

48TH ANNUAL CLUB NORTHWEST SUMMER ALL-COMERS TRACK & FIELD SERIES

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THIRD MEET OF 2016 AT THE NEW UW OUTDOOR TRACK • 15 JUNE 2016

SPONSORED BY OISELLE

Weather – nice, but threatening toward the end.

Outstanding performance – Levi Keller (CNW) in the pole vault and Norris Frederick (Asics) in the Long Jump.

Total entries – 601 – *best UW meet ever! Thank you, UW and Oiselle!*

NOTES FOR NEXT WEEK AND BEYOND –

- (1) Chip in to the fund to light the new UW track!
- (2) Warmer weather! Been saying that a lot this year!

FIELD EVENTS

Kid's High Jump

Place	GIRLS 6-UN	Age	Team	Mark	
1	Czech, Sofia	5	Unattached	0.79m	2-07.00
--	Colson, Grace	5	Unattached	nh	
Place	BOYS 6-UN	Age	Team	Mark	
1	Billish, Quincy	5	Unattached	1.27m	4-02.00
Place	GIRLS 7-8	Age	Team	Mark	
1	Billish, Lucia	7	Unattached	1.22m	4-00.00
Place	GIRLS 9-10	Age	Team	Mark	
1	Fanning, Odeit	9	Unattached	0.86m	2-09.75
2	Czech, Lena	10	Unattached	0.79m	2-07.00
Place	BOYS 9-10	Age	Team	Mark	
1	Blue, Tayden	10	Rainier Beach	1.19m	3-10.75
2	Grady, William	9	Unattached	1.04m	3-05.00
Place	BOYS 11-12	Age	Team	Mark	
1	Long, Josiah	11	Unattached	1.22m	4-00.00
Place	GIRLS 13-14	Age	Team	Mark	
1	Fortado, Hannah	13	Thriller	1.40m	4-07.00
--	Long, Emilia	13	Unattached	nh	
Place	BOYS 13-14	Age	Team	Mark	
1	Sumas, William	13	Club Northwest	1.37m	4-06.00
2	Ruuska, Everett	14	Unattached	1.35m	4-05.00
2	Gardner, Michian	13	Unattached	1.35m	4-05.00

Women's High Jump

Place	GIRLS 15-18	Age	Team	Mark	
1	Yerigan, Madison	18	Unattached	1.60m	5-03.00
2	McFadden, Maya	16	Unattached	1.45m	4-09.00
3	Blue, Samantha	16	Unattached	1.40m	4-07.00
4	Love, Lexie	15	Tahoma TC	1.37m	4-06.00
--	Long, Gracie	16	Unattached	nh	
Place	WOMEN 19-34	Age	Team	Mark	
--	Sword, Elizabeth	20	Unattached	nh	

Men's High Jump

Place	BOYS 15-18	Age	Team	Mark	
--	Mercado, Damian	15	Unattached	NH	
Place	MEN 40-49	Age	Team	Mark	
1	Ruuska, Jay	49	Unattached	1.40m	4-07.00
--	Newby, Silas	40	Unattached	NH	
Place	MEN 50-59	Age	Team	Mark	
1	Wilcox, Rod	50	Club Northwest	1.55m	5-01.00

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Place	MEN 60-69	Age	Team	Mark	
1	Ortman, David	63	Syracuse Chargers	1.40m	4-07.00

Women's Pole Vault

Place	GIRLS 14-UN	Age	Team	Mark	
1	Sturgill, Lauren	14	NW PV Club	2.30m	7-06.50
2	Hansen, Gabi	13	NW PV Club	2.15m	7-00.50
Place	GIRLS 15-18	Age	Team	Mark	
1	Cohen, Monica	18	NW PV Club	3.65m	11-11.75
2	Markow, Ginger	16	Blanchet HS	3.50m	11-05.75
3	Ely, Allyson	17	NW PV Club	3.05m	10-00.00
4	Mills, Rachel	18	Unattached	2.75m	9-00.25
5	Sweet, Elizabeth	15	Unattached	2.60m	8-06.25
--	Christner, Emily	18	NW PV Club	nh	
--	Mebb, Katie	16	Woodinville HS	nh	
Place	WOMEN 19-34	Age	Team	Mark	
1	Quick, Elizabeth	21	Unattached	4.10m	13-05.25
2	Duthler, Rachel	31	Unattached	2.90m	9-06.25
--	Cruz, Diamara	23	Unattached	nh	

Men's Pole Vault

Place	BOYS 15-18	Age	Team	Mark	
1	Shugart, Zach	18	Unattached	4.71m	15-05.50
2	Sirak, Barabas	17	Blanchet HS	3.90m	12-09.50
3	Mumma, Kyle	15	Woodinville HS	3.50m	11-05.75
3	Clutter, Ryan	18	Woodinville HS	3.50m	11-05.75
5	Hamilton, Alexander	17	Unattached	3.20m	10-06.00
6	Tran, Jeffery	15	Mercer Island HS	2.90m	9-06.25
Place	MEN 19-34	Age	Team	Mark	
1	Keller, Levi	30	Club Northwest	5.61m	18-04.75
2	Berry, Joe	27	Unattached	5.01m	16-05.25
2	Thoirs, Jax	23	Unattached	5.01m	16-05.25
4	Shugart, Nick	19	Unattached	3.05m	10-00.00
--	Levering, Scott	31	Mercer Island HS	nh	
--	Smith, Chase	19	Unattached	nh	
Place	MEN 60-69	Age	Team	Mark	
1	Milliman, Philip	64	Club Northwest	3.05m	10-00.00
Place	MEN 80-89	Age	Team	Mark	
1	Milliman, Charles	83	Unattached	1.70m	5-07.00

Kid's Long Jump

Place	GIRLS 1-4	Age	Team	Mark	
1	Sewell, Athena	3	Unattached	0.52m	1-08.50
2	Gill, Olivia	3	Unattached	0.46m	1-06.25
3	Billish, Haddie	3	Unattached	0.29m	11.50
4	Hawley, Maggie	3	Unattached	0.25m	10.00
5	Nagel, Addison	3	Unattached	0.21m	8.25
Place	BOYS 1-4	Age	Team	Mark	
1	Blaine, George	4	Unattached	1.26m	4-01.75
2	Gustafson, Grayson	4	Unattached	1.20m	3-11.25
3	Hoover, Alexander	2	Unattached	0.30m	1-00.00
Place	GIRLS 5-6	Age	Team	Mark	
1	Griggs, Elise	6	Unattached	1.58m	5-02.25
2	Urquhart, Alex	6	Unattached	1.45m	4-09.25
3	Frindell, Audrey	5	Unattached	1.11m	3-07.75
4	Hoover, Lillian	5	Unattached	0.83m	2-08.75

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5	Hawley, Sophie	6	Unattached	0.79m	2-07.25
Place	BOYS 5-6	Age	Team	Mark	
1	Blaine, Jensen	6	Unattached	2.01m	6-07.25
2	Billish, Quincy	5	Unattached	1.50m	4-11.25
3	Paulson, Trey	5	Unattached	1.16m	3-09.75
4	Mason, Kiptyn	5	Unattached	1.06m	3-05.75
5	Frindell, James	5	Unattached	0.79m	2-07.25
Place	GIRLS 7-8	Age	Team	Mark	
1	Salas, Vivienne	7	Unattached	2.24m	7-04.25
2	Markow, Daisy	7	Unattached	2.04m	6-08.50
3	Allen, Caylah	8	Unattached	1.14m	3-09.00
--	Billish, Lucia	7	Unattached	FOUL	
Place	BOYS 7-8	Age	Team	Mark	
1	Merrill, Ben	8	Unattached	2.55m	8-04.50
2	Hockman, Ben	8	Unattached	2.54m	8-04.00
3	Coffey, Hawkens	7	Unattached	2.43m	7-11.75
4	Hall, Marcus	8	Unattached	2.41m	7-11.00
5	Hockman, Erik	8	Throwing Zone At	2.34m	7-08.25
6	Paulson, Jace	8	Unattached	2.28m	7-05.75
7	Gill, Owen	8	Unattached	2.26m	7-05.00
8	Urquhart, Ethan	7	Unattached	2.18m	7-02.00
9	Mason, Blake	7	Unattached	1.95m	6-04.75
Place	GIRLS 9-10	Age	Team	Mark	
1	Masunaga, Mio	9	Unattached	2.56m	8-04.75
2	Muweno, Mahlia	9	Unattached	2.21m	7-03.00
3	Hawley, Mia	9	Unattached	2.17m	7-01.50
4	Hall, Jasmine	9	Unattached	1.77m	5-09.75
Place	BOYS 9-10	Age	Team	Mark	
1	Blue, Tayden	10	Unattached	3.51m	11-06.25
2	Voce, Michael	10	Unattached	3.10m	10-02.00
3	Coffey, Caprice	9	Unattached	2.35m	7-08.50
4	Reardon, Raheim	9	Everett TC	1.74m	5-08.50
5	Jo, Jo	10	Everett TC	1.37m	4-06.00
Place	GIRLS 11-12	Age	Team	Mark	
1	Wilson, Miya	12	Unattached	5.18m	17-00.00
--	Gaulden, Kymeal	11	Kitsap Flyers	FOUL	
Place	GIRLS 13-14	Age	Team	Mark	
1	Fortado, Hannah	13	Unattached	3.89m	12-09.25
2	Long, Emilia	13	Unattached	3.82m	12-06.50
3	Roberts, Brooklyn	13	Unattached	3.64m	11-11.50
Place	BOYS 13-14	Age	Team	Mark	
1	Blue, George	14	Unattached	5.24m	17-02.25

Women's Long Jump

Place	GIRLS 15-18	Age	Team	Mark	
1	McFadden, Maya	16	Unattached	4.73m	15-06.25
2	McWhorter, Tyishea	15	Unattached	4.64m	15-02.75
3	LaMoureux, Elysabeth	16	Unattached	4.34m	14-03.00
--	Wilson, Tierra	17	Unattached	nm	

Men's Long Jump

Place	BOYS 15-18	Age	Team	Mark	
1	Brown, Caleb	18	Unattached	6.06m	19-10.75
2	Say, Bobby	16	Unattached	6.03m	19-09.50
3	Roberts, Logan	15	Unattached	5.08m	16-08.00

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4	Rivers, Trevor	17	Unattached	4.77m	15-07.75	
Place	MEN 19-34	Age	Team	Mark		Wind
1	Frederick, Norris	30	Unattached	7.66m	25-01.75	+1.8
2	Taiwo, Jeremy	26	Unattached	6.92m	22-08.50	
3	Llubit, Vincent	21	Unattached	6.88m	22-07.00	
4	Marshall, Isaiah	20	Unattached	5.55m	18-02.50	
5	Un, Nicholas	20	Unattached	5.44m	17-10.25	
6	Ali, Abdigafar	20	Unattached	5.36m	17-07.00	
Place	MEN 40-49	Age	Team	Mark		
1	Dumas, William	40	Unattached	5.63m	18-05.75	
2	Atkins, Ronald	42	Unattached	5.48m	17-11.75	
--	Ruuska, Jay	49	Unattached	FOUL		
Place	MEN 50-59	Age	Team	Mark		
1	Wachtman, Glenn	51	Thrillers	3.18m	10-05.25	
—	Voce, Rob	50	Unattached	nm		
Place	MEN 60-69	Age	Team	Mark		
1	Ortman, David	63	Unattached	4.56m	14-11.50	
Place	MEN 80-89	Age	Team	Mark		
1	Milliman, Charles	83	Unattached	2.22m	7-03.50	

Women's Triple Jump

Place	GIRLS 15-18	Age	Team	Mark	
1	McWhorter, Tyishea	15	Unattached	9.34m	30-07.75
2	LaMoureux, Elysabeth	16	Unattached	8.05m	26-05.00

Men's Triple Jump

Place	BOYS 15-18	Age	Team	Mark	
1	Boyle, Brendon	15	Unattached	10.21m	33-06.00
Place	MEN 19-34	Age	Team	Mark	
1	Marshall, Isaiah	20	Unattached	11.77m	38-07.50
2	Llubit, Vincent	21	Unattached	11.61m	38-01.25
3	Namba, Christopher	21	Unattached	10.83m	35-06.50
Place	MEN 40-49	Age	Team	Mark	
1	Newby, Silas	40	Unattached	11.30m	37-01.00
2	Atkins, Ronald	42	Unattached	11.18m	36-08.25

Kid's Shot Put

Place	GIRLS 13-14 6lb	Age	Team	Mark	
1	Brady, Alaina	14	Unattached	11.13m	36-06.25

Women's Shot Put

Place	GIRLS 15-18 4kg	Age	Team	Mark	
1	Mehl, Ginny	17	Tahoma HS	12.00m	39-04.50
2	Reeder, Emily	15	Unattached	11.90m	39-00.50
3	Frost, Gabriella	17	Unattached	8.92m	29-03.25
4	Smith, Hailey	15	Unattached	6.60m	21-08.00
Place	WOMEN 40-49 4kg	Age	Team	Mark	
1	Alexander, Jordan	40	Unattached	9.42m	30-11.00
Place	WOMEN 50-59 3kg	Age	Team	Mark	
1	Schmidt, Connie	59	Unattached	10.53m	34-06.75
2	Boivin, Erica	57	Club Northwest	5.90m	19-04.25

Men's Shot Put

Place	BOYS 15-18 12lb	Age	Team	Mark	
1	Phorspraserrsan, Pour	17	Unattached	12.43m	40-09.50

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	2	Weyand, Luke	17	Unattached	10.53m	34-06.75
	3	Peters, Reilly	15	Unattached	8.68m	28-05.75
	4	Honsaker, Daniel	15	Unattached	8.60m	28-02.75
Place		MEN 50-59 6kg	Age	Team	Mark	
	1	Marcial, Felix	53	Canada	8.34m	27-04.50
Place		MEN 60-69 5kg	Age	Team	Mark	
	1	Radford, Michael	60	Unattached	11.67m	38-03.50
Place		MEN DISABLED 2kg	Age	Team	Mark	
	1	Ferreira, Steven	27	Club Northwest	4.54m	14-10.75

Women's Discus Throw

Place		GIRLS 15-18 1kg	Age	Team	Mark	
	1	Mehl, Ginny	17	Tahoma HS	34.05m	111-08
	2	Frost, Gabriella	17	Tahoma HS	31.35m	102-10
	3	Reeder, Emily	15	Thrillers	28.00m	91-10
Place		WOMEN 19-34 1kg	Age	Team	Mark	
	1	Hoelm, Allison	19	Everett TC	22.16m	72-08
Place		WOMEN 40-49 1kg	Age	Team	Mark	
	1	Alexander, Jordan	40	Tahoma HS	29.67m	97-04
Place		WOMEN 50-59 1kg	Age	Team	Mark	
	1	Boivin, Erica	57	Club Northwest	14.24m	46-09

Men's Discus Throw

Place		BOYS 13-14 1kg	Age	Team	Mark	
	1	Yen, Eli	14	Unattached	29.59m	97-01
Place		BOYS 15-18 1.6kg	Age	Team	Mark	
	1	Habib, Samy	18	Unattached	47.36m	155-04
	2	Guerrero, Alex	18	Unattached	35.82m	117-06
	3	Grabbelaar, Ján	99	Unattached	29.97m	98-03
Place		MEN 19-34 2kg	Age	Team	Mark	
	1	Fratta, Ted	27	Unattached	25.46m	83-06
Place		MEN 40-49 2kg	Age	Team	Mark	
	1	Van Puersem, Bradley	40	Club Northwest	47.69m	156-05
	2	Tapia, Marco	45	Unattached	29.23m	95-11
	3	Honsaker, Daniel	40	Unattached	18.36m	60-03
Place		MEN 50-59 1.5kg	Age	Team	Mark	
	1	Edwards, George	58	Unattached	19.59m	64-03
Place		MEN 60-69 1kg	Age	Team	Mark	
	1	Jacquet-Acea, Russell	63	Unattached	28.44m	93-04
	2	Ortman, David	63	Unattached	27.71m	90-11
	3	Radford, Michael	60	Unattached	27.69m	90-10

Disabled Club Toss

Place		MEN DISABLED	Age	Team	Mark	
	1	Ferreira, Steven	27	Club Northwest	19.38m	63-07

Kid's TurboJav™ Toss

Place		BOYS 7-8	Age	Team	Mark	
	1	Hockman, Erik	8	Throwing Zone At	17.50m	57-05
	2	Hall, Marcus	8	Unattached	17.30m	56-09
	3	Hockman, Ben	8	Unattached	16.60m	54-05
Place		GIRLS 9-10	Age	Team	Mark	
	1	Hall, Jasmine	9	Unattached	14.70m	48-03

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Women's Javelin Throw

Place	GIRLS 15-18 600g	Age	Team	Mark	
1	Mehl, Ginny	17	Tahoma HS	38.88m	127-07
2	Bucy, Madi	18	Tahoma HS	36.03m	118-02
3	Cederstrand, Annika	17	Unattached	32.30m	106-00
4	Frost, Gabriella	17	Tahoma HS	26.93m	88-04
Place	WOMEN 19-34 600g	Age	Team	Mark	
1	Gruszecki, Monika	27	Club Northwest	47.12m	154-07
Place	WOMEN 50-59 400g	Age	Team	Mark	
1	Boivin, Erica	57	Club Northwest	12.35m	40-06

Men's Javelin Throw

Place	BOYS 15-18 800g	Age	Team	Mark	
1	Wachtendonk, Jacob	18	Unattached	53.47m	175-05
2	Andrus, Cole	18	Club Northwest	50.03m	164-02
3	Weyand, Luke	17	Unattached	34.91m	114-06
Place	MEN 19-34 800g	Age	Team	Mark	
1	Eager, Derek	24	TTC	62.11m	203-09
2	Stevens, Bradley	21	Unattached	61.25m	200-11
3	Stevens, Kyle	25	Unattached	57.94m	190-01
4	Taiwo, Jeremy	26	Brooks	51.77m	169-10
5	Ishii, Derek	19	Unattached	49.28m	161-08
6	Herzog, Jacob	21	Unattached	49.07m	161-00
7	Johnson, Roy	19	Unattached	47.51m	155-10
8	Hruska, Samuel	19	Unattached	39.85m	130-09
9	Hansen, Brodie	19	Unattached	34.23m	112-04
Place	MEN 40-49 800g	Age	Team	Mark	
1	Ovall, David	40	Unattached	55.29m	181-05
2	Galvanin, Don	43	Unattached	38.79m	127-03
3	Stone, Aaron	40	Unattached	32.31m	106-00
Place	MEN 50-59 700g	Age	Team	Mark	
1	Marcial, Felix	53	Unattached	18.98m	62-03

TRACK EVENTS

Kid's 100-meter Dash

Place	GIRLS 1-4	Age	Team	Mark	Heat
1	Gill, Olivia	3	Unattached	25.2h	1
2	Billish, Haddie	3	Unattached	30.1h	1
3	Hawley, Maggie	3	Unattached	32.3h	1
4	Nagel, Addison	3	Unattached	35.4h	1
5	Bowden, Finola	3	Unattached	47.6h	2
6	Caprara, Lanna	1	Unattached	1:06.4h	1
7	Pearson, Elizabeth	1	Unattached	1:33.8h	1
8	Rusk, Dorothy	1	Unattached	1:42.3h	1
Place	BOYS 1-4	Age	Team	Mark	Heat
1	Gustafson, Grayson	4	Unattached	24.7h	2
2	Blaine, George	4	Unattached	25.2h	2
Place	GIRLS 5-6	Age	Team	Mark	Heat
1	Shepard-Love, Symone	6	Unattached	16.5h	6
2	Caprara, Gemma	6	Unattached	21.1h	3
3	Rush, Frances	5	Unattached	22.5h	3
4	Hawley, Sophie	6	Unattached	22.7h	5
5	Caprara, Korra	5	Unattached	24.1h	3
6	Urquhart, Alex	6	Unattached	27.2h	3
7	Frindell, Audrey	5	Unattached	28.4h	3
8	Frindell, Theresa	5	Unattached	32.2h	3

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Place	BOYS 5-6	Age	Team	Mark	Heat
1	Mason, Kiptyn	5	Unattached	19.8h	4
2	Paulson, Trey	5	Unattached	20.2h	4
3	Blaine, Jensen	6	Unattached	20.7h	4
4	Nagel, Jake	6	Unattached	20.9h	4
5	Billish, Quincy	5	Unattached	21.6h	4
6	Frindell, James	5	Unattached	31.2h	4
Place	GIRLS 7-8	Age	Team	Mark	Heat
1	Shepard-Love, Kennedy	8	Unattached	16.3h	6
1	Maves, Maddie	7	Unattached	16.3h	5
3	Allen, Caylah	8	Unattached	17.1h	5
4	Gustafson, Sadie	7	Unattached	17.9h	6
5	Billish, Lucia	7	Unattached	18.2h	6
6	Markow, Daisy	7	Unattached	19.1h	5
7	Rush, Alice	7	Unattached	19.7h	5
Place	BOYS 7-8	Age	Team	Mark	Heat
1	Hall, Marcus	8	Unattached	15.5h	7
2	Gill, Owen	8	Unattached	15.9h	7
3	Coffay, Hawkens	7	Unattached	17.0h	7
4	Paulson, Jace	8	Unattached	17.4h	7
5	Merrill, Ben	8	Unattached	17.9h	7
6	Mason, Blake	7	Unattached	18.2h	8
7	Rush, Joey	8	Unattached	18.5h	8
8	Urquhart, Ethan	7	Unattached	18.9h	8
9	Zriny, Beck	7	Unattached	20.3h	7
Place	GIRLS 9-10	Age	Team	Mark	Heat
1	Love, Tresley	10	Unattached	14.5h	11
2	Hall, Jasmine	9	Unattached	15.1h	9
3	Mawer, Mahlia	9	Unattached	16.6h	9
4	Hawley, Mia	9	Unattached	18.6h	9
5	Rush, Mary	9	Unattached	20.5h	9
Place	BOYS 9-10	Age	Team	Mark	Heat
1	Reardon, Raheim	9	Unattached	15.2h	10
2	Voce, Michael	10	Unattached	15.4h	10
3	Coffay, Caprice	9	Unattached	15.6h	10
4	Shepard, Keyshawn	9	Unattached	15.8h	10
5	Caldwell, Yamoto	10	Unattached	17.4h	10
Place	GIRLS 11-12	Age	Team	Mark	Heat
1	Love, Kesley	12	Unattached	14.7h	11
Place	BOYS 11-12	Age	Team	Mark	Heat
1	Patron, Joseph	12	Unattached	13.4h	12
2	Patron, Jacob	12	Unattached	13.7h	12
3	Rosland, Tim	11	Unattached	14.9h	12
Place	GIRLS 13-14	Age	Team	Mark	Heat
1	Love, Sesley	14	Unattached	13.2h	11
2	Long, Emilia	13	Unattached	14.0h	11
Place	BOYS 13-14	Age	Team	Mark	Heat
1	Ruuska, Everett	14	Unattached	12.2h	12
2	Stevens, William	13	Unattached	13.0h	12
Place	BOYS 13-14 during open 100m	Age	Team	Mark	Heat
1	Ruuska, Everett	14	Unattached	12.60	5
2	Gardner, Myhrah	13	Unattached	13.87	5

Kid's 50-meter Dash

Place	GIRLS 1-4	Age	Team	Mark	Heat
1	Gill, Olivia	3	Unattached	12.7h	1

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2	Nagel, Addison	3	Unattached	16.2h	1
3	Sewell, Athena	3	Unattached	16.6h	1
4	Bowden, Finola	3	Unattached	19.9h	1
5	Caprara, Lanna	1	Unattached	34.5h	1
6	Rusk, Dorothy	1	Unattached	40.6h	1
7	Peaso, Ella	1	Unattached	48.9h	1
8	Holley, Maggie	1	Unattached	54.4h	1
Place BOYS 1-4					
	Age		Team	Mark	Heat
1	Gustafson, Grayson	4	Unattached	13.2h	2
2	Blaine, George	4	Unattached	13.3h	2
3	Hoover, Alexander	2	Unattached	21.6h	2
Place GIRLS 5-6					
	Age		Team	Mark	Heat
1	Shepard-Love, Symone	6	Unattached	8.3h	5
2	Griggs, Elise	6	Unattached	9.7h	3
3	Caprara, Gemma	6	Unattached	10.3h	3
4	Hawley, Sophie	6	Unattached	10.9h	3
5	Rush, Frances	5	Unattached	11.3h	3
6	Caprara, Korra	5	Unattached	11.7h	3
7	Frindell, Audrey	5	Unattached	13.3h	3
8	Urquhart, Alex	6	Unattached	13.4h	3
9	Hoover, Lillian	5	Unattached	14.7h	3
Place BOYS 5-6					
	Age		Team	Mark	Heat
1	Mason, Kiptyn	5	Unattached	10.1h	4
2	Paulson, Trey	5	Unattached	10.5h	4
3	Blaine, Jensen	6	Unattached	10.8h	4
4	Nagel, Jake	6	Unattached	11.3h	4
5	Frindell, James	5	Unattached	16.6h	4
Place GIRLS 7-8					
	Age		Team	Mark	Heat
1	Shepard-Love, Kennedy	8	Unattached	8.6h	5
2	Maves, Maddie	7	Unattached	8.8h	5
3	Allen, Caylah	8	Unattached	9.0h	5
4	Gustafson, Sadie	7	Unattached	9.6h	5
5	Rush, Alice	7	Unattached	9.8h	5
6	Markow, Daisy	7	Unattached	10.2h	5
Place BOYS 7-8					
	Age		Team	Mark	Heat
1	Hall, Marcus	8	Unattached	7.8h	6
2	Hockman, Ben	8	Unattached	8.0h	6
3	Paulson, Jace	8	Unattached	8.5h	6
4	Gill, Owen	8	Unattached	8.9h	7
4	Coffay, Hawkens	7	Unattached	8.9h	6
6	Mason, Blake	7	Unattached	9.3h	6
7	Rush, Joey	8	Unattached	9.4h	7
8	Urquhart, Ethan	7	Unattached	9.7h	7
9	Zriny, Beck	7	Unattached	10.3h	6
Place GIRLS 9-10					
	Age		Team	Mark	Heat
1	Love, Tresley	10	Unattached	7.6h	10
2	Hall, Jasmine	9	Unattached	8.3h	8
3	Muweno, Mahlia	9	Unattached	8.9h	8
4	Hawley, Mia	9	Unattached	9.6h	8
5	Rush, Mary	9	Unattached	10.4h	8
Place BOYS 9-10					
	Age		Team	Mark	Heat
1	Voce, Michael	10	Unattached	7.9h	9
2	Coffay, Caprice	9	Unattached	8.0h	9
3	Reardon, Raheim	9	Unattached	8.2h	9

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	4	Shepard, Keyshawn	9	Unattached	8.3h	9
	5	Caldwell, Yamoto	10	Unattached	8.80	9
Place		GIRLS 13-14	Age	Team	Mark	Heat
	1	Long, Emilia	13	Unattached	7.3h	10
	2	Mathia, Maddy	14	Unattached	10.6h	10
Place		BOYS 13-14	Age	Team	Mark	Heat
	1	Stevens, William	13	Unattached	6.8h	11

Kid's 200-meter Dash

Place		GIRLS 1-4	Age	Team	Mark	Heat
	1	Gill, Olivia	3	Unattached	59.4h	1
	2	Billish, Haddie	3	Unattached	1:40.3h	1
	3	Caprara, Lanna	1	Unattached	3:34.9h	1
	4	Sewell, Athena	3	Unattached	4:06.4h	1
Place		BOYS 1-4	Age	Team	Mark	Heat
	1	Love, Symone	1	Unattached	35.70	6
	2	Gustafson, Grayson	4	Unattached	59.0h	2
	3	Blaine, George	4	Unattached	1:20.4h	2
	4	Hoover, Alexander	2	Unattached	2:12.5h	2
Place		GIRLS 5-6	Age	Team	Mark	Heat
	1	Caprara, Gemma	6	Unattached	44.2h	3
	2	Griggs, Elise	6	Unattached	44.5h	3
	3	Rush, Frances	5	Unattached	49.4h	3
	4	Caprara, Korra	5	Unattached	49.6h	3
	5	Hoover, Lillian	5	Unattached	1:01.9h	3
	6	Urquhart, Alex	6	Unattached	1:03.3h	3
	7	Frindell, Theresa	5	Unattached	1:14.7h	3
Place		BOYS 5-6	Age	Team	Mark	Heat
	1	Mason, Kiptyn	5	Unattached	43.5h	4
	2	Blaine, Jensen	6	Unattached	45.3h	4
	3	Paulson, Trey	5	Unattached	45.5h	4
	4	Nagel, Jake	6	Unattached	50.1h	4
	5	Billish, Quincy	5	Unattached	55.9h	2
	6	Frindell, James	5	Unattached	1:19.2h	4
Place		GIRLS 7-8	Age	Team	Mark	Heat
	1	Allen, Caylah	8	Unattached	36.3h	5
	2	Maves, Maddie	7	Unattached	36.7h	5
	3	Gustafson, Sadie	7	Unattached	41.1h	5
	4	Billish, Lucia	7	Unattached	41.4h	5
	5	Markow, Daisy	7	Unattached	41.9h	5
	6	Rush, Alice	7	Unattached	43.7h	5
	7	Salas, Vivienne	7	Unattached	45.8h	5
Place		BOYS 7-8	Age	Team	Mark	Heat
	1	Hall, Marcus	8	Unattached	33.2h	7
	2	Hockman, Ben	8	Unattached	33.4h	7
	3	Hockman, Erik	8	Throwing Zone At	34.5h	7
	4	Gill, Owen	8	Unattached	35.7h	7
	5	Paulson, Jace	8	Unattached	38.6h	7
	6	Rush, Joey	8	Unattached	39.8h	7
	7	Mason, Blake	7	Unattached	40.3h	7
	8	Urquhart, Ethan	7	Unattached	47.4h	7
Place		GIRLS 9-10	Age	Team	Mark	Heat
	1	Love, Tresley	10	Unattached	30.3h	10
	2	Hall, Jasmine	9	Unattached	33.9h	8
	3	Masunaga, Mio	9	Unattached	35.8h	8
	4	Muweno, Mahlia	9	Unattached	37.8h	8

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5	Rush, Mary	9	Unattached	44.9h	8
Place	BOYS 9-10	Age	Team	Mark	Heat
1	Reardon, Raheim	9	Unattached	32.9h	9
2	Voce, Michael	10	Unattached	33.4h	9
3	Love, Keyshawn	9	Unattached	36.1h	9
4	Caldwell, Yamoto	10	Unattached	38.8h	9
Place	GIRLS 11-12	Age	Team	Mark	Heat
1	Blue, Takiyan	11	Unattached	27.8h	10
2	Love, Kesley	12	Unattached	30.5h	10
Place	BOYS 11-12	Age	Team	Mark	Heat
1	Patron, Joseph	12	Unattached	27.8h	11
2	Patron, Jacob	12	Unattached	28.7h	11
Place	GIRLS 13-14	Age	Team	Mark	Heat
1	Love, Sesley	14	Unattached	28.2h	10
2	Long, Emilia	13	Unattached	29.6h	10
Place	BOYS 13-14	Age	Team	Mark	Heat
1	Ruuska, Everett	14	Unattached	25.9h	11

Kid's Mile Jog

Place	GIRLS 1-6	Age	Team	Mark	Overall
1	Caprara, Gemma	6	Unattached	9:34.7h	11
2	Rush, Frances	5	Unattached	11:52.3h	14
3	Caprara, Korra	5	Unattached	11:54.6h	15
4	Nagel, Addison	3	Unattached	13:02.4h	16
Place	BOYS 1-6	Age	Team	Mark	Overall
1	Blaine, Jensen	6	Unattached	11:25.7h	12
Place	GIRLS 7-8	Age	Team	Mark	Overall
1	Billish, Lucia	7	Unattached	9:26.9h	8
2	Gustafson, Sadie	7	Unattached	9:30.3h	9
3	Rush, Alice	7	Unattached	9:34.2h	10
Place	BOYS 7-8	Age	Team	Mark	Overall
1	Mason, Blake	7	Unattached	7:57.9h	4
2	Rush, Joey	8	Unattached	8:05.5h	5
3	Urquhart, Ethan	7	Unattached	8:05.7h	6
Place	GIRLS 9-10	Age	Team	Mark	Overall
1	Masunaga, Mio	9	Unattached	6:59.9h	3
2	Rush, Mary	9	Unattached	9:12.5h	7
Place	BOYS 11-12	Age	Team	Mark	Overall
1	Rosales, Leo	11	Unattached	6:19.8h	1
2	Rosland, Tim	11	Unattached	6:50.8h	2

Co-Ed Mile Race Walk

Place	MEN 70-79	Age	Team	Mark	Overall
1	Zerbe, Richard	77	Unattached	11:50.3h	13

Women's 100-meter Hurdles *(unless otherwise noted, this is standard women's spacing with 33" hurdles)*

Place	GIRLS 13-14	Age	Team	Mark	Heat
1	Fortado, Hannah	13	Unattached	18.16	2
2	Fortado, Lucia	14	Unattached	18.36	2
Place	GIRLS 15-18	Age	Team	Mark	Heat
1	Pace, Suzy	15	Unattached	15.90	3
2	McFadden, Maya	16	Unattached	15.98	3
3	Chandler, Lauryn	15	Unattached	16.93	3
4	Mathiason, Emilie	16	Unattached	19.56	2

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Men's 110-meter Hurdles

Place	BOYS 15-18 110m 39"	Age	Team	Mark	Heat
1	McGaughey, Ian	17	Unattached	17.51	1

Women's 100-meter Dash

Place	GIRLS 15-18	Age	Team	Mark	Heat
1	Wilson, Aliya	15	Unattached	12.04	4
2	McWhorter, Tyishea	15	Unattached	12.94	4
3	Ford, Kelli	16	Unattached	13.24	3
4	Gauldon, Keyena	18	Unattached	13.50	3
5	Snyder, Grace	18	Unattached	13.92	3
6	Ingraham, Clara	16	Unattached	13.93	3
7	Love, Lexie	15	Unattached	14.10	3
8	Wilson, Tierra	17	Unattached	14.19	4
9	Warren, Olgvia	17	Unattached	14.37	3
10	Woodard, Kara	15	Unattached	14.75	3
11	Mathias, Maddy	15	Unattached	21.5h	1
Place	WOMEN 19-34	Age	Team	Mark	Heat
1	Foresha, Christine	26	Unattached	12.84	4
2	Bredley, Hannah	19	Unattached	13.28	4
3	Duchesne, Chloe	20	Unattached	13.32	2
4	Knudson, Laura	24	Unattached	13.89	2
5	Hoelm, Allison	19	Unattached	16.16	2
6	Crare, Beth	19	Unattached	16.54	4
7	Villalobos, Marjorie	21	Unattached	17.19	2
Place	WOMEN 50-59	Age	Team	Mark	Heat
1	Choi, Dora	50	Club Northwest	17.47	2
2	Kuhnly, Gail	54	Christ Life TC	17.75	2
Place	WOMEN 70-79	Age	Team	Mark	Heat
1	Kerr, Donna	72	Unattached	24.23	2

Men's 100-meter Dash

Place	BOYS 15-18	Age	Team	Mark	Heat
1	Ford, Nicholas	17	Unattached	10.95	7
2	Bios, Richard	17	Unattached	11.50	7
3	Allen, Clinton Jr.	18	Unattached	11.54	7
4	McGaughey, Ian	17	Unattached	12.66	6
5	Boyle, Brendon	15	Unattached	12.67	6
6	Pak, Elliot	16	Unattached	12.86	6
Place	MEN 19-34	Age	Team	Mark	Heat
1	Matthews, Drew	22	Unattached	10.70	7
2	Davis, Aaron	22	Unattached	11.09	7
3	Ali, Abdigafar	20	Unattached	11.23	7
4	Llubit, Vincent	21	Unattached	11.37	7
5	Jabbi, Kadri	21	Unattached	11.65	6
6	Howard, Neal	26	Unattached	11.79	6
7	Martinez, Joshua	23	Unattached	13.10	6
Place	MEN 35-39	Age	Team	Mark	Heat
1	Allen Sr, Clinton	39	Unattached	12.88	5
Place	MEN 40-49	Age	Team	Mark	Heat
1	Atkins, Ronald	42	Unattached	11.19	7
2	Pearson, Shane	40	Club Northwest	13.01	5
3	Ruuska, Jay	49	Unattached	13.57	5
4	Bryant, Trevor	49	Unattached	14.10	5
Place	MEN 50-59	Age	Team	Mark	Heat
1	Wilcox, Rod	50	Club Northwest	12.83	6

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	2	Voce, Rob	50	Unattached	12.90	6
	3	Blake, Aaron	55	Unattached	14.62	4
	4	Edwards, George	58	Unattached	14.99	4
	5	Wacutman, Glenn	51	Unattached	17.13	4
Place		MEN 60-69	Age	Team	Mark	Heat
	1	Ortman, David	63	Unattached	13.08	5
	2	Ahedarw, Led	60	Unattached	14.38	4
	3	Jacquet-Acea, Russell	63	Unattached	14.64	5
Place		MEN 70-79	Age	Team	Mark	Heat
	1	Leslie, Will	70	Unattached	14.95	4
	2	Vergin, Roger	78	Unattached	15.75	4
Place		MEN 80-89	Age	Team	Mark	Heat
	1	Milliman, Charles	83	Unattached	20.83	4

Co-Ed Jogger's Mile Run

Place	Name	Age	Team	Prediction	Mark	Diff
1	Houck, Brian	M34	Unattached	6:50	6:51	+1
2t	Danielson, Albert	M21	Unattached	6:50	6:52	+2
2t	Rodgers, Perry	M53	Eastside Runners	8:28	8:30	+2
4	Sitz, Herbert	M53	Unattached	8:00	7:57	-3
5t	Otani, Russ	M57	Eastside Runners	7:05	7:10	+5
5t	Allison, Michael	M64	Club Northwest	8:12	8:17	+5
7t	McElrea, Erica	W33	Unattached	7:00	7:06	+6
7t	Griffey, Princess Joy	W29	Christ Life TC	7:20	7:26	+6
9t	McGaughey, Ian	M17	Unattached	7:00	6:52	-8
9t	Lin, Andy	M36	Unattached	7:03	6:55	-8
11t	Tate, Wendy	W51	Unattached	7:59	7:50	-9
11t	McInnes, Brian	M46	Unattached	7:30	7:21	-9
13t	Hasbrouck, Caitlynn	W16	Unattached	6:50	7:00	+10
13t	Young, Paul	M25	Club Northwest	7:35	7:25	-10
15	McInnes, Stacia	W48	Unattached	7:00	6:49	-11
16	Ortman, David	M63	Syracuse Chargers	7:00	6:48	-12
17	Howard, Neal	M26	Unattached	7:20	7:33	+13
18	Hastler, Kyle	M16	Unattached	6:30	6:45	+15
19	Elias, Liam	M16	Unattached	6:30	6:46	+16
20t	McDonald, Bill	M28	Unattached	7:45	7:28	-17
20t	Yang, Benjamin	M18	Unattached	6:30	6:47	+17
22	Mathiason, Emilie	W16	Unattached	7:30	7:08	-22
23t	Hasbrouck, Carleanne	W16	Unattached	7:00	7:23	+23
23t	Choi, Dora	W50	Club Northwest	8:35	8:12	-23
23t	Wachtman, Glenn	M51	Unattached	8:30	8:53	+23
26	Milliman, Charles	M83	Unattached	12:30	10:54	-1:36
27	Woo, Cynthia	W52	Unattached	9:00	7:21	-1:39

Co-Ed 4x100-meter Relay

Place	Team (members)	Mark
1	Christ Life TC (Josh Maris M18, Darrel Woods M18, Vick Vy M18, Aaron Davis M22)	47.86
2	Sonics (Clinton Allen Sr M39, Grace Snyder F18, Shane Pearson M40, Clinton Allen Jr M18)	50.98
3	Kitsap Flyers (Kelli Ford F16, Ty McWhorter F15, Liz Lamourux F16, Christine Forshei F18)	52.38
4	Valley Rats (Diana Hruska F18, Sam Hruska M19, Jacob Wachtendonk M18, Brad Stevens M20)	53.67

Women's 1500-meter Run

Place	GIRLS 15-18	Age	Team	Mark	Overall
1	Long, Gracie	16	Unattached	5:00.36	2-8
2	Smith, Natalie	18	Unattached	5:01.46	2-9
3	Schroth, Ella	17	Unattached	5:09.28	2-11

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	4	Bergerud, Sylvia	15	Unattached	5:33.45	2-17
Place		WOMEN 19-34	Age	Team	Mark	Overall
	1	Eiseman, Andrea	23	Unattached	5:16.40	2-13

Men's 1500-meter Run

Place		BOYS 13-14	Age	Team	Mark	Overall
	1	Hendler, Ben	14	Unattached	4:57.20	1-22
Place		BOYS 15-18	Age	Team	Mark	Overall
	1	Keyes, Zachary	18	Unattached	4:18.52	1-8
	2	Morris, Connor	18	Unattached	4:18.86	1-9
	3	Turk, Wilson	17	Unattached	4:19.83	1-11
	4	Van Doornik, Mark	15	Unattached	4:31.07	1-14
	5	Yang, Benjamin	18	Unattached	4:31.92	1-15
	6	Tate, Boome	17	Unattached	4:34.05	2-1
	7	Chew, Cameron	16	Unattached	4:37.50	2-2
	8	Giandara, Jose Luis	15	Unattached	4:43.82	1-19
	9	Adjiblr, Reed	15	Unattached	4:52.16	1-21
	10	Roberts, Logan	15	Unattached	4:56.70	2-5
	11	Elias, Liam	16	Unattached	4:56.80	2-6
	12	Pak, Elliot	16	Unattached	5:04.90	1-23
Place		MEN 19-34	Age	Team	Mark	Overall
	1	Chinchar, Michael	27	Club Northwest	3:59.2h	1-1
	2	Krotzer, Kenny	23	Unattached	4:02.5h	1-2
	3	Polson, Trevor	23	Unattached	4:02.9h	1-3
	4	Welch, Nick	28	Club Northwest	4:11.3h	1-4
	5	Van Dooren, Tyler	25	Club Northwest	4:11.8h	1-5
	6	Martin, Luke	24	Unattached	4:13.46	1-6
	7	Christen, Ian	20	Unattached	4:17.60	1-7
	8	Tate, Dax	19	Unattached	4:19.47	1-10
	9	Bartholomy, Jake	43	Unattached	4:26.41	1-13
	10	Culbert, Christopher	28	Unattached	4:38.28	1-16
	11	Johnson, Ben	30	Unattached	4:40.63	2-3
	12	Nicolas, Samuel	21	Unattached	4:40.82	1-17
	13	Smilde, Ed	26	Unattached	4:47.09	1-20
	14	Rasp, Neil	29	Unattached	4:49.84	2-4
	15	Byhre, Brandon	34	Unattached	4:58.86	2-7
	16	Beckfield, Peter	28	Unattached	5:16.01	2-12
	17	Macdonald, William	28	Unattached	5:29.19	2-16
Place		MEN 35-39	Age	Team	Mark	Overall
	1	Johnson, Joey	39	Unattached	4:42.17	1-18
	2	Frindall, Alan	38	Unattached	5:21.73	2-14
Place		MEN 40-49	Age	Team	Mark	Overall
	1	Mannino, Paul	42	Unattached	4:26.13	1-12
	2	McInnes, Brian	46	Unattached	5:24.63	2-15
Place		MEN 50-59	Age	Team	Mark	Overall
	1	Chasan, Michael	50	Unattached	5:07.04	2-10
Place		MEN 60-69	Age	Team	Mark	Overall
	1	Allison, Michael	64	Club Northwest	5:41.72	2-18
	2	Stonkus, Army	61	Club Northwest	6:04.74	2-19
Place		MEN 70-79	Age	Team	Mark	Overall
	1	Joslin, Tim	75	Unattached	7:29.58	2-20

Women's 400-meter Dash

Place		GIRLS 6-10	Age	Team	Mark	Heat
	1	Love, Tresley	10	Unattached	1:13.04	2
	2	Shepard-Love, Kennedy	8	Unattached	1:22.77	1

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3	Shepard-Love, Symone	6	Unattached	1:54.95	1
Place	GIRLS 11-12	Age	Team	Mark	Heat
1	Blue, Takiyan	11	Unattached	1:04.21	1
2	Gaulden, Kymeal	11	Unattached	1:08.86	2
3	Love, Kesley	12	Unattached	1:10.29	2
Place	GIRLS 13-14	Age	Team	Mark	Heat
1	Love, Sesley	14	Unattached	1:05.25	2
2	Fortado, Lucia	14	Unattached	1:11.76	2
Place	GIRLS 15-18	Age	Team	Mark	Heat
1	Harewood, Maya	18	Unattached	57.34	2
2	Donnelly, Elizabeth	16	Unattached	1:02.26	2
3	Hasbrouck, Caitlynne	16	Unattached	1:24.20	1
4	Hasbrouck, Carleanne	16	Unattached	1:25.04	1
Place	WOMEN 19-34	Age	Team	Mark	Heat
1	Villalobos, Marjorie	21	Unattached	1:33.36	1
2	Smith, Hailey	19	Unattached	1:38.84	1

Men's 400-meter Dash

Place	BOYS 11-12	Age	Team	Mark	Heat
1	Patron, Joseph	12	Unattached	1:07.27	4
2	Patron, Jacob	12	Unattached	1:12.90	3
Place	BOYS 13-14	Age	Team	Mark	Heat
1	Gardner, Michian	13	Unattached	1:13.32	3
Place	BOYS 15-18	Age	Team	Mark	Heat
1	McElmurry, Connor	15	Unattached	54.33	5
2	Robert, Lucas	15	Unattached	55.68	5
3	Love, Desley	15	Unattached	59.34	4
4	Robinson, Rahkiem	18	Unattached	1:03.12	3
Place	MEN 19-34	Age	Team	Mark	Heat
1	Woods, Darren	31	Unattached	52.60	5
2	Ali, Abdigafar	20	Unattached	52.91	5
3	Woods, Devonte	23	Unattached	54.11	5
4	King, Jamin	27	Unattached	57.51	5
5	Danielson, Albert	21	Unattached	59.97	4
Place	MEN 35-39	Age	Team	Mark	Heat
1	Lin, Andy	36	Unattached	1:13.70	3
Place	MEN 40-49	Age	Team	Mark	Heat
1	Corey, Ron	43	Unattached	56.86	5
2	Chuol, Tethliach	40	Unattached	57.54	4
3	Newby, Silas	40	Unattached	58.06	5
4	Bryant, Trevor	49	Unattached	1:05.77	4
Place	MEN 50-59	Age	Team	Mark	Heat
1	Sitz, Herbert	53	Unattached	1:07.94	4
2	Van Doornik, Don	51	Unattached	1:10.55	3
3	Edwards, George	58	Unattached	1:10.88	3
Place	MEN 60-69	Age	Team	Mark	Heat
1	Jacquet-Acea, Russell	63	Unattached	1:10.26	4

One runner in heat 5 did not pick up a heat and lane card, but apparently ran.

Women's 800-meter Run

Place	GIRLS 13-14	Age	Team	Mark	Heat
1	Long, Emilia	13	Unattached	2:52.65	1
2	Roberts, Brooklyn	13	Unattached	3:08.20	1
Place	GIRLS 15-18	Age	Team	Mark	Heat
1	London, Ellee	16	Unattached	2:31.96	2

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Place	WOMEN 35-39	Age	Team	Mark	Heat
1	McCulloch, Amber	36	Unattached	2:18.22	3

Men's 800-meter Run

Place	BOYS 9-10	Age	Team	Mark	Heat
1	Blue, Tayden	10	Unattached	2:48.66	1
2	Shepard, Keyshawn	9	Unattached	2:59.38	1
Place	BOYS 15-18	Age	Team	Mark	Heat
1	Van Doornik, Mark	15	Thriller T&F	2:08.42	3
2	McDermott, Kevin	15	Thriller T&F	2:18.10	2
3	Garcia, Moses	16	Unattached	2:19.19	2
4	Hastler, Kyle	16	Unattached	2:42.53	2
Place	MEN 19-34	Age	Team	Mark	Heat
1	Knutzen, Brent	20	Unattached	1:58.66	3
2	Welch, Jack	19	Unattached	1:59.57	3
3	Van Dooren, Tyler	25	Club Northwest	2:00.58	3
4	Polson, Trevor	23	Unattached	2:01.37	3
5	Welch, Nick	28	Club Northwest	2:09.03	3
6	Siegel, Ben	22	Unattached	2:09.37	3
Place	MEN 40-49	Age	Team	Mark	Heat
1	McInnes, Brian	46	Unattached	2:41.44	1
Place	MEN 50-59	Age	Team	Mark	Heat
1	Rodgers, Perry	53	Eastside Runners	2:48.67	1
Place	MEN 60-69	Age	Team	Mark	Heat
1	Stonkus, Army	61	Club Northwest	2:59.42	1
Place	MEN 70-79	Age	Team	Mark	Heat
1	Joslin, Tim	75	Unattached	3:51.92	1

Co-Ed 4x400-meter Relay

Place	Team (members)	Mark
1	Raspy's Runners (Neil Rasp M29, Kit Culbert M28, Zach Keyes M18, Peter Beckfield M29)	3:56.40
2	Jake-Ben Squared (Jake Bartholemy M43, Ben Johnson M30, repeat)	3:58.38
3	Eastside Runners (Brian Houck M34, Russ Otani M53, Erica McElrae F33, Andy Lin M36)	4:41.09

Women's 5000-meter Run

Place	GIRLS 15-18	Age	Team	Mark	Overall
1	Cosgrove, Chloe	16	Unattached	20:12.7h	19
Place	WOMEN 19-34	Age	Team	Mark	Overall
1	Lahman, Miranda	24	Club Northwest	20:06.0h	18
2	Freeburg, Bethany	27	Unattached	20:48.9h	20
3	Fura, Magena	21	Unattached	20:59.1h	21

Men's 5000-meter Run

Place	BOYS 15-18	Age	Team	Mark	Overall
1	Grams, Zach	15	Unattached	17:41.3h	14
2	McDermott, Kevin	15	Unattached	18:05.8h	15
Place	MEN 19-34	Age	Team	Mark	Overall
1	Mugrage, Kris	22	Unattached	15:09.8h	1
2	Welch, Nick	28	Club Northwest	15:54.8h	2
3	Martin, Luke	24	Unattached	16:00.5h	3
4	Van Dooren, Tyler	25	Club Northwest	16:03.9h	5
5	Christen, Ian	20	Unattached	16:09.5h	6
6	Coffman, Ryan	20	Unattached	16:12.2h	7
7	Philip, Jeevan	21	Unattached	16:12.8h	8
8	Waters, Charles	30	Unattached	16:14.3h	9
9	Young, Paul	25	Club Northwest	16:31.6h	10

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10	Strang, Scott	25	Unattached	16:42.5h	11
11	Klein, Jason	26	Unattached	19:58.7h	17
12	Nicolas, Samuel	21	Unattached	20:59.3h	22
Place	MEN 35-39	Age	Team	Mark	Overall
1	Thompson, Lance	39	Unattached	16:00.9h	4
2	Tremonte, Chris	35	Unattached	17:10.4h	12
3	Johnson, Joey	39	Unattached	17:23.8h	13
Place	MEN 40-49	Age	Team	Mark	Overall
1	Richardson, William	43	Unattached	18:38.2h	16
Place	MEN 50-59	Age	Team	Mark	Overall
1	McDermott, John	51	Club Northwest	21:03.5h	23