MEET OF 24 JULY 2013

Weather – beautiful.

Outstanding performances – Kyle Stevens in the Javelin and Joel Ambo in the 5000-meters.

Total entries – 538 – highest post-Washington Games meet total ever!

FIELD EVENTS

Kid's High Jump							
Place	BOYS 7-8	Age	Team	Mark			
	Dunlap, Colin	8	Unattached	NH			
Place	BOYS 9-10	Age	Team	Mark			
1	Wilkinson, Nathan	10	Club Northwest	1.10m	3-07.25		
Place	BOYS 11-12	Age	Team	Mark			
1	Miller, Robert	12	Unattached	1.30m	4-03.25		
2	Newby, Silas	12	Unattached	1.25m	4-01.25		
3	Ankuta, Nick	11	Club Northwest	1.15m	3-09.25		
Place	BOYS 13-14	Age	Team	Mark			
1	Wilkinson, Matthew	13	Club Northwest	1.15m	3-09.25		
2	Bingaman, Dan	13	Unattached	1.05m	3-05.25		

Women's High Jump

Place	GIRLS 15-18	Age	Team	Mark	
1	Carin, Kellianne	15	Unattached	1.50m	4-11.00
2	Lenm, Hannan	18	Unattached	1.40m	4-07.00
3	Miller, Nikky	16	Unattached	1.30m	4-03.25

Men's High Jump

Men 5	ingn jump				
Place	BOYS 15-18	Age	Team	Mark	
1	Esparza, Tye	18	Mntlk Terr HS	1.65m	5-05.00
2	Bryant, Cullen	16	Club Northwest	1.50m	4-11.00
	Aloot, James	16	Unattached	NH	
Place	MEN 19-34	Age	Team	Mark	
1	Yates, Kevin	19	Unattached	1.80m	5-10.75
Place	MEN 40-49	Age	Team	Mark	
	Spann, Kurt	44	Unattached	NH	
Place	MEN 50-59	Age	Team	Mark	
1	Church, Bill	57	Unattached	1.35m	4-05.00

Women's Pole Vault

Place	GIRLS 15-18	Age	Team	Mark	
1	Peoples, Rebecca	15	S Sports	3.05m	10-00.00
2	Madrigal, Chardalise	17	Unattached	3.05m	10-00.00
3	LeGresly, Rachelle	17	RawSpeed II	2.60m	8-06.25

Men's Pole Vault

Place	BOYS 15-18	Age	Team	Mark	
1	Kwon, Derrick	17	Unattached	3.50m 11-05	5.75
2	Olandes, Jarad	18	Everett CC	3.05m 10-00	0.00
Place	MEN 60-69	Age	Team	Mark	
1	Jacquet-Acea, Russell	60	Unattached	2.75m 9-00	0.25

Kid's Long Jump

Place	GIRLS 1-4	Age	Team	Mark	
1	Blaine, Jordan	3	Unattached	0.22m	0-08.75
2	Packer, Sylvia	2	Unattached	0.10m	0-04.00

DI	POVC4.4			3.5.1	
	BOYS 1-4	Age	Team	Mark	2 00 00
1 2	LeBlanc, Alex	4 3	Unattached	0.61m	2-00.00
	Falsis, Dean Blaine, Jacen	3	Unattached Unattached	0.19m 0.10m	0-07.50 0-04.00
	GIRLS 5-6		Team	Mark	0-04.00
	LeBlanc, Aubrey	Age 6	Unattached	1.60m	5-03.00
2	Falsis, Clara	5	Unattached	1.02m	3-03.00
3	Beard, Kimberly	5	Club Northwest	0.97m	3-04.25
	BOYS 5-6	Age	Team	Mark	3-02.23
1	Haub, Elijah	5	Unattached	2.15m	7-00.75
2	Billett, Max	5	Unattached	1.88m	6-02.00
3	Acheson, Travis	5	Unattached	0.85m	2-09.50
	GIRLS 7-8	Age	Team	Mark	2 07.00
1	Thornton, Maasai	8	Rainier Beach TC	3.00m	9-10.25
2	Dominguez, Gwen	8	Unattached	1.87m	6-01.75
3	Miles, Evelynn	8	Unattached	1.40m	4-07.25
	BOYS 7-8	Age	Team	Mark	107.20
1		8	Unattached	2.23m	7-03.75
2	McClure, Asa	8	Unattached	1.88m	6-02.00
2	Haub, Aaron	7	Unattached	1.88m	6-02.00
	Dunlap, Colin	8	Unattached	1.77m	5-09.75
	GIRLS 9-10	Age	Team	Mark	
1	Simon, Beatrice	10	Club Northwest	2.98m	9-09.50
2	Sewell, Sarah	10	Unattached	2.74m	9-00.00
3	Winston, Orlaan	9	Unattached	2.72m	8-11.25
4	Henry, Faith	10	Club Northwest	2.63m	8-07.50
5	Beard, Sule	10	Club Northwest	2.20m	7-02.75
6	Gates, Willow	9	Unattached	1.56m	5-01.50
7	Hudson, Lana	10	Unattached	1.49m	4-10.75
Place	BOYS 9-10	Age	Team	Mark	
1	Hudson, Luke	10	Unattached	3.78m	12-05.00
2	Schmidt, Gunnar	10	Eastside Thunder	2.74m	9-00.00
3	Wilkinson, Nathan	10	Club Northwest	2.31m	7-07.00
4	Tesfaye, Krubelle	9	Unattached	2.27m	7-05.50
5	Spann, Sammy	9	Unattached	2.21m	7-03.00
6	Spann, Solly	9	South Central AA	2.20m	7-02.75
Place	GIRLS 11-12	Age	Team	Mark	
1	Acheson, Sarah	11	Unattached	2.76m	9-00.75
Place	BOYS 11-12	Age	Team	Mark	
1	Ankuta, Nick	11	Club Northwest	3.59m	11-09.50
2	Schenck, Brandon	11	Unattached	3.36m	11-00.25
3	Nair, Sid	11	Unattached	2.86m	9-04.75
Place	BOYS 13-14	Age	Team	Mark	
1	Casebier, Gavin	13	Eastside Thunder	4.20m	13-09.50
	Bingaman, Dan	13	Unattached	ND	
Women	n's Long Jump				
	GIRLS 15-18	Age	Team	Mark	
1	Yap, Pei-Lee	15	Eastside Thunder	3.97m	13-00.25
Place	WOMEN 19-34	Age	Team	Mark	
	Lake, Katherine	19	Unattached	5.25m	17-02.75
	WOMEN 35-39	Age	Team	Mark	
1	Salazar, Trang	35	Unattached	2.73m	8-11.50
Monte	I one Iumn				
	Long Jump	A	Тоом	N.A1.	
riace	BOYS 15-18	Age	Team	Mark	

1	Larson, Devon	17	Unattached	5.46m	17-11.00
2	Tran, Long	15	Unattached	3.53m	11-07.00
Place	MEN 19-34	Age	Team	Mark	
1	Yates, Kevin	19	Unattached	6.34m	20-09.75
2	Turner, Jordan	21	Unattached	3.82m	12-06.50
Place	MEN 60-69	Age	Team	Mark	
1	Turock, Art	63	Club Northwest	3.71m	12-02.25
Place	MEN 70-79	Age	Team	Mark	
1	Wright, Gary	75	Unattached	1.76m	5-09.25
Woman	n's Triple Iump				
	n's Triple Jump GIRLS 15-18	A	Т	M1.	
		Age	Team	Mark	21 11 50
1	Wang, Teresa	17	Unattached	9.74m	31-11.50
Men's	Triple Jump				
Place	BOYS 15-18	Age	Team	Mark	
1	Casebier, Nathan	15	Unattached	11.96m	39-03.00
2	Paulk, Clifford	17	Unattached	11.79m	38-08.25
	Richards, Bryce	18	Unattached	11.47m	37-07.75
	Larson, Devon	17	Unattached	11.42m	37-05.75
	MEN 19-34	Age	Team	Mark	
1	Turner, Jordan	21	Unattached	10.34m	33-11.25
Place	MEN 70-79	Age	Team	Mark	00 11.20
1	Wright, Gary	75	Unattached	4.50m	14-09.25
Kid's S	Shot Put				
Place	GIRLS 9-10 6lb	Age	Team	Mark	
1	Gates, Willow	9	Unattached	3.45m	11-04.00
Women	n's Shot Put				
	GIRLS 15-18 4kg	Age	Team	Mark	
	Musikechart, Diandre	17	Unattached	9.85m	32-03.75
	Harms, Tara	16	Unattached	9.66m	31-08.50
	McDaniel, Rachel	17	Unattached	8.71m	28-07.00
	WOMEN 19-34 4kg	Age	Team	Mark	20 07.00
1	Hyde, Nadine	19	Unattached	9.23m	30-03.50
	WOMEN 50-59 3kg		Team	Mark	30-03.30
1 1400	Schmidt, Connie	Age 56	Club Northwest	10.83m	35-06.50
2	Boivin, Erica	54	Club Northwest	5.25m	17-02.75
2	DOIVIII, EIICa	34	Club Northwest	5.25111	17-02.73
	Shot Put				
Place	BOYS 15-18 12lb	Age	Team	Mark	
1	Humphries, Deszmon	15	Unattached	12.45m	40-10.25
2	Carlson, Gunnan	17	Unattached	10.54m	34-07.00
3	Leitis, Lukas	16	Unattached	10.46m	34-04.00
4	Mills, Brenden	17	Unattached	10.11m	33-02.00
5	Golpe, Eric	18	Unattached	9.45m	31-00.00
	MEN 19-34 16lb	Age	Team	Mark	
1	Ambrose, Tyler	19	Club Northwest	13.18m	43-03.00
2	Falsis, Carlos	33	Unattached	10.16m	33-04.00
	MEN 35-39 16lb	Age	Team	Mark	
1	Simmons, Ryan	39	Unattached	9.74m	31-11.50
	MEN 70-79 4kg	Age	Team	Mark	
1	Wright, Gary	75	Unattached	7.02m	23-00.50
Place	MEN DISABLED 2kg	Age	Team	Mark	
1		24	Club Northwest	6.65m	21-10.00
1	1 0110114, 000 10	_1		3.00111	10.00

Women	n's Discus Throw				
Place	GIRLS 15-18 1kg	Age	Team	Mark	
	Harms, Tara	16	Unattached	35.44m	116-03
2	Musikechart, Diandre	17	Unattached	32.30m	106-00
3	McDaniel, Rachel	17	Unattached	32.04m	105-01
Place	WOMEN 19-34 1kg	Age	Team	Mark	
1	Hyde, Nadine	19	Unattached	37.82m	124-01
Place	WOMEN 50-59 1kg	Age	Team	Mark	
1	Schmidt, Connie	56	Club Northwest	20.41m	66-11
2	Boivin, Erica	54	Club Northwest	12.62m	41-05
Men's	Discus Throw				
Place	BOYS 15-18 1.6kg	Age	Team	Mark	
1	Sharpe, Josh	17	Unattached	41.46m	136-00
2	•	18	Unattached	39.44m	129-05
3	Link, Peter	17	Unattached	35.82m	117-06
	Mills, Brenden	17	Unattached	35.73m	117-03
5	Humphries, Deszmon	15	Unattached	34.59m	113-06
	Leitis, Lukas	16	Unattached	31.69m	104-00
7	Golpe, Eric	18	Unattached	28.12m	92-03
	MEN 60-69 1kg	Age	Team	Mark	
1	Turock, Art	63	Club Northwest	31.74m	104-02
2	Jacquet-Acea, Russell	60	Unattached	30.28m	99-04
	MEN DISABLED 1kg	Age	Team	Mark	
1	Ferreira, Steve	24	Club Northwest	12.95m	42-06
Disabl	ed Club Toss				
Place	MEN DISABLED	Age	Team	Mark	
	Ferreira, Steve	24	Club Northwest	21.03m	69-00
Kid's T	TurboJav TM Toss				
	GIRLS 1-4	Age	Team	Mark	
	Falsis, Dean	3	Unattached	3y	
2	Hoover, Lily	2	Unattached	2y	
Place	BOYS 1-4	Age	Team	Mark	
1		3	Club Northwest	2y	
Place	GIRLS 5-6	Age	Team	Mark	
1	Falsis, Clara	5	Unattached	5y	
2	Beard, Kimberly	5	Club Northwest	5y	
	BOYS 5-6	Age	Team	Mark	
1	Haub, Elijah	5	Unattached	7y	
2	Rogers, Cameron	5	Unattached	6y	
3	Cousseau, Colin	5	Unattached	4y	
Place	GIRLS 7-8	Age	Team	Mark	
1	Dominguez, Gwen	8	Unattached	12y	
Place	BOYS 7-8	Age	Team	Mark	
1	Acheson, Ryan	8	Unattached	20y	
2	Dunlap, Colin	8	Unattached	11y	
3	Rogers, Ben	8	Unattached	11y	
	Anderson, Henry	7	Unattached	11y	
5		7	Unattached	10y	
	Cousseau, Aidan	8	Unattached	9y	
7	Haub, Aaron	7	Unattached	9y	
Place	GIRLS 9-10	Age	Team	Mark	
1	Louie, Ana	10	Unattached	15y	

2	Sewell, Sarah	10	Unattached	15y	
3	Henry, Faith	10	Club Northwest	12y	
4	Simon, Beatrice	10	Club Northwest	10y	
5	Beard, Sule	10	Club Northwest	9.5y	
	BOYS 9-10	Age	Team	Mark	
1	Hudson, Luke	10	Unattached	15y	
2	Tesfaye, Krubelle	9	Unattached	15y	
3	Spann, Sammy	9	Unattached	13y	
	Wilkinson, Nathan	10	Club Northwest	13y	
5	-	9	South Central AA	•	
	Spann, Solly			13y	
	BOYS 13-14	Age	Team	Mark	
1	Bingaman, Dan	13	Unattached	32y	
2	Birkeland, Ailey	13	Club Northwest	23y	

	n's Javelin Throw				
Place	GIRLS 13-14 600g	Age	Team	Mark	
1	Ovall, Reilley	14	Unattached	28.98m	95-01
Place	GIRLS 15-18 600g	Age	Team	Mark	
1	Mooney, Megan	17	Unattached	33.58m	110-02
2	Chaprell, Sayana	16	Unattached	32.39m	106-03
3	Brevick, Sarah	16	Unattached	31.45m	103-02
4	Wang, Teresa	17	Unattached	20.73m	68-00
	C				
Men's	Javelin Throw				
Place	BOYS 13-14 600g	Age	Team	Mark	
	Whiting, Nate	14	Unattached	27.23m	89-04
	BOYS 15-18 800g	Age	Team	Mark	
1		17	Unattached	51.99m	170-07
2	2 ·	16	Lynnwood HS	44.73m	146-09
3	Wachtendonk, Jacob	15	Unattached	44.65m	146-06
	Humphries, Deszmon	15	Unattached	38.60m	126-08
	*	17	Unattached	37.30m	
5	Stich, Andrew				122-04
6	Mills, Brenden	17	Unattached	36.49m	119-09
7	Esparza, Tye	18	Unattached	35.82m	117-06
8	Andrus, Cole	15	Unattached	35.17m	115-05
9	Carlson, Gunnan	17	Unattached	32.15m	105-06
10	Dalton, Tyler	17	Unattached	30.82m	101-01
	Mannos, Alex	16	Unattached	27.33m	89-08
Place	MEN 19-34 800g	Age	Team	Mark	
1	Stevens, Kyle	22	Unattached	61.56m	202-00
2	Ziebart, Alex	19	Unattached	50.14m	164-06
Place	MEN 35-39 800g	Age	Team	Mark	
1	Simmons, Ryan	39	Unattached	29.20m	95-10
Place	MEN 40-49 800g	Age	Team	Mark	
	Nelson, Craig	49	Club Northwest	25.75m	84-06
	3				
TRACK	K EVENTS				
Kid's 1	00-meter Dash				
	GIRLS 1-4	A 00	Team	Mark	Heat
		Age		36.0h	
	Vandermyn, Jordynn	3 2	Unattached		2
	Hoover, Lily	2	Unattached	54.5h	2 2
	Packer, Sylvia BOYS 1-4	_	Unattached	1:28.7h	_
		Age	Team	Mark	Heat
	Anderson, Frederick	4	Unattached	27.2h	1
	Blaine, Jensen	3	Club Northwest	29.1h	1

Unattached

34.7h

3 Blanc, Alex

4	Falsis, Dean	3	Unattached	35.1h	1
5	Anders, Nelson	3	Unattached	36.8h	1
6	Nishino, Augustine	3	Club Northwest	49.0h	1
Place	GIRLS 5-6	Age	Team	Mark	Heat
1	Langland, Nai'a	6	Unattached	19.3h	3
2	Masunaga, Mio	6	Unattached	19.6h	3
3	Salazar, Ellie	6	Unattached	22.2h	3
4	LeBlanc, Aubrey	6	Unattached	22.4h	3
5	Beard, Kimberly	5	Club Northwest	22.9h	3
6	Falsis, Clara	5	Unattached	26.7h	3
Place	BOYS 5-6	Age	Team	Mark	Heat
1	Boden, Teddy	6	Unattached	20.0h	4
2	Billett, Max	5	Unattached	21.2h	4
	Earls, Austin	6	Unattached	21.5h	4
	Haub, Elijah	5	Unattached	22.3h	4
	Nelson, Nikolaus	5	Unattached	24.9h	4
6	Cousseau, Colin	5	Unattached	25.1h	4
7	Rogers, Cameron	5	Unattached	25.7h	4
8	Acheson, Travis	5	Unattached	26.1h	4
Place	GIRLS 7-8	Age	Team	Mark	Heat
1	Winston, Orlaan	8	Rainier Beach TC	16.7h	7
2	Berline, Isabel	8	Unattached	17.2h	5
3	Dominguez, Gwen	8	Unattached	20.0h	5
Place	BOYS 7-8	Age	Team	Mark	Heat
Our apo	ologies – both Time Machines	developed paper jar	ns during this event.		
ĺ	Ringwood, Morgan	8	Unattached	NT	6
2	Dunlap, Colin	8	Unattached	NT	6
3	Acheson, Ryan	8	Unattached	NT	6
4	Anderson, Henry	7	Unattached	NT	6
5	Haub, Aaron	7	Unattached	NT	6
6	McClure, Asa	8	Unattached	NT	6
7	Cousseau, Aidan	8	Unattached	NT	6
8	Rogers, Ben	8	Unattached	NT	6
Place	GIRLS 9-10	Age	Team	Mark	Heat
1	Thornton, Maasai	8	Rainier Beach TC	15.4h	7
2	Henry, Faith	10	Rain City Flyers	16.2h	7
3	Sewell, Sarah	10	Unattached	16.7h	7
4	Beard, Sule	10	Club Northwest	17.4h	7
5	Simon, Beatrice	10	Club Northwest	17.7h	7
6	Salazar, Clairee	9	Unattached	18.9h	7
7	Gates, Willow	9	Unattached	20.6h	7
8	Miles, Heather	10	Unattached	22.4h	7
Place	BOYS 9-10	Age	Team	Mark	Heat
1	Ringwood, Will	10	Unattached	14.5h	9
2	Colbert, Ian	10	Unattached	15.6h	9
3	Hudson, Luke	10	Unattached	15.7h	8
4	Edwards, Jalen	9	Unattached	16.2h	8
5	Schmidt, Gunnar	10	Eastside Thunder	16.8h	8
5	Tesfaye, Krubelle	9	Unattached	16.8h	9
7	Boden, Max	9	Unattached	17.0h	8
8	Shepard, Jackson	9	Club Northwest	17.4h	9
9	Sewell, Julian	9	Sewell Speed	18.4h	8
10	Spann, Sammy	9	Unattached	18.9h	9
Place	GIRLS 11-12	Age	Team	Mark	Heat
1	Lajauskaite, Noja	11	Cascade Striders	15.0h	11
2	Fortson, Maddie	12	Unattached	15.7h	11

2	A 1 0 1	11	TT (1 1 1	1 (01	11
3	Acheson, Sarah	11	Unattached	16.8h	11
	Engelbrekt, Aina	11	Unattached	17.0h	11
	BOYS 11-12	Age	Team	Mark	Heat
	Latimer, Jonathan	11	Unattached	17.33 17.40	10
3	Nair, Sid	11 11	Unattached Unattached	17.40 17.44	10 10
_	Schenck, Brandon GIRLS 13-14			Mark	Heat
1 1		Age 13	Team Eastside Thunder	15.3h	пеа і 11
	Dahl, Alyssa Lee, Rosie	13	Unattached	15.3h 17.2h	11
	BOYS 13-14		Team	Mark	Heat
	Pak, Elliott	Age 13	Unattached	13.78	10
	Bingaman, Dan	13	Unattached	14.44	10
	Wilkinson, Matthew	13	Club Northwest	14.94	10
	Birkeland, Ailey	13	Rain City Flyers	15.64	10
5	Packer, Max	13	Unattached	15.78	10
3	i acker, iviax	13	Oriattacrica	13.70	10
	0-meter Dash				
Place	GIRLS 1-4	Age	Team	Mark	Heat
1	Vandermyn, Jordynn	3	Unattached	16.9h	1
	Hoover, Lily	2	Unattached	22.7h	1
	Haub, Hope	1	Unattached	1:11.9h	2
	BOYS 1-4	Age	Team	Mark	Heat
	Blaine, Jensen	3	Club Northwest	13.8h	2
	Falsis, Dean	3	Unattached	14.4h	2
	LeBlanc, Alex	4	Unattached	17.0h	2
	Anderson, Frederick	4	Unattached	17.7h	2
	Nishino, Augustine	3	Club Northwest	19.7h	2
	(Unknown runner)			24.5h	2
	Vandermyn, Dylan	1	Unattached	50.5h	2
	Nelson, Anders	3	Unattached	NT	1
	GIRLS 5-6	Age	Team	Mark	Heat
	Langland, Nai'a	6	Unattached	9.4h	3
	Masunaga, Mio	6	Unattached	9.7h	3
	LeBlanc, Aubrey	6	Unattached	10.1h	3
	Salazar, Ellie	6	Unattached	10.6h	3
	Beard, Kimberly	5	Club Northwest	11.4h	3
	Falsis, Clara	5	Unattached	11.7h	3
	BOYS 5-6	Age	Team	Mark	Heat
1	Earls, Austin	6	Unattached	10.0h	4
	Acheson, Travis	5	Unattached	10.2h	4
	Haub, Elijah	5 5	Unattached Unattached	10.9h 11.1h	$\frac{4}{4}$
4 5	Billett, Max	5	Unattached	11.111 11.8h	4
	Rogers, Cameron Nelson, Nikolaus	5	Unattached	11.611 12.9h	4
7	Boden, Teddy	6	Unattached	13.2h	4
8	Cousseau, Colin	5	Unattached	13.2h 13.8h	4
	GIRLS 7-8	Age	Team	Mark	Heat
1	Winston, Orlaan	8	Rainier Beach TC	8.7h	8
	Dominguez, Gwen	8	Unattached	10.0h	5
	Berline, Isabel	8	Unattached	10.5h	5
	Miles, Evelynn	8	Unattached	10.9h	5
	BOYS 7-8	Age	Team	Mark	Heat
1	Ringwood, Morgan	8	Unattached	8.7h	6
2	Anderson, Henry	7	Unattached	9.0h	6
	Erickson, Avery	7	Club Northwest	9.1h	7
	Dunlap, Colin	8	Unattached	9.4h	7
1	Zamap, Comi	0	Jimmerica).III	,

5	Acheson, Ryan	8	Unattached	9.7h	7
6	Haub, Aaron	7	Unattached	9.8h	6
7	Cousseau, Aidan	8	Unattached	10.0h	6
	McClure, Asa	8	Unattached	10.0h	7
9	Rogers, Ben	8	Unattached	10.2h	6
Place	GIRLS 9-10	Age	Team	Mark	Heat
1	Thornton, Maasai	9	Rainier Beach TC	8.2h	5
	Henry, Faith	10	Rain City Flyers	8.4h	8
	Louie, Ana	10	Club Northwest	8.6h	8
	Sewell, Sarah	10	Unattached	8.8h	8
5		10	Club Northwest	9.1h	8
_	Simon, Beatrice	10	Club Northwest	9.111 9.3h	8
	Beard, Sule	9	Unattached	9.311 9.4h	8
	Salazar, Clairee	10		9.411 11.7h	8
8 D1	Miles, Heather		Unattached		
Place	BOYS 9-10	Age	Team	Mark	Heat
1	Ringwood, Will	10	Unattached	8.01	9
	Colbert, Ian	10	Unattached	8.29	9
	Edward, Jalen	9	Unattached	8.30	9
4	Tesfaye, Krubelle	9	Unattached	8.94	10
5	Boden, Max	9	Unattached	9.03	10
6	Shepard, Jackson	9	Club Northwest	9.04	10
7	Sewell, Julian	9	Sewell Speed	9.52	10
8	Spann, Sammy	9	Unattached	10.02	9
9	Spann, Solly	9	South Central AA	10.13	9
Place	GIRLS 11-12	Age	Team	Mark	Heat
1	Lajauskaite, Noja	11	Cascade Striders	7.9h	11
2	Engelbrekt, Aina	11	Unattached	8.1h	11
Place	BOYS 11-12	Age	Team	Mark	Heat
1	Nair, Sid	11	Unattached	9.0h	11
Place	BOYS 13-14	Age	Team	Mark	Heat
1	Wilkinson, Matthew	13	Club Northwest	7.6h	11
2	Packer, Max	13	Unattached	8.7h	11
Kid's 2	00-meter Dash				
	GIRLS 1-4	Age	Team	Mark	Heat
1	Vandermyn, Jordynn	3	Unattached	1:33.1h	11040
Place	BOYS 1-4	Age	Team	Mark	Heat
1	Anderson, Frederick	4	Unattached	1:08.0h	11040
2	Blaine, Jensen	3	Club Northwest	1:08.6h	
Place	GIRLS 5-6	Age	Team	Mark	Heat
1	Langland, Nai'a	6	Unattached	42.3h	2
2	Masunaga, Mio	6	Unattached	43.2h	2
3	LeBlanc, Aubrey	6	Unattached	47.4h	2
4	Salazar, Ellie	6	Unattached	48.9h	2
5	Beard, Kimberly	5	Club Northwest	51.2h	2
Place	BOYS 5-6	Age	Team	Mark	Heat
1	Boden, Teddy	6	Unattached	45.0h	3
2	Earls, Austin	6	Unattached	47.0h	3
3	Billett, Max	5	Unattached	52.8h	3
4	Nelson, Nikolaus	5	Unattached	55.9h	3
		5	Unattached	1:03.2h	3
5	Rogers, Cameron	5 5		1:03.2h 1:07.8h	3
6 Place	Cousseau, Colin		Unattached		
Place	GIRLS 7-8 Winston Orlaan	Age	Team Rainier Beach TC	Mark 37.2h	Heat
1	Winston, Orlaan	8			4
2	Berline, Isabel	8	Unattached	44.0h	4
3	Dominguez, Gwen	8	Unattached	45.1h	4

Place	BOYS 7-8	Age	Team	Mark	Heat
1	Ringwood, Morgan	8	Unattached	36.7h	5
2	0	7	Club Northwest	38.1h	5
3	Anderson, Henry	7	Unattached	39.8h	5
4	Dunlap, Colin	8	Unattached	41.9h	5
	Haub, Aaron	7	Unattached	42.9h	5
	McClure, Asa	8	Unattached	44.8h	5
7	Rogers, Ben	8	Unattached	45.7h	5
Place	GIRLS 9-10	Age	Team	Mark	Heat
2	Thornton, Maasai	9	Rainier Beach TC	37.2h	4
1	Sewell, Sarah	10	Unattached	37.1h	6
3	Henry, Faith	10	Rain City Flyers	37.8h	6
4	Beard, Sule	10	Club Northwest	38.5h	6
5	Simon, Beatrice	10	Club Northwest	38.9h	6
6	Salazar, Clairee	9	Unattached	41.6h	6
Place	BOYS 9-10	Age	Team	Mark	Heat
1	Ringwood, Will	10	Unattached	31.69	7
	Edwards, Jalen	9	Unattached	34.66	8
3	Schmidt, Gunnar	10	Eastside Thunder	35.57	8
4	Tesfaye, Krubelle	9	Unattached	36.52	7
5	Boden, Max	9	Unattached	36.54	7
6	Shepard, Jackson	9	Club Northwest	37.23	7
7	Sewell, Julian	9	Sewell Speed	41.43	7
8	Spann, Sammy	9	Unattached	43.40	8
9	Spann, Solly	9	South Central AA	46.20	8
Place	GIRLS 11-12	Age	Team	Mark	Heat
1	Fortson, Maddie	12	Unattached	32.97	8
2	Lajauskaite, Noja	11	Cascade Striders	33.05	8
Place	BOYS 11-12	Age	Team	Mark	Heat
1	Schenck, Brandon	11	Unattached	34.7h	9
2	Nair, Sid	11	Unattached	38.4h	9
Place	BOYS 13-14	Age	Team	Mark	Heat
1		13	Eastside Thunder	27.1h	9
	Pak, Elliott	13	Unattached	28.6h	9
3	Wilkinson, Matthew	13	Club Northwest	32.3h	9
Kid's N	Mile Jog				
	GIRLS 1-6	Age	Team	Mark	Overall
1	Masunaga, Mio	6	Unattached	8:53.6h	15
2	Beard, Kimberly	5	Club Northwest	8:54.0h	16
	LeBlanc, Aubrey	6	Unattached	10:35.9h	22
	BOYS 1-6	Age	Team	Mark	Overall
1	Billett, Max	5	Unattached	9:41.0h	21
2	Earls, Austin	6	Unattached	10:42.2h	23
3	Anderson, Frederick	4	Unattached	11:02.9h	25
	GIRLS 7-8	Age	Team	Mark	Overall
1	Dominguez, Gwen	8	Unattached	9:05.6h	18
2	Miles, Evelynn	8	Unattached	11:00.1h	24
3	Berline, Isabel	8	Unattached	13:37.2h	30
Place	BOYS 7-8	Age	Team	Mark	Overall
1	Anderson, Henry	7	Unattached	6:58.9h	7
2		8	Unattached	8:17.8h	13
3	Acheson, Ryan	8	Unattached	8:31.3h	14
4	Dunlap, Colin	8	Unattached	9:00.5h	17
5	Rogers, Ben	8	Unattached	9:40.4h	20
Place	GIRLS 9-10	Age	Team	Mark	Overall

				0.1	
1	Henry, Faith	10	Rain City Flyers	7:50.0h	10
	Beard, Sule	10	Club Northwest	9:32.6h	19
	Sewell, Sarah	10	Unattached	11:51.3h	26
	Simon, Beatrice	10	Club Northwest	11:51.4h	27
	Miles, Heather	10	Unattached	12:20.2h	28
	Gates, Willow	9	Unattached	13:07.9h	29
	BOYS 9-10	Age	Team	Mark	Overall
	Erickson, Ethan	9	Rain City Flyers	6:34.8h	3
	Schmidt, Gunnar	10	Eastside Thunder	7:28.4h	9
3	Wilkinson, Nathan	10	Club Northwest	7:58.8h	12
Place	GIRLS 11-12	Age	Team	Mark	Overall
1	Fortson, Maddie	12	Unattached	6:44.6h	4
	BOYS 11-12	Age	Team	Mark	Overall
1	Koledin, Jovan	12	Rain City Flyers	5:41.3h	1
2	Ankuta, Nick	11	Club Northwest	6:47.1h	5
3	Latimer, Jonathan	11	Unattached	7:10.3h	8
Place	BOYS 13-14	Age	Team	Mark	Overall
1	Birkeland, Ailey	13	Rain City Flyers	6:02.5h	2
	Wilkinson, Matthew	13	Club Northwest	6:47.3h	6
3	-	13	Unattached	7:55.0h	11
	,				
Men's	110-meter Hurdles				
Place	BOYS 15-18 110m 39"	Age	Team	Mark	Heat
1	Stich, Andrew	17	Unattached	15.29	1
	Larson, Devon	17	Unattached	15.51	1
	Aliff, Tanner	16	Unattached	21.75	1
	MEN 50-59 100m 36"	Age	Team	Mark	Heat
	Church, Bill	57	Unattached	21.75	1
-	Criarery 2111	0.	O TIME CONTROL	21 5	_
Women	n's 100-meter Dash				
	GIRLS 15-18	Age	Team	Mark	Heat
	Kennedy, Maddy	15	Unattached	12.72	3
	WOMEN 40-49	Age	Team	Mark	Heat
	Kantner, Van	47	Unattached	16.33	Heut
	WOMEN 50-59	Age	Team	Mark	Heat
1		57	Unattached	14.78	Heat
1	1 azio, ixarryric	57	Onattached	14.70	
Men's	100-meter Dash				
	BOYS 15-18	Age	Team	Mark	Heat
1	Dahl, Duane	16	Unattached	11.39	4
2	Woods, Joey	17	Unattached	11.45	4
3	Paulk, Clifford	17 17	Unattached	11.43	3
4	Abes, Albert	17 17	Unattached	12.12	3
	•				
5	Mills, Ryan	15	Unattached	12.12	2
6	Graham, David	16	Unattached	12.24	3
7	Krause, Jacob	17	Unattached	12.35	4
8	Aliff, Tanner	16	Unattached	12.35	3
9	Cha, Sam	16	Kamiak HS	12.52	4
10	Balyko, David	17	Unattached	12.77	3
11	Thomas, Ellis	17	Unattached	12.80	2
12	Tran, Long	15	Unattached	12.93	2
13	Richards, Bryce	18	Unattached	13.42	4
14	Nguyen, Andrew	15	Unattached	13.60	2
15	Kantner, Kai	. 17	Unattached	17.32	3
Place	MEN 35-39	Age	Team	Mark	Heat
1	Guiberson, Jason	37	Unattached	13.56	2

Place	MEN 40-49	Age	Team	Mark	Heat	
1	Hattix, Carlos	40	Unattached	11.63	4	
2	Voce, Rob	47	Unattached	12.74	2	
3	Wilcox, Rod	47	Club Northwest	13.00	2	
4	Gennarelli, Tom	44	Unattached	13.79	1	
Place	MEN 50-59	Age	Team	Mark	Heat	
1	Pretorius, Evert	51	Unattached	13.97	1	
2	Edwards, George	55	Unattached	15.07	1	
Place	MEN 60-69	Age	Team	Mark	Heat	
1	Jacquet-Acea, Russell	60	Unattached	14.98		
Place	MEN 70-79	Age	Team	Mark	Heat	
1	Wright, Gary	75	Unattached	22.07		
Co-Ed	Jogger's Mile Run					
	Name	Age	Team	Prediction	Mark	Diff
1t	Avery, Jacob	M39	Unattached	9:30	9:31	+1
1t	Floyd, Barret	M13	Unattached	6:50	6:49	-1
3	Kantner, Van	W47	Unattached	9:20	9:25	+5
4	Henry, Matthews	M37	Unattached	6:00	6:07	+7
5	Meany, Lauren	W16	Club Northwest	6:45	6:36	-9
6t	Birkeland, Ailey	M13	Club Northwest	6:45	6:32	-13
6t	Couvrette, Brent	M24	Unattached	7:30	7:43	+13
6t	Heidlage, Aaron	M17	Unattached	7:00	6:47	-13
6t	Kim, Susan	W15	Unattached	6:40	6:53	+13
6t	Madrigal, Jaidacyn	W13	Unattached	6:45	6:58	+13
11	Farrah, Terry	W51	Unattached	10:00	9:46	-14
12t	Schenck, Shelby	M43	Run 26	7:27	7:12	-15
12t	Haldeman, Kathryn	W17	Unattached	6:30	6:45	+15
12t	Koledin, Jovan	M12	Unattached	6:45	6:30	-15
15	Palmer, Janet	W56	Club Northwest	10:22	10:06	-16
16	Bryant, Andy	M31	Club Northwest	5:50	6:07	+17
17t	Erickson, Ethan	M9	Unattached	6:30	6:50	+20

Club Northwest

Club Northwest

Club Northwest

Club Northwest

Club Northwest

Club Northwest

Unattached

Kamiak HS

Unattached

Unattached

Unattached

Unattached

Kamiak HS

Unattached

Unattached

Unattached

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Unattached

Unattached

M61

M17

M39

W17

W32

W16

W17

W14

M17

W38

M18

M7

M16

M19

W38

W9

W6

W35

M42

7:56

8:21

6:57

7:36

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7:23

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10:00

-20

+21

-23

-24

-24

+33

+33

-37

-41

-45

+53

+1:26

+1:26

+1:27

-1:38

+1:46

+1:46

+1:46

-2:21

Two runners missed the chute and did not get place cards. We remind our jogger's milers that -- of all of our events -- this is the one we get the most "protests" over. So we must hold everyone to the same finish process.

Co-Ed 4x100-meter Relay

17t Allison, Michael

21t Friend, Brittney

21t Parpia, Zarina

23t Meany, Sydney

25 Kantner, Claire

29t Erickson, Avery

31 Gaines, Charles

32 Erickson, Amy

33t Salazar, Clairee

33t Salazar, Ellie

33t Salazar, Trang

36 Hudson, Matt

29t Cha, Sam

Hudson, Colette 28 Danielson, Albert

23t Kettel, Hailey

26 Kraus, Jacob

27

19 Kantner, Kai

20 Bone, Eric

Place Team Mark

1	Unattached			46.23	2
2	Devon Larson M17, Joey Wood	ds M17, 2 oth	ers	47 70	2
2		M19 Bryce I	Ritchards M18 Tacob	47.79 Kraus M17	2
3	Sam Cha M16, Charles Gaines M19, Bryce Ritchards M18, Jacob Kraus M17 Unattached 47.84				
	David Balyko M15, Long Tran M15, Ellis Thomas M17, Clifford Paulk M17				
4	Unattached			51.43	2
_	Sam M18, Gunnar M17, Peter I	M17, Jacob M	I 16	1.01.06	4
5	Lynnhood Pyon M M19 Hannah I E19 Io	sko I M10 Io	mathan I M10	1:04.36	1
6	Ryan M M18, Hannah L F18, Ja Team Inertia	ake L M119, JO	maman L WHO	1:04.72	1
O	Van Kantner F48, Clare Kantne	er F14. Jack P	restrud M55. Kai Kan		1
7	Unattached	, ,		1:07.14	1
	Alyssa Dahl F13, Rosie Lee F13	3, Anna Enge	lbrekt F11, Noja Lajaı	ıskaik F11	
8	Rain City Co-Ed			1:08.30	1
0	Maddie Fortson F12, Ethan Eri	icson M9, Ail	ey Birkeland M13, Ell		4
9	Acheson Plus One	oon E11 Mic	haal Ashasan M40 D	1:10.52	1
	Ryan Acheson M8, Sarah Ache	SON F11, MIC	naei Acneson M40, D	an bingaman w	113
Women	n's Mile Run				
	GIRLS 15-18	Age	Team	Mark	Overall
	Kettel, Hailey	17	Club Northwest	5:26.1h	10
	Gibson, Bri	15	Unattached	6:10.7h	12
3	Friend, Brittney	17	Kamiak HS	6:19.3h	13
Place	WOMEN 50-59	Age	Team	Mark	Overall
1	Farrah, Terry	51	Unattached	9:07.8h	16
Manla	Mila Dara				
	Mile Run BOYS 15-18	A ~~	Тааш	Marile	Overall
1 1	Andres, Ian	Age 17	Team Unattached	Mark 4:33.40	Overall 4
	Nicol, Mason	18	Unattached	5:02.95	8
	Danielson, Albert	18	Club Northwest	6:26.6h	14
-	MEN 19-34	Age	Team	Mark	Overall
1	Branch, Kyle	20	Unattached	4:23.93	1
2	Tebo, Matt	24	Unattached	4:29.07	2
3	Moroney, Andrew	33	Eastside Runners	4:29.38	3
4	Siegel, Ben	19	Unattached	4:42.81	5
5	Pletcher, Marty	21	Western Wash	4:52.48	6
6	Horn, Jordan	29	Unattached	4:52.50	7
7	Couvrette, Brent	24	Unattached	5:44.8h	11
Place	MEN 40-49	Age	Team	Mark	Overall
1	Mott, Brad	45	Unattached	5:08.44	9
2	Acheson, Michael	40	Unattached	7:09.1h	15
Momor	als 400 mateu Dach				
	n's 400-meter Dash	A	Т	Maule	Haat
	GIRLS 12-Under	Age 10	Team Unattached	Mark NT	Heat 1
 Place	Louie, Ana GIRLS 15-18	-	Team	Mark	Heat
1	Meany, Lauren	Age 16	Club Northwest	1:14.11	Tieat 1
	•	17	Unattached	1:15.22	1
3	Wang, Teresa Meany, Sydney	16	Club Northwest	1:27.35	1
J	meanly, by and	10	CIUD I WILLIW CSI	1.27.00	1
Men's	400-meter Dash				
Place	BOYS 15-18	Age	Team	Mark	Heat
1	McArthur, Ryan	18	Unattached	50.88	3
2	Isen, Sam	18	Unattached	51.61	3

2	Nigranian Amadagan	15	Unattached	1.00.20	2
3	Nguyen, Andrew	15 15	Unattached	1:09.39 DNF	2
	Tran, Long MEN 19-34		Team	Mark	Heat
	Gaines, Charles	Age 19	Unattached	54.36	3
	Couvrette, Brent	24	Unattached	1:08.83	2
	MEN 40-49	Age	Team	Mark	Heat
	Voce, Rob	47	Unattached	59.12	3
2	Wilcox, Rod	47	Club Northwest	1:00.04	3
	Bryant, Trevor	46	Unattached	1:05.39	2
	Rasmussen, Shane	40	Unattached	1:09.55	2
	MEN 50-59	Age	Team	Mark	Heat
	Edwards, George	55	Unattached	1:13.67	2
	MEN 70-79	Age	Team	Mark	Heat
	Wright, Gary	75	Unattached	1:07.20	1
	8,				
Women	n's 800-meter Run				
Place	GIRLS 15-18	Age	Team	Mark	Heat
1	Gibson, Bri	15	Unattached	2:52.55	1
Place	WOMEN 19-34	Age	Team	Mark	Heat
1	Parpia, Zarina	32	Unattached	3:13.03	1
Marala	200 mater Deser				
wien s	800-meter Run				
D1	DOVC 15 10	A	Т	Marile	IIaat
	BOYS 15-18	Age	Team	Mark	Heat
1	Osborne, Carter	18	Unattached	1:58.99	2
1 2	Osborne, Carter Andres, Ian	18 17	Unattached Unattached	1:58.99 2:09.04	2 2
1 2 3	Osborne, Carter Andres, Ian Kirske, David	18 17 18	Unattached Unattached Unattached	1:58.99 2:09.04 2:11.14	2 2 2
1 2 3 4	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan	18 17 18 15	Unattached Unattached Unattached Unattached	1:58.99 2:09.04 2:11.14 2:14.01	2 2 2 2 2
1 2 3 4 5	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob	18 17 18 15 17	Unattached Unattached Unattached Unattached Unattached	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16	2 2 2 2 2 2
1 2 3 4 5 6	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam	18 17 18 15 17 16	Unattached Unattached Unattached Unattached Unattached Kamiak HS	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02	2 2 2 2 2 2 1
1 2 3 4 5 6 7	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron	18 17 18 15 17 16 17	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95	2 2 2 2 2 2 1 1
1 2 3 4 5 6 7 Place	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34	18 17 18 15 17 16 17 Age	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark	2 2 2 2 2 2 1 1 Heat
1 2 3 4 5 6 7 Place 1	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon	18 17 18 15 17 16 17 Age 23	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81	2 2 2 2 2 2 1 1 Heat 2
1 2 3 4 5 6 7 Place 1 2	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy	18 17 18 15 17 16 17 Age 23 31	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74	2 2 2 2 2 1 1 Heat 2
1 2 3 4 5 6 7 Place 1 2	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy Couvrette, Brent	18 17 18 15 17 16 17 Age 23 31 24	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest Unattached	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74 2:48.06	2 2 2 2 2 1 1 Heat 2 1
1 2 3 4 5 6 7 Place 1 2 3 Place	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy Couvrette, Brent MEN 35-39	18 17 18 15 17 16 17 Age 23 31 24 Age	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest Unattached Team	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74 2:48.06 Mark	2 2 2 2 2 1 1 Heat 2 1 1 Heat
1 2 3 4 5 6 7 Place 1 2 3 Place 1	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy Couvrette, Brent MEN 35-39 Bone, Eric	18 17 18 15 17 16 17 Age 23 31 24 Age 39	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest Unattached Team Club Northwest	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74 2:48.06 Mark 2:13.48	2 2 2 2 2 1 1 Heat 2 1 Heat 2
1 2 3 4 5 6 7 Place 1 2 3 Place 1 2	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy Couvrette, Brent MEN 35-39 Bone, Eric Avery, Jacob	18 17 18 15 17 16 17 Age 23 31 24 Age 39	Unattached Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest Unattached Team Club Northwest Unattached	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74 2:48.06 Mark 2:13.48 3:17.34	2 2 2 2 2 1 1 Heat 2 1 1 Heat
1 2 3 4 5 6 7 Place 1 2 3 Place 1	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy Couvrette, Brent MEN 35-39 Bone, Eric	18 17 18 15 17 16 17 Age 23 31 24 Age 39	Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest Unattached Team Club Northwest	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74 2:48.06 Mark 2:13.48	2 2 2 2 2 1 1 Heat 2 1 Heat 2
1 2 3 4 5 6 7 Place 1 2 3 Place 1 2 Place	Osborne, Carter Andres, Ian Kirske, David Mills, Ryan Kraus, Jacob Cha, Sam Heidlage, Aaron MEN 19-34 Yilma, Yon Bryant, Andy Couvrette, Brent MEN 35-39 Bone, Eric Avery, Jacob MEN 40-49	18 17 18 15 17 16 17 Age 23 31 24 Age 39 39 Age	Unattached Unattached Unattached Unattached Unattached Unattached Kamiak HS Unattached Team Unattached Club Northwest Unattached Team Club Northwest Unattached Team Club Northwest Unattached Team	1:58.99 2:09.04 2:11.14 2:14.01 2:18.16 2:36.02 2:40.95 Mark 2:22.81 2:40.74 2:48.06 Mark 2:13.48 3:17.34 Mark	2 2 2 2 2 1 1 Heat 2 1 Heat 2 1 Heat
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Co-Ed 4x400-meter Relay

Place	Team	Mark
1	Western Tanagers	4:07.94
	Andrew McAferty M19, Lynden Dowell M18, Hart Hornor M18	, Ben Siegel M19
2	The Sheep Mob	4:18.07
	Andrew Nguyen M15, Charles Gaines M19, Bryce Ritchards M1	9, Jacob Kraus M17

Men's 5000-meter Run

Place	BOYS 15-18	Age	Team	Mark	Overall
1	Mendenhall, Michael	16	Unattached	16:18.56	5
2	Nicol, Mason	18	Unattached	17:18.80	9
3	Peterson, Shane	16	Unattached	18:45.56	11

4	Heidlage, Aaron	17	Unattached	19:03.13	13
Place	MEN 19-34	Age	Team	Mark	Overall
1	Ambo, Joel	21	Unattached	15:13.3h	1
2	Hornor, Hart	19	Unattached	15:34.48	2
3	Branch, Kyle	20	Unattached	15:44.23	3
4	Ferede, Abebe	19	Club Northwest	15:57.83	4
5	Fry, Matt	19	Unattached	16:28.29	7
6	Pletcher, Marty	21	Western Wash	16:42.76	8
7	Couvrette, Brent	24	Unattached	19:41.73	14
Place	MEN 35-39	Age	Team	Mark	Overall
	Bone, Eric	39	Club Northwest	DNF	
Place	MEN 40-49	Age	Team	Mark	Overall
1	Adams, Travis	41	Club Northwest	16:23.25	6
2	Swenson, Paul	47	Eastside Runners	18:29.08	10
Place	MEN 60-69	Age	Team	Mark	Overall
1	Allison, Michael	61	Club Northwest	18:55.74	12

No event held: Co-Ed Mile Race Walk, Women's 100-meter Hurdles, Women's 5000-meter Run