

## MEET 03 -- 11 JUNE 2003

Mountlake Terrace High School, Mountlake Terrace, Washington

### OUTSTANDING PERFORMANCES

Male -- none

Female -- Danielle Ayers-Stamper and Linda Blake, both SPU, multiple events including Long Jump and Hurdles

**TOTAL ENTRIES** -- 200

### FIELD EVENT RESULTS

#### Kids High Jump

nh. Charlie Gerlach (un/M13).

#### Women's High Jump

1. Susan Sifferman (un/F18) 1.40m (4-7).

#### Men's High Jump

1. Kurt Spann (un/M??) 1.90m (6-2 3/4); 2. Ben Dillow (un/M18) 1.90m (6-2 3/4); 3. Daniel Snowden (un/M??) 1.86m (6-1 1/4); 4. Donald Rojas (un/M18) 1.81m (5-11 1/4); 5. Vince Kinney (un/M16) 1.76m (5-9 1/4); 6. Tim Carrithers (un/M14) 1.62m (5-3 3/4); 7. Russ J. Acea (un/M50) 1.40m (4-7); Mike Dillow (un/M??) 1.35m (4-5 1/4); nh. David Garcia (un/M??).

#### Kid's Long Jump

1. Betsy Wade (un/F10) 3.08m (10-1 1/4); 2. William Powell (un/M10) 2.93m (9-7 1/4); 3. Lydia Stitsel (un/F11) 2.87m (9-5); 4. Chris Namba (un/M8) 2.84m (9-3 3/4); 5. Wayana Dolan (un/F8) 2.54m (8-4); 6. Patrick Powell (un/M7) 2.46m (8-0 3/4); 7. Charlie Gerlach (un/M13) 2.45m (8-0 1/2); 8. Quincy Banister (un/M7) 2.27m (7-5 1/4); 9. Blake Oakley (un/M9) 2.26m (7-5); 10. KeAndre Hulb (un/M8) 2.17m (7-1 1/2); 11. Sonja Miranda (un/F8) 2.07m (6-9 1/2); 12. Alec Wade (un/M7) 2.06m (6-9); 13. Khalil Howse (un/M7) 1.76m (5-9 1/4); 14. Tomas Miranda (un/M5) 1.53m (5-0 1/4); 15. Allison Namba (un/F3) 1.03m (3-4 1/2).

#### Women's Long Jump

1. Danielle Ayers-Stamper (un/F19) 5.50m (18-0 1/2); 2. Linda Blake (un/F18) 4.83m (15-10 1/4); 3. Necie Samms (un/F13) 3.30m (10-10).

#### Men's Long Jump

1. Daniel Snowden (un/M26) 6.62m (21-8 3/4); 2. Chris Randolph (un/M19) 6.30m (20-8); 3. Tim Carrithers (un/M14) 6.20m (20-4); 4. Jack Hoyt (un/M38) 6.20m (20-4); 5. Abdul Rahman (un/M27) 5.53m (18-1 3/4); nm. Justin Fuller (un/M18).

#### Women's Triple Jump

1. Susan Sifferman (un/F18) 8.47m (27-9 1/2).

#### Men's Triple Jump

1. Daniel Snowden (un/M26) 12.00m (29-4 1/2).

#### Women's Shot Put

(8lb) 1. Danielle Ayers-Stamper (un/F19) 11.38m (37-4); 2. Linda Blake (un/F18) 10.30m (33-9 1/2).  
(4k) 1. Tiffany Bigham (un/F16) 10.58m (34-8 1/2).

#### Men's Shot Put

(16lb) 1. Jack Hoyt (un/M38) 11.48m (37-8).  
(12lb) 1. David Pax (un/M18) 15.80m (51-10); 2. Gabe Hammond (un/M17) 13.96m (45-9 1/2); 3. Chris Randolph (un/M19) 11.95m (39-2 1/2); 4. David Garcia (un/M18) 10.96m (35-11 1/2).

#### Women's Discus Throw (1.0kg only)

1. Tiffany B. (un/F16) 29.36m (96-4).

### **Men's Discus throw**

(2k) 1. Jack Hoyt (un/M38) 38.20m (125-4); 2. Rod Wilcox (un/M37) 33.76m (110-9); 3. Chris Salas (un/M32) 32.92m (108-0); 4. Daniel Snowden (un/M26) 26.32m (86-4); 5. Tim Carrithers (un/M14) 18.36m (60-2 3/4).

(1.6k) 1. David Pax (un/M18) 43.08m (141-4); 2. Chris Randolph (un/M19) 38.18m (125-5); 3. Gabe Hammond (un/M17) 34.40m (112-10).

(1.5k) 1. Russ Acea (un/M50) 28.94m (94-11).

### **Kids TurboJav™ Toss (meters only measurements this week)**

1. Tim Carrithers (un/M14) 30.5m; 2. Dominique Anderson (un/M12) 23m; 3. Deborah Anderson (un/F10) 21.5m; 4. Chris Namba (un/M8) 14.5m; 5. (tie) Lydia Stitsel (un/F11) and Charlie Gerlach (un/M13) 10.5m; 7. Alec Wade (un/M7) 9m; 8. Sonja Miranda (un/F8) 5.5m; 9. Wayana Dolan (un/F8) 5m; 10. Tomas Miranda (un/M5) 3.5m; 11. Allison Namba (un/F3) 2m.

### **Women's Javelin Throw (600g only)**

1. Rochelle Weems (un/F22) 37.00m (121-4 1/2).

### **Men's Javelin Throw**

(600g) 1. David Pax (un/M18) 45.98m (150-10); 2. Vince Kinney (un/M16) 35.13m (115-3 1/2); 3. Nick Lewis (un/M16) 31.88m (104-7).

(800g) 1. David Garcia (un/M18) 34.77m (114-0 3/4); 2. Russ Acea (un/M50) 33.88m (111-2).

## **TRACK EVENT RESULTS**

### **Kid's 100-meter Dash**

1. Deborah Anderson (un/F10) 16.0h; 2. Dominique Anderson (un/M12) 16.4h; 3. Chris Namba (un/M8) 16.5h; 4. Quincy Banister (un/M7) 17.0h; 5. Betsy Wade (un/F10) 17.1h; 6. William Powell (un/M10) 17.3h; 7. Steven Sifferman (un/M11) 17.3h; 8. Wayana Dolan (un/F8) 17.5h; 9. Pat Powell (un/M7) 17.9h; 10. Khalil Howse (un/M7) 18.2h; 11. KeAndre Hunter (un/M8) 22.2h; 12. Blake Oakley (un/M9) 22.7h; 13. Sonja Miranda (un/F8) 25.0h; 14. Tomas Miranda (un/M5) 29.2h; 15. Liam Elias (un/M3) 31.2h; 16. Allison Namba (un/F3) 45.4h.

### **Kid's 50-meter Dash**

1. Lacey Gosenberg (un/F13) 7.5h; 2. Necie Samms (un/F13) 8.0h; 3. Deborah Anderson (un/F10) 8.3h; 4. Dominique Anderson (un/M12) 8.5h; 5. (tie) Chris Namba (un/M8) and Betsy Wade (un/F10) 8.7h; 7. William Powell (un/M10) 8.7h; 8. Wayana Dolan (un/F8) 9.0h; 9. Pat Powell (un/M7) 9.1h; 10. Khalil Howse (un/M7) 9.4h; 11. (tie) KeAndre Hunter (un/M8) and Alec Wade (un/M7) 9.9h; 13. Sonja Miranda (un/F8) 10.5h; 14. Blake Oakley (un/M9) 11.2h; 15. Tomas Miranda (un/M5) 14.2h; 16. Liam Elias (un/M3) 16.0h; 17. Allison Namba (un/F3) 20.4h.

### **Kid's 200-meter Dash**

1. Dominique Anderson (un/M12) 36.7h; 2. Quincy Banister (un/M7) 37.1h; 3. Chris Namba (un/M8) 37.2h; 4. Charlie Gerlach (un/M13) 37.3h; 5. Betsy Wade (un/F10) 37.8h; 6. (tie) Wayana Dolan (un/F8) and Deborah Anderson (un/F10) 37.9h; 8. Pat Powell (un/M7) 38.8h; 9. Khalil Howse (un/M7) 39.6h; 10. Alec Wade (un/M7) 48.0h.

### **Kid's Mile Jog**

1. Necie Samms (un/F10) 7:37.0h; 2. Lacey Gosenberg (un/F13) 8:37.9h; dnf. Deborah Anderson (un/F10).

### **Women's 100-meter Hurdles (33" only)**

1. Linda Blake (un/F18) 14.5h; 2. Danielle Ayers-Stamper (un/F19) 15.4h.

### **Men's 110-meter Hurdles**

(36" 100-meters) 1. Russ Acea (un/M50) 16.6h.

(39") 1. Vince Kinney (un/M16) 17.8h; 2. Justin Fuller (un/M18) 20.2h.

(42") 1. Chris Randolph (un/M19) 16.2h; 2. Ben Dillow (un/M18) 17.0h.

### **Women's 100-meter Dash**

1. Kristianna Odom (un/F19) 13.8h; 2. Lacey Gosenberg (un/F13) 14.6h.

### **Men's 100-meter Dash**

1. Chris Wada (un/M18) 11.4h; 2. Ben Blackmer (un/M27) 11.6h; 3. Ben Dillow (un/M18) 11.7h; 4. Jarrett Habu

(un/M18) 11.8h; 5. Chris Randolph (un/M19) 11.9h; 6. Greg Stettler (un/M16) 12.0h; 7. Tim Carrithers (un/M14) 12.1h; 8. Vince Kinney (un/M16) 12.2h; 9. (tie) Sam Brancheau (un/M17) and Rod Wilcox (un/M37) 12.3h; 11. Sean Doyle (un/M20) 13.0h; 12. Russ Acea (un/M50) 13.2h; 13. Luke Kutrick (un/M17) 13.5h; 14. Mike Dillow (un/M47) 14.7h; 15. James Maciel (un/M18) nt.

#### **Co-ed Jogger's Mile** (listed by order of best prediction)

1. Nick Welch (un/M15) 8:00-7:55 **-5**; 2. (tie) Marty Stitsel (un/M57) 7:32-7:22 **-10** and John Kaiser (un/M59) 8:40-8:30 **-10** and Arny Stonkus (un/M48) 7:30-7:40 **+10**; 5. Karl Kunkle (CNW/M48) 7:30-7:41 **+11**; 6. Michael Allison (CNW/M51) 7:05-6:53 **-12**; 7. (tie) Morlin Elias (CNW/M37) 7:15-7:01 **-14** and Phil Welch (SnoTC/M54) 7:49-7:35 **-14**; 9. Luke Kutrich (un/M17) 7:30-6:50 **-40**; 10. Rick Hammond (un/M51) 10:00-9:14 **-46**; 11. (tie) Sean Doyle (un/M17) 7:30-6:58 **-52** and Sam Brancheau (un/M17) 7:30-6:38 **-52**.

#### **Co-ed 4x100-meter Relay**

1. The French Seals (Justin Fuller M18, Tim Carrithers M14, Ben Dillow M18, Vince Kinney M16) 46.6h; 2. Goofy Freshman (Danielle Ayers Stamper F19, Linda Blake F18, Jack Hoyt M38, Chris Randolph M19) 51.0h.

#### **Men's Mile Run**

1. Patrick Lindsay (un/M31) 5:11.0h; 2. Karl Kunkle (CNW/M48) 5:28.6h; 3. Morlin Elias (CNW/M37) 5:37.0h; 4. Rick Hammond (un/M51) 5:48.1h; 5. Dillon Betts (un/M13) 5:49.9h; 6. Justin Ricarte (un/M17) 5:54.0h.

#### **Men's 400-meter Dash**

1. Ben Dillow (un/M18) 52.3h; 2. Vince Kinney (un/M16) 53.5h; 3. Sean Doyle (un/M17) 54.3h; 4. Tim Carrithers (un/M14) 54.6h; 5. John Teal (un/M17) 55.0h; 6. Paul Mach (SPU/M21) 56.2h; 7. Kyle Smith (un/M17) 56.4h; 8. Neal Fryett (CNW/M23) 57.2h; 9. Greg Stettler (un/M16) 60.1h; 10. Russ Acea (un/M50) 63.4h; 11. Will Leslie (un/M57) 68.0h; 12. Rick Hammond (un/M51) 69.3h; 13. Mike Dillow (un/M47) 80.3h; 14. Steven Sifferman (un/M11) 92.0h.

#### **Women's 800-meter Dash**

1. Susan Sifferman (un/F18) 2:51.6h.

#### **Men's 800-meter Dash**

1. Tim Fryett (un/M19) 2:02.1h; 2. Nick Welch (RCFlyers/M15) 2:11.6h; 3. Matt Hollingsworth (un/M35) 2:13.6h; 4. Calvin Grover (un/M12) 2:25.8h; 5. Arny Stonkus (un/M48) 2:32.3h; 6. Clayton Douglas (un/M13) 2:53.4h.

#### **Men's 3000-meter Run**

1. Michael Allison (CNW/M51) 10:11.6h; 2. Jon Sonmosa (un/M44) 10:13.1h; 3. Frank Dauncey (CNW/M45) 10:29.8h; 4. Morlin Elias (CNW/M37) 11:35.0h; 5. Calvin Grover (un/M12) 11:35.4h; 6. Frank Covelli (un/M45) 11:51.3h; 7. Doug Prestrud (un/M46) 11:59.7h; 8. Justin Ricarte (un/M17) 12:20.3; 9. John Teal (un/M17) 12:47.8h; 10. Kyle Smith (un/M/17) 13:36.6h; 11. Clayton Douglas (un/M13) 13:40.4.

#### **No Entrants**

Men's Pole Vault, Women's Pole Vault, Kid's Shot Put, Co-Ed Race Walk, Women's Mile, Women's 400-meter Dash, Co-ed 4x400-meter Relay, Women's 3000-meter Run.