

43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 5• Wednesday, June 22, 2011

Sponsored by ARNY STONKUS and DR. MICHAEL ALLISON

Army and Michael are two of our regular-regulars – Army has attended our meets for 40 years, starting when he was in high school at Nathan Hale. Dr. Michael is almost an equal!

Series kid's ribbons sponsored by A Child Becomes Pre-School

Shoreline District Stadium, Shoreline, Washington

Weather – cloudy, a bit warmer.

OUTSTANDING PERFORMANCES

Male – Al Erickson, CNW Master on his 82nd birthday and 2.20m pole vault, plus shot put and javelin throw, and Rashaud Scott in the open discus.

Female – Sarah Frey, several sprint wins.

TOTAL ENTRIES – 507

Financials -- \$1136 gate and passes income

FIELD EVENT RESULTS

Kid's High Jump

1. Madison Church (un/F12) 1.20m (3-11 1/4); 2. Kendall Matt (un/F13) 1.20m (3-11 1/4); 3. Allysa Sewell (un/F13) 0.97m (3-2 1/4); nh. Ezra Baker (un/M08).

Women's High Jump

1. Ariana Warren (un/F19) 1.50m (4-11); Kaylor Warren (un/F18) 1.45m (4-9); nh. Doris Hine (un/F22).

Men's High Jump

1. John Jacobsen (un/M20) 1.85m (6-0 3/4); 2. Josh Moore (un/M20) 1.70m (5-7); 3. Mampreet Singh (CascadeHS/M17) 1.55m (5-1); 4. Dwight McMaster (CNW/M50) 1.50m (4-11); nh. David Ortman (un/M58).

Women's Pole Vault

1. (tie) Emily Tompkins (un/F17) and Chardalise Madrigal (PVNW/F15) 2.35m (7-8 1/2); 3. Sara Luth (NHHS/F15) 2.35m (7-8 1/2); Brittany Tabor (un/F16) 2.05m (6-6 3/4); nh. Ashley Schnapp (un/F19), Georgia Reynolds (un/F18), and Angela Gasparirii (un/F15).

Men's Pole Vault

1. Lev Marcus (NHHS/M16) 3.85m (12-7 1/2); 2. Ben Sheppard (un/PVNW/M17) 3.70m (12-1 3/4); 3. Jason Winters (un/M17) 3.55m (11-7 3/4); 4. Blake Erickson (Bellv/M17) 3.55m (11-7 3/4); 5. Tommy Kmett (UW/M21) 3.40m (11-1 3/4); 6. Paul Sheppard (un/M48) 3.40m (11-1 3/4); 7. Chris Tobey (CNW/M39) 3.40m (11-1 3/4); 8. Zack Zesbaugh (un/M20) 3.25m (10-8); 9. Paul Cameron (un/M19) 3.10m (10-2); 10. (tie) Nick Shugart (un/M14) and Russ Jacquet-Acea (un/M58) 2.95m (9-8); 12. Jesse Littlelight (un/M16) 2.65m (8-8 1/4); 13. Al Erickson (CNW/M82) 2.20m (7-2 1/2); nh. Zach Shugart (un/M13), Zac Harris (un/M18), and Drew Langland (un/M40).

Kid's Long Jump

1. Allysa Sewell (un/F13) 2.73m (8-11 3/4); 2. Yash Mehta (un/M08) 2.71m (8-10 3/4); 3. Jordan Taxe (un/M07) 2.63m (8-7 1/2); 4. Emma Sewell (un/F11) 2.44m (8-0); 5. Levi Howard (CNW/M09) 2.43m (7-11 3/4); 6. Gabe Robinson (CNW/M08) 2.35m (7-8 1/2); 7. Jenna Ramsdell (un/F11) 2.33m (7-7 3/4); 8. Seamus Springberg (un/M11) 2.10m (6-10 3/4); 9. Lily Luksich (un/F08) 2.08m (6-10); 10. Mason Tobey (CNW/M06) 1.97m (6-5 1/2); 11. Sophia Herman (un/F08) 1.94m (6-4 1/2); 12. Leyton Houck (un/M07) 1.93m (6-4); 13. Samuel Satushek (un/M08) 1.87m (6-1 1/2); 14. Rishi Mehta (un/M04) 1.81m (5-11 1/4); 15. Aaron Haub (un/M05) 1.68m (5-6 1/4); 16. Mercy Haub (un/F06) 1.68m (5-6 1/4); 17. Maddie Miller (un/F09) 1.65m (5-5); 18. Kellen Hoard (un/M07) 1.56m (5-1 1/2); 19. Aidan Cousseau (un/M06) 1.53m (5-0 1/4); 20. Jake Ramsdell (un/M10) 1.52m (4-11 3/4); 21. Ezra Barber (un/M08) 1.46m (4-9 1/2); 22. Julian Keeton (un/M04) 1.42m (4-8); 23. Henry Anderson (un/M05) 1.32m (4-4); 24. Dawson Springberg (un/M07) 1.30m (4-3 1/4); 25. Naia Langland (un/F04) 1.29m (4-2 3/4); 26. Monica Enloe (un/F04) 1.21m (3-11 3/4); 27. (tie) Linnea Springberg (un/F08) and Ian McArthur (un/M06) 1.18m (3-10 1/2); 29. JD Drake (un/M04) 1.15m (3-9 1/4); 30. Izzy Herman (un/F06) 1.14m (3-9); 31. Quinn Zackey (un/M05) 1.12m (3-8); 32. Elijah Haub (un/M03) 0.99m (3-3); 33. Simone Barber (un/F05) 0.97m (3-2 1/4); 34. Riley Chan (un/F04) 0.82m (2-8 1/4); 35. Ella Drake (un/F05) 0.82m (2-8 1/4); 36. Ashri Shah (un/F04) 0.61m (2-0); 37. Colin Cousseau (un/M03) 0.56m (1-10); 38. Finley Houck (un/F03) 0.53m (1-8 3/4); 39. Vivieene Salas (un/F02) 0.31m (1-0 1/4); 40. Olivia Herman (un/F02) 0.24m (0-9 1/2).

43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 5• Wednesday, June 22, 2011

Women's Long Jump

1. Dorris Warren (un/F22) 4.74m (15-6 1/2); 2. Crystal Warren (un/F25) 4.70m (15-5); 3. Carmelita Juarez (un/F19) 4.55m (14-11 1/4); 4. Sarah Luth (un/F15) 3.63m (11-11); 5. Sarah Springberg (un/F33) 2.74m (8-11 3/4).

Men's Long Jump

1. Manpreet Singh (un/M17) 5.81m (19-0 3/4); 2. John Jacobsen (un/M20) 5.65m (18-6 1/2); 3. Andrew Nicholas (un/M16) 4.90m (16-1); 4. Cesar Holquin (un/M16) 4.48m (14-8 1/2); nm. Rollyn Pangan (un/M17).

Women's Triple Jump

1. Kayla Warren (un/F18) 10.98m (36-0 1/4); 2. Anna Richards (un/F14) 9.70m (31-10); 3. Ariana Warren (un/F19) 9.54m (31-3 1/2); 4. Sophia Barsler (un/F15) 9.26m (30-4 1/2); 5. Crystal Warren (un/F20) 8.98m (29-5 1/2).

Men's Triple Jump

1. John Jacobsen (un/M20) 11.94m (39-2); 2. Manpreet Singh (un/M17) 11.53m (37-10); 3. Andrew Nicholas (un/M16) 10.29m (33-9); 4. Gary Wright (un/M73) 4.80m (15-9); nm. Jacob Hostetler (un/M15).

Kid's Shot Put

(6lb) 1. Brianna Nelson (un/F11) 6.04m (19-9 3/4).

(12lb) 1. Kingston Suka (un/M13) 9.45m (31-0); 2. Zack Demus (un/M12) 6.48m (21-3).

Women's Shot Put

(4kg) 1. Diandre Musikechart (un/F17) 9.77m (32-0 3/4); 2. Kylie Eager (un/F16) 9.37m (30-9); 3. Claire Whiting (un/F15) 9.12m (29-11); 4. Sarah Springberg (un/F33) 8.62m (28-3 1/4); 5. Addison Carvajal (un/F17) 7.14m (23-5); 6. Nicole Johnson (un/F21) 7.00m (22-11 1/2).

Men's Shot Put

(16lb) nm. Scott MacDonald(un/M21).

(12lb) 1. Brian Hutchison (un/M18) 18.10m (59-4 1/2); 2. Aaron Davis (un/M17) 13.97m (45-10); 3. Will McKinley (un/M16) 13.43m (44-0 3/4); 4. Nick Demars (un/M15) 12.72m (41-8 3/4); 5. Elijah Suka (un/M15) 11.05m (36-3); 6. Brock Eager (un/M15) 10.20m (33-5 1/2).

(6kg) 1. Lance Neubauer (CNW/M52) 13.72m (45-0 1/4).

(4kg) 1. Gary Wright (un/M73) 6.66m (21-10 1/4).

(3kg) 1. Al Erickson (CNW/M82) 8.45m (27-8 3/4).

Women's Discus Throw

(1.0kg) 1. Nadine Hyck (un/F17) 31.13m (102-1); 2. Diandre Musikrchart (un/F17) 31.03m (101-9); 3. Kylie Eager (un/F16) 29.99m (98-4); 4. Sarah Springberg (un/F33) 27.49m (90-2); 5. Claire Whiting (un/F15) 26.98m (88-6); 6. Katie Vogen (un/F16) 24.32m (79-10).

Men's Discus Throw

(2.0kg) 1. Rashaud Scott (un/M24) 56.82m (186-5).

(1.6kg) 1. Brian Hutchison (un/M18) 51.71m (167-10); 2. Alex Weatbrook (un/M18) 42.52m (139-6); 3. Nick Demars (un/M15) 39.92m (130-11); 4. Aaron Davis (un/M17) 38.46m (126-2); 5. Elijah Suka (un/M15) 33.17m (108-9); 6. Tyler Corner (un/M15) 29.49m (96-8); 7. Brock Eager (un/M15) 29.26m (96-0); 8. Kingston Suka (un/M13) 28.45m (93-3).

(1.5kg) 1. Lance Neubauer (CNW/M52) 41.87m (137-4); 2. James Roberson (un/M51) 27.26m (89-5).

Kid's TurboJav™ Toss (measured in yards)

1. Jonathan Robinson (CNW/M11) 18y; 2. Riley Ovall (un/F12) 15y; 3. Gabe Robinson (CNW/M08) 14y; 4. Brianna Nelson (un/F11) 13y; 5. Isaiah Woodard (un/M09) 12y; 6. Levi Howard (CNW/M09) 10y; 7. Ezra Barber (un/M08) 10y; 8. Jake Ramsdell (un/M10) 10y; 9. Sarah Sewell (un/F08) 9y; 10. Maddie Miller (un/F09) 8y; 11. Lily Luksich (un/F08) 8y; 12. Jenna Ramsdell (un/F11) 7y; 13. Lillian Ovall (un/F08) 7y; 14. Abby Powell (un/F07) 7y; 15. Julian Keeton (un/M04) 6y; 16. Sophia Herman (un/F08) 6y; 17. Aidan Cousseau (un/M06) 5y; 18. Ian McArthur (un/M06) 5y; 19. Nicole Penner (un/F06) 5y; 20. Izzy Herman (un/F06) 4y; 21. (tie) Naia Langland (un/F04) and JD Drake (un/M04) 4y; 23. Ella Drake (un/F05) 4y; 24. Riley Chan (un/F04) 3y; 25. Kennedy Bill (un/F04) 3y; 26. Simone Barber (un/F05) 3y; 27. Ashvi Shah (un/F04) 1y.

Women's Javelin Throw

(600g) 1. Addison Carvajal (un/F17) 22.25m (73-0); 2. Taylor Guy (un/F15) 21.12m (69-3).

43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 5• Wednesday, June 22, 2011

Men's Javelin Throw

(800g) 1. Bradley Stevens (un/M16) 53.31m (174-10); 2. Scott MacDonald (un/M21) 47.40m (155-6); 3. AC Gasero (un/M16) 44.68m (146-7); 4. Emmitt Rudd (un/M15) 40.90m (134-2); 5. Tyler Comer (un/M15) 33.90m (111-2).
(400g) 1. Al Erickson (CNW/M82) 24.16m (79-3 1/4).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Allysa Sewell (un/F13) 14.8h; 2. Taylor Freeman (un/F14) 15.1h; 3. (tie) Conn Matt (un/M11) and Elizabeth Yoakum (un/F10) 15.7h; 5. Sam Kanga (un/M11) 16.1h; 6. Levi Howard (CNW/M09) 16.3h; 7. Natalie Sadjo (un/F11) 16.4h; 8. O'Neal Fox (un/F09) 16.6h; 9. Emma Sewell (un/F11) 16.7h; 10. Isaiah Burk-Woodard (un/M09) 16.9h; 11. Jake Ramsdell (un/M10) 17.2h; 12. Sarah Sewell (un/F08) 17.4h; 13. Jacob DeGeorge (un/M09) 17.8h; 14. Katarina Matt (un/F08) 18.0h; 15. (tie) Jenna Ramsdell (un/F11) and Mason Tobey (CNW/M06) 18.4h; 17. Olivia Freeman (un/M07) 18.6h; 18. Yash Mehta (un/M08) 19.0h; 19. Dawson Springberg (un/M07) 19.5h; 20. Maddie Miller (un/F09) 19.6h; 21. Jordan Tate (un/M07) 19.8h; 22. Grace Hansen (un/F06) 20.1h; 23. Caroline DeGeorge (un/F06) 20.2h; 24. Lily Luksich (un/F08) 20.6h; 25. Kellen Hoard (un/M07) 21.0h; 26. (tie) Ezra Barber (un/M08) and Leyton Houck (un/M07) 21.3h; 28. Seamus Springberg (un/M11) 21.5h; 29. Mercy Haub (un/F06) 21.9h; 30. Linnea Springberg (un/F08) 22.0h; 31. Naia Langland (un/F04) 22.5h; 32. Aaron Haub (un/M05) 22.8h; 33. Asa McClure (un/M06) 22.9h; 34. (tie) Samuel Satushek (un/M08) and Henry Anderson (un/M05) 23.0h; 36. (tie) Sophia Herman (un/F08) and Aidan Cousseau (un/M06) 23.3h; 38. Gabe Robinson (CNW/M08) 23.6h; 39. JD Drake (un/M05) 23.9h; 40. Ian McArthur (un/M06) 24.1h; 41. Ella Drake (un/F06) 24.2h; 42. Julian Keeton (un/M04) 24.3h; 43. Izzy Herman (un/F06) 24.7h; 44. Monica Enloe (un/F04) 25.6h; 45. Simone Barber (un/F05) 26.8h; 46. Riley Chan (un/F04) 27.4h; 47. Elijah Haub (un/M03) 30.9h; 48. Quin Zackey (un/M05) 31.9h; 49. Finley Houck (un/F03) 37.5h; 50. Rishi Mehta (un/M04) 37.9h; 51. Colin Cousseau (un/M03) 39.3h; 52. Livi Herman (un/F03) 54.9h; 53. Vivienne Salas (un/F02) 1:05.0h; 54. Laila Gomez (un/F02) 1:14.7h; 55. Finnegan Enloe (un/M02) 1:21.2h; 56. Ella Cohen (un/F02) 1:21.5h; 57. Lymia Scanlon (un/F02) 1:22.3h.

Kid's 50-meter Dash

1. Kendall Matt (un/F13) 8.19; 2. Madison Church (un/F12) 8.59; 3. (tie) Levi Howard (CNW/M09) and Yash Mehta (un/M08) 8.4h; 5. Elizabeth Yochum (un/F10) 8.75; 6. Jake Ramsdell (un/M10) 8.6h; 7. Natalie Sadjo (un/F11) 8.85; 8. (tie) Isaiah Burk-Woodard (un/M09) and Sarah Sewell (un/F08) 8.8h; 10. Mason Tobey (CNW/M06) 8.9h; 11. Katarina Matt (un/F08) 9.1h; 12. (tie) Gabe Robinson (CNW/M08) and Olivia Freeman (un/F07) 9.2h; 14. Jenna Ramsdell (un/F11) 9.64; 15. Jacob DeGeorge (un/M09) and Lily Luksich (un/F08) 9.5h; 17. Dawson Springberg (un/M07) 9.7h; 18. Maddie Miller (un/F09) 10.09; 19. Ezra Barber (un/M08) 9.9h; 20. (tie) Sophia Herman (un/F08) and Caroline DeGeorge (un/F06) 10.1h; 22. (tie) Leyton Houck (un/M07) and Samuel Satushek (un/M08) 10.4h; 25. Julian Keeton (un/M04) 10.5h; 25. (tie) Kellen Hoard (un/M07), Linnea Springberg (un/F08), and Rishi Mehta (un/M04) 10.6h; 28. (tie) Aidan Cousseau (un/M06) and Naia Langland (un/F04) 10.8h; 30. (tie) Mercy Haub (un/F06) and Aaron Haub (un/M05) 10.9h; 32. Ian McArthur (un/M06) 11.1h; 33. (tie) Asa McClure (un/M06) and JD Drake (un/M04) 11.3h; 35. (tie) Henry Anderson (un/M05) and Quin Zackey (un/M05) 11.5h; 37. Simone Barber (un/F05) 11.7h; 38. Izzy Herman (un/F06) 12.4h; 39. Ella Drake (un/F05) 12.5h; 40. Riley Chan (un/F04) 13.0h; 41. Monica Enloe (un/F04) 13.6h; 42. Ashvi Shah (un/F04) 14.2h; 43. Elijah Haub (un/M03) 14.6h; 44. Hanson Soren (un/M03) 17.3h; 45. Caroline Smith (un/F03) 17.9h; 46. Colin Cousseau (un/M03) 18.2h; 47. Marie Smith (un/F03) 18.9h; 48. Noah Martin (un/M03) 20.0h; 49. Finley Houck (un/F03) 26.8h; 50. Lumia Scanlon (un/F02) 27.8h; 51. Livienne Salas (un/F02) 27.8h; 52. Vivienne Salas (un/F02) 27.8h; 53. Ella Cohen (un/F02) 31.3h; 54. Laila Gomez (un/F02) 38.1h; 55. Kellen Matt (un/M02) 40.7h.

Kid's 200-meter Dash

1. Allysa Sewell (un/F13) 31.76; 2. Taylor Freeman (un/F14) 33.54; 3. Sam Kanga (un/M11) 34.8h; 4. Madison Church (un/F12) 35.26; 5. Yash Mehta (un/M08) 35.4h; 6. Emma Sewell (un/F11) 35.68; 7. Natalie Sadjo (un/F11) 35.85; 8. Elizabeth Yochum (un/F10) 35.86; 9. O'Neal Fox (un/F09) 35.9h; 10. Jacob DeGeorge (un/M09) 37.5h; 11. Jordan Tate (un/M07) 37.6h; 12. Sarah Sewell (un/F08) 37.7h; 13. (unknown) 37.8h; 14. Katarina Matt (un/F08) 39.0h; 15. Lily Luksich (un/F08) 39.8h; 16. Grace Hansen (un/F06) 40.5h; 17. Olivia Freeman (un/F07) 41.4h; 18. Dawson Springberg (un/M07) 43.8h; 19. Mason Tobey (CNW/M06) 45.0h; 20. Maddie Miller (un/F09) 45.2h; 21. Caroline DeGeorge (un/F06) 45.4h; 22. Henry Anderson (un/M05) 46.2h; 23. Leyton Houck (un/M07) 48.1h; 24. Naia Langland (un/F04) 48.6h; 25. Samuel Satushek (un/M08) 49.0h; 26. Asa McClure (un/M06) 49.3h; 27. Seamus Springberg (un/M11) 49.8h; 28. Aidan Cousseau (un/M06) 50.5h; 29. Linnea Springberg (un/F08) 51.2h; 30. Aaron Haub (un/M05) 51.6h; 31. Ian McArthur (un/M06) 53.2h; 32. Rishi Mehta (un/M04) 53.5h; 33. Julian Keeton (un/M03) 57.3h; 34. Riley Chan (un/F04) 1:02.3h; 35. Monica Enloe (un/F04)

43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 5• Wednesday, June 22, 2011

1:07.7h; 36. Ashvi Shah (un/F04) 1:15.3h; 37. Colin Cousseau (un/M03) 1:20.9h; 38. Finley Houck (un/F03) 1:24.0h; 39. Laura Gomez (un/F020) 2:00.1h.

Kid's Mile Jog

1. Corin Matt (un/M11) 6:11.80; 2. Kristian Lystad (un/M12) 6:27.21; 3. Emma Flood (un/F11) 6:40.80; 4. Paul Richards (un/M11) 6:43.19; 5. Jonathan Robinson (CNW/M11) 6:58.42; 6. Jacob DeGeorge (un/M09) 7:04.97; 7. Isaiah Burk-Woodard (un/M09) 7:43.17; 8. Gabe Robinson (CNW/M08) 7:43.61; 9. Nicole Penner (un/F06) 8:19.82; 10. Samuel Satushek (un/M08) 8:36.80; 11. Leyton Houck (un/M07) 8:44.41; one contestant did not finish.

Co-ed Mile Race Walk

1. Ann Tuberg (PPacers/F51) 8:36.46.

Women's 100-meter Hurdles

1. Sarah Frey (un/F24) 14.96; 2. Crystal Simmons (un/F26) 15.63; 3. Catherine Dickson (un/F23) 16.47.

Men's 110-meter Hurdles

(39") 1. Austin Dean (un/M21) 13.35; 2. Alex Walvin (un/M17) 15.91; 3. Corey Pfeiff (un/M19) 16.55; 4. Ben Sheppard (un/M17) 16.87.

(Masters 100m 36") 1. James Roberson (un/M51) 16.51; 2. Russ Jacquet-Acea (un/M58) 17.89; 3. Bill Church (un/M55) 22.37.

Women's 100-meter Dash

1. Crystal Simmons (un/F26) 12.52; 2. Sarah Frey (un/F24) 12.57; 3. Lis Larson (un/F14) 13.27; 4. Carolyn Birkenfeld (un/F14) 13.30; 5. Alesha Cronie (un/F16) 13.36; 6. Sophie Brooks (un/F15) 13.67; 7. Sofia Barsher (un/F15) 14.45; 8. Carolyn Wilson (un/F17) 15.43.

Men's 100-meter Dash

1. Aaron Davis (un/M17) 11.37; 2. Kyle Urley (un/M27) 11.52; 3. Tim Darby (un/M17) 11.68; 4. Christian Culp (un/M17) 12.00; 5. Corey Pfeiff (un/M19) 12.03; 6. Thad Shelton (un/M36) 12.13; 7. Nick Bever (un/M19) 12.24; 8. Austin Dean (un/M21) 12.39; 9. James Roberson (un/M51) 12.51; 10. Zack Zesbaugh (un/M20) 12.78; 11. (tie) Ryan Mills (un/M15) and Clinton Allen Jr (un/M13) 12.85; 13. Rob Voce (un/M45) and Gavin Tucker (CNW/M32) 13.06; 15. Paul Cameron (un/M19) 13.09; 16. (tie) Mark Rozema (un/M49) and David Ortman (un/M58) 13.22; 18. Rod Wilcox (un/M45) 13.42; 19. Russ Jacquet-Acea (un/M58) 13.82; 20. Jonathan Silva (un/M45) 13.84; 21. Clinton Allen Sr (un/M34) 14.02; 22. James Nelson (un/M17) 14.55; 23. Art Turock (CNW/M61) 14.57; 24. Roger Vergin (CNW/M73) 15.92; 25. Gary Wright (un/M73) 19.56.

Co-ed Jogger's Mile *(listed by order of best prediction)*

1. Paul Huynh (CNW/M20) 6:00-6:00 **ZERO**; 2. Nathan Lawless (un/M26) 7:00-7:01 **+1**; 3. (tie) Brittany Tabor (un/F16) 8:00-8:03 **+3** and Alexa Martin (un/F43) 8:30-8:33 **+3**; 5. John Greengo (un/M43) 6:50-6:46 **-4**; 6. (tie) Janet Palmer (CNW/F54) 9:03-9:08 **+5** and Army Stonkus (CNW/M56) 7:30-7:25 **-5**; 8. Perry Rodgers (un/M48) 8:00-8:06 **+6**; 9. (tie) Kayla Schmidt (un/F15) 7:45-7:38 **-7** and James Nelson (un/M17) 6:00-6:07 **+7**; 11. Ray Zoellick (un/M54) 8:00-7:52 **-8**; 12. Drew Holloway (un/M34) 7:20-7:11 **-9**; 13. Brady Houck (un/M35) 7:00-6:50 **-10**; 14. Travis Downen (un/M17) and Mohamund Abdi (un/M16) 7:00-6:49 **-11**; 16. (tie) Sarah Smith (un/F34) and Tina Ultican (un/F41) 7:30-7:18 **-12**, and Tony Robinson (CNW/M43) 8:00-8:12 **+12**, and Joel Hamilton (un/M38) 7:00-6:48 **-12**; 20. Michael Allison (CNW/M59) 7:05-7:23 **+18**; 21. (tie) Joe Bisignano (CNW/M50) 7:00-6:34 **-26** and Roger Vergin (CNW/M73) 8:15-8:41 **+26**; 23. Steve Lystad (un/M45) 7:35-7:08 **-27**; 24. Abiel Tekle (un/M17) 8:25-8:53 **+28**; 25. Katie Street (un/F15) 8:00-8:32 **+32**; 26. Angela Gasparini (un/F15) 8:00-8:34 **+34**; 27. Monica Shuck (un/F20) 8:00-7:09 **-51**; 28. Megan Conklin (un/F47) 9:40-8:35 **-1:05**.

Co-ed 400-meter Relay

1. Rockets (Sarah Frey F24, Kyle Stevens M20, Clinton Sr M34, Clinton Jr M13) 47.67; 2. Swag (Sofia, Brook, Nick, Carolyn) 48.84; 3. Speaker (several aliases running together) 51.37; 4. Sprinkle Fresh (Zack Zesbaugh M20, James Nelson M17, Paul Cameron M19, Christian Culp M17) 52.31; 5. Team Houck (Brady, Leyton, Gabe, and Jon) 1:25.21.

Women's Mile Run

1. Michelle Turner (un/F25) 5:23.49; 2. Shelly Hack (un/F39) 5:33.54; 3. Alida Scalzo (un/F14) 5:51.06; 4. Carmelita Juarez (un/F19) 6:48.10.

Men's Mile Run

43rd Annual Series • CNW Summer All-Comers Track & Field • Meet 5• Wednesday, June 22, 2011

1. John Darmody (un/M21) 4:23.88; 2. Ryan Johnson (SETA/M26) 4:26.20; 3. Andrew Moroney (un/M30) 4:37.44; 4. Michael Mendenhall (un/M16) 4:39.65; 5. Ryan Bradford (un/M16) 4:44.31; 6. Patrick McDermott (CNW/M14) 4:45.35; 7. Paul Huynh (CNW/M20) 4:49.31; 8. Joe Bisignano (CNW/M50) 4:55.33; 9. Nathan Lawless (un/M26) 5:03.12; 10. Joel Hamilton (un/M38) 5:13.10; 11. John Greengo (un/M43) 5:13.31; 12. Erik Anderson (un/M31) 5:15.00; 13. Ryan Pak (un/M14) 5:19.50; 14. Drew Holloway (un/M34) 5:19.84; 15. Austin Dean (un/M21) 5:22.56; 16. Brady Houck (un/M38) 5:22.62; 17. Sam Albertson (un/M17) 5:24.40; 18. Ethan Crutheil (un/M20) 5:30.28; 19. James Nelson (un/M17) 5:31.22; 20. Michael Allison (CNW/M59) 5:36.84; 21. Paul Satushek (un/M52) 5:44.20; 22. Tony Robinson (CNW/M43) 6:07.35; 23. Josh Moore (un/M20) 6:07.58; 24. Philip Huang (un/M35) 6:09.40.

Women's 400-meter Dash

1. Sarah Frey (un/F24) 1:00.44; 2. Carolyn Birkenfeld (un/F14) 1:06.12; 3. Shandon Lystad (un/F16) 1:06.24; 4. Connie Schmidt (CNW/F54) 1:21.34.

Men's 400-meter Dash

1. Adam Demmings (un/M27) 52.89; 2. Nick Conklin (un/M15) 53.31; 3. Christian Culp (un/M17) 53.42; 4. Ryan Johnson (SETA/M26) 53.52; 5. Jacob Hostetler (un/M15) 56.98; 6. Andrew Nicholas (un/M16) 59.06; 7. Mark Rozema (un/M49) 1:00.24; 8. Tim Darby (un/M17) 1:01.23; 9. Rod Voce (un/M45) 1:01.48; 10. David Ortman (un/M58) 1:01.96; 11. Rollyn Pangan (un/M17) 1:05.23; 12. Rod Wilcox (un/M45) 1:05.38; 13. Gary Wright (un/M73) 1:34.49; dnf. Art Turock (CNW/M61).

Women's 800-meter Dash

No entrants.

Men's 800-meter Dash

1. John Darmody (un/M21) 2:01.76; 2. Kirby McDermott (CNW/M14) 2:10.53; 3. Michael Mendenhall (un/M16) 2:12.46; 4. Coulter Leslie (un/M40) 2:15.00; 5. Justin Berry (un/M34) 2:16.52; 6. Paul Huynh (CNW/M20) 2:17.03; 7. Ryan Pak (un/M14) 2:21.17; 8. Austin Dean (un/M21) 2:23.68; 9. Ryan Mills (un/M15) 2:28.55; 10. Sam Albertson (un/M17) 2:31.81; 11. Michael Allison (CNW/M59) 2:38.11; 12. Lance Albertson (un/M49) 2:39.25; 13. Perry Rodgers (un/M49) 2:47.18.

Co-ed 1600-meter Relay

1. Club Northwest Youth Team (Jacob 56.2, Kirby 65.3, Patrick 60.4, Nick 59.0) 4:00.9h.

Women's 5000-meter Run

1. Stephanie Moore (un/F19) 19:45.0h; 2. Hannah Greider (un/F19) 20:36.4h; 3. Dani Lyons (un/F18) 20:36.8h; 4. Laynee Viniotis (un/F17) 20:38.6h; 5. Shelly Davis (un/F19) 21:02.7h.

Men's 5000-meter Run

Note: all of the times seem about 4 seconds slower than the time checks performed at the finish. 1. Spencer Walsh (CNW/M28) 15:45.7h; 2. Travis Adams (ESR/M39) 16:07.2h; 3. Tahoma Khalsa (CNW/M27) 16:49.4h; 4. Matt Kovich (un/M19) 16:51.5h; 5. Travis Downen (un/M17) 17:13.0h; 6. Mohamud Abdi (un/M16) 18:10.4h; 7. John Greengo (un/M43) 18:36.9h; 8. Niles McClure (un/M17) 18:41.0h; 9. Bruce Overstreet (un/M50) 18:48.7h; 10. Alex Ashenbrenner (un/M16) 19:11.6h; dnf. Abiel Tekle (un/M17) and Andrew Moroney (ESR/M30).