1. Claire Whiting (un/F15) 8.68m (28-5 3/4).

#### Men's Shot Put

(16lb) 1. Mark Rozema (un/M49) 6.82m (22-4 1/2).

(12lb) 1. Nick Demars (un/M15) 11.80m (38-8 1/2); 2. Brock Eager (un/M15) 9.50m (31-2).

(4kg) 1. Gary Wright (un/M73) 8.10m (26-7).

#### Women's Discus Throw

(1.0kg) 1. Claire Whiting (un/F15) 27.90m (91-6); 2. Sarah Springberg (un/F33) 26.82m (88-0); Jessica Sexton (un/F14) 20.98m (68-10).

## 43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 1 • Wednesday, May 25, 2011

### Men's Discus Throw

(1.6kg) 1. Nick Demars (un/M15) 33.40m (109-7); 2. Theron Davis (un/M17) 32.88m (107-10); 3. Tyler Comer (un/M15) 30.16m (98-11); 4. Brock Eager (un/M15) 28.76m (94-4); nm. Tim Abbott (un/M18).

### Kid's TurboJav™ Toss (*measured in yards*)

The TurboJavs were left in storage. We apologize for the inconvenience and promise to have them for the next meet.

### Women's Javelin Throw

No entrants.

### Men's Javelin Throw

(800g) 1. Cole Sunkel (un/M14) 36.25m (118-11); 2. Tyler Comer (un/M15) 30.29m (99-4); 3. Andrew Nicholas (un/M16) 28.49m (93-5).

(700g) 1. Russ Jacquet-Acea (un/M58) 34.20m (112-2).

(600g) 1. Cole Sunkel (un/M14) 44.90m (147-4).

(400g) 1. Al Erickson (CNW/M81) 19.60m (64-3).

## TRACK EVENT RESULTS

### Kid's 100-meter Dash

1. Ryan Hascall (un/M11) 14.8h; 2. Tommy Gardner (un/M10) 15.3h; 3. Cheyenne Taylor (un/F11) 17.3h; 4. Levi Howard (un/M09) 17.9h; 5. Luke Gardner (un/M08) 18.2h; 6. Gabe Robinson (CNW/M08) 20.6h; 7. Mercy Haub (un/F06) 21.1h; 8. Nicole Penner (un/F06) 21.8h; 9. Aaron Haub (un/M05) 23.0h; dnf. Elijah Haub (un/M03).

### Kid's 50-meter Dash

1. Ryan Hascall (un/M11) 7.6h; 2. Tommy Gardner (un/M10) 7.9h; 3. Madison Church (un/F12) 8.0h; 4. Abby Church (un/F12) 8.3h; 5. Levi Howard (un/M09) 8.9h; 6. Luke Gardner (un/M08) 9.5h; 7. Gabe Robinson (CNW/M08) 10.4h; 8. Solly Spann (un/M07) 10.7h; 9. Mercy Haub (un/F06) 11.3h; 10. Nicole Penner (un/F06) 11.6h; 11. Aaron Haub (un/M05) 12.3h; 12. Elijah Haub (un/M03) 17.2h.

### Kid's 200-meter Dash

1. Ryan Hascall (un/M11) 34.1h; 2. Madison Church (un/F12) 34.8h; 3. Sammy Spann (un/M07) 46.3h; 4. Nicole Penner (un/F06) 49.3h.

### Kid's Mile Jog

1. Jonathan Robinson (CNW/M11) 7:19.2h; 2. Cheyenne Taylor (un/F11) 8:11.6h.

### Co-ed Mile Race Walk

No entrants.

### Women's 100-meter Hurdles

No entrants.

### Men's 110-meter Hurdles

(39") 1. Daniel Fomenko (un/M17) 18.1h; 2. David Vo (un/M15) 19.4h.

(Masters 100m 36") 1. Russ Jacquet-Acea (un/M58) 18.1h.

### Women's 100-meter Dash

1. Falesha Ankton (CNW-Brooks/F23) 12.4h; 2. Carla Hoppie (un/F54) 16.5h.

### Men's 100-meter Dash

1. Aaron Davis (un/M17) 11.7h; 2. Benjamin Bennett (un/M18) 11.9h; 3. Mat Strum (un/M24) 11.9h; 4. Michael Waller (CLTC/M50) 12.1h; 5. Kyle Shankle (un/M15) 12.2h; 6. Patrick Lee (un/M26) 12.3h; 7. (tie) Quinn Chasan (un/M20) and Clinton Allen Sr (un/M34) 12.6h; 9. Alex Heide (un/M17) 12.8h; 10. (tie) Clinton Allen Jr (un/M13) and Brian Sutter (un/M19) 12.9h; 12. Daniel Fomenko (un/M17) 13.1h; 13. (tie) David Vo (un/M15) and Mark Rozema (un/M49) 13.3h; 15. Rod Wilcox (un/M45) 13.5h; 16. Russ Jacquet-Acea (un/M58) 13.8h; 17. Randy Blomgren (un/M55) 14.5h; 18. Will Leslie (un/M65) 14.7h; 19. Gary Wright (un/M73) 20.4h.

### Co-ed Jogger's Mile (*listed by order of best prediction*)

## 43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 1 • Wednesday, May 25, 2011

1. Eric Bone (CNW/M37) 6:10-6:10 **ZERO!**; 2. (tie) Paul Huynh (CNW/M20) and Bill MacDonald (un/M23) 6:20-6:21 **+1**;  
4. Drew Mullwray (un/M34) 7:45-7:26 **-19**; 5. Nathan Lawless (un/M26) 7:10-6:49 **-21**; 6. Joel Hamilton (un/M38) 7:00-6:21  
**-39**; 7. Army Stonkus (CNW/M56) 7:20-6:40 **-40**; 8. Terry Farrah (un/F51) 10:15-9:14 **-1:01**; 9. Talia Kahn (un/F26) 8:40-7:10  
**-1:30**; dnf. Joe Wilcox (un/M68).

### Co-ed 400-meter Relay

No teams entered.

### Women's Mile Run

1. Jane Larson (CNW/F22) 4:48.9h; 2. Lois Keller (CNW/F26) 4:51.4h; 3. Andrea Eiseman (un/F27) 5:29.4h; 4. Megan  
Chucka (un/F16) 5:30.2h.

### Men's Mile Run

1. Quinn Chasan (un/M20) 4:41.9h; 2. Spencer Walsh (CNW/M28) 4:42.2h; 3. Adam Demmings (un/M27) 4:45.7h; 4. Noah  
Heidenreich (un/M17) 4:48.0h; 5. Tahoma Khalsa (CNW/M27) 4:53.3h; 6. Brian Sutter (un/M19) 4:54.6h; 7. Paul Huynh  
(CNW/M20) 4:59.2h; 8. Tyler Schwecke (Woodinville HS/M17) 5:02.3h; 9. Brandon Byhre (un/M29) 5:06.4h; 10. Andrew  
Nicholas (un/M16) 5:09.2h; 11. Bill MacDonald un/M23) 5:09.5h; 12. Coulter Leslie (un/M40) 5:11.8h; 13. Nathan Lawless  
(un/M26) 5:12.0h; 14. Eric Bone (CNW/M37) 5:15.3h; 15. Joel Hamilton (un/M38) 5:18.9h; 16. Sam Albertson (un/M17)  
5:34.5h; 17. Drew Mullwray (un/M34) 5:39.8h; dnf. Joe Wilcox (un/M68).

### Women's 400-meter Dash

1. Connie Schmidt (CNW/F54) 1:25.7h.

### Men's 400-meter Dash

1. Mat Strum (un/M24) 51.5h; 2. Benjamin Bennett (un/M18) 54.7h; 3. Alex Ashenbrenner (un/M16) 59.9h; 4. Mark  
Rozema (un/M49) 1:01.5h; 5. Clinton Allen Sr (un/M34) 1:02.2h; 6. Rod Wilcox (un/M45) 1:09.1h; 7. Russ Jacquet-Acea  
(un/M58) 1:09.5h; 8. Gary Wright (un/M73) 1:37.9h; 9. Al Erickson (CNW/M81) 1:44.3h.

### Women's 800-meter Dash

1. Laura Schmitt (un/F19) 2:22.3h; 2. Christine Sonners (un/F19) 2:29.0h; 3. CJ Taylor (un/F16) 2:31.0h; 4. Megan Larson  
(un/F15) 2:32.0h; 5. Carla Hoppie (un/F54) 3:01.9h.

### Men's 800-meter Dash

1. Kyle Blume (un/M19) 1:54.1h; 2. Brad Whitley (un/M20) 1:54.5h; 3. Chris Boyle (un/M20) 1:58.9h; 4. Matt Sherk (un/  
M17) 2:07.5h; 5. Paul Huynh (CNW/M20) 2:20.1h; 6. Coulter Leslie (un/M40) 2:26.2h; 7. Alex Ashenbrenner (un/M16)  
2:36.8h; 8. Lance Albertson (un/M49) 2:42.1h; 9. Perry Rodgers (un/M48) 2:49.1h; dnf. Taylor Carlson (un/M19).

### Co-ed 1600-meter Relay

1. Pwned! (Christine Sonners F19, Laura Schmitt F19, Brad Whitley M20, Kyle Blume M19) 4:00.8h; 2. Beast Mode!!! (Kyle  
Shankle M15, David Vo M15, Alex Ashenbrenner M16, Daniel Fomenko M17) 4:11.3h; 3. It Only Takes Two! (Andrea  
Eiseman F27, Brandon Byhre M29) 4:37.9h.

### Women's 5000-meter Run

No entrants.

### Men's 5000-meter Run

1. Spencer Walsh (CNW/M28) 15:42.9h; 2. Shaun Frandsen (CNW/M33) 15:46.2h; 3. Travis Adams (ESRunners/M39)  
16:11.9h; 4. Tahoma Khalsa (CNW/M27) 16:18.6h; 5. Andrew Moroney (ESRunners/M30) 16:24.5h; 6. Michael Smith  
(CNW/M52) 16:44.5h; 7. Anthony Galvan (un/M19) 16:59.8h; 8. Matt Kovich (un/M19) 17:01.7h; 9. Brian Comer  
(ESCatholic/M17) 17:02.0h; 10. Matt Sherk (un/M17) 17:22.7h; 11. Bill MacDonald (un/M23) 18:20.9h; 12. Paul Huynh  
(CNW/M20) 18:46.7h; 13. Brent Couvrette (un/M22) 18:46.9h; 14. Drew Mullwray (un/M34) 19:41.6h; 15. Alex  
Ashenbrenner (un/M16) 19:43.9h; 16. Paul Satushek (un/M51) 20:08.4h; 17. Joe Wilcox (un/M68) 20:50.8h.

*It was our intent to offer electronic timing for this year, particularly for ages 9 and up, and events 800 and shorter (where automatic timing makes a difference in accuracy.) It is still in our plan, but is dependent on the equipment we ordered some weeks ago arriving in a timely manner!*