MEET 01 -- 28 MAY 2003
Mountlake Terrace High School, Mountlake Terrace, Washington
OUTSTANDING PERFORMANCES
Male -- Tim Fryett, 400-meter Dash
Female -- Kristina Proticova, 3000-meter Run
TOTAL ENTRIES -- 124

## FIELD EVENT RESULTS

## Kids High Jump

1. Tim Carrithers (un/M14) 1.39m (4-6 3/4).

## Women's High Jump

1. Stephanie Jaross (un/F??) 1.44m (4-8 3/4).

## Men's High Jump

1. Vince Kinney (un/M16) 1.64m (5-4 1/2); 2. Jeremy McIvor (un/M??) 1.50m (4-11); 3. Bruce McLean (CNW /M47) 1.39m (4-6 3/4); 4. Brad Ellis (un/M??) 1.39m (4-6 3/4); 5. Russel Allen (un/M??) 1.24m (4-0 3/4).

## Kid's Long Jump

1. Chris Namba (un/M08) 2.68m (8-9 1/2); 2. Allison Namba (un/F03) 1.20m (3-11 1/4).

## Men's Long Jump

1. Alvin Chen (un/M19) 5.92m (19-5); 2. Tim Carrithers (un/M14) 5.30m (17-4 3/4).

## Men's Triple Jump

1. Alvin Chen (un/M19) 12.30m (40-4 1/4); 2. Glen Bingisser (un/M19) 10.11m (33-2).

Kid's Shot Put
(6lb) 1. Christian Hinrichson (un/M6) 2.54m (8-4).

## Men's Shot Put

(16lb) 1. Nolan Gatewood (un/M22) 10.40m (34-1 1/2).

## Men's Discus Throw

(1.5k) 1. Russ J. Acea (un/M50) 31.16m (102-3).
(1.6k) 1. Brad Ellis (un/M17) 20.55m (67-5).
(2.0k) 1. Nolan Gatewood (un/M22) 32.48m (106-7); 2. Vince Kinney (un/M16) 26.88m (88-2); 3. Tim Carrithers (un/M14) 21.92m (71-11).

Kids Turbo Jav (measured in meters due to lack of a football field)

1. Tim Carrithers (un/M14) 24m; 2. Chris Namba (un/M8) 13m; 3. Christian Hinrichson (un/M6) 7m; 4. Nathan McIver (un/M5) 4m; 5. Allison Namba (un/F3) 2m; 6. Liam Ellis (un/M3) 1m.

## TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Chris Namba (un/M08) 17.2h; 2. Christian Hinrichsen (un/M06) 22.1h; 3. Liam Ellis (un/M03) 32.4h; 4. Allison Namba (un/F03) 38.3h.

## Kid's 50-meter Dash

1. Chris Namba (un/M08) 9.6h; 2. Christian Hinrichsen (un/M06) 11.1h; 3. Nathan McIver (un/M05) 13.7h; 4. Liam Ellis (un/M03) 15.9h; 5. Allison Namba (un/F03) 20.1h.

Kid's 200-meter Dash

1. Tim Carrithers (un/M14) 26.1h; 2. Chris Namba (un/M08) 39.7h; 3. Christian Hinrichsen (un/M06) 49.0h; 3. Liam Elias (un/M03) 1:33.7h.

## Men's Hurdles

(100 meters 36") 1. Russ J. Acea (un/M50) 16.8h.
(110 meters 39") 1. Brad Ellis (un/M17) 17.2h; 2. Vince Kinney (un/M16) 18.3h; 3. Tim Carrithers (un/M14) 20.9h.

## Men's 100-meter Dash

1. Michael Walker (un/M44) 11.4h; 2. Ben Blackmer (un/M27) 11.5h; 3. Jason Sims (un/M26) 11.6h; 4. Vince Kinney (un/M16) 12.0h; 5. Tim Carrithers (un/M14) 12.0h; 6. David E. Ortman 12.6h; 7. Aaron Blake (un/M42) 13.0h; 8. Dale Sawyer (un/M60) 16.5h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. Tony Young (CNW / M41) 6:48-6:48 ZERO; 2. Neal Fryett (CNW / M23) 6:50-6:49 -1; 3. Juli VanPelt (un /F35) 7:30-7:34 +4; 4. Arny Stonkus (un/M48) 7:30-7:35 +5; 5. Morlin Elias (un/M37) 7:00-6:50-10; 6. (tie) Karl Kunkle (un/M 48) 7:307:41 +11 and Derry Betts (un/M16) 7:30-7:41 +11; 8. Atilla the Run (un/M17) 6:58-7:20 +22; 9. (tie) Brett Johnson (un/M21) 7:00-7:27 +27 and Joel Purcell (un/M18) 7:01-7:28 +27; 11. David Desmonois (un/M17) 6:59-7:27 +28; 12. Chris Goiney (un/M??) 7:00-7:38 +38; 13. Duff McBain (un/M17) 7:30-6:43-47; 14. Sean Doyle (un/M17) 7:30-6:42-48; 15. Bill Roe (CNW / M52) 9:20-8:25-55; 16. Jani VanPelt (un/F37) 15:00-14:04-56.

## Women's Mile Run

1. Korinda Godwin (un/F22) 5:05.2h.

## Men's Mile Run

1. Andrew Robinson (un/M20) 4:21.2h; 2. Preston Brashers (un/M20) 4:29.8h; 3. David Desmonois (un/M17) 4:40.1h; 4. Pat Croteau (un/M15) 4:54.0h; 5. Attila the Run (un/M17) 5:04.4h; 6. Doug Gibson (un/19) 5:11.0h; 7. Jesse Douglas-Tesch (un/M16) 5:11.7h; 8. Aaron Stucker (un/M17) 5:16.2h; 9. Devin Branson (un/M16) 5:26.2h; 10. Chad Shuburt Jackson (un/M15) 5:30.6h; 11. Steven Houck (un/M15) 5:31.6h; 12. Karl Kunkle (CNW / M48) 5:32.2h; 13. Morlin Elias (CNW / M37) 5:46.3h; 14. Arny Stonkus (un/M48) 5:51.7h; 15. Erik Wold (un/M15) 5:52.4h; 16. Justin Ricarte (un/M17) 5:56.4h; 17. Nolan Gatewood (un/M22) 6:24.7h.

## Men's 400-meter Dash

1. Tim Fryett (un/M19) 50.3h; 2. Neal Fryett (CNW/M23) 51.7h; 3. Tony Young (CNW/M41) 52.2h; 4. Vince Kinney (un/M16) 52.9h; 5. Brad Ellis (un/M17) 54.0h; 6. Tim Carrithers (un/M14) 55.3h; 7. David E. Ortman (un/M50) 56.8h; 8. Russ J. Acea (un/M50) 63.4h; 9. Will Leslie (un/M57) 68.1h.

## Women's 800-meter Dash

1. Angela Wishaar (un/F20) 2:23.3h; 2. Karen Schwanger (un/F19) 2:23.7h.

## Men's 800-meter Dash

1. Tony Young (CNW / M41) 2:05.8h; 2. Joel Purcell (un/M18) 2:07.1h; 3. Neal Fryett (CNW / M23) 2:09.5h; 4. Brett Johnson (un/M21) 2:12.1h; 5. Pat Croteau (un/M15) 2:12.7h; 6. Keith Thomas (un/M35) 2:30.2h; 7. Rick Hammond (un/M51) 2:34.2h; 8. Bob Burwell (un/M57) 2:42.2h.

## Co-ed 4x400-meter Relay

1. University of Washington Ironmen (Preston Brashers M20, Andrew Robinson M20) 3:59.9h; 2. Ice Cream (Brent Johnson M21, Joel Purcell M18, Davey Desmarass M17, Attila the Run M17) 4:07.0h; 3. Unnamed (Karen S. F19, Dan S. M23, Glen T. M21, Angela W. F20) 4:39.6h.

## Women's 3000-meter Run

1. Kristina Proticova (un/F24) 9:55.2h.

## Men's 3000-meter Run

1. Casey Moriarty (un/M20) 8:56.1h; 2. Alan Triggs (un/M31) 9:19.5h; 3. Martin Guttmann (un/M25) 9:30.7h; 4. Patrick Lindsay (un/M31) 9:55.5h; 5. Pat Croteau (un/M15) 10:25.6h; 6. Karl Kunkle (CNW/M48) 10:41.2h; 7. Joel Purcell (un/M18) 11:11.6h; 8. Frank Covelli (un/M45) 11:25.4h. Two runners DNF.

## No Entrants

Women's Pole Vault, Men's Pole Vault, Women's Long Jump, Women's Triple Jump, Women's Shot Put, Women's Discus,

Men's Javelin, Women's Javelin, Kid's Mile Run, Co-Ed Race Walk, Women's 100-meter Hurdles, Women's 100-meter Dash, Co-Ed 4x100-meter Relay, Women's 400-meter Dash.

