

## MEET 06 --- 28 JUNE 2000

Edmonds District Stadium, Edmonds, Washington

### OUTSTANDING PERFORMANCES

Male -- Matt Phillips, UWashingon, Pole vault, 17-0 3/4

Female -- Amy Wells, UPuget Sound, Pole vault, 11-11 3/4

**TOTAL ENTRIES** -- 326

### FIELD EVENT RESULTS

#### Kid's High Jump

1. Josh Winters (un/M12) 1.13m (3-8 1/2); 2. Renee Gittins (un/F10) 1.13m (3-8 1/2); 3. (tie) Mobi Njoku (un/M12) and Lauren Ingram (un/F10) 1.00m (3-3); 5. Sean Hart (un/M07) 0.89m (2-11); 6. Jessica Hart (un/F09) 0.89m (2-11); nh. Kevin Callahan (un/M12).

#### Women's High Jump

1. Stephanie Jaross (un/F18) 1.52m (4-11 3/4); 2. Emy Rutkowski (un/F20) 1.45m (4-9); 3. Becca Gillespy (un/F18) 1.22m (4-0); Amy Huynh (un/F17) 1.14m (3-9);

#### Men's High Jump

1. Sean Steele (un/M21) 1.98m (6-6); 2. (tie) Mike Odle (un/M20), Rob Amidor (un/M19), Christopher Chandler (un/M15), and Kurt Spann (Bombers/M31) 1.67m (5-5 3/4); 6. Rod Wilcox (Knights/M34) 1.67m (5-5 3/4); 7. Bruce Hart (un/M36) 1.67m (5-5 3/4); 8. Chris Blackburn (un/M20) 1.52m (4-11 3/4); 9. Russ Acea (un/M47) 1.45m (4-9); 10. (tie) Mark Venekamp (un/M38) and Alan Huynh (un/M14) 1.29m (4-2 3/4).

#### Women's Pole Vault

1. Amy Wells (un/F22) 3.65m (11-11 3/4); 2. Sandy Erickson (un/F20) 3.50m (11-5 3/4); 3. Marisa Omori (un/F19) 3.35 (11-0); 4. Stevie Marshalek (un/F15) 3.05m (10-0); 5. Merry Jane Bendico (un/F19) 2.75m (9-0 1/4); nh. Amy Huynh (un/F17).

#### Men's Pole Vault

1. Matt Phillips (UW/M22) 5.20m (17-0 3/4); 2. Ron Johnson (CNW/M30) 4.55m (14-11 1/4); 3. McKane Lee (un/M16) 4.10m (13-5 1/2); 4. Paul Peters (NWSports/M27) 3.95m (12-11 1/2); 5. Chris Cullison (un/M20) 3.80m (12-5 1/2); 6. Seth Marshalek (NWSports/M 16) 3.80m (12-5 1/2); 7. Steve Marshalek (un/old) 3.35m (11-0); 8. Drew Langland (un/M29) 2.90m (9-6 1/4); 9. Uli Steidl (CNW/M28) 2.75m (9-0 1/4); 10. Alan Huynh (un/M14) 2.60m (8-6 1/4); 11. Chris Wade (un/M15) 2.45m (8-0 1/2); nh. Jake Foyston (NWSports/M16), John Chang (un/M15), and Robert Bartholomew (un/M16).

#### Kid's Long Jump

1. Kevin Callahan (un/M12) 3.45m (11-3 3/4); 2. Renee Gittins (un/F10) 2.79m (9-1 3/4); 3. Lauren Ingram (un/F10) 2.77m (9-1); 4. Rosalie Wilmot (un/F10) 2.68m (8-9 1/2); 5. Adrianna Maru (un/F10) 2.57m (8-5 1/4); 6. Tarron Mattson (un/F10) 2.40m (7-10 1/2); 7. KC Berg (un/F06) 2.01m (6-7 1/4); 8. Lynn Maraveller (un/M05) 1.55m (5-1).

#### Women's Long Jump

1. Amber Odekirk (un/F16) 4.67m (15-2); 2. Emy Rutkowski (un/F20) 4.24m (13-11); 3. Becca Gillespy (un/F18) 3.70m (12-1 3/4); 4. Amy Huynh (un/F17) 3.58m (11-9).

#### Men's Long Jump

1. Brian Odenthal (un/M21) 6.01m (19-8 1/2); 2. Gary Hawkes (un/M20) 5.23m (17-2); 3. Alan Huynh (un/M14) 5.07 (16-7 1/2).

#### Women's Triple Jump

1. Amy Huynh (un/F17) 7.66m (25-1 1/2).

#### Men's Triple Jump

1. Spencer Stiglets (un/M18) 12.05m (39-6 1/2); 2. Kirk Larson (WWU/M21) 10.57m (34-8 1/4); 3. Alan Huynh (un/M14) 9.75m (31-11 3/4).

#### Women's Shot Put

(4kg) 1. Megan Kruse (Overdrive/F17) 10.70m (35-1 1/4); 2. Erin Heia (un/F19) 8.81m (28-10 3/4); 3. Charli Hancock (un/F18) 8.52m (27-11 1/2); 4. Caitlin Corey (Overdrive/F16) 8.05m (26-5); 5. Tressa Berg (un/F32) 7.31m (23-11 3/4).

#### **Men's Shot Put**

(12lb) 1. Chris Salas (un/M29) 14.49m (47-6 1/2); 2. Nate Carter (un/M17) 13.78m (45-2 1/2); 3. David Phaxayseng (un/M16) 13.20m (43-3 3/4); 4. Bruce Hart (un/M36) 10.69m (35-0 3/4).

#### **Women's Discus Throw**

(1kg) 1. Erin Heia (un/F19) 25.46m (83-6); 2. Charli Hancock (un/F18) 24.58m (80-8).

#### **Men's Discus Throw**

(2kg) 1. Chris Salas (un/M29) 38.68m (126-11); 2. Charles Bailey (un/M??) 38.66m (126-10); 3. Tim Adams (un/M34) 31.04m (101-10); 4. Russ Acea (un/M47) 25.20m (82-8); 5. Chris Chandler (un/M??) 17.57m (57-7 3/4).

(1.6kg) 1. Nate Carter (un/M17) 41.70m (136-10); 2. David Phaxayseng (un/M16) 40.54m (133-0); 3. Ian Jeffries (un/M17) 26.98m (88-6).

(1kg) 1. Dick Dow (un/M??) 38.62m (126-8); 2. Leon Joslin (un/M88) 20.13m (66-0 1/2) MASTERS AMERICAN AGE RECORD

#### **Kid's Softball Throw**

1. (tie) Kevin Callahan (un/M12) and Mobi Njoku (un/M12) 47.56m (156-0); 3. Tonna Njoku (un/M10) 40.84m (134-0); 4. Zack Berg (un/M08) 31.10m (102-0); 5. Katie Callahan (un/F14) 26.52 (87-0); 6. Lauren Ingram (un/F10) 21.94m (72-0); 7. Kanisha Draper (un/F11) 19.20m (63-0); 8. Gabby Draper (un/F09) 17.83m (58-6); 9. Adrianna Marv (un/F10) 11.89m (39-0).

#### **Women's Javelin Throw**

1. Caitlin Corey (Overdrive /F16) 33.60m (110-3); 2. Megan Kruse (Overdrive/F17) 29.50m (96-9).

#### **Men's Javelin Throw**

1. Stewart Sneed (Overdrive/M17) 37.90m (124-4); 2. Evan Freeman (un/M17) 34.86m (114-4).

### **TRACK EVENT RESULTS**

#### **Kid's 100-meter Dash**

1. Mobi Njoku (un/M12) 15.1h; 2. Matthew Goiney (un/M12) 15.2h; 3. Kevin Callahan (un/M12) 15.8h; 4. Tonna Njoku (un/M10) 16.3h; 5. Kanisha Draper (un/F11) 16.6h; 6. Renee Gittins (un/F10) 17.5h; 7. Lew Winney (un/M11) 17.7h; 8. Rosalie Wilmot (un/F10) 17.9h; 9. Clayton Douglas (un/M10) 18.8h; 10. Scott Douglas (un/M07) 20.1h; 11. Trevor Mattson (un/M07) 20.7h; 12. Gabby Draper (un/F09) 21.5h; 13. Julia Winter (un/F03) 35.3h; one entrant did not sign up and ran 25.2h.

#### **Kid's 50-meter Dash**

1. Zach Berg (un/M08) 9.5h; 2. Scott Douglas (un/M07) 9.7h; 3. Trevor Mattson (un/M07) 9.7h; 4. Zach Wilmot (un/M07) 9.7h; 5. Mobi Njoku (un/M12) 10.0h; 6. Lance Winney (un/M06) 10.2h; 7. (tie) Renee Gittins (un/F10) and Tyler Thomas (un/M12) 10.3h; 9. Tonna Njoku (un/M10) 10.3h; 10. Lauren Ingram (un/F10) 10.4h; 11. Tarron Mattson (un/F10) 10.4h; 12. Gabby Draper (un/F09) 10.8h; 13. Josh Winters (un/M12) 11.1h; 14. Jason Winters (un/M06) 11.2h; 15. KC Berg (un/F06) 11.4h; 16. Courtney Henderson (un/F07) 12.0h; 17. Clayton Douglas (un/M10) 12.7h; 18. Lili Simon (un/F06) 13.4h; 19. Katelin Licari (un/F04) 14.1h; 20. Lynnea Maraveller (un/F05) 14.6h.

#### **Kid's 200-meter Dash**

1. Melissa Sweet (un/F14) 31.1h; 2. Zach Berg (un/M08) 31.2h; 3. Zach Wilmot (un/M07) 31.7h; 4. Mobi Njoku (un/M12) 32.9h; 5. Tyler Thomas (un/M12) 34.0h; 6. Kevin Callahan (un/M12) 34.2h; 7. Matthew Goiney (un/M12) 34.2h; 8. Danielle Depew (un/F13) 35.2h; 9. Tonna Njoku (un/M10) 35.6h; 10. Renee Gittins (un/F10) 36.2h; 11. Rita Troup (un/F13) 36.2h; 12. Lew Winney (un/M11) 37.9h; 13. KC Berg (un/F06) 43.8h.

#### **Kid's Mile Jog**

1. JT Troup (un/M09) 6:39.1h; 2. Danielle Depew (un/F13) 6:47.0; 3. Zack Berg (un/M08) 7:13.9h; 4. Clayton Douglas (un/M10) 7:14.5h; 5. Tonna Njoku (un/M10) 7:23.2h; 6. Rita Troup (un/F13) 7:24.7h; 7. Lew Winney (un/M11) 7:45.1h; 8. Matthew Goiney (un/M12) 7:45.3h; 9. Adrianna Maru (un/F11) 8:50.8h; 10. Kanisha Draper (un/F11) 10:39.8h.

#### **Co-ed Mile Race Walk**

1. Ann Tuberg (un/F40) 8:41.9h.

#### **Men's 400-meter Hurdles**

1. Shane Carothers (WWU/M19) 58.0h; 2. Spencer Stiglets (un/M18) 59.5h; 3. Jacob Foyston (un/M16) 62.5h; 4. Kurt Hartmaier (WWU/M19) 67.6h.

#### **Women's 200-meter Dash**

1. Julie Duringer (un/F16) 30.3h; 2. Melissa Sweet (un/F14) 31.7h.

#### **Men's 200-meter Dash**

1. Lorenze Hill (CBall/M28) 22.3h; 2. Alfonso Peterson (CBall/M23) 23.4h; 3. Brandon Hill (un/M17) 24.0h; 4. Brian Hunter (un/M17) 24.1h; 5. John Chang (un/M15) 25.4h; 6. Rod Wilcox (un/M34) 25.5h; 7. Mike Thomas (un/M25) 25.8h; 8. Tim Adams (un/M34) 26.2h; 9. Russ Acea (un/M47) 26.6h; 10. Mike Rhodes (un/M15) 26.7h; 11. Shane McDermott (un/M36) 27.2h; 12. Rob Simpson (un/M46) 28.0h.

#### **Co-ed Jogger's Mile** (listed by order of best prediction)

1. Derek Haynes (M16) 6:15-6:15 ZERO; 2. (tie) Jen Sires (F217) 8:02-8:01 -1, Brandon Renfrow (M16) 6:15-6:14 -1, and Lana Rigelman (F17) 6:57-6:56 -1; 5. Shane Carothers (WWU/M19) 6:59-6:57 -2; 6. (tie) Dan Berg (M34) 6:10-6:07 -3 and JD Scrapper (M18) 8:04-8:01 -3; 8. (tie) Pat Searing (M16) 6:19-6:15 -4, Evan Wirkkala (M16) 6:20-6:16 -4, Sophia Hayes (F26) 7:01-7:05 +4, and Mark Venekamp (M38) 5:45-5:49 +4; 12. (tie) Michael Allison (CNW/M48) 7:05-7:10 +5, Dan Hayes (CNW/M26) 7:02-6:57 -5, Army Stonkus (M45) 7:00-7:05 +5, and Bill Cusworth (CNW/M32) 5:30-5:35 +5; 16. (tie) Ian Finlayson (M26) 7:00-7:06 +6 and Jenn Vandenberg (F18) 8:02-7:56 -6; 18. Kris Maraveller (F31) 6:20-6:27 +7 and Erica Ruland (WWU/F21) 6:30-6:37 +7; 20. (tie) Erik Simon (M27) 6:15-6:23 +8, Julie Thompson (F15) 6:00-6:08 +8, and Jason Polverari (M24) 6:30-6:22 -8; 23. (tie) David LeWarne (M29) 6:15-6:06 -9, Mika LaVaque-Manty (M34) 7:00-7:09 +9, and Brittany Ducenburgerski (F17) 8:04-7:55 -9; 26. Ray Minchew (M30) 6:42-6:31 -11 and Karl Simon (M62) 7:10-7:21 +11; 28. (tie) Bethany Ojalehto (F14) 6:00-6:13 +13, Jamie Storm (F16) 8:03-7:50 -13, and Pam Wilmot (F37) 6:10-6:23 +13; 31. (tie) John Winters (M45) 7:30-7:44 +14, Lizzie Brent (F17) 8:03-7:49 -14, and Ryan Seamster (WWU/M19) 6:00-5:46 -14; 34. Morlin Elias (M34) 6:20-6:04 -16; 35. Kirk Larson (WWU/M21) 6:20-6:02 -18; 36. Tressa Berg (F32) 8:05-7:43 -22; 37. (tie) Kurt Hartmaier (WWU/M19) 6:10-5:47 -23 and Scott Gilmore (M23) 7:00-6:37 -23; 39. MacBride (M26) 6:30-6:06 -24; 40. Davin Garlick (M18) 8:09-7:44 -25; 41. Juli Van Pelt (F33) 7:30-7:02 -28; 42. (tie) Eric Hruschka (M34) 7:57-7:24 -33 and Allison Hruschka (F26) 7:58-7:25 -33; 44. Julie Duringer (F16) 6:45-7:20 +35; 45. (tie) Chris Blackburn (M20) 6:30-5:53 -37 and Traci Bianchini (F33) 8:02-7:25 -37; 46. (tie) Chris Goiney (M15) 6:45-6:05 -40 and Bob Goiney (M48) 6:45-6:05 -40.

#### **Co-ed 4x100-meter Relay**

1. Focus on M (Hill, Peterson, Duringer, Brown) 48.7h; 2. Menatar's (Carothers, Zener, Hill, Ortiz) 49.9h; 3. Windgators (Blackburn, Rigelman, Amidor, Carothers) 50.0h; 4. Chicos Locos (Wade, Johnson, Goiney, Chang) 51.4h; 5. Chunky Monkeys (Lang, Phaxayseng, Chandler, Adams) 52.1h.

#### **Women's 1500-meter Run**

1. Christy Pruitt (un/F17) 5:32.9h; 2. Kris Maraveller (un/F31) 5:43.2h.

#### **Men's 1500-meter Run**

1. Ryan Seamster (WWU/M19) 4:29.2h; 2. Michael Allison (CNW/M48) 4:39.8h; 3. Chris Goiney (un/M15) 4:50.1h; 4. Army Stonkus (un/M45) 4:50.5h; 5. John Jordeth (SnoTC/M54) 4:51.8h; 6. Bob Goiney (un/M48) 4:56.7h; 7. Bruce Hart (un/M36) 5:20.2h.

#### **Men's 400-meter Dash**

1. Gary Hawkes (un/M20) 53.3h; 2. Lorenzo Hill (CBall/M28) 55.9h; 3. (tie) Kurt Hartmaier (WWU/M19) and Eoen Endriss (un/M17) 56.0h; 4. Robert Ortiz (un/M15) 58.4h; 5. Erik Simon (un/M27) 59.4h; 6. Mike Rhodes (un/M15) 61.0h; 7. Rob Simpson (un/M46) 63.0h; dnf. Mike Thomas (un/M25).

#### **Women's 800-meter Dash**

1. Julie Thompson (un/F15) 2:41.3h; 2. Bethany Ojalehto (un/F14) 2:45.0h; 3. Kris Maraveller (un/F31) 2:46.1h; 4. Lizzie Brent (un/F17) 2:47.9h; 5. Jamie Storm (un/F16) 2:48.7h; 6. Erica Ruland (WWU/F21) 2:54.9.

#### **Men's 800-meter Dash**

1. Kurt Hartmaier (WWU/M19) 2:07.8h; 2. Ryan Johnson (un/M15) 2:08.4h; 3. JD Scrapper (un/M18) 2:09.7h; 4. Adam Roe (un/M16) 2:11.1h; 5. Greg Beyerlein (un/M46) 2:11.7h; 6. Adam DuBois (un/M16) 2:18.8h; 7. Rick Hammond

(un/M48) 2:23.0h; 8. Davin Garekk (un/M??) 2:32.0h; 9. Brian Peterman (un/M50) 2:38.5h; 10. Marty Stitsel (un/M54) 2:40.3h; 11. Kurt Spann (un/M31) 3:50.2h; 12. Tim Jezik (un/M48) 3:50.2h.

#### **Co-ed 4x400-meter Relay**

1. Smellies (Hill, Hart, Hawkes, Hill) 3:51.3h; 2. Chicos Locos (Ortiz, Chang, CGoiney, Johnson) 4:18.4h; 3. Ode to MacBride (Seamster, Ruland, Larson, Hartmaier) 4:18.6h; 4. Monroers (Thompson, Bianchini, Ojalette, Brown) 4:48.7h.

#### **Women's 3000-meter Run**

1. Kristen Mora (CNW/F32) 10:23.0h; 2. Wendy Johnecheck (un/F27) 10:52.2h; 3. Billie Cartwright (un/F31) 11:40.0h; 4. Alisha Townsend (un/F20) 11:45.9h; 5. Michelle Halsne (un/F31) 12:03.2h; 6. Danielle Depew (un/F13) 12:07.8h; 7. Brittany Dukenburgerski (un/F17) 12:13.7h; 8. Kris Maraveller (un/F31) 12:14.0h; 9. Connie Hardt (un/F26) 12:50.6h; 10. Jennifer Vanderberg (un/F18) 13:15.8h.

#### **Men's 3000-meter Run**

1. Uli Steidl (CNW/M28) 8:53.1h; 2. Steven James (un/M28) 9:04.2h; 3. Mika LaVaque-Manty (un/M34) 9:38.8h; 4. Dan Hayes (un/M26) 10:50.4h; 5. Michael Allison (CNW/M48) 9:58.2h; 6. Brandon Renfrow (un/M16) 9:59.9h; 7. Bill Cusworth (CNW/M32) 10:00.5h; 8. Evan Wirkkala (un/M16) 10:01.2h; 9. Ian Finlayson (un/M26) 10:08.9h; 10. Robert Bartholomew (un/M16) 10:11.0h; 11. Adam Roe (un/M16) 10:15.9h; 12. John Yuckamo (un/M29) 10:22.1h; 13. Derek Haynes (un/M16) 10:24.8h; 14. Matt Kite (TeamR/M32) 10:39.7h; 15. Phil Welch (SnoTC/M51) 10:49.3h; 16. Nick Welch (RCFly/M12) 11:07.0h; 17. John Jordeth (SnoTC/M54) 11:11.3h; 18. David LeWarne (un/M29) 11:14.5h; 19. Shane Foster (CNW/M31) 11:33.1h; 20. Bob Schul (un/M62) 12:10.6h; 21. Demetri Maraveller (un/M37) 12:21.7h.  
NOTE: Bob Schul in 20th was the 1964 Gold Medalist in the 5000-meters in the Tokyo Olympics.

#### **No entries**

Kid's Shot Put, Women's 400-meter Hurdles, and Women's 400-meter Dash.