

41st Annual Club Northwest Summer All-Comers Track & Field Meet Series

MEET 02 -- 03 JUNE 2009

A PART OF NATIONAL RUNNING DAY

SPONSORED BY NORTHWEST TRAIL RUNS - <http://nwtrailruns.com/>

Series kid's ribbons sponsored by VSM Contractors

Shoreline District Stadium, Shoreline, Washington

Brilliant weather, although it may have been a little too uncomfortable for middle distance and distance runners...

OUTSTANDING PERFORMANCES

Male -- Kyle Nielsen in the Javelin Throw

Female -- Amy-Eloise Neale in the 3000-meter Run

TOTAL ENTRIES -- 434! Over 400 entries four weeks earlier than ever before!

Full disclosure financials -- \$1,289 entry fees and passes.

FIELD EVENT RESULTS

Kid's High Jump

1. Miky Machacek (un/M13) 1.25m (4-1 1/4); 2. Alex Lanser (un/M12) 1.20m (3-11 1/4); 3. (tie) Daniel Kwak (un/M10) and Nate McIver (un/M11) 1.00m (3-3 1/4); 5. Davis Machado (un/M11) 0.97m (3-2 1/4); 6. Allysa Sewell (un/F11) 0.97m (3-2 1/4); 7. (tie) James Beckett (un/M11), Kyle Cole (un/M12), and Cole Cox (un/M09) 0.94m (3-1); 10. Jerome Kidd (un/M11) 0.94m (3-1); 11. John Cramer (un/M09) .91m (2-11 3/4); nh. Emma Sewell (un/F09).

Women's High Jump

nh. Jenny Brogdon (CNW/F27).

Men's High Jump

1. Jon Eggins (un/M27) 1.70m (5-7); 2. Jeremy McIver (un/M34) 1.65m (5-5); 3. Dwight McMaster (CNW/M48) 1.60m (5-3); 4. Trevor Harron (un/M18) 1.55m (5-1); 5. Daniel Haakenson (un/M26) 1.50m (4-11); 6. Jonathan Lucas (un/M16) 1.45m (4-9); 7. Miky Macacek (un/M13) 1.45m (4-9); 8. Jona Silva (un/M43) 1.35m (4-5 1/4); 9. Ken Humes (un/M50) 1.30m (4-3 1/4); nh. Roger Vergin (un/M71).

Women's Pole Vault (Tuesday at Kings HS)

1. Christin Dulaney (CNW/F23) 2.20m (7-2 1/2); 2. Libby Cope (CNW/F16) 2.05m (6-8 3/4).

Men's Pole Vault (Tuesday at Kings HS)

1. Dan Stueckle (CNW/M23) 3.55m (11-7 3/4); 2. Dan Davis (un/M33) 2.80m (9-2 1/4); 3. Alec Fellow (un/M16) 2.65m (8-8 1/4); 4. Dave Butler (CNW/M69) 2.35m (7-8 1/2); 5. Fred Zapf (CNW/M68) 2.35m (7-8 1/2); 6. Rod Wilcox (CNW/M43) 2.20m (7-2 1/2); 7. Al Erickson (CNW/M79) 2.05m (6-8 3/4).

Women's Pole Vault (Wednesday at Shoreline)

1. Eva Perry (un/F15) 2.80m (9-2 1/4); 2. Catherine Tomber (un/F17) 2.35m (7-8 1/2); 3. Christin Dulaney (CNW/F23) 2.05m (6-8 3/4); 4. Libby Cope (CNW/F16) 2.05m (6-8 3/4); 5. Bronte Crook (un/F17) 1.60m (5-3); nh. Stacia Martineau (un/F16).

Men's Pole Vault (Wednesday at Shoreline)

1. Rich Stark (CNW/M28) 4.30m (14-1 1/4); 2. Nathan Simunds (un/M19) 4.30m (14-1 1/4); 3. Chris Robertson (un/M17) 3.55m (11-7 3/4); 4. Todd Cannon (un/M33) 3.40m (11-1 3/4); 5. Taylor Ramsden (Shwd/M16) 3.40m (11-1 3/4); 6. Chris Tobey (CNW/M38) 3.10m (10-2); 7. Mark Boede (un/M36) 2.95m (9-8); 8. Chris Bentley (un/M16) 2.50m (8-2 1/2); 9. Dave Butler (CNW/M69) 2.35m (7-8 1/2); 10. Jonathan Lucas (AMurphy/M16) 2.20m (7-2 1/2); 11. Al Erickson (CNW/M79) 2.20m (7-2 1/2).

Kid's Long Jump

1. Miky Machacek (un/M13) 4.42m (14-6); 2. Alex Lanser (un/M12) 3.87m (12-8 1/4); 3. Nathan McIver (un/M11) 3.12m (10-2 3/4); 4. Bri Gibson (Oiselle/F11) 3.11m (10-2 1/2); 5. Davis Machada (un/M11) 3.07m (10-0 3/4); 6. Miles Smith (un/M09) 2.97m (9-9); 7. Thomas Lindgren (un/M11) 2.82m (9-3); 8. Naomi Kuhnly (un/F10) 2.69m (8-10); 9. Abigail Knowles (un/F10) 2.40m (7-10 1/2); 10. John Cramer (un/M09) 2.36m (7-9); 11. Sarah Sewell (un/F06) 2.14m (7-0 1/4); 12. Nicholas McIver (un/M07) 2.13m (6-11 3/4); 13. Nicholas Goodwin (un/M06) 2.11m

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(6-11); 14. Cole Cox (un/M09) 2.01m (6-7 1/4); 15. Allysa Sewell (un/F11) 1.87m (6-1 1/2); 16. Jake Ramsdell (un/M08) 1.85m (6-0 3/4); 17. Lianne Boede (un/F08) 1.71m (5-7 1/4); 18. Jenna Ramsdell (un/F09) 1.70m (5-7); 19. Thaddeus Knowles (un/M05) 1.54m (5-0 3/4); 20. Leyton Houck (un/M05) 1.45m (4-9); 21. Erin Boede (un/F06) 1.32m (4-4); 22. Emma Sewell (un/F09) 1.28m (4-2 1/2); 23. Marcus McIver (un/M06) 1.22m (4-0); 24. Mitchell Smith (un/M05) 0.81m (2-8); 25. Kieran McIver (un/M05) 0.63m (2-0 3/4); 26. Kelsey McIver (un/F03) 0.49m (1-7 1/4).

Women's Long Jump

1. Eva Perry (un/F15) 4.15m (13-7 1/2); 2. Constance Kuhnly (un/F15) 3.31m (10-10 1/4); 3. Amanda Grantham (un/F17) 3.26 (10-8 1/4).

Men's Long Jump

1. Cameron Hartman (un/M25) 6.10m (20-0 1/4); 2. Nick Dunn (un/M16) 4.77m (15-7 3/4); 3. Connor Hemmings (un/M15) 4.58m (15-0 1/4); 4. Daniel Haakenson (SUTC/M26) 4.51m (14-9 1/2); 5. Roger Vergin (un/M71) 3.50m (11-5 3/4).

Men's Triple Jump

1. Justin Lawrence (CNW/M28) 14.30m (46-11); 2. Gary Wright (un/M71) 5.56m (18-3).

Kid's Shot Put

(4kg) 1. Brock Eager (un/M13) 8.22m (26-11 1/2); 2. Kylie Eager (un/F14) 7.06m (23-2).

Women's Shot Put

(4kg) 1. Lindsay Kirschman (un/F21) 9.19m (30-1 3/4); 2. Colleen Meas (un/F19) 7.03m (23-0 3/4).

Men's Shot Put

(4kg) 1. Lance Neubauer (un/M50) 13.37m (43-10 1/2); 2. Al Erickson (CNW/M79) 6.96m (21-10 1/2).
(12lb) 1. Armin Basic (un/M18) 17.39m (57-0 3/4); 2. David Cannon (un/M17) 14.80m (48-6 3/4); 3. Jackson Pierce (Bothell/M18) 13.89m (45-6 3/4); 4. Amir Hemmert (un/M17) 11.33m (37-2); 5. Michael Chotzen (un/M22) 10.89m (35-8 3/4); 6. Uri Chotzen (un/M18) 9.30m (30-6 1/4); nm. Alex Hosn (un/M16).
(16lb) 1. Daniel Haakenson (un/M26) 12.94m (42-5 1/2); 2. Rob Voce (un/M43) 8.99m (29-6); nm. Armin Basic (un/M18).

Women's Discus Throw

(1.0kg) 1. Erica Hose (un/F??) 39.49m (129-6); 2. Jodie Ramsdell (un/F36) 31.06m (101-11); 3. Emma Jones (Bothell/F17) 25.66m (84-2); 4. Constance Kuhnly (un/F15) 21.48m (70-5 3/4); 5. Kylie Eager (un/F14) 18.55m (60-10 1/4); 6. Eva Perry (un/F15) 17.64m (57-10 1/2); nm. Amanda Grantham (un/F17).

Men's Discus Throw

(1.0kg) 1. Brock Eager (un/M13) 25.45m (83-5); 2. Al Erickson (CNW/M79) 21.37m (70-1 1/4).
(1.5kg) 1. Lance Neubauer (CNW/M50) 44.62m (146-4); 2. Greg Stotsenberg (CNW/M59) 35.82m (117-6).
(1.6kg) 1. Armin Basic (un/M18) 54.78m (179-8); 2. Jackson Pierce (Bothell/M18) 45.45m (149-1); 3. Derek Eager (un/M18) 44.20m (145-0); 4. Alex Weatbrook (CNW/M16) 27.59m (90-6); .
(2.0kg) 1. Reedus Thurmond (CNW/M28) 56.08m (184-0); 2. Armin Basic (un/M18) 47.82m (156-10); 3. Dan Haakenson (un/M26) 43.86m (143-11); 4. Andrew Steiner (un/M28) 37.23m (122-1).

Kid's TurboJav™ Toss (measured in yards)

(300g) 1. Davis Machado (un/M11) 20y; 2. Cole Cox (un/M09) 20y; 3. Nathan McIver (un/M11) 19y; 4. Nicholas Goodwin (un/M06) 15y; 5. John Cramer (un/M09) 14y; 6. Nicholas McIver (un/M07) 13y; 7. Daniel Kwak (un/M11) 13y; 8. Logan Preston (un/M08) 9.5y; 9. Shay Adams (un/F08) 7.5y; 10. Lianna Boede (un/F08) 7y; 11. Jenna Ramsdell (un/F09) 7y; 12. Emma Sewell (un/F09) 7y; 13. Thaddeus Knowles (un/M05) 6y; 14. Erin Boede (un/F06) 5.5y; 15. Marcus McIver (un/M06) 5y; 16. Jake Ramsdell (un/M08) 5y; 17. Sarah Sewell (un/M06) 4.5y; 18. Leyton Houck (un/M05) 4y; 19. Kieran McIver (un/F05) 3y; 20. Kelsey McIver (un/F03) 2y.

Women's Javelin Throw

(600g) 1. Brooke Pighim (un/F19) 44.67m (146-6); 2. Amy Reed (un/F23) 42.35m (138-11); 3. Morgan Hamm (un/F17) 25.41m (83-4).

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Men's Javelin Throw

(600g) 1. Brock Eager (un/M13) 25.51m (83-8).

(800g) 1. Kyle Nielsen (UW/M20) 68.34m (224-2); 2. Daniel Haakenson (un/M26) 42.49m (139-4); 3. Rod Wilcox (CNW/M43) 39.29m (128-10); 4. Trevor Harron (un/M18) 39.20m (128-7); 5. Jackson Pierce (Bothell/M18) 38.35m (125-9).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Miky Machacek (un/M13) 13.0h; 2. Nathan Alberg (un/M14) 13.5h; 3. Jerome Kidd (un/M11) 13.9h; 4. Clinton Allen Jr (un/M11) 14.1h; 5. Alex Lanser (un/M12) 14.8h; 6. Haley Smith (un/F12) 15.1h; 7. Kyle Cole (un/M12) 15.2h; 8. Nathan McIver (un/M11) 15.3h; 9. Myles Smith (un/M09) 15.6h; 10. Taylor Freeman (un/F12) 15.9h; 11. James Beckett (un/M11) 16.2h; 12. Allysa Sewell (un/F11) 16.7h; 13. Davis Machado (un/M11) 16.8h; 14. Amelia Stonkus (un/F07) 16.9h; 15. Bri Gibson (Oiselle/F11) 17.1h; 16. John Cramer (un/M09) 17.4h; 17. Bishop Jackson (un/M07) 17.7h; 18. Nicholas McIver (un/M07) 18.0h; 19. Cole Cox (un/M09) 18.6h; 20. Jake Ramsdell (un/M08) 18.7h; 21. Grace Kuhnly (un/F08) 18.8h; 22. Daniel Kwak (un/M10) 19.0h; 23. Emma Sewell (un/F09) 19.1h; 24. Sarah Sewell (un/F06) 19.4h; 25. Jacob DeGeorge (un/M07) 19.5h; 26. (tie) Abigail Knowles (un/F10) and Jenna Ramsdell (un/F09) 19.6h; 28. Mikayla Goodwin (un/F08) 19.8h; 29. Nicholas Goodwin (un/M06) 20.9h; 30. Lianne Boede (un/F08) 21.6h; 31. Erin Boede (un/F06) 21.7h; 32. Mason Tobey (un/M04) 23.1h; 33. Caroline DeGeorge (un/F04) 23.3h; 34. Olivia Freeman (un/F05) 24.6h; 35. (tie) Leyton Houck (un/M05) and Marcus McIver (un/M06) 24.9h; 37. Kieran McIver (un/F05) 25.2h; 38. Thaddeus Knowles (un/M05) 27.0h; 39. Cael Scanlon (un/M04) 28.6h; 40. Naia Langland (un/F02) 40.8h.

Kid's 50-meter Dash

1. Nathan Alberg (un/M14) 7.1h; 2. Clinton Allen Jr (un/M11) 7.2h; 3. (tie) Taylor Freeman (un/F12) and Jerome Kidd (un/M11) 7.7h; 5. Haley Smith (un/F12) 7.7h; 6. Allysa Sewell (un/F11) 7.8h; 7. Kyle Cole (un/M12) 8.0h; 8. James Beckett (un/M11) 8.4h; 9. Shay Adams (un/F08) 8.6h; 10. (tie) Devon Jackson (un/M11), Naomi Kuhnly (un/F10), and Sarah Sewell (un/F06) 8.8h; 13. (tie) Davis Machado (un/M11), Nathan McIver (un/M11), Amelia Stonkus (un/F07), Nicholas Goodwin (un/M06), and John Cramer (un/M09) 9.0h; 18. Bishop Jackson (un/M07) 9.1h; 19. Jacob DeGeorge (un/M07) 9.2h; 20. (tie) Jake Ramsdell (un/M08) and Nicholas McIver (un/M07) 9.30h; 22. Cole Cox (un/M09) 9.4h; 23. (tie) Daniel Kwak (un/M10) and Erin Boede (un/F06) 9.8h; 25. (tie) Jenna Ramsdell (un/F09) and Olivia Freeman (un/F05) 9.9h; 27. Mikayla Goodwin (un/F08) 10.0h; 28. Abigail Knowles (un/F10) 10.1h; 29. (tie) Caroline DeGeorge (un/F04), Grace Kuhnly (un/F08), and Emma Sewell (un/F09) 10.3h; 32. Lianne Boede (un/F08) 10.8h; 33. Caprice Coffey (un/M03) 11.6h; 34. (tie) Mason Tobey (un/M04) and Naia Langland (un/F02) 11.8h; 36. (tie) Mitchell Smith (un/M03) and Kelsey McIver (un/F03) 12.0h; 38. Finley Houck (un/F01) 12.4h; 39. Leyton Houck (un/M05) 12.6h; 40. Cael Scanlon (un/M04) 13.0h.

Kid's 200-meter Dash

1. Miky Machacek (un/M13) 27.3h; 2. Nathan Alberg (un/M14) 28.1h; 3. Clinton Allen Jr (un/M11) 28.9h; 4. Jerome Kidd (un/M11) 29.7h; 5. Alex Lanser (un/M12) 30.1h; 6. Miles Smith (un/M09) 32.8h; 7. Kyle Cole (un/M12) 32.9h; 8. Haley Smith (un/F12) 33.2h; 9. Devon Jackson (un/M11) 34.1h; 10. James Beckett (un/M11) 35.1h; 11. Naomi Kuhnly (un/F10) 35.5h; 12. Shay Adams (un/F08) 36.3h; 13. Allysa Sewell (un/F11) 36.8h; 14. Amelia Stonkus (un/F07) 37.1h; 15. Davis Machado (un/M11) 37.0h; 16. Bishop Jackson (un/M07) 40.6h; 17. John Cramer (un/M09) 40.8h; 18. Abigail Knowles (un/F10) 42.3h; 19. Jacob DeGeorge (un/M07) 42.6h; 20. Sarah Sewell (un/F06) 42.8h; 21. Mikayla Goodwin (un/F08) 43.0h; 22. Cole Cox (un/M09) 43.2h; 23. Daniel Kwak (un/M10) 43.7h; 24. Grace Kuhnly (un/F08) 43.6h; 25. Emma Sewell (un/F09) 44.4h; 26. Logan Preston (un/M08) 46.7h; 27. Nicholas Goodwin (un/M06) 46.9h; 28. Olivia Freeman (un/F05) 50.0h; 29. Erin Boede (un/F06) 50.5h; 30. Leyton Houck (un/M05) 57.6h; 31. Caroline DeGeorge (un/F04) 1:01.4h; 32. Thaddeus Knowles (un/M05) 1:06.3h.

Kid's Mile Jog

1. Kyle Cole (un/M11) 6:14.9h; 2. Bri Gibson (Oiselle/F11) 6:20.0h; 3. Thomas Lindgren (SnoTC/M11) 6:44.3h; 4. Shay Adams (un/F08) 7:16.1h; 5. Grace Kuhnly (un/F08) 7:19.9h; 6. John Cramer (un/M09) 7:42.6h; 7. Daniel Kwak (un/M10) 7:45.7h; 8. Taylor Freeman (un/F12) 8:35.6h; 9. Logan Preston (un/M08) 9:40.1h; 10. Cole Cox (un/M09) 12:43.2h.

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Women's 400-meter Hurdles

(30") 1. Adrianna Royal (un/F15) 1:13.3h.

Men's 400-meter Hurdles

(36") 1. Jason Simms (un/M32) 1:03.6h; 2. Ben Pace (un/M15) 1:07.9h; 3. Connor Hemmings (un/M15) 1:12.0h; 4. Alex Weatbrook (CNW/M16) 1:13.7h; 5. Michael Chotzen (un/M22) 1:17.5h.

Women's 200-meter Dash

1. Alexis Ramos (un/F16) 25.9h; 2. Sami McDevitt (un/F15) 28.0h; 3. Marjorie Milligan (un/F44) 28.9h; 4. Leilani Tynan (un/F20) 30.3h; 5. Rachel Tynan (un/F24) 30.4h; 6. Gail Kuhnly (un/F47) 31.5h; 7. Danielle Chotzen (un/F28) 32.0h; 8. Darla Atwood (un/F51) 32.3h; 9. Amanda Grantham (un/F17) 33.3h; 10. Barbara Mahoney (un/F45) 33.8h.

Men's 200-meter Dash

1. Phillip Bennett (un/M20) 22.3h; 2. Patrick McAullife (un/M20) 22.4h; 3. Zach Stanfield (un/M19) 22.5h; 4. Daniel Tyson (un/M22) 22.8h; 5. Carlos Fortenas (un/M22) 23.1h; 6. Dan Sullivan (un/M21) 23.3h; 7. (tie) Bennett Taylor (un/M19) and Leonardo Santana (un/M19) 23.5h; 9. Michael Waller (un/M50) 24.0h; 10. Cameron Hartman (un/M25) 24.2h; 11. Cletus Coffey (un/M34) 24.7h; 12. Avishai Baral (un/M18) 24.8h; 13. Uri Chotzen (un/M18) 25.0h; 14. Jason Reidt (un/M17) 25.2h; 15. (tie) Ben Pace (un/M15), Tim Darby (un/M15), and Michael Chotzen (un/M23) 25.5h; 18. (tie) Rob Voce (un/M43), Keith Johnson (un/M41), and Darin Richards (un/M26) 25.7h; 21. Christian Culp (un/M15) 25.8h; 22. Trevor Harron (un/M18) 25.9h; 23. Rod Wilcox (CNW/M43) 26.0h; 24. Alex Weatbrook (CNW/M16) 26.8h; 25. Clinton Allen Sr (un/M32) 27.0h; 26. Nick Durin (un/M16) 27.9h; 27. Paul Huynh (un/M18) 28.2h; 28. Jona Silva (un/M43) 28.5h; 29. Duncan Atwood (un/M53) 29.5h; 30. Will Leslie (un/M63) 30.3h; 31. Roger Vergin (un/M71) 32.7h; 32. Dale Sawyer (un/M71) 36.7h; 33. Charlie Walsh (un/M68) 39.4h.

Co-ed Jogger's Mile *(listed by order of best prediction)*

1. Scott Houck (un/M24) 8:00-8:00 **ZERO**; 2. Perry Rodgers (un/M46) 7:44-7:46 **+2**; 3. Eric Bone (CNW/M35) 6:10-6:07 **-3**; 4. Paul Huynh (un/M18) 8:00-8:05 **+5**; 5. Nick Fleming (CNW/M52) 8:03-7:57 **-6**; 6. Army Stonkus (CNW/M54) 7:30-7:38 **+8**; 7. Patrick Lindsay (un/M37) 8:02-8:11 **+9**; 8. Corey Heier (un/M27) 8:35-8:23 **-12**; 9. Jack Prestrud (CNW/M51) 5:45-5:31 **-14**; 10. (tie) Michael Allison (CNW/M57) 7:22-7:37 **+15**, Thomas Lindgren (STC/M11) 8:00-7:45 **-15**, and Eric Johnson (un/M41) 7:15-7:00 **-15**; 13. Lila Rice (un/F13) 7:27-7:44 **+17**; 14. Robert Smallwood (un/M43) 7:15-6:57 **-18**; 15. Sherri Prather (un/F55) 7:22-7:49 **+27**; 16. (tie) Grant Grosvenor (un/M17) 6:10-5:30 **-40**, Matt Matysik (un/M16) 7:15-6:35 **-40**, and Morgan Hamm (un/F17) 7:15-6:35 **-40**; 19. Corrine James (un/F45) 9:30-7:30 **-2:00**.

Co-ed 400-meter Relay

1. Chotzen (Michael M20, Uri M18, Yuel F20, Avishai Baral M18) 52.7h; 2. Clintons (Sr M32, Jerome Kidd M11, Jr M11, Kyle Cole M11) 54.3h; 3. CLCC (Haley F12, Naomi F10, Grace F08, Myles M09) 1:10.4h.

Women's 1500-meter Run

1. Lila Rice (un/F13) 5:03.1h; 2. Adrianna Royal (un/F15) 5:13.9h; 3. Dianne Dahl (un/F15) 6:25.3h.

Men's 1500-meter Run

1. Ryan Soberanis (un/M19) 3:52.6h; 2. Shawn Lucas (un/M25) 3:54.3h; 3. Quinn Chasan (un/M18) 4:21.7h; 4. Chris Freeborn (un/17) 4:24.1h; 5. Eric Bone (CNW/M35) 4:28.9h; 6. Bob Prather (CNW/M53) 4:31.6h; 7. David Cannon (CNW/M52) 4:37.0h; 8. Troy Scott (un/M32) 4:47.0h; 9. Michael Allison (CNW/M57) 4:52.1h; 10. Pete Armstrong (un/M29) 4:57.3h; 11. Scott Houck (un/M24) 5:19.5h; 12. Uri Chotzen (un/M18) 5:24.2h; 13. Army Stonkus (CNW/M54) 5:31.1h; 14. James Armstrong (un/M44) 5:36.5h; 15. Jeff Graham (un/M69) 7:16.6h.

Women's 400-meter Dash

1. Alexis Ramos (un/F16) 1:04.4h; 2. Sami McDevitt (un/F15) 1:04.8h; 3. Claire Grosvenor (un/F14) 1:05.9h; 4. Haley Smith (un/F12) 1:11.8h; 5. Danielle Chotzen (un/F28) 1:12.8h; 6. Amanda Grantham (un/F17) 1:25.0h; 7. Naomi Kuhnly (un/F10) 1:27.9h.

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Men's 400-meter Dash

1. Leonardo Santana (un/M17) 51.7h; 2. Colin Saylor (un/M17) 52.9h; 3. Brian Hodges (un/M32) 54.5h; 4. Kevin Decker (un/M19) 55.5h; 5. Jason Reidt (un/M17) 55.8h; 6. Keith Johnson (un/M41) 56.0h; 7. Antonio Martin (un/M18) 56.1h; 8. Matt Howse (un/M??) 56.8h; 9. Avishai Baral (un/M18) 57.1h; 10. Christian Culp (un/M15) 59.0h; 11. Paul Huynh (un/M18) 1:00.9h; 12. Trevor Harron (un/M18) 1:01.7h; 13. Jon Eggins (un/M27) 1:02.4h; 14. David Cannon (CNW/M52) 1:02.6h; 15. Perry Rodgers (un/M46) 1:03.6h; 16. Michael Chotzen (un/M22) 1:04.2h; 17. Jack Prestrud (CNW/M51) 1:04.8h; 18. Arny Stonkus (CNW/M54) 1:07.9h; 19. Alex Lanser (un/M12) 1:09.3h; 20. Jerome Kidd (un/M11) 1:10.0h; 21. Myles Smith (un/M09) 1:12.0h; 22. Clinton Allen Sr (un/M32) 1:15.6h; 23. Clinton Allen Jr (un/M11) 1:16.0h; 24. Gary Wright (un/M71) 1:30.4h; 25. Charlie Walsh (un/M68) 1:42.2h.

Women's 800-meter Dash

1. Gail Kuhnly (un/F47) 2:55.0h; 2. Grace Kuhnly (un/F08) 3:57.4h.

Men's 800-meter Dash

1. Grant Grosvenor (un/M17) 2:08.3h; 2. Stephen Hunt (un/M29) 2:21.9h; 3. Pete Armstrong (un/M29) 2:22.8h; 4. Uri Chotzen (un/M18) 2:25.3h; 5. Lance Albertson (un/M47) 2:29.6h; 6. Jason Sims (un/M32) 2:36.3h; 7. Jona Silva (un/M43) 2:37.6h; 8. Arny Stonkus (CNW/M54) 2:49.1h.

Co-ed 1600-meter Relay

1. Falcons (Daniel Hamilton M19, Jane Larson F20, Kate Harline F20, Nate Sleight M20) 4:03.1h; 2. TK Running Club (all "T" Knowles: Trey 16, Trevor 21, Todd 46, Taft 18) 4:06.2h.

Women's 3000-meter Run

1. Amy-Eloise Neale (SnoTC/F13) 10:16.6h.

Men's 3000-meter Run

1. Chris Ahl (un/M22) 8:30.7h; 2. Patrick McAullife (un/M25) 8:44.9h; 3. Andrew Walker (un/M19) 8:47.7h; 4. Matt Koenigs (Brooks/M28) 9:20.2h; 5. Robert Smallwood (un/M43) 9:44.9h; 6. Eric Bone (CNW/M35) 9:47.1h; 7. Paul Huynh (un/M18) 10:16.3h; 8. Michael Allison (CNW/M57) 10:26.6h; 9. Troy Scott (un/M32) 10:32.2h; 10. Kevin Decker (un/M19) 11:21.0h; 11. Doug Prestrud (un/M51) 11:52.3h; 12. Patrick Lindsay (un/M37) 12:42.4h; 13. Gary Wright (un/M71) 18:42.4h; dnf. Brian Hodges (un/M32).

Events not held

Women's Triple Jump, Kid's Shot Put, and Co-Ed Mile Race Walk.