

## MEET 10 -- 31 JULY 2002

Edmonds District Stadium, Edmonds, Washington

### OUTSTANDING PERFORMANCES

Male -- Andy Miller, Pole Vault

Female -- Regina Joyce, Mile Run

**TOTAL ENTRIES** -- 375

### FIELD EVENT RESULTS

#### Kid's High Jump

1. Tim Carrithers (un/M13) 1.50m (5-11); 2. Beau Breda (un/M12) 1.12m (3-8); 3. (tie) Marshall Massengale (un/M10) and Jesse Winters (un/M12) 1.08m (3-6 1/2); nh. Nick Hoffman (un/M10), Khalil Howse (un/M6), and Anthony Mickelson (un/M10).

#### Women's High Jump

1. Stephanie Jaross (un/F20) 1.55m (5-1); 2. Jessa Younker (un/F16) 1.34m (4-4).

#### Men's High Jump

1. Ben Dillow (un/M17) 1.80m (5-10 3/4); 2. Jeremy McIver (un/M27) 1.75m (5-9); 3. Vince Kinney (un/M15) 1.70m (5-7); 4. Al Taylor (un/M41) 1.55m (5-1); 5. Bruce McLean (CNW/M46) 1.50m (4-11).

#### Women's Pole Vault

1. Ally Studer (un/F20) 3.58m (11-9); 2. Sarah Hegna (un/F17) 3.20m (10-6); 3. Kelly Wright (un/F21) 2.97m (9-9); 4. Becca Gillespy (un/F20) 2.97m (9-9); 5. (tie) Susan Sifferman (un/F17) and Bethany Ojalehto (un/F16) 2.28m (7-5 3/4).

#### Men's Pole Vault

1. Andy Miller (un/M27) 4.95m (16-3); 2. Graham Danziger (un/M21) 4.72m (15-5 3/4); 3. Karl Lerum (un/28) 4.27m (14-0); 4. Jack Hoyt (un/M38) 4.04m (13-3); 5. Mike Mikos (un/M54) 3.81m (12-6); 6. Paul Angell (un/M39) 3.43m (11-3); 7. Phil Milliman (un/M50) 3.20m (10-6); 8. Justin A. Fuller (un/M17) 2.74m (8-11 3/4); 9. Paul Mach (un/M20) 2.74m (8-11 3/4); 10. Josh Winters (un/M14) 2.28m (7-5 3/4); 11. Will Leslie (un/M57) 2.28m (7-5 3/4); nh. Jesse Winters (un/M12).

#### Kid's Long Jump

1. Tim Carrithers (un/M13) 5.46m (17-11); 2. Marshall Massengale (un/M10) 3.89m (12-9 1/4); 3. Aman Said (un/M13) 3.85m (12-7 1/2); 4. Beau Breda (un/M12) 3.66m (12-0); 5. Angela Potter (un/F12) 3.61m (11-10 1/4); 6. Derek Anderson (un/M10) 3.49m (11-5 1/2); 7. Anthony Mickelson (un/M10) 3.25m (10-8); 8. Jesse Winters (un/M12) 3.22m (10-6 3/4); 9. Evadi Said (un/M9) 3.20m (10-6); 10. Matt Reams (un/M11) 3.02m (9-11); 11. (tie) Hailee Gopinath (un/F9) and Wayana Dolan (un/F7) 2.68m (8-9 1/2); 13. Nick Hoffman (un/M10) 2.58m (8-5 1/2); 14. Chris Hamfor (un/M7) 2.56m (8-4 3/4); 15. Lexi Tucker (un/F9) 2.23m (7-3 3/4); 16. Sonja Miranda (un/F7) 2.08m (6-10); 17. Grace Tucker (un/F10) 1.99m (6-6 1/4); 18. Cody Hopkins (un/M10) 1.98m (6-6); 19. Lynnea Maraveller (un/F7) 1.92m (6-3 1/2); 20. Courtney Gopinath (un/F6) 1.81m (5-11 1/4); 21. Julianne Kossian (un/F7) 1.80m (5-10 3/4); 22. Lili Simon (un/F8) 1.65m (5-5); 23. Madison Caley (un/F6) 1.60m (5-3); 24. (tie) Amanda Gaffard (un/F11) and Jessica Langsted (un/F7) 1.59m (5-2 1/2); 26. Khalil Howse (un/F6) 1.56m (5-1 1/2); 27. Lis Larsen (un/F5) 1.53m (5-0 1/4); 28. Kennedy Smith (un/F07) 1.11m (3-7 3/4); 29. Christian Hinrickson (un/M5) 1.08m (3-6 1/2); 30. Tomas Miranda (un/M4) 0.96m (3-1 3/4); 31. Emily Caley (un/F3) 0.90m (2-11 1/2); 32. Nathan Melvin (un/M4) 0.88m (2-10 3/4).

#### Men's Long Jump

1. Justin Lawrence (un/M21) 6.31m (20-8 1/2); 2. Philip Pohl (un/M19) 5.76m (18-10 3/4); 3. Rod Wilcox (un/M36) 5.52m (18-1 1/4); 4. Derek Merritt (un/M19) 4.59m (15-0 3/4); 5. Cody Vandermyn (un/M19) 4.52m (14-10).

#### Men's Triple Jump

1. Justin Lawrence (un/M21) 13.84m (45-5); 2. Vince Kinney (un/M15) 11.09m (36-4 1/2); 3. Ben Dillow (un/M17) 10.84m (35-6 3/4).

#### Kid's Shot Put (6lb only)

1. Marshall Massengale (un/M10) 67.37m (20-10 3/4); 2. Cody Hopkins (un/M10) 4.32m (14-2); 3. Joshua Williams (un/M8) 3.88m (12-8 3/4); 4. Jacob Williams (un/M7) 3.20m (10-6); 5. Kennedy Smith (un/F7) 2.89m (9-5 3/4); 6. Lynnea Maraveller (un/F7) 2.49m (8-2); 7. Christian Hiaridibun (un/M5) 2.16m (7-1); 8. Joseph Williams (un/M5) 1.50m (4-11).

**Women's Shot Put (4.0kg only)**

1. Jennifer Conner (un/F17) 9.07m (29-9); 2. Erin Heia (un/F21) 8.99m (29-6); 3. Siri Jellen (un/F17) 8.43m (27-8); 4. Shelby Contreras (un/F16) 6.91m (22-8); 5. Becca Gillespy (un/F20) 6.68m (21-11); 5. Kelly Wright (un/F21) 6.48m (21-3).

**Men's Shot Put**

(12lb) 1. Vincent Radish (un/M17) 11.07m (36-3 3/4).

(16lb) 1. Chris Salas (un/M31) 12.67m (41-6 3/4); 2. Hunt Caley (un/M35) 11.71m (38-5); 3. Shaun Stoddard (un/M19) 11.20m (36-9); 4. Todd Kinney (un/M35) 9.50m (31-2).

**Women's Discus Throw (1.0kg only)**

1. Jennifer Conner (un/F17) 31.67m (103-10); 2. Erin Heia (un/F21) 28.37m (93-0); 3. Siri Jellen (un/F17) 23.58m (77-4); 4. Kelly Wright (un/F21) 16.71m (54-10); 5. Shelby Contreras (un/F17) 15.71m (51-6).

**Men's Discus Throw**

(1.6kg) 1. Vincent Radish (un/M17) 46.51m (152-6); 2. David Nyland (un/m16) 30.07m (98-7).

(2kg) 1. Jack Hoyt (un/M38) 40.59m (133-1); 2. Karl Lerum (un/M28) 40.45m (132-8); 3. Chris Salas (un/M31) 38.58m (126-7); 4. Andrew Steiner (un/M21) 35.60m (116-9); 5. Shaun Stoddard (un/M19) 31.70m (104-0); 6. Russell Jacquet-Acea (un/M49) 25.82m (84-8).

**Kid's TurboJav™ Toss (measured in meters again this week)**

1. Aman Said (un/M13) 28.61m (93-10); 2. Jesse Winters (un/M12) 20.01m (65-8); 3. Yonas Berhe (un/M14) 19.30m (63-4); 4. Matt Reams (un/M11) 19.05m (62-6); 5. Beau Breda (un/M12) 17.70m (58-1); 6. Evadi Said (un/M9) 16.00m (52-6); 7. Gracie Russell (un/F10) 13.00m (42-8); 8. Steven Sifferman (un/M10) 11.80m (38-8); 9. Cody Hopkins (un/M10) 11.56m (37-11); 10. Christian Hinrichsen (un/M5) 6.17m (20-3); 11. Madison Caley (un/F6) 5.07m (16-8); 12. Nathan McIver (un/M4) 5.00m (16-5); 13. Lis Larson (un/F05) 4.26m (14-0); 14. Emily Caley (un/F3) 2.83m (9-3).

**Men's Javelin Throw**

1. David Nyland (un/M16) 39.41m (129-3); 2. Wills Mitchell (un/M16) 37.30m (122-4).

**TRACK EVENT RESULTS****Kid's 100-meter Dash**

1. Tim Carrithers (un/M13) 12.9h; 2. Angela Potter (un/F12) 15.5h; 3. Marshall Massengale (un/M10) 15.5h; 4. Hailee Gopinath (un/F9) 17.5h; 5. Anthony Mickelson (un/M10) 17.6h; 6. Evadi Said (un/M9) 17.8h; 7. Mayimuna Said (un/F10) 17.9h; 8. Amanda Goffard (un/F11) 18.8h; 9. Nick Hoffman (un/M10) 18.8h; 10. Chris Namba (un/M7) 19.0h; 11. Wayana Dolan (un/F7) 19.5h; 12. Jacob Williams (un/M7) 20.0h; 13. Joshua Williams (un/M8) 20.1h; 14. Lauren Anderson (un/F8) 20.7h; 15. Khalil Howse (un.M6) 21.0h; 16. Sonja Miranda (un/F7) 21.7h; 17. Lexie Tucker (un/F9) 22.7h; 18. Julianne Kossiam (un/F7) 22.7h; 19. Madison Caley (un/F6) 23.4h; 20. Lili Simon (un/F8) 23.9h; 21. Jessica Lungsted (un/F07) 24.0h; 22. Christian Hinrichsen (un/M5) 24.3h; 23. Lis Larsen (un/F5) 24.3h; 24. Joseph Williams (un/M5) 25.5h; 25. Tomas Miranda (un/M4) 30.6h; 26. Eric Hollensteiner (un/M6) 32.5h.

**Kid's 50-meter Dash**

1. Anthony Mickelson (un/M10) 9.2h; 2. (tie) Beau Breda (un/M12) and Chris Hamba (un/M7) 9.4h; 4. Wayana Dolan (un/F7) 9.5h; 5. Cody Hopkins (un/M10) 9.7h; 6. Nick Hoffman (un/M10) 9.8h; 7. Lexie Tucker (un/F9) 10.0h; 8. (tie) Joshua Williams (un/M8) and Jacob Williams (un/M7) 10.1h; 10. Lauren Anderson (un/F8) 10.3h; 11. Sonja Miranda (un/F7) 10.5h; 12. Lili Simon (un/F8) 10.7h; 13. Julianne Kossian (un/F7) 11.3h; 14. (tie) Lynnea Maraveller (un/F7), Khalil Howse (un/M6), and Lis Larsen (un/F5) 11.4h; 17. Kennedy Smith (un/F7) 11.5h; 18. Madison Caley (un/F6) 11.8h; 19. (tie) Christian Hinrichsen (un/M5) and Jessica Langsted (un/F7) 12.1h; 21. Joseph Williams (un/M5) 12.8h; 22. Nathan McIver (un/M4) 14.7h; 23. Eric Hollensteiner (un/M6) 15.1h; 24. Tomas Miranda (un/M4) 18.6h; 25. Emily Caley (un/F3) 31.2h.

**Kid's 200-meter Dash**

1. Angela Potter (un/F12) 32.3h; 2. Corina Hollensteiner (un/F12) 35.5h; 3. Mayimuna Said (un/F10) 37.6h; 4. Wayana Dolan (un/F7) 39.8h; 5. Chris Namba (un/M7) 40.6h; 6. Jacob Williams (un/M7) 41.4h; 7. Joshua Williams (un/M8) 41.6h; 8. Nick Hoffman (un/M10) 41.6h; 9. Julianne Kossian (un/F7) 49.8h; 10. Christian Hinrichsen (un/M5) 53.9h; 11. Lynnea Maraveller (un/F7) 56.1h; 12. Lexie Tucker (un/F9) 57.0h; 13. Lili Simon (un/F8) 58.3h; 14. Kennedy Smith (un/F7) 58.6h; 15. Khalil Howse (un.m6) 1:10.7h.

### **Kid's Mile Jog**

1. Aman Said (un/M13) 5:30.1h; 2. Yonas Barha (un/M14) 5:30.7h; 3. Anthony Mickelson (un/M10) 7:05.0h; 4. (tie) Joshua Willians (un/M8) and Steven Sifferman (un/M10) 8:36h; 6. Jacob Williams (un/M7) 8:42h; 7. Corina Hollensteiner (un/F12) 8:45.7h.

### **Men's 400-meter Hurdles**

1. Phillip Ng (un/M17) 64.6h; 2. Russell Jacquet-Acea (un/M49) 67.1h; 3. Justin Alonzo-Fuller (Shoreline/M17) 72.5h.

### **Women's 200-meter Dash**

1. Leanne Bellar (un/F16) 27.2h; 2. Jessa Younker (un/F16) 30.7h.

### **Men's 200-meter Dash**

1. Mike Gagnon (un/M20) 23.4h; 2. Philip Pohl (un/M19) 23.7h; 3. Anthony Miranda (un/M17) 23.9h; 4. Chris Park (un/M16) 23.9h; 5. Brian Hunter (un/M19) 24.0h; 6. Ben Dillow (un/M17) 24.5h; 7. Cody Vandermyn (un/M19) 24.6h; 8. Jarrett Habu (un/M17) 24.8h; 9. Vince Kinney (un/M15) 25.0h; 10. Rod Wilcox (un/M36) 25.0h; 11. Tim Carrithers (un/M13) 25.8h; 12. Nic Castona (un/M18) 25.9h; 13. Rob Voce (un/M36) 26.4h; 14. Reese Raybon (un/M32) 28.1h; 15. Lance Anderson (un/M40) 28.4h.

### **Co-ed Jogger's Mile** (listed by order of best prediction)

1. Nick Radland (un/M17) 5:30-5:30 ZERO; 2. (tie) Regina Joyce (un/F45) 7:00-6:59 -1 and Tina Gall (un/F17) 7:00-6:59 -1 and Laura Herberg (un/F17) 7:00-6:59 -1; 5. (tie) Tony Young (un/M40) 6:30-6:28 -2 and Kelsey McCallum (un/F17) 7:00-6:58 -2; 7. (tie) Amanual Erickson (un/M18) 7:30-7:27 -3 and Mark Cook (un/M29) 7:00-7:03 +3 and Paul Abdalla (un/M40) 6:30-6:27 -3 and Katrina Sherffeger (un/F18) 7:00-6:57 -3; 11. (tie) Michael Stewart (un/M16) 7:30-7:26 -4 and Ray Linford (un/M16) 5:35-5:39 +4; 13. (tie) Alyson Jones (un/F17) 6:30-6:35 +5 and Sarah Leonard (un/F32) 7:30-7:25 -5 and Karl Kunkle (un/M48) 7:30-7:25 -5; 16. (tie) Kelsey Crawford (un/F17) 7:00-7:06 +6 and Alex Hordin (un/M16) 7:30-7:24 -6 and Sam Branchaeu (un/M17) 7:30-7:24 -6 and Greg Dillard (un/M17) 7:30-7:24 -6 and Sean Doyle (un/M16) 7:30-7:24 -6 and Eric Card (un/M18) 6:50-6:56 +6 and Kris Maraveller (un/F33) 6:27-6:33 +6; 23. Emily Lemagie (un/F16) 6:30-6:37 +7; 24. (tie) Angela Lindbs (un/F31) 5:40-5:48 +8 and Josh Winters (un/M14) 9:00-9:08 +8; 26. Kristen Gahnberg (un/F16) 8:00-7:51 -9; 27. (tie) Derry Betts (un/M15) 5:50-5:40 -10 and TJ Garlatz (un/M21) 6:15-6:05 -10; 29. (tie) Beau Hannafoius (un/M17) 6:45-6:33 -12 and Zach Mason (un/M15) 6:15-6:03 -12; 31. Cory Preugschat (un/m160) 6:45-6:32 -13; 32. (tie) Jeff Rasor (un/M18) 5:45-5:31 -14 and Eric Hruschka (un/M30) 5:31-5:45 +14; 34. (tie) David Desmarais (un/M16) 7:00-6:45 -15 and Eric Haley (un/M17) 7:00-6:45 -15; 36. (tie) Jessica Gimness (un/F18) 9:00-9:16 +16 and Stefany Spencer (un/F16) 9:00-9:16 +16 and Eric Prosch-Jensen (un/M17) 6:30-6:14 -16; 39. Aman Said (un/M13) 5:35-5:52 +18; 40. (tie) James Daniels (un/M17) 7:00-6:41 -19 and Joel Purcell (un/M18) 7:00-6:41 -19; 42. Adam Dudak (un/M17) 6:30-6:53 +23; 43. (tie) Katie Gahnberg (un/F16) 8:16-7:51 -25 and Nathan Strotz (un/M31) 8:00-7:35 -25; 45. (tie) Shavonne Johnson (un/F20) 7:23-6:57 -26 and Philip Lanier (un/M21) 7:23-6:57 -26; 47. Tom Anderson (un/M44) 7:50-7:19 -31; 48. Todd Kinney (un/M35) 8:00-8:32 +32; 49. John Winters (un/M47) 10:00-9:27 -33; 50. Geoff Weatherbie (un/M21) 7:30-7:05 +35; 51. Vanessa Aadland (un/F14) 8:00-7:16 -44; 52. Rich Hinrichsen (un/M40) 8:00-8:47 +47; 53. Jon Jorstad (un/M49) 7:23-6:32 -51; 54. Jimmy Euringer (un/M18) 7:00-5:22 -1:38; two people did not predict.

### **Co-ed 4x100-meter Relay**

1. Lost (Mike, ??, ??, ??) 46.7h; 2. Goats (Joel Constable, Ray Linford, Nick Aadland, Eric Prosch-Jensen/M16-20) 53.7h; 3. Snapping Turtles (Katie Gahnberg, Kristin Gahnberg, Vanessa Aadland, Susan Sifferman/F14-17) 66.6h.

### **Women's Mile Run**

1. Regina Joyce (un/F45) 5:05.9h; 2. Kelsey McCallum (un/F17) 5:50.0h; 3. Tina Gall (un/F17) 6:09.5h; 4. Katrina Schwerdpfser (un/F18) 6:15.9h; 5. Kris Maraweller (un/F33) 6:17.4h; 6. Emily Lemagne (un/F16) 6:26.4h.

### **Men's Mile Run**

1. TJ Garlatz (un/M21) 4:33.1h; 2. Paul Abdalla (un/M40) 4:45.9h; 3. Amanuel Erickson (un/M18) 4:53.4h; 4. Paul Man (un/M20) 4:57.5h; 5. Greg Dillard (un/M17) 5:02.3h; 6. Karl Kunkle (un/M48) 5:03.7h; 7. Eric Card (un/M18) 5:04.3h; 8. Corey Preugschat (un/M16) 5:05.1h; 9. Duncan Hendrick (un/M16) 5:05.6h; 10. Michael Allison (un/M50) 5:09.2h; 11. Geoff Weatherbie (un/M21) 5:09.8h; 12. Adam Dudak (un/M17) 5:10.1h; 13. Beau Hannafoius (un/M17) 5:14.1h; 14. Ted Winskill (un/M28) 5:17.4h; 15. Greg Hinrickson (un/M43) 5:22.3h; 16. Mark Cook (un/M29) 5:27.4h; 17. Dale Hirt Jr (un/M55) 5:30.6h; 18. Nathan Strutz (un/M31) 5:35.2h; 19. David Desmarais (un/M16) 5:40.3h.

### **Women's 400-meter Dash**

1. Leanne Bellar (un/F16) 1:02.5h; 2. Shavonne Johnson (un/F20) 1:10.4h.

**Men's 400-meter Dash**

1. Vince Kinney (un/M15) 53.6h; 2. Ben Dillow (un/M17) 55.1h; 3. Hadley Ma (un/M17) 55.7h; 4. Phillip Ng (un/M17) 57.3h; 5. Tim Carrithers (un/M13) 57.6h; 6. Brian Hunter (un/M19) 58.1h; 7. Alex Hardin (un/M16) 58.3h; 8. Michael Stewart (un/M16) 59.8h; 9. Reese Raybon (un/M32) 1:05.0h; 10. David Desmrais (un/M16) 1:07.7h; 11. Doug Prestrud (un/M45) 1:09.7h.

**Women's 800-meter Dash**

1. Jonica Tramosch (un/F21) 2:34.0h; 2. Kris Maraweller (un/F33) 2:54.6h.

**Men's 800-meter Dash**

1. Neal Fryett (CNW/M23) 1:52.4h; 2. Devin Kemper (CNW/M23) 1:54.6h; 3. Tony Young (CNW/M40) 1:55.4h; 4. Sam Brancheau (un/M16) 2:03.7h; 5. Sean Doyle (un/M16) 2:08.0h; 6. Mark Erickson (un/M16) 2:09.5h; 7. Geoff Weatherbie (un/M21) 2:13.3h; 8. Sam (un/M42) 2:13.6h; 9. James Daniels (un/M17) 2:17.5h; 10. Brett Johnson (un/M21) 2:18.8h; 11. Lance Albertson (un/M40) 2:20.6h; 12. Mark Cook (un/M29) 2:25.7h; 13. David Desmarais (un/M16) 2:33.7h.

**Co-ed 4x400-meter Relay**

1. Bushwackers (Adam Dudak, Geoff Weatherbie, ??, ??) 3:59.5h; 2. 4x4 Altimatem X (Sean, Sam, Dillard, Burus/M16-17) 4:08.6h; 3. Lost (Mike, Chris, Jessica, Mark) 4:15.9h; 4. Free (Jeff, Ray, Eric, Nick) 4:17.7h; 5. Animals (Rich Hinrichson, Greg Hinrichsen, Peter Milimandi, Vince Slupski) 5:03.9h.

**Women's 5000-meter Run**

1. Nicole Sweeney (un/F27) 19:59.3h.

**Men's 5000-meter Run**

1. Doug Pierson (un/M25) 16:43.1h; 2. Eric Haley (un/M17) 17:38.0h; 3. Joel Purcell (un/M18) 17:38.2h; 4. Michael Allison (SnoTC/M50) 17:39.3h; 5. Nathan W. Strutz (un/M31) 19:53.9h; 6. John Sweeney (un/M30) 19:59.5h; 7. David Dosmorais (un/M16) 20:16.6h; 8. Rich Hinrichson (un/M40) 21:09.7h; dnf. Peter Wilamoski (un/M44).

**Women's 10,000-meter Run – SPECIAL EVENT**

1. Katie Galdabini (un/F30) 39:49.9h; 2. Lisa Lindsay (un/F23) 40:48.3h.

**Men's 10,000-meter Run – SPECIAL EVENT**

1. Derek Haynes (un/M18) 33:47.7h; 2. Ian Brown (un/M39) 35:18.8h; 3. Brian Vanltouten (CNW/M27) 35:53.0h; 4. Bryan Bourdo (CNW/M45) 36:32.4h; 5. Nick Welch (Rain City Flyers/M14) 39:31.6h; 6. Karl Kunkle (CNW/M48) 39:49.7h; 7. Doug Prestrud (un/M44) 40:09.5h; dnf. Caleb Knox (un/M16) and Phil Welch (SnoTC/M53).

**No entrants**

Women's Long Jump, Women's Triple Jump, Women's Javelin Throw, Co-ed Mile Race Walk, and Women's 400-meter Hurdles.