

**MEET 01 -- 26 MAY 1999**

**Edmonds District Stadium, Edmonds, Washington**

**OUTSTANDING PERFORMANCES**

Women -- Sylvia Veit-Hartley, un., 800-meters

Men -- Rob Cook, New Balance, 1500-meters

**TOTAL ENTRIES** -- 201

**FIELD EVENT RESULTS**

**Kid's High Jump**

1. Nicole Goodwin (Knights/F09) 0.84m (2-9).

**Men's High Jump**

1. Frank Remund (un/M20) 1.95m (6-2 3/4); 2. Joshua Renz (un/M21) 1.75m (5-9); 3. Edward Turma (un/M23) 1.40m (4-5).

**Women's Pole Vault**

1. Mindy Lee Ferguson (un/F23) 3.05m (10-0); 2. Alena Schlumpf (un/F20) 2.44m (8-0); 3t. Audrey Huebner (un/F16) 1.67m (5-6); 3t. Jamie Morgan (un/F16) 1.67m (5-6); nh. Jenelle Morgan (un/F16), Aleks Shepsis (un/F16), Anna Allen (un/F15), and Amy Huynh (un/F16).

**Men's Pole Vault**

1. Graham Campbell (un/M21) 4.57m (15-0); 2. Pat Licari (un/M??) 3.65m (11-11 3/4); 3. Matt Phillips (un/M21) 3.65m (11-11 3/4); 4. Russ Acea (un/M46) 3.20m (10-6); 5. Rod Wilcox (un/M33) 2.89m (9-5 3/4); 6. Jason Proby (un/M17) 2.74m (8-11 3/4); nh. Matt McCallum (un/M15) and Rob Peterson (un/M??)

**Women's Long Jump**

1. Teka Parks (un/F16) 4.32m (14-2).

**Men's Long Jump**

1. Eric Dick (Cedarcrest/M17) 5.74m (18-10); 2. Byron Don-Doyano (un/M??) 5.20m (17-1); 3. Kahn Khabra (WWU/M23) 5.04m (16-6 1/2); 4. Jarod Martin (Cedarcrest/M17) 4.91m (16-1 1/2); 5. Andy Stallings (LynHS/M18) 4.47m (14-8).

**Women's Triple Jump**

1. Teka Parks (un/F16) 8.57m (28-1 1/2).

**Men's Triple Jump**

1. Eric Dick (Cedarcrest/M17) 11.86m (38-11); 2. Byron Dondoyano (un/M??) 11.34m (37-2 1/2); 3. Jarod Martin (Cedarcrest/M17) 10.04m (32-11 1/2).

**Women's Shot Put**

(4kg) 1. Jamie Morgan (un/F16) 8.95m (29-4 1/4); 2. Jenelle Morgan (un/F16) 8.55m (28-0 3/4); 3. Amy Huynh (un/F16) 8.52m (27-11 1/2).

**Men's Shot Put**

(16lb) 1. Matt Phillips (un/M??) 10.05m (32-11 3/4); 2. Ed Turner (CBall/M23) 9.99m (32-9 1/4); 3. Pat Licari (un/M??) 9.73m (31-11); 4. Graham Campbell (un/M??) 8.59m (28-2 1/4); 5. Frank Remund (un/M??) 8.12m (26-7 3/4).  
(6kg) 1. John White (un/M57) 11.03m (36-2 1/4).

**Women's Discus Throw**

(1kg) 1. Jenelle Morgan (un/F16) 26.90m (88-3); 2. Jamie Morgan (un/F16) 26.45m (86-9); 3. Amy Huynh (un/F16) 10.13m (33-2 3/4).

**Men's Discus Throw**

(1.5kg) 1. John White (un/M57) 35.20m (115-6).

**Kid's Softball Throw**

1. Kristen Lee (Knights/F08) 20.41m (65-11); 2. Clayton Douglas (Knights/M09) 17.23m (56-6); 3. Scott Douglas (Knights/M06) 15.34m (50-4); 4. Nicole Goodwin (Knights/F09) 11.96m (39-2).

## TRACK EVENT RESULTS

### Kid's 100-meter Dash

1. Nicole Goodwin (Knights/F09) 16.5h; 2. Kristen Lee (Knights/F08) 17.5h; 3. Scott Douglas (Knights/M06) 19.0h; 4. Clayton Douglas (Knights/M09) 20.9h; 5. Michael ?? (LPR/M06) 25.9h.

### Kid's 50-meter Dash

1. Nicole Goodwin (Knights/F09) 8.5h; 2. Kristen Lee (Knights/F08) 9.9h; 3. Clayton Douglas (Knights/M09) 10.1h; 4. Scott Douglas (Knights/M06) 10.3h; 5. Michael ?? (LPR/M06) 12.9h.

### Kid's 200-meter Dash

1. Nicole Goodwin (Knights/F09) 39.7h; 2. Kristen Lee (Knights/F08) 40.8h; 3. Clayton Douglas (Knights/M09) 41.2h; 4. Scott Douglas (Knights/M06) 49.1h; 5. Michael ?? (LPR/M06) 59.2h.

### Kid's Mile Jog

1. Clayton Douglas (Knights/M09) 7:35.3; 2. Kristen Lee (Knights/F08) 9:00.7; 3. Scott Douglas (Knights/M06) 9:25.4.

### Co-ed Mile Race Walk

1. Richard Zerbe (PacP/M60) 9:25.2.

### Women's 100-meter Hurdles

1. Teka Parks (un/F16) 21.2h; 2. ?? 21.3h.

### Men's 110-meter Hurdles

No finishers (1 starter).

### Women's 100-meter Dash

1. Anna Allen (un/F15) 14.5h; 2. Jenelle Morgan (un/F16) 15.2h; 3. Aleks Shepsis (un/F16) 16.0h; 4. Amy Huynh (un/F16) 16.4h; 5. Laura Miller (un/F17) 17.2h; 6. Ardis Davis (un/F46) 19.6h.

### Men's 100-meter Dash

1. Alfonso Peterson (CBall/M22) 11.2h; 2. Ken Moe (MHS/M18) 11.6h; 3t. Frank Remura (un/M??) 11.8h; 3t. Eric Dick (Cedarcrest/M17) 11.8h; 5. Joshua Renz (un/M21) 11.9h; 6. Tony Volpentest (Novalare/M26) 12.3h; 7. Russ Acea (un/M46) 12.8h; 8. George Lyden (un/M53) 13.0h; 9. Jared Martin (Cedarcrest/M17) 13.2h; 10t. Andy Stallings (LynHS/M18) 13.6h; 10t. Will Leslie (un/M53) 13.6h; 12. Bob Miller (PMTTC/M62) 14.0h; 13. Chris Martin (Tolt/M14) 14.4h.

### Co-ed Jogger's Mile (listed by order of best prediction)

1. Army Stonkus (M44) 7:45-7:43 -2; 2t. Ardis Davis (F46) 7:30-7:34 +4; 2t. Neal Fryett (M??) 8:01-8:05 +4; 2t. Ian Brown (M??) 6:00-6:04 +4; 5t. Kathie McCarthy (F42) 7:00-7:05 +5; 5t. Ryan Choi (M15) 7:23-7:18 -5; 5t. Allan Carroll (M??) 7:25-7:20 -5; 5t. Robin Dixon (F??) 7:24-7:19 -5; 5t. Milena Basile (F??) 7:23-7:18 -5; 5t. Mitch Leffler (M27) 7:24-7:19 -5; 11t. Adam Lawless (M??) 7:25-7:19 -6; 11t. John Greengo (M??) 6:25-6:19 -6; 13. Dan Sullivan (M53) 6:10-6:17 +7; 14. Mike Allison (M47) 7:05-7:13 +8; 15t. Aurora Graf (F29) 6:50-7:00 +10; 15t. Sarah Hunt (F18) 7:15-7:05 -10; 17. Joel Barker (M17) 7:32-7:20 -12; 18. Dave Lauce (M??) 7:19-7:03 -16; 19t. Andy Stallings (M18) 6:30-6:13 -17; 19t. Steve Anderson (M28) 6:39-6:22 -17; 21. Brad Smith (M18) 7:24-7:04 -20; 22. Kyle Smits (M??) 6:45-6:21 -24; 23. Mike Strack (M22) 6:20-6:47 +27; 24. Tyler Campbell (M21) 7:00-6:24 -36.

### Co-ed 4x100-meter Relay

1. Loyal Royals (Allen-Parks-Miller-Stallings) 61.1h.

### Women's 1500-meter Run -- SPECIAL EVENT

1. Mareike Rassing (Kajaks BC/F28) 4:43.3.

### Men's Mile Run

1. Ian Brown (un/M36) 4:41.8; 2. Brad Smith (un/M18) 4:52.5; 3. Bryan Burdo (un/M42) 4:52.9; 4t. Mika LaVagus-Manty (un/M33) 4:56.4; 4t. Joel Barker (NwpHS/M17) 4:56.4; 6. Scott Koch (DJ/M26) 4:57.2; 7. Dave Flowers (un/M42) 5:02.8; 8.

Allan Carroll (un/M17) 5:05.0; 9. Dan Hayes (CNW/M25) 5:06.8; 10. John Greengo (un/M31) 5:07.2; 11. Andy Stallings (LynHS/M18) 5:07.8; 12. Ryan Choi (un/M15) 5:22.3; 13. Keith Burdette (JeffHS/M18) 5:24.3; 14. Chet Hall (un/M23) 5:30.5.

#### **Men's 1500-meter Run -- SPECIAL EVENT**

1. Rob Cook (NBal/M28) 3:54.1; 2. Uli Steidl (CNW/M27) 3:56.9; 3. Miguel Galeana (SS Asics/M25) 3:57.5; 4. Kevin Smith (UPort/M19) 3:57.9; 5. Brian Montgomery (CNW/M24) 3:59.6; 6. Miles Smith (CNW/M28) 4:00.5; 7. Morgan Thompson (un/M20) 4:02.7; 8. Nathaneil Castle (un/M20) 4:06.9; 9. Steve Anderson (DJ/M28) 4:07.5; 10. Bryan Contreras (un/M24) 4:07.9; 11. Kahn Khabra (WWU/M23) 4:08.6; 12. Brian Pratt (CNW/M??) 4:09.9; 13. Neil Hanson (DJ/M26) 4:11.2; 14. James O'Connor (DJ/M25) 4:11.8; 15. Mike Nash (un/M19) 4:19.5.

#### **Women's 400-meter Dash**

1. Alena Schlumpf (un/M20) 70.4h.

#### **Men's 400-meter Dash**

1. Ken Moe (MHS/M18) 54.6h; 2. Brad Smith (un/M18) 56.0h; 3. Joel Barker (un/M17) 57.7h; 4. Arny Stonkus (un/M44) 58.3h; 5. Jarod Martin (Cedarcrest/M17) 59.8h; 6. Chris Martin (Tolt/M14) 60.3h; 7. Andy Stallings (LynHS/M18) 62.1h; 8. Alfonso Peterson (CBall/M22) 63.2h; 9. Tom Lee (un/M41) 68.6h.

#### **Women's 800-meter Dash**

1. Sylvia Veit-Hartley (un/F29) 2:18.3; 2. Robin Dixon (un/F16) 2:36.0; 3. Betsy Meek (un/F21) 2:37.0; 4. Kathie McCarthy (un/F42) 2:37.8.

#### **Men's 800-meter Dash**

1. Kyle Smits (un/M20) 1:58.0; 2. Mitch Leffler (DJ/M27) 1:59.5; 3. Mark Baines (un/M28) 2:01.3; 4. Neal Fryett (un/M19) 2:02.3; 5. Neil Hanson (DJ/M26) 2:02.7; 6. Adam Lawless (NwpHS/M16) 2:04.3; 7. Dave Lauce (NwpHS/M19) 2:05.7; 8. Eric Bone (CNW/M25) 2:13.9; 9. Michael Allison (CNW/M47) 2:20.4; 10. Dan Hayes (CNW/M25) 2:20.4; 11. Andy Stallings (LynHS/M18) 2:22.5; 12. Taavi Tatsi (un/M21) 2:37.2; 13. Rod Wilcox (Kings TC/M33) 2:38.6; 14. Bill Custworth (CNW/M31) 2:40.2.

#### **Women's 3000-meter Run**

1. Jenny Ng (SPU/F20) 10:21.8; 2. Alisha Townsend (un/F19) 11:21.2; 3. Tara Matthews (SU/F18) 11:52.5; 4. Sally Bergesen (CNW/F30) 11:53.7.

#### **Men's 3000-meter Run**

1. Steve Anderson (DJ/M28) 8:49.9; 2. Rob Cook (NBal/M28) 8:51.0; 3. Bryan Contreras (un/M24) 8:54.9; 4. James O'Connor (DJ/M25) 8:59.1; 5. Pat Searing (EWHS/M15) 9:18.1; 6. Uli Steidl (CNW/M27) 9:18.6; 7. Dan Hayes (CNW/M25) 9:26.7; 8. Brian Pratt (un/M??) 9:32.9; 9. Ian Brown (un/M36) 9:41.4; 10. Eric Bone (CNW/M25) 9:47.4; 11. Scott Koch (DJ/M26) 9:49.1; 12. Michael Allison (CNW/M47) 9:54.3; 13. Bryan Burdo (un/M42) 9:57.2; 14. Mika LaVagus-Manty (un/M33) 9:57.9; 15. John Greengo (un/M31) 9:59.6; 16. Neil Hansen (DJ/M27) 10:05.7; 17. Bill Cusworth (CNW/M31) 10:12.6; 18. Brad Smith (un/M18) 10:15.4; 19. Taavi Tatsi (un/M21) 10:20.1; 20. Ryan Choi (un/M15) 10:27.8; 21. Andy Stallings (LynHS/M18) 10:32.3; 22. Allan Carroll (un/M??) 10:37.3; 23. Keith Burdette (JeffHS/M18) 10:57.2.

#### **No entries**

Women's High Jump, Kid's Long Jump, Kid's Shot Put, Women's Javelin Throw, Men's Javelin Throw, Women's Mile Run, and Co-ed 4x400-meter Relay.