

MEET 01 -- 24 MAY 2000

Edmonds District Stadium, Edmonds, Washington

OUTSTANDING PERFORMANCES

Male -- Lorenzo Hill, 100-meters and 4x100m Relay

Female-- Cathy Cole-Dow, Pole Vault

TOTAL ENTRIES -- 194

FIELD EVENT RESULTS

Men's High Jump

1. Chuck Fraine (un/M16) 1.67m (5-5 3/4); nh. Garrett McCulloch (un/M17).

Women's Pole Vault

1. Cathy Cole-Dow (un/F39) 3.20m (10-6); 2. Kelly Wright (un/F19) 2.43m (7-11 3/4); 3. Amy Huynh (un/F17) 2.28m (7-5 3/4); nh. Alena Schlumpf (SPU/F21).

Men's Pole Vault

1. Regis Costello (un/M20) 4.26m (14-0); 2. John Novak (un/M20) 3.81m (12-6); 3. Seth Marshalek (un/M16) 3.36m (12-0); 4. Chris Cullison (un/M20) 3.50m (11-5 3/4); 5. Reuben Cuzick (un/M16) 3.50m (11-5 3/4); 6. Steve Marshall (un/M??) 3.05m (10-0); 7. Paul Angell (un/M37) 3.05m (10-0); 8. Russ Acea (un/M47) 2.89m (9-6); 9. Robert Bartholomew (un/M16) 2.28m (7-5 3/4); nh. Paul Peters (un/M27).

Women's Long Jump

1. Emy Rutkowski (un/F??) 4.16m (13-8); 2. Amy Huynh (un/F17) 3.83m (12-6 3/4); 3. Jamie Morgan (un/F17) 3.68m (12-1).

Men's Long Jump

1. Brian Odenthal (un/M??) 5.97m (19-7); 2. Greg Font (un/M??) 5.79m (19-0); 3. Charlie Waldburger (un/M15) 5.66m (18-7); 4. Abdul Rahman (un/M??) 5.48m (18-0); 5. Russ Acea (un/M47) 5.33m (17-6); 6. Gary Hawkes (un/M??) 5.03m (16-9); 7. Garrett McCulloch (un/M17) 5.03m (16-6); 8. Zach McPherson (un/M15) 4.90m (16-1); 9. Seth Marshalek (un/M16) 4.70m (15-5).

Men's Triple Jump

1. Chuck Fraine (un/M16) 11.40m (37-5); 2. Charlie Waldburger (un/M15) 10.36m (34-0); 3. Garrett McCulloch (un/M17) 9.42m (30-11)

Women's Shot Put

(4kg) 1. Julie Reese (un/F17) 10.44m (34-3); 2. Jamie Morgan (un/F17) 9.51m (32-2 1/4); 3. Erin Heia (un/F18) 9.19m (30-1 3/4).

Men's Shot Put

(12#) 1. Nick Owens (SThrow/M15) 14.58m (47-10); 2. Charlie Waldburger (un/M15) 9.08m (29-9 1/4); 3. Zach McPherson (un/M15) 8.99m (29-4 3/4).

(16#) 1. Chris Salas (un/M29) 12.94m (42-5 1/4); 2. Nick Owens (SThrow/M15) 11.84m (38-10); 3. Andrew Steiner (SPU/M19) 10.44m (34-3).

Women's Discus Throw

(1kg) 1. Julie Reese (un/F17) 27.82m (91-3 1/4); 2. Erin Heia (un/F18) 26.70m (87-7); 3. Jamie Morgan (un/M17) 21.65m (71-0).

Men's Discus Throw

(1kg) 1. Dick Dow (un/M62) 39.72m (130-3).

(1.6kg) 1. Nick Owens (SThrow/M15) 34.77m (114-0); 2. Garrett McCulloch (un/M17) 15.09m (49-6).

(2kg) 1. Christian Salas (un/M29) 38.99m (127-11); 2. Andrew Steiner (SPU/M19) 34.74m (113-11).

Kid's Softball Throw

1. Derek Dow (un/M05) 16.90m (55-5); 2. Michael Hutchinson (un/M07) 10.20m (33-5); 3. Steve Stone (M03) 1.90m (6-2).

Men's Javelin Throw

1. Zach McPherson (un/M15) 43.41m (142-5).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Derek Dow (un/M05) 21.5h; 2. Michael Hutchinson (un/M07) 28.0h; 3. Steve Stone (M03) 1:12.2h.

Kid's 50-meter Dash

1. Derek Dow (un/M05) 11.3h; 2. Michael Hutchinson (un/M07) 12.6h; 3. Steve Stone (M03) 23.5h.

Kid's 200-meter Dash

1. Derek Dow (un/M05) 47.5h; 2. Michael Hutchinson (un/M07) 52.2h; 3. Steve Stone (M03) 3:12.0h.

Co-ed Mile Race Walk

1. Bev LaVeck (PPacers/F60?) 9:07.0h.

Women's 100-meter Hurdles

(33") 1. Kelly Wright (un/F19) 19.9h; 2. Amy Huynh (un/F17) 20.9h.

Men's 110-meter Hurdles

(39") 1. Russ Acea (un/M47) 17.7h.

Men's 100-meter Dash

1. Lorenzo Hill (CBall/M28) 11.1h; 2. Alfonso Peterson (CBall/M23) 11.5h; 3. (tie) Anthony Miranda (un/M15) and Gary Hawkes (un/M20) 12.0h; 5. Charlie Waldbreser (un/M15) 12.3h; 6. Rod Stone (un/M28) 12.8h; 7. John Chang (un/M15) 12.9h; 8. Zach McPherson (un/M15) 13.1h; 9. Dave Flowers (un/M43) 13.8h; 10. Arny Stonkus (un/M45) 13.9h; 11. Greg Font (un/M38) 17.0h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. Dave Flowers (M43) 7:30-7:30 **RIGHT ON**; 2. (tie) Ian Brown (M37) 6:30-6:29 **-1**, Ian McKissick (M19) 6:30-6:29 **-1**, and Arny Stonkus (M45) 7:30-7:29 **-1**; 5. Yohanns Belzoi (M15) 6:57-6:55 **-2**; 6. (tie) Mitch Leffler (M28) 6:50-6:53 **+3** and James Snyder (M24) 6:30-6:33 **+3**; 8. (tie) Ryan Choi (M16) 7:01-6:57 **-4**, Shane Carothers (WWU/M19) 6:30-6:26 **-4**, Brian Borden (M19) 6:30-6:26 **-4**, and Adam Baines (M17) 6:30-6:34 **+4**; 12. (tie) Kirk Larson (WWU/M21) 6:45-6:50 **+5**, Gabrielle Grousi (F17) 7:00-7:05 **+5**, and Ivan Shiras (M18) 7:04-6:59 **-5**; 15. (tie) Joel Hamilton (M27) 6:40-6:30 **-10**, Scott Gilmore (WWU/M23) 6:45-6:35 **-10**, Graham Lierly (M17) 6:30-6:40 **+10**, and John Greengo (M32) 6:20-6:30 **+10**; 19. Adam Lawless (M17) 7:17-7:06 **-11**; 20. Sneaky Moto (WWU/M22) 7:30-7:18 **-12**; 21. Kelly Wright (F19) 7:05-6:52 **-13**; 22. Geoff Weatherbie (M18) 6:45-6:24 **-21**; 23. Meat Monger (M24) 7:30-7:04 **-26**; 24. Erica Ruland (F21) 7:24-6:52 **-32**; 25. (tie) Saul Kinderis (CNW/M39) 7:00-6:26 **-34** and Paul Merca (M40) 7:10-6:36 **-34**.

Co-ed 4x100-meter Relay

1. Club Ballard (Cole, Rahman, Peterson, Hill) 43.8h; 2. Chicos Locos (Chang, Dustan, Johnson, Miranda) 48.1h; 3. Speedsters (Bordon, Carothers, McKissick, Weatherbie) 48.5h.

Women's Mile Run

1. Amy King (un/F21) 5:17.2h; 2. Liza English (un/F20) 5:21.1.

Men's Mile Run

1. Eric Garner (un/M19) 4:16.2h; 2. Kris Rolin (un/M21) 4:16.9h; 3. Ben Koss (UW/M19) 4:26.7h; 4. Dustin Duke (UW/M18) 4:30.9h; 5. Ian Brown (un/M37) 4:35.8h; 6. Steven James (un/M39) 4:36.7h; 7. Naz Merchant (un/M26) 4:37.8h; 8. Pat Searing (EWS/M16) 4:39.6h; 9. Joel Hamilton (un/M27) 4:41.2h; 10. Ivan Shiras (un/M18) 4:53.8h; 11. John Greengo (un/M32) 4:56.1h; 12. Bryan Burdo (un/M43) 4:57.1h; 13. Yohanns Belzoi (un/M15) 5:06.8h; 14. Rick Garrison (un/M47) 5:13.2h; 15. Arny Stonkus (un/M45) 5:20.6h.

Men's 400-meter Dash

1. Andrew Cole (CBall/M19) 51.9h; 2. Gary Hwakes (CNW/M20) 53.9h; 3. Ryan Johnson (un/M15) 55.8h; 4. Zach McPherson (un/M15) 57.8h; 5. Anthony Miranda (un/M15) 58.1h; 6. John Chang (un/M15) 58.2h; 7. Russ Acea (un/M47) 60.2h; 8. Dave Flowers (CNW/M43) 62.2h; 9. Arny Stonkus (un/M45) 63.2h.

Women's 800-meter Dash

1. Connie Hardt (un/F26) 2:38.6h; 2. Gabrielle Grousie (un/F17) 2:47.1h.

Men's 800-meter Dash

1. Adam Lawless (un/M17) 2:02.1h; 2. Ryan Choi (un/M16) 2:05.4h; 3. Andrew Robinson (un/M17) 2:06.1h; 4. Shad Talbott (un/M19) 2:07.6h; 5. Barney Gill (CNW/M25) 2:08.6h; 6. Garrett McCulloch (un/M17) 2:08.6h; 7. Steven James (un/M39) 2:09.9h; 8. Dave Flowers (CNW/M43) 2:23.0h; 9. Rick Hammond (un/M48) 2:25.0h; 10. James Snyder (un/M24) 2:27.5h; 11. Rick Garrison (un/M47) 2:28.3h; 12. Army Stonkus (un/M45) 2:38.2h; 13. Mitch Leffler (DJC/M28) nt.

Co-ed 4x400-meter Relay

1. Speedsters (McKissick, Weatherbie, Borden, Carothers) 3:49.0h; 2. Chicos Muy Buenos (Belzoi, Suirai, Lawless, Leffler) 4:01.8h; 3. Chicos Locos (Johnson, Miranda, Dustan, Chang) 4:11.9h; 4. EWHS (Robinson, Searing, Robinson, Searing) 4:12.5h; 5. No names (Snyder, Baines, Lierly, Grousie) 4:28.8h.

Women's 5000-meter Run

1. Mindy Leffler (CNW/F28) 17:58.4h.

Men's 5000-meter Run

1. Morgan Thompson (UW/M21) 14:56.5h; 2. Dan Schruth (UW/M22) 15:20.9h; 3. Karl Polivka (UCTC/M29) nt; 4. Kirk Larson (WWU/M21) 16:16.2h; 5. Ian Brown (un/M37) 17:26.7h; 6. John Greengo (un/M32) 17:40.2h; 7. Robert Bartholomew (un/M16) 17:40.2h; 8. Mitch Leffler (DJC/M28) 19:46.6h; there were nine non-finishers who started.

No entries

Kid's High Jump, Women's High Jump, Kid's Long Jump, Women's Triple Jump, Kid's Shot Put, Women's Javelin Throw, Kid's Jogger's Mile Run, Women's 100-meter Dash, Women's 400-meter Dash.