

## 43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 12 • Wednesday, August 10, 2011

Sponsored by SPORTS REACTION CENTER

Series kid's ribbons sponsored by A Child Becomes Pre-School

Shoreline District Stadium, Shoreline, Washington

Weather was brilliant -- wish it could have been this nice all year!

*We offered electronic timing this year, but primarily for open and masters events 100-meters to 800-meters, including hurdles, and the middle distance run of the week. We could potentially expand that to guns starts for ages 9 and up. However, this week, the computer refused to talk to the camera! So there are no electronic times in these results.*

*It is still in our plan for next year, but – a serious question here – did anyone care? Would not having electronic timing make a difference in your attendance? It was very expensive, upwards of \$2500 for the year, and ate up all of our potential profit plus a little! (Our full financials will be posted early next week.) Let us know your thoughts!*

### OUTSTANDING PERFORMANCES

Male -- Dan Tyson in the sprints all year.

Female -- Chinne Okoronkwo in the pole vault and Shelly Hack in the 1500/3000.

**TOTAL ENTRIES** -- 547

*Financials -- \$1,223 gate and passes income*

### FIELD EVENT RESULTS

#### Kid's High Jump

1. Charlie Surdyk (un/M13) 1.20m (3-11 1/4); 2. Alyssa Sewell (un/F13) 1.15m (3-9 1/4); 3. Julia Larway (un/F13) 1.10m (3-7 1/4); 4. Malia Pirec (un/F11) 1.05m (3-5 1/4); 5. Thomas Coglans (un/M09) 0.97m (3-2 1/4); 6. Billy Surdyk (un/M09) 0.97m (3-2 1/4); nh. Morgan Perrigoue (un/F06), Lilia Echols (un/F06), Jalen Edwards (un/M07) Kamal Muhammad (un/M08), Micah Echols (un/M08), Abby Perrigoue (un/F08), Abbie Ruddick (un/F10), Ella Ruddick (un/F08), Yaggy Muhammad (un/F05), Drey Fox (un/M07), Blakeley Fox (un/F06), and O'Neal Fox (un/F09).

#### Women's High Jump

1. Madelyn Magee (un/F17) 1.65m (505).

#### Men's High Jump

1. Ty Esperza (un/M16) 1.55m (5-1); 2. Jim Petrina (un/M51) 1.50m (4-11); nh. Duane Dahl (un/M16).

#### Women's Pole Vault

1. Chinne Okoronkwo (PVNW/F13) 3.50m (11-5 3/4); 2. Chardalise Madrigal (un/F15) 2.45m (8-0 1/4); 3. Taylor Studzinski (un/F16) 2.00m (6-6 3/4); 4. Katrina Mueller (un/F12) 2.00m (6-6 3/4); 5. Ariel Grier (un/F13) 1.70m (5-7); nh. Stacia Martineau (un/F18).

#### Men's Pole Vault

1. Henry Park (un/M21) 4.40m (14-5 1/4); 2. Matt Stewart (PVNW/M17) 3.35m (11-0); 3. Daniel Scott (unM17) 3.35m (11-0); 4. Reed Mowery (un/M16) 3.20m (10-6); 5. Jordan Chase (un/M16) 3.20m (10-6); 6. Jerrick Sandico (un/M16) 3.20m (10-6); 7. Taylor Carlson (un/M17) 2.75m (9-0 1/4); 8. Fred Zapf (CNW/M70) 2.30m (7-6 1/2); 9. Dave Butler (CNW/M71) 2.15m (7-0 3/4); 10. Jake Stewart (un/M13) 2.00m (6-6 3/4).

#### Kid's Long Jump

1. An Nguyen (un/M14) 5.29m (17-4 1/4); 2. Alex Luu (un/M14) 4.27m (14-0); 3. Yash Mehta (un/M08) 3.17m (10-4 3/4); 4. Tyler Watson (un/M10) 3.16m (10-4 1/2); 5. Julia Larway (un/F13) 3.02m (9-11); 6. Mike Nabina (un/M10) 2.74m (8-11 3/4); 7. Emma Sewell (un/F11) 2.56m (8-4 3/4); 8. Ryan Watson (un/M08) 2.34 (7-8 1/4); 9. Jalen Edwards (un/M07) 2.32m (7-7 1/4); 10. Mason Tobey (CNW/M06) 2.28m (7-5 3/4); 11. Abby Perrigoue (un/F08) 2.19m (7-2 1/4); 12. Thaddeus Knowles (un/M07) 2.13m (6-11 3/4); 13. Micah Echols (un/M08) 2.12m (6-11 1/2); 14. Megan Deegan (un/F10) 2.00m (6-6 3/4); 15. Lilia Echols (un/F06) 1.88m (6-2); 16. Rishi Mehta (un/M05) 1.78m (5-10); 17. Morgan Perrigoue (un/F06) 1.68m (5-6 1/4); 18. Cael Scanlon (un/M06) 1.55m (5-1); 19. Miriam Nabina (un/F08) 1.50m (4-11); 20. Gianna Lollie (un/F05) 1.45m (4-9); 21. Tanner Nygard (un/M04) 1.39m (4-6 3/4); 22. Yasmeen Muhammad (un/F05) 1.37m (4-6); 23. Aubree Nygard (un/F05) 1.19m (3-10 3/4); 24. Brooklyn Crawford (un/F03) 0.95m (3-1 1/2); 25. Maycie Nygard (un/F05) 0.84m (2-9); 26. Sammy Perrigoue (un/F04) 0.84m (2-9); 27. Nelson Nygard (un/M03) 0.76m (2-6); 28. Travis Nygard (un/M03) 0.71m (2-4); nm. Michael Gronewold (un/M10) and Jacob Flechman (un/M06).

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### Women's Long Jump

No entrants.

### Men's Long Jump

1. Abdul Rahman (un/M35) 5.60m (18-4 1/2); 2. Duane Dahl (un/M16) 5.31m (17-5); 3. Tye Esparza (un/M16) 4.94m (16-2 1/2); 4. David Graham (un/M14) 4.84m (15-10 1/2); 5. Michael Tran (un/M20) 4.71m (15-5 1/2); 6. George Edwards (un/M53) 3.96m (12-12 3/4); 7. Alex Akins (un/M13) 3.48m (11-5); 8. Gary Wright (un/M73) 1.96m (6-5 1/4).

### Women's Triple Jump

1. Mikayla Ingram (un/F15) 9.28m (30-5 1/4); 2. Danielle Snowden (un/F15) 8.01m (26-3 1/4).

### Men's Triple Jump

1. Jerrod Akins (un/M39) 12.24m (40-2); 2. Daryl Derbecker (un/M16) 11.67m (38-3 1/2); 3. Duane Dahl (un/M16) 11.23m (36-10 1/4); 4. Tye Esparza (un/M16) 11.03m (36-2 1/4); 5. Michael Tran (un/M24) 9.01m (29-6 3/4); 6. Alex Akins (un/M13) 7.01m (23-0); 7. Gary Wright (un/M73) 5.28m (17-3 3/4).

### Kid's Shot Put

No entrants.

### Women's Shot Put

(4kg) 1. Diandre Musikechart (Swd/F17) 10.24m (33-7 3/4); 2. Kylie Eager (un/F16) 8.95m (29-4 1/4); 3. Claire Whiting (un/F15) 8.32m (27-3 1/2); 4. Jessica Sexton (un/F15) 7.26m (23-9 3/4).  
(3kg) 1. Connie Schmidt (CNW/F54) 10.69m (35-0 3/4).

### Men's Shot Put

(6kg) 1. Lance Neubauer (CNW/M52) 13.17m (43-2 1/2).  
(12lb) 1. Brian Hutchison (un/M18) 17.92m (48-9 1/2); 2. Jordan Frazier (un/M17) 13.01m (40-8 1/4); nm. Brock Eager (un/M15).  
(4kg) 1. Gary Wright (un/M73) 7.01m (23-0).  
(3kg) 1. Al Erickson (CNW/M82) 8.28m (27-2).

### Women's Discus Throw

(1.0kg) 1. Nadine Hyde (un/F17) 32.17m (105-6); 2. Diandre Musikechart (Swd/F17) 31.20m (102-4); 3. Claire Whiting (un/F15) 30.00m (98-5); 4. Kylie Eager (un/F16) 29.20m (95-9); 5. Cassie Gress (un/F17) 28.54m (93-7); 6. Jessica Sexton (un/F15) 26.24m (86-1); 7. Stephanie Rasor (un/F16) 20.73m (68-0 1/4).

### Men's Discus Throw

(2kg) 1. Derek Eager (un/M19) 42.73m (140-2); 2. Parker Browning (un/M18) 39.21m (128-7).  
(1.6kg) 1. Jake Bailey (un/M15) 36.33m (119-2); 2. Josh Benson (un/M17) 33.89m (111-2); 3. Tyler Corner (un/M15) 29.76m (97-7); nm. Jordan Frazier (un/M17).  
(1.5kg) 1. Lance Neubauer (CNW/M52) 44.04m (144-6).  
(1kg) 1. Brock Eager (un/M15) 31.52m (103-5).

### Kid's TurboJav™ Toss (measured in yards)

1. Riley Ovall (un/F12) 25y; 2. Michael Groenwold (un/M10) 19y; 3. Ryan Watson (un/M09) 18y; 4. Gabe Robinson (CNW/M09) 16y; 5. Jalen Edwards (un/M07) 15y; 6. Kamal Muhammad (un/M08) 14y; 7. Issac Froula (un/M08) 14y; 8. Henry Anderson (un/M05) 12y; 9. Julia Larway (un/F13) 11y; 10. Caleb Brinker (un/M06) 11y; 11. Drey Fox (un/M07) 11y; 12. (tie) Isaiah Young (un/M08) and Micah Echols (un/M08) 11y; 14. O'Neal Fox (un/F09) 11y; 15. Abby Perrigoue (un/F08) 9y; 16. Megan Dugan (un/F09) 9y; 17. Lillian Ovall (un/F08) 8y; 18. Blakeley Fox (un/F06) 7y; 19. Morgan Perrigoue (un/F06) 6y; 20. Lilia Echols (un/F06) 5y; 21. Brooklyn Crawford (un/F03) 5y; 22. Maycee Nygard (un/F05) 4y; 23. (tie) Aubree Nygard (un/F05) and Nelson Nygard (un/M02) 4y; 25. Gracey Young (un/F04) 2y; 26. (tie) Travis Nygard (un/M03) and Tanner Nygard (un/M04) 2y.

### Women's Javelin Throw

(600g) 1. Kacie Seims (un/F17) 30.84m (101-2).  
(400g) 1. Riley Ovall (un/F12) 19.17m (62-10 3/4).

### Men's Javelin Throw

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(800g) 1. Max Pratt (un/M18) 56.19m (184-4); 2. Brandon Alford (un/M17) 53.68m (176-1); 3. Zach Storm (un/M18) 52.88m (173-6); 4. Dave Ovall (un/M36) 51.57m (169-2); 5. Jan-Olav Johansson (un/M48) 46.58m (152-10); 6. Zach Jacobsen (un/M18) 45.86m (150-5); 7. Connor O'Kinsella (un/M17) 43.34m (142-2); 8. Emmitt Rudd (un/M16) 42.79m (140-4); 9. Josh Benson (un/M17) 37.38m (122-7); 10. Tyler Corner (un/M15) 33.13m (108-8).

(600g) 1. Fred Luke (CNW/M64) 46.45m (152-4).

### PENTATHLON RESULTS

*NOTE: Points are age-graded for each age division.*

plc	name (team/division)	Lng	Jmp/Pts	Javelin/Pts	200m/Pts	Discus/Pts	1500m/Pts	Tot Pts				
1.	David Ortman (un/M55)	5.15m	/755	30.84m	/460	26.34	/829	29.87m	/527	5:36.0h	/679	3250
2.	Curtis Clauson (un/open)	6.71m	/746	60.42m	/744	24.24	/693	37.12m	/606	5:35.6h	/372	3161
3.	Roger Vergin (CNW/M70)	3.95m	/700	22.80m	/418	32.44	/637	23.72m	/471	7:33.8h	/574	2800
4.	Rod Wilcox (CNW/M45)	5.28m	/606	36.34m	/479	25.54	/751	28.91m	/560	6:15.5h	/339	2735
5.	Scott Copeland (BPark/M50)	4.73m	/546	27.70m	/356	27.54	/658	23.31m	/344	7:14.3h	/191	2095
6.	Art Turock (CNW/M60)	3.97m	/498	22.41m	/323	29.64	/649	17.28m	/241	7:18.6h	/314	2025
7.	Will Leslie (CNW/M65)	3.32m	/504	19.46m	/305	30.64	/662	18.64m	/304	8:11.1h	/226	2001
8.	Jona Silva (un/M45)	4.14m	/341	25.87m	/303	29.34	/457	20.23m	/355	5:57.3h	/419	1875

### TRACK EVENT RESULTS

#### Kid's 100-meter Dash

1. An Nguyen (un/M14) 12.6h; 2. Alex Luu (un/M14) 13.0h; 3. Alyssa Sewell (un/F13) 14.5h; 4. Sam Kanga (un/M11) 16.1h; 5. (tie) Natalie Sadjo (un/F11) and Erin Grove (un/F12) 16.3h; 7. Yash Mehta (un/M08) 16.7h; 8. Tyler Watson (un/M10) 16.9h; 9. (tie) Thomas Coglas (un/M09) and Emma Sewell (un/F11) 17.0h; 11. Michael Gronewold (un/M10) 17.1h; 12. O'Neal Fox (un/F09) 17.2h; 13. (tie) Alicia Niktard (un/F10) and Jacob Niktard (un/M11) 17.3h; 15. Shakirah Muhammad (un/F12) 17.4h; 16. (tie) Kamal Muhammad (un/M08), Drey Fox (un/M07), and Mike Nobin (un/M10) 17.6h; 19. Jordan Tate (un/M08) 17.9h; 20. Sarah Sewell (un/F08) 18.0h; 21. (tie) Kaitlyn Rust (un/F10) and Thomas Clark (un/M12) 18.1h; 23. (tie) Jalen Edwards (un/M07) and Beatrice Simon (un/F08) 18.2h; 25. (tie) Symaree Troy (un/F06) and Ryan Watson (un/M08) 18.3h; 27. (tie) Liv Wreggelsworth (un/F07) and Mason Tobey (CNW/M06) 18.7h; 29. Abby Niktard (un/F07) 19.0h; 30. Megan Deegan (un/F10) 19.2h; 31. Abby Perrigou (un/F08) 19.6h; 32. Annabelle Behnke (un/F06) 20.1h; 33. (tie) Santiago Camacho (un/M07) and Roman Camacho (un/M09) 20.4h; 35. Blakeley Fox (un/F06) 20.5h; 36. Lilia Echols (un/F06) 20.7h; 37. Micah Echols (un/M08) 20.8h; 38. Morgan Perrigou (un/F06) 20.9h; 39. Henry Anderson (un/M05) 21.1h; 40. Thaddeus Knowles (un/M07) 21.2h; 41. Yassy Muhammad (un/F05) 21.5h; 42. Miriam Nabina (un/F08) 21.7h; 43. Cael Scanlon (un/M06) 21.8h; 44. Aidan Cousseau (un/M06) 22.0h; 45. Rishi Mehta (un/M05) 22.2h; 46. Gianna Lollie (un/F05) 22.8h; 47. Jacob Fleishman (un/M06) 23.1h; 48. Theo Huggins (un/M05) 24.1h; 49. Isaac Fronk (un/M05) 24.3h; 50. Izzy Hatzenbeler (un/F04) 27.3h; 51. Tanner Nygard (un/M04) 28.0h; 52. Caleb Behnke (un/M05) 28.8h; 53. Maycie Nygard (un/F05) 29.1h; 54. Aubree Nygard (un/F05) 30.1h; 55. Selena Bangerter (un/F04) 31.4h; 56. Brooklyn Crawford (un/F03) 31.9h; 57. Nelson Nygard (un/M03) 33.8h; 58. Leynna Okoronkwo (un/F02) 36.7h; 59. Jillian Hatzenbeler (un/F02) 39.2h; 60. Cecilia Camacho (un/F04) 40.1h; 61. Frederick Anderson (un/M02) 41.6h; 62. Quinn Brinker (un/F03) 44.9h; 63. Colin Cousseau (un/M03) 47.3h; 64. Travis Nygard (un/M03) 49.7h; 65. Lumia Scanlon (un/F02) 53.7h; 66. Riley Perrigou (un/F02) 56.6h.

#### Kid's 50-meter Dash

1. An Nguyen (un/M14) 6.6h; 2. Alex Luu (un/M14) 6.8h; 3. Stile Wreggelsworth (un/M13) 7.1h; 4. Pete Garlick (un/M13) 7.7h; 5. Sam Kanga (un/M11) 8.3h; 6. Tyler Watson (un/M10) 8.4h; 7. (tie) Yash Mehta (un/M08) and Natalie Sadjo (un/F11) 8.5h; 9. Michael Gronewold (un/M10) 8.7h; 10. Drey Fox (un/M07) 8.8h; 11. (tie) Jordan Tate (un/M08), Sarah Sewell (un/F08), and Alicia Niktard (un/F10) 8.9h; 14. (tie) Thomas Coglas (un/M09) and Jacob Niktard (un/M11) 9.0h; 16. (tie) Jalen Edwards (un/M07) and Kamal Muhammad (un/M08) 9.1h; 18. (tie) Mike Nabina (un/M10) and Kaitlyn Rust (un/F10) 9.2h; 20. Thomas Clark (un/M12) 9.3h; 21. (tie) Beatrice Simon (un/F08), Mason Tobey (CNW/M06), and Ryan Watson (un/M08) 9.4h; 24. Shakirah Muhammad (un/F12) 9.5h; 25. Liv Wreggelsworth (un/F07) 9.6h; 26. (tie) Andy Garlick (un/M09) and Megan Deegan (un/F10) 9.7h; 28. Symaree Troy (un/F06) 9.8h; 29. Abby Perrigou (un/F08) 9.9h; 30. (tie) Cael Scanlon (un/M06) and Roman Camacho (un/M09) 10.2h; 32. (tie) Abby Niktard (un/F07) and Micah Echols (un/M08) 10.3h; 34. (tie) Annabelle Behnke (un/F06) and Santiago Camacho (un/M07) 10.4h; 36. (tie) Yasmeen Muhammad (un/F03) and Morgan Perrigou (un/F06) 10.7h; 38. (tie) Miriam Nabina (un/F08) and unknown 10.8h; 40. Aidan Cousseau (un/M06) 10.9h; 41. (tie) Lilia Echols (un/F06) and Ainslee Mattix (un/F10) 11.0h; 43. (tie) Gianna Lollie

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(un/F05), Gianna Lollie (un/F05), and Blakeley Fox (un/F06) 11.3h; 46. Rishi Mehta (un/M05) 11.5h; 47. Henry Anderson (un/M05) 11.7h; 48. Theo Huggins (un/M05) 12.0h; 49. Isaac Fronk (un/M05) 12.7h; 50. Izzy Hatzenbeler (un/F04) 12.9h; 51. Maycie Nygard (un/F05) 13.2h; 52. Sammy Perrigoue (un/F04) 13.3h; 53. (tie) Tanner Nygard (un/M04) and Grace Young (un/F04) 13.6h; 55. (tie) Nelson Nygard (un/M03) and Selena Bangerter (un/F04) 14.1h; 57. Brooklyn Crawford (un/F03) 14.7h; 58. Aubree Nygard (un/F05) 15.2h; 59. Caleb Brinker (un/M05) 15.4h; 60. Cecilia Camacho (un/F04) 16.2h; 61. Leynna Okoronkwo (un/F02) 17.7h; 62. Jillian Hatzenbeler (un/F02) 20.0h; 63. Frederick Anderson (un/M02) 20.1h; 64. Colin Cousseau (un/M03) 22.7h; 65. Quinn Brinker (un/F03) 23.0h; 66. Riley Perrigoue (un/F02) 24.8h; 67. Travis Nygard (un/M03) 25.9h; 68. Allie Bangerter (un/F02) 26.1h; 69. Emily Rust (un/F01) 36.4h.

### Kid's 200-meter Dash

1. An Nguyen (un/M14) 26.1h; 2. Alex Luu (un/M14) 28.7h; 3. Pivec Malia (un/F11) 30.7h; 4. Allysa Sewell (un/F13) 32.2h; 5. Mike Nabina (un/M10) 35.3h; 6. Michael Gronewold (un/M10) 37.3h; 7. Sarah Sewell (un/F08) 37.5h; 8. Emma Sewell (un/F11) 37.8h; 9. (tie) O'Neal Fox (un/F09) and Kamal Muhammad (un/M08) 38.0h; 11. Shakirah Muhammad (un/F12) 38.6h; 12. Erin Grove (un/F12) 38.8h; 13. Jalen Edwards (un/M07) 38.9h; 14. Drey Fox (un/M07) 39.5h; 15. Ryan Watson (un/M08) 40.0h; 16. Beatrice Simon (un/F08) 41.6h; 17. Symaree Troy (un/F06) 43.3h; 18. Abby Perrigoue (un/F08) 43.5h; 19. Megan Deegan (un/F10) 44.5h; 20. Micah Echols (un/M08) 45.5h; 21. Morgan Perrigoue (un/F06) 46.2h; 22. Aidan Cousseau (un/M06) 47.2h; 23. Yasmeen Muhammad (un/F05) 47.4h; 24. Henry Anderson (un/M05) 48.0h; 25. Rishi Mehta (un/M05) 50.0h; 26. Thaddeus Knowles (un/M07) 50.9h; 27. Jacob Grazer (un/M06) 51.2h; 28. Miriam Nabina (un/F08) 53.4h; 29. Gianna Lollie (un/F05) 53.6h; 30. Theo Huggins (un/M05) 55.7h; 31. Caleb Brinker (un/M05) 59.3h; 32. Aubree Nygard (un/F05) 1:02.4h; 33. Maycie Nygard (un/F05) 1:02.7h; 34. Grace Young (un/F04) 1:03.7h; 35. Isaac Fronk (un/M05) 1:05.6h; 36. Nelson Nygard (un/M03) 1:12.7h; 37. Brooklyn Crawford (un/F03) 1:13.6h; 38. Selena Bangerter (un/F04) 1:14.2h; 39. Tanner Nygard (un/M04) 1:14.6h; 40. Leynna Okoronkwo (un/F02) 1:23.5h; 41. Travis Nygard (un/M03) 1:32.5h; 42. Frederick Anderson (un/M02) 1:37.6h; 43. Colin Cousseau (un/M03) 1:43.3h.

### Kid's Mile Jog

1. Stile Wreggelsworth (un/M13) 5:40.3h; 2. Pete Garlick (un/M13) 6:42.8h; 3. Jadicyn Madrigal (un/F13) 7:14.0h; 4. Sam Kanga (un/M11) 7:37.2h; 5. Jacob Niktard (un/M11) 7:37.5h; 6. Natalie Sadjjo (un/F11) 7:38.6h; 7. Abigail Ruddick (Meadow/F10) 7:41.7h; 8. Mike Nabina (un/M10) 7:47.8h; 9. Yash Mehta (un/M08) 7:56.2h; 10. Ella Ruddick (Meadow/F08) 7:58.6h; 11. Alicia Niktard (un/F10) 8:02.0h; 12. Jon Robinson (CNW/M11) 8:20.5h; 13. Cheyenne Taylor (un/F11) 8:22.6h; 14. Andy Garlick (un/M09) 8:22.9h; 15. Abby Niktard (un/F07) 8:38.5h; 16. Kaitlyn Rust (un/F10) 8:42.2h; 17. Aidan Cousseau (un/M06) 8:43.2h; 18. Gabe Robinson (CNW/M09) 8:47.2h; 19. Isaiah Young (un/M08) 8:50.6h; 20. Thaddeus Knowles (un/M07) 8:51.7h; 21. Nicole Penner (un/F06) 8:55.5h; 22. Theo Huggins (un/M05) 8:57.4h; 23. Yasmeen Muhammed (un/F05) 9:17.2h; 24. Kamal Muhammad (un/M08) 9:21.2h; 25. Liv Wreggelsworth (un/F07) 9:24.2h; 26. Henry Anderson (un/M05) 9:24.4h; 27. Ainslee Mattix (un/F10) 9:54.7h; one runner was over 14.

### Co-ed Mile Race Walk

1. Ann Tuberg (PPacers/F51) 8:23.7h.

### Firefighter Mile Run

1. Tony Robinson (CNW/M44) 10:00.7h.

### Women's 400-meter Hurdles

No entrants.

### Men's 400-meter Hurdles

(36") 1. Austin Dean (un/M21) 1:01.4h.

(30") 1. Alex Luu (un/M14) 1:18.3h.

### Women's 200-meter Dash

1. Nicole Harris (un/F17) 26.8h; 2. Carolyn Birkenfeld (CNW/F15) 27.0h; 3. Sophie Brooks (un/F15) 27.7h; 4. Sondra Mainord (un/F17) 29.2h; 5. Annie Schlossman (un/F18) 30.3h; 6. Connie Schmidt (CNW/F54) 33.6h; 7. Sumaya Nansari (un/F31) 45.1h.

### Men's 200-meter Dash

1. Dan Tyson (un/M24) 22.4h; 2. Keegan Lockler (un/M16) 23.4h; 3. Nick Conklin (un/M15) 23.8h; 4. Corey Pfeiff (un/M19) 23.8h; 5. Duane Dow (un/M16) 24.7h; 6. Tyler Webster (un/M16) 25.2h; 7. Clinton Allen Sr (un/M34) 25.3h; 8. Rob Voce (un/M45) 26.0h; 9. David Graham (un/M14) 26.2h; 10. Sam Prestrud (un/M15) 26.7h; 11. Justin Berry (un/M34)

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26.9h; 12. Devon Grove (un/M15) 27.8h; 13. Sam Albertson (un/M17) 28.5h; 14. Tom Sewell (un/M51) 28.6h; 15. Woody Deitrich (un/M58) 29.0h; 16. Jack Prestrud (un/M54) 29.1h; 17. Lance Albertson (un/M49) 30.8h; 18. Alex Luu (un/M14) 31.5h; 19. Gary Wright (un/M73) 42.6h.

### Co-ed Jogger's Mile (listed by order of best prediction)

1. (tie) John Greengo (un/M44) 6:40-6:41 +1 and Jeff Rasor (un/M27) 6:30-6:29 -1; 3. (tie) Patrick Lawlor (SRC/M33) 6:15-6:13 -2, Keegan Lockler (un/M16) 7:00-7:02 +2, Perry Rodgers (ESR/M49) 8:24-8:22 -2, and Nicole Harris (un/F17) 7:00-7:02 -2; 7. Kathy Pfeiff (un/F52) 9:30-9:26 -4; 8. Joel Larway (un/M43) 5:55-6:00 +5; 9. Bill Macdonald (un/M24) 6:20-6:14 -6; 10. Paul Shuckerow (un/M39) 8:30-8:23 -7; 11. Jon Jorstad (un/M58) 7:17-7:08 -9; 12. Eric Watson (un/M40) 7:15-7:05 -10; 13. John Swenson (un/M53) 8:00-7:46 -14; 14. Lance Logan (un/M46) 6:36-6:21 -15; 15. Shane Carothers (un/M30) 7:53-7:34 -19; 16. Geoff Weatherbie (un/M30) 8:06-7:45 -21; 17. Becca Harkary (un/F38) 7:24-7:46 +22; 18. John McDermott (un/M46) 8:00-8:24 +24; 19. Corey Pfeiff (un/M19) 9:00-9:26 +26; 20. Dave Ruddick (un/M41) 7:00-6:31 -29; 21. Kirby McDermott (CNW/M14) 6:30-7:02 +32; 22. (tie) Cheyenne Taylor (un/F11) and CJ Taylor (un/F16) 8:20-9:08 +48; 24. Gabe Robinson (CNW/M09) 7:00-8:06 +1:06; 25. Jack Prestrud (un/M54) 6:20-9:31 +3:11; three joggers participated without a prediction time.

### Co-ed 400-meter Relay

1. Slow Expectations (Melinda Coglas F43, Ray Coglas M48, Tim Surdyk M47, Thomas Sewell M51) 59.0h; 2. High Expectations (Charlie Surdyk M13, Bill Surdyk M09, Thomas Coglas M09, Allysa Sewell F13) 1:07.8h; 3. Dr. Watson (Eric M40, Ryan M09, Kathy F39, Tyler M10) 1:11.5h; 4. Low Expectations (George M53, Sandi F54, Brandon M19, Jalen M07) 1:12.0h; 5. Robinson Plus (Tony M44, Aidan Cousseau M06, Jon M11, Brooklyn Crawford F03, Gabe M09) 1:35.9h.

### Women's 1500-meter Run

1. Shelly Hack (un/F39) 4:56.2h; 2. Caracol Haley (un/F15) 5:14.7h; 3. Laura Bangerter (un/F30) 5:53.3h.

### Men's 1500-meter Run

1. Tyler Benster (un/M26) 4:19.8h; 2. Patrick McDermott (CNW/M14) 4:24.3h; 3. Seth Berntsen (un/M36) 4:26.1h; 4. Floyd Bangerter (un/M30) 4:39.4h; 5. Bill Macdonald (un/M24) 4:40.9h; 6. Irvin MacQuarrie (un/M28) 4:47.0h; 7. Patrick Lawlor (SRC/M33) 4:47.2h; 8. John Greengo (un/M44) 4:48.1h; 9. Sam Albertson (un/M17) 4:57.6h; 10. Lance Logan (ESR/M46) 5:06.6h; 11. Michael Allison (CNW/M59) 5:24.7h; 12. Trevor Curtis (un/M32) 6:15.5h; 13. Tim Joslin (un/M70) 6:45.3h; there were 8 pentathletes also in the field.

### Women's 400-meter Dash

1. Sondra Mainord (un/F17) 1:05.9h; 2. Allysa Sewell (un/F13) 1:17.3h; 3. Connie Schmidt (CNW/F54) 1:27.0h.

### Men's 400-meter Dash

1. Daren Monroe (un/M43) 56.9h; 2. Shane Carothers (un/M30) 58.7h; 3. Clinton Allen Sr (un/M34) 59.0h; 4. Justin Berry (un/M34) 59.2h; 5. Rob Voce (un/M45) 59.7h; 6. Mark Rozema (un/M49) 1:00.3h; 7. Charles Herrick (un/M61) 1:00.7h; 8. Jack Prestrud (un/M54) 1:04.4h; 9. Geoff Weatherbie (un/M30) 1:05.0h; 10. Sam Prestrud (un/M15) 1:06.8h; 11. Bill Fleming (un/M55) 1:09.7h; 12. Peter McKay (un/M50) 1:22.6h; 13. Gary Wright (un/M73) 1:43.5h; dnf. Brandon Olsen (un/M19).

### Women's 800-meter Dash

No entrants.

### Men's 800-meter Dash

1. Andrew Sahl (un/M21) 2:02.1h; 2. Nick Murphy (un/M18) 2:02.8h; 3. Daniel Cohen (un/M17) 2:13.6h; 4. Nathan Conrad (un/M17) 2:45.1h; 5. Floyd Bangerter (un/M30) 2:22.2h; 6. Jerry Zhu (un/M17) 2:22.8h; 7. Arny Stonkus (CNW/M56) 2:25.5h; 8. Lance Albertson (un/M49) 2:36.6h; 9. Perry Rodgers (ESR/M49) 2:49.1h; 10. Tim Joslin Sr (un/M70) 3:27.1h.

### Co-ed 1600-meter Relay

1. Team Tao (Nathan Conrad M17, Jerry Lee Zhu M17, Tyler Tsujii M18, Tuo Wei M18) 4:08.0h; 2. The Bomb Sucks (Kirby and Patrick McDermott M14) 4:14.5h.

### Women's 3000-meter Run

1. Shelly Hack (un/F39) 10:36.6h; 2. Morgan Ekemo (un/F27) 10:39.4h; 3. CJ Taylor (un/F16) 11:44.6h; 4. Bailey Scott (un/F15) 12:56.9h; 5. Cheyenne Taylor (un/F11) 19:28.0h; 6. Becca Harkary (un/F38) 19:28.3h.

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### Men's 3000-meter Run

1. Mohamud Abdi (un/M15) 9:45.0h; 2. Travis Downen (un/M17) 10:05.8h; 3. Andrew Bosket (un/M17) 10:09.2h; 4. Floyd Bangerter (un/M30) 10:18.4h; 5. Niles McClure (un/M18) 10:33.4h; 6. Coulter Leslie (CNW/M40) 10:49.1h; 7. John Greengo (un/M44) 11:08.1h; 8. Paul Shuckerow (un/M39) 12:53.3h.

### Men's 5000-meter Run

1. Shaun Frandsen (CNW/M34) 15:49.5h; 2. Matt Kovich (un/M20) 16:24.9h; 3. Kris Kornegay (CNW/M26) 15:25.9h; 4. Paul Huynh (CNW/M20) 16:32.3h; 5. Devon Grove (un/M15) 17:11.1h; 6. Patrick Lawlor (SRC/M33) 17:28.9h; 7. Jeff Rasor (un/M27) 17:34.6h; dnf. Peter Magill (un/M50) and John Greengo (un/M44).