

MEET 08 -- 16 JULY 2003

Edmonds District Stadium, Edmonds, Washington

OUTSTANDING PERFORMANCES

Male -- David Martin, CNW, 5000m

Female -- Sarah Leonard, CNW, 800m

TOTAL ENTRIES -- 435 -- second highest total of the last six years!

FIELD EVENT RESULTS

Kids High Jump

1. (tie) Anthony Mickelson (un/M11) and Mara Willaford (un/F10) 1.05m (3-5 1/4); 3. Achil Jackson (un/F12) 0.97m (3-2 1/4); nh. Patrick Willaford (un/M13).

Women's High Jump

1. Emily Handley (un/F16) 1.42m (4-8); 2. Susan Sifferman (un/F18) 1.38m (4-6 1/4).

Men's High Jump

1. Jeff Skiba (CNW/M19) 1.95m (6-4 3/4); 2. Andrew Lyle (un/M??) 1.88m (6-2); 3. (tie) Doug Misner (un/M??) and Ben Dillow (un/M18) 1.82m (5-11 3/4); 5. Mike Ancira (un/M17) 1.82m (5-11 3/4); 6. Vince Kinney (un/M16) 1.77m (5-9 3/4); 7. Brian Lucke (un/M17) 1.67m (5-5 3/4); 8. Glen Finley (un/M17) 1.62m (5-3 3/4); 9. (tie) Erik Johnson (un/M15) and Bruce McLean (CNW/M47) 1.53m (5-0 1/4); 11. Taylor Ferre (un/M18) 1.53m (5-0 1/4); 12. Gennadin Kalvish (un/M16) 1.53m (5-0 1/4); 13. Tim Carrithers (un/M14) 1.49m (); 14. Bryant Shiu (un/M14) 1.49m (4-10 3/4); 15. Nathan Dillow (un/M14) 1.42m (4-8); 16. Mike Dillow (un/M48) 1.38m (4-6 1/4); 17. David Dillow (un/M14) 1.38m (4-6 1/4); 18. Paul Rice (un/M38) 1.32m (4-4).

Women's Pole Vault

1. Emily Enders (un/F18) 3.58m (11-9); 2. Laura Schvaneveldt (un/F15) 2.82m (9-3); 3. Kelly Wright (un/F22) 2.82m (9-3); 4. Molly Loesche (un/F18) 2.59m (8-6); 5. Andrea Madison (un/F17) 2.59m (8-6); 6. Kirsten Hansen-Day (un/F15) 2.36m (7-9); 7. (tie) Anna Reiser (un/F17) and Emma George (un/F16) 2.36m (7-9); 9. Susan Sifferman (un/F18) 2.13m (6-11 3/4); 10. Callie Jones (un/F19) 1.90m (6-2 3/4); nh. Sandy Gutierrez (un/F22) and Ashley Werner (un/F16) and Christina Simunds (un/F18).

Men's Pole Vault

1. McKane Lee (un/M19) 4.73m (15-6 1/4); 2. Charlie Vilagracia (un/M19) 4.04m (13-3); 3. Vinh Chung (un/M20) 4.04m (13-3); 4. Pat Licari (un/M35) 3.81m (12-6); 5. Charlie Shugart (un/M44) 3.58m (11-9); 6. Brian Lucke (un/M17) 3.58m (11-9); 7. Jose Castaneda (un/M16) 3.35m (11-0); 8. Paul Angell (un/M40) 3.28m (10-9); 9. Julian Clymer (un/M14) 3.28m (10-9); 10. Ryan Pierce (un/M16) 3.05m (10-0); 11. Brandon O'Toole (un/M18) 2.82m (9-3); 12. (tie) Mohler Simpson (un/M65) and Dave Butler (un/M63) 2.36m (7-9); 14. Nathan Dillow (un/M14) 2.13m (6-11 3/4); 15. David Dillow (un/M14) 2.13m (6-11 3/4); 16. Mike Dillow (un/M48) 2.13m (6-11 3/4); nh. Ryan Fonda (un/M17) and Ryan Vu (un/M15) and Jesse Winters (un/M13).

Kid's Long Jump

1. Tim Carrithers (un/M14) 5.55m (18-2 1/2); 2. Chris Namba (un/M08) 3.22m (10-6 3/4); 3. Kaci Jones (un/F09) 2.87m (9-5); 4. Mara Willaford (un/F10) 2.80m (9-2 1/4); 5. Frank Chiappone (un/M08) 2.76m (9-0 3/4); 6. Jamie Good (un/M09) 2.67m (8-9); 7. Aschel Jackson (un/??12) 2.66m (8-8 3/4); 8. Jasmine Nicholas (un/F09) 2.64m (8-8); 9. Tyler Schnecke (un/M09) 2.60m (8-6 1/4); 10. KayKay Good (un/F09) 2.58m (8-5 1/2); 11. Madison Lund (un/F09) 2.46m (8-0 3/4); 12. (tie) Jason Winters (un/M09) 2.28m (7-5 3/4); 13. Julia Winters (un/F09) 2.25m (7-4 3/4); 14. Lynnea Maraveller (un/F08) 2.09m (6-10 1/4); 15. (tie) BJ Dondoyano (un/M06) and Sonja Miranda (un/F08) 2.06m (6-8); 17. Katelin Licari (un/F09) 2.00m (6-6 3/4); 18. Miranda Reddick (un/F07) 1.94m (6-4 1/2); 19. Bennett Dondoyano (un/M04) 1.41m (4-7 1/2); 20. Patrick Willaford (un/M12) 1.40m (4-7); 21. Tomas Miranda (un/M05) 1.38m (4-6 1/4); 22. Allison Namba (un/F03) 0.96m (3-1 3/4).

Women's Long Jump

1. Lindsey Reef (un/F19) 4.37m (14-4); 2. Susan Sifferman (un/F18) 3.86m (12-8); 3. Emma George (un/F16) 3.45m (11-3 3/4).

Men's Long Jump

1. Andrew Lyle (un/M20) 6.20m (20-4); 2. Ben Dillow (un/M18) 6.06m (19-10 1/2); 3. Abdul Rahanan (un/M27) 5.84m (19-2); 4. Rod Wilcox (un/M37) 5.74m (18-10); 5. Vince Kinney (un/M16) 5.48m (17-11 3/4); 6. Hadley Ma (un/M18) 5.45m (17-10 1/2); 7. Erik Johnson (un/15) 4.95m (16-3); 8. Bryant Shiu (un/M18) 4.38m (14-4 1/2); 9. David Dillow (un/M14) 4.22m (13-10 1/4); nm. Tim Carrithers (un/M14).

Women's Triple Jump

1. Susan Sifferman (un/F18) 8.32m (27-3 1/2).

Men's Triple Jump

1. Andrew Lyle (un/M20) 12.66m (41-6 1/2); 2. Brian Lucke (un/M17) 11.97m (39-3 1/4); 3. Hadley Ma (un/M18) 11.55m (37-10 3/4); 4. Taylor Ferre (un/M18) 10.93m (35-10 1/4).

Kid's Shot Put

(12lb) 1. Tim Carrithers (un/M14) 9.51m (31-2 1/2); 2. Nathan Dillow (un/M14) 7.15m (23-5 1/2).

(6lb) 1. Dannen Hagglund (un/M11) 6.76m (22-2 1/4); 2. Kaci Jones (un/F09) 6.48m (21-3).

Women's Shot Put

(8lb) 1. Emma George (un/F16) 6.71m (22-0 1/4).

Men's Shot Put

(16lb) 1. Chris Salas (un/M32) 11.88m (38-11 3/4); 2. Taylor (un/M18) 11.12m (36-5 3/4); 3. Nolan Gatewood (un/M22) 10.47m (34-4 1/4); 4. Mike Dillow (un/M48) 7.78m (25-6 1/4).

(12lb) 1. Gabe Hammond (un/M17) 12.98m (42-7); 2. Ben Dillow (un/M18) 11.24m (36-10 1/2); 3. Gennadiy Kalvish (un/M16) 10.85m (35-7 1/4); 4. Daniel Enders (un/M16) 7.98m (26-2 1/4).

Women's Discus Throw (1.0kg only)

1. Janice McCallon (un/F17) 26.82m (88-0); 2. Danielle Ansotigue (un/F17) 26.54m (87-1).

Men's Discus Throw

(2.0kg) 1. Joe Gatewood (un/M20) 40.10m (131-7); 2. Christian Salas (un/M32) 35.08m (115-1); 3. Nolan Gatewood (un/M22) 34.76m (114-0); 4. Gabe Hammond (un/M17) 22.65m (74-3 3/4); 5. Mike Dillow (un/M18) 19.75m (64-9 1/2).

(1.6kg) 1. Gennadiy Kalvish (un/M16) 35.81m (117-5); 2. Ben Dillow (un/M18) 34.16m (112-1); 3. Howie Kellogg (un/M57) 27.33m (89-8 1/2); 4. Hadley Ma (un/M18) 23.95m (78-7); 5. Taylor Ferre (un/M18) 23.06m (75-7 3/4); 6. Brady Henderson (un/M16) 22.74m (74-7 1/4); 7. David Dillow (un/M14) 19.06m (62-6 1/2); 8. Steven Miller (un/M17) 18.91m (62-0 1/2).

Kids TurboJav™ Toss (measured in yards using football hashmarks)

1. Kaci Jones (un/F09) 21.0y; 2. Jamie Good (un/M09) 15.5y; 3. Tyler Schweck (un/M09) 15.0y; 4. Jason Winters (un/M09) 14.0y; 5. Patrick Willaford (un/M13) 13.5y; 6. Frank Chiappone (un/M08) 12.0y; 7. David Goldstone (un/M08) 11.5y; 8. Sophia Hansen-Day (un/F10) 11.0y; 9. (tie) Sonja Miranda (un/F08) and Miranda Reddick (un/F07) 9.0y; 11. Sweeal Jackson (un/F12) 8.5y; 12. B.J. Dondoyano (un/M06) 8.0y; 13. Katelin Licari (un/F07) 7.5y; 14. Lila Rice (un/F08) 7.0y; 15. Mara Willaford (un/F10) 6.5y; 16. KayKay Good (un/F9) 6.0y; 17. (tie) Bennett Dondoyano (un/M4) and Jesse Goldstone (un/M4) 5.0y; 19. Tomas Miranda (un/M5) 4.5y; 20. Jonathan Robinson (un/M3) 2.5y; 21. Allison Namba (un/F3) 1.5y.

Women's Javelin Throw (600g only)

1. Danielle Ansotigue (un/F17) 32.09m (105-3 1/2); 2. Molly Loesche (un/F18) 30.47m (99-11 1/2); 3. Elise Knutzen (un/F15) 28.65m (93-11 1/2).

Men's Javelin Throw

(800g) 1. Alex McClure (un/M20) 57.31m (188-0 1/4); 2. Jeff Skiba (CNW/M19) 47.17m (154-8 3/4); 3. Wills Mitchell (un/M17) 41.69m (136-9 1/2); 4. Vinh Chung (un/M19) 40.02m (131-3 1/2); 5. Nolan Gatewood (un/M22) 37.52m (123-1).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Tyler Schwecke (un/M09) 17.0h; 2. (tie) Jasmine Nicholas (un/F09) and Chris Namba (un/M08) 17.4h; 4. Mara Willaford (un/F10) 17.7h; 5. Anthony Mickelson (un/M11) 18.0h; 6. Jamie Good (un/M09) 18.4h; 7. Madison Lund (un/F09) 18.5h; 8. Frank Chiappone (un/M08) 19.0h; 9. Jason Winters (un/M09) 19.0h; 10. KayKay Good (un/F09) 19.3h; 11. Lila Rice (un/F08) 19.8h; 12. Sam Prestrud (un/M07) 21.1h; 13. Miranda Reddick (un/F07) 21.3h; 14. Julia Winters

(un/F07) 21.8h; 15. Katelin Licari (un/F07) 21.9h; 16. Sophia Hansen-Day (un/F10) 22.2h; 17. Lynnea Marawella (un/F08) 23.9h; 18. B.J. Dondoyano (un/M06) 25.1h; 19. Ella Chiappone (un/F04) 28.0h; 20. Bennett Dondoyano (un/M04) 28.5h; 21. Tomas Miranda (un/M05) 28.5h; 22. Allison Namba (un/F03) 35.0h.

Kid's 50-meter Dash

1. Jasmine Nicholas (un/F09) 8.7h; 2. Mara Willaford (un/F10) 8.9h; 3. Madison Lund (un/F09) 9.0h; 4. Kaci Jones (un/F09) 9.3h; 5. (tie) Anthony Mickelson (un/M11) and Chris Namba (un/M08) 9.4h; 7. Frank Chiappone (un/M08) 9.6h; 8. Jason Winters (un/M09) 9.7h; 9. (tie) KayKay Good (un/F09) and David Goldstone (un/M08) 10.1h; 11. (tie) Miranda Reddick (un/F07) and Sonja Miranda (un/F08) 10.4h; 13. Sam Prestrud (un/M07) 10.7h; 14. Katelin Licari (un/F07) 10.9h; 15. Julia Winters (un/F07) 11.1h; 16. Patrick Willaford (un/M13) 11.2h; 17. B.J. Dondoyano (un/M06) 11.7h; 18. Lynnea Maraweller (un/F08) 11.9h; 19. Ella Chiappone (un/F04) 12.7h; 20. Bennett Dondoyano (un/M04) 13.5h; 21. Jesse Goldstone (un/M04) 13.9h; 22. Tomas Miranda (un/M05) 14.4h; 23. Madison Licari (un/F03) 15.3h; 24. Alle Chiappone (un/F04) 15.7h; 25. Allison Namba (un/F03) 16.6h.

Kid's 200-meter Dash

1. Tyler Schwecke (un/M09) 35.9h; 2. Jasmine Nicholas (un/F09) 36.5h; 3. Chris Namba (un/M08) 36.7h; 4. Jamie Good (un/M09) 38.7h; 5. Frank Chiappone (un/M08) 39.6h; 6. David Goldstone (un/M08) 39.9h; 7. Lila Rice (un/F08) 40.1h; 8. Sam Prestrud (un/M07) 48.3h; 9. Katelin Licari (un/F07) 51.1h; 10. Jesse Goldstone (un/M04) 73.0h; 11. Allison Namba (un/F03) 1:39.0h; dnf. Madison Licari (un/F03).

Kid's Mile Jog

1. Jamie Good (un/M09) 7:06.9h; 2. Anthony Mickelson (un/M11) 7:08.1h; 3. Tyler Schwecke (un/M09) 7:35.9h; 4. David Goldstone (un/M08) 7:36.1h; 5. Frank Chiappone (un/M08) 8:36.5h; 6. Jesse Goldstone (un/M04) 12:18.2h.

Women's 400-meter Hurdles (30" only)

1. Carly Osness (un/F17) 72.2h; 2. Barbara Johnshoy (un/F16) 79.2h; 3. Susan Sifferman (un/F18) 79.3h.

Men's 400-meter Hurdles

(36") 1. Alex Mitchell (un/M16) 1:04.5h; 2. Dustin Goodnight (un/M17) 1:08.7h; 3. Sean Williams (un/M20) 1:09.1h.

Women's 200-meter Dash

1. Sophie Merwick (un/F16) 28.6h; 2. Lindsey Redfern (un/F??) 29.9h; 3. Angelica Lizak (un/F15) 30.1h.

Men's 200-meter Dash

1. (tie) Aaron Allen (un/M39) and Brandon Myers (un/M18) 23.4h; 3. Ben Dillow (un/M18) 23.4h; 4. (tie) William Abbasuioi (un/M??) and Jason Sims (un/M26) 23.9h; 6. Vince Kinney (un/M16) 24.3h; 7. Jed Sires (un/M24) 24.3h; 8. Clinton Seal (un/M21) 24.5h; 9. Tim Carrithers (un/M14) 24.6h; 10. Cody Vandermyn (un/M20) 24.7h; 11. Derek Merritt (un/M20) 25.2h; 12. Jarrett Habu (un/M18) 25.2h; 13. Greg Stettler (un/M17) 25.4h; 14. Rod Wilcox (un/M37) 25.6h; 15. Glen Finley (un/M17) 25.7h; 16. Brandon Thompson (un/M18) 25.8h; 17. Drew So (un/M15) 26.1h; 18. SungMin Kim (un/M14) 26.4h; 19. Jose Castaneda (un/M16) 26.5h; 20. Steven Miller (un/M17) 27.1h; 21. Nathan Dillow (un/M14) 27.6h; 22. David Dillow (un/M14) 28.6h; 23. Tony Deegan (un/M26) 29.6h; 24. Phil Hodges (un/M52) 31.9h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. (tie) Cheryl Robinson (CNW/F31) 7:49-7:50 **+1** and John Winters (un/M48) 7:45-7:44 **-1**; 3. Patrick Lindsay (un/M31) 7:40-7:42 **+2**; 4. Brandon Naidu (un/M17) 6:30-6:33 **+3**; 5. (tie) Ben Savage (un/M34) 6:40-6:36 **-4** and Shane Carothers (un/M22) 6:15-6:19 **+4** and James O'Connor (un/M29) 6:00-5:56 **-4**; 8. (tie) Joel Constable (un/M22) 6:00-5:55 **-5** and Dave Johnson (un/M46) 6:02-5:57 **-5** and Andy Gist (un/M25) 6:00-6:05 **-5** and Phil Pohl (PLU/M20) 6:00-6:05 **+5**; 12. (tie) Ian Brown (CNW/M40) 6:00-5:54 **-6** and Alex Mitchell (un/M16) 6:00-5:54 **-6**; 14. (tie) John Kaiser (un/M59) 8:45-8:53 **+8** and Dustin Goodnight (un/M17) 6:00-5:52 **-8** and Michael Allison (CNW/M51) 7:08-7:00 **-8** and Doug Rakel (un/M16) 6:20-6:28 **+8** and Carly Osness (un/F17) 7:00-6:52 **-8**; 19. (tie) Kenny Johnson (un/M17) 5:37-5:28 **-9** and Matt Zuvella (un/M19) 7:00-6:51 **-9**; 21. (tie) Karl Kunkle (CNW/M48) 7:30-7:42 **+12** and Kris Maraveller (un/F34) 6:11-6:23 **+12**; 23. Paul Rice (un/M38) 7:00-6:47 **-13**; 24. (tie) Travis Allbaugh (un/M17) 5:40-5:54 **+14** and Colin Zener (un/M20) 6:50-6:36 **-14**; 26. (tie) Steve Knox (un/M43) 8:10-7:55 **-15** and Brandon Meyers (un/M18) 8:10-7:55 **-15**; 28. David Davey (un/M39) 7:50-7:34 **-16**; 29. (tie) Sean Uchikawa (un/M22) 7:04-7:21 **+17** and Barbara Johnshoy (un/F16) 7:05-7:22 **+17**; 31. Lindsey Nietman (un/F16) 6:10-6:28 **+18**; 32. Matt Hart (un/M21) 6:30-6:11 **-19**; 33. Paul Swenson (un/M37) 7:30-7:09 **-21**; 34. (tie) Katrina Schwerdtfeger (un/F19) 7:30-7:07 **-23** and Lindsey Redfern (un/F??) 7:12-6:49 **-23**; 36. Kristen Gahnberg (un/F17) 7:15-7:40 **+25**; 37. Andy Howlett (un/M39) 6:30-6:04 **-26**; 38. Spencer Nietman (un/M14) 5:45-6:12 **+27**; 39. Lena Peloso (un/F15) 7:00-7:32 **+32**; 40. Phil Hodges (un/M52) 8:30-7:57 **-33**; 41. Frank Covelli (un/M45) 7:00-6:25 **-35**; 42. Christina Murphy (un/F20) 8:30-7:45 **-45**; 43. Brandon Thompson (un/M18) 6:00-5:11 **-49**; 44. Steven Miller (un/M17) 6:52-7:43 **+51**; 45.

Garron Smith (un/M40) 8:30-7:33 -57; 46. Jerry Wirkkala (un/M44) 6:30-7:50 +1:20; 47. Chris Wirkkala (un/M36) 6:00-7:51 +1:51.

Co-ed 4x100-meter Relay

1. X-Men (Jed Sires (Professor X) M24, Cody Vandermyn (Iceman) M20, Derek Merritt (Gambit) M20, Clinton Seal (Wolverine) M21) 46.9h; 2. Fathers-to-Sons (Rick, Miles, Todd, Justin) 48.7h; 3. 2 by 2 (Tim Carrithers M14, Vince Kinney M16) 48.9h; 4. Young Blood (Branden M20, Angelica L F15, Drew So M15, Will A M17) 49.4h; 5. Landscapeniers (Matt M21, Shane M22, Saku M22, Collin M20) 49.6h; 6. Shorts (Barbara Johnshoy F16, Dustin Goodnight M17, Alex Mitchell M16, Carly Osness F17) 54.1h; 7. Childcare (Cheryl Robinson F31, Frank M45, John M59, Tony Robinson M36) 77.9h.

Women's 1500-meter Run

1. Julie Vanderoet (un/F28) 5:24.6h; 2. Nina Abeyta (un/F23) 6:06.1h.

Men's 1500-meter Run

1. Alan Triggs (CNW/M31) 4:19.3h; 2. Ian Brown (CNW/M40) 4:20.6h; 3. Ben Sauvage (un/M34) 4:21.7h; 4. David Kesslek (un/M25) 4:22.2h; 5. James O'Connor (un/M29) 4:34.0h; 6. Steven Miller (un/M17) 4:40.7h; 7. Dave Flowers (CNW/M46) 4:42.3h; 8. Michael Allison (CNW/M51) 4:43.1h; 9. Brandon Thompson (un/M18) 4:47.3h; 10. Patrick Lindsay (un/M31) 4:47.7h; 11. Paul Rice (un/M38) 4:48.8h; 12. Paul Swenson (un/M37) 4:55.4h; 13. Rick Garrison (un/M50) 4:56.0h; 14. Jose Ayala (un/M19) 4:59.4h; 15. Arny Stonkus (un/M48) 5:00.0h; 16. Calvin Grover (un/M12) 5:03.5h; 17. Matt Zuvella (un/M19) 5:03.7h; 18. Chris Wirkkala (un/M36) 5:04.7h; 19. Mark Looi (un/M43) 5:08.0h; 20. Cameron Albertson (un/M12) 5:18.9h; 21. Jerry Wikkala (un/M44) 5:27.7h; 22. Frank Covelli (un/M45) 5:33.4h; 23. Doug Prestrud (un/M46) 5:34.3h; 24. Clayton Douglas (un/M13) 5:54.4h.

Women's 400-meter Dash

1. Lindsey Nietman (un/F16) 63.1h; Lena Peloso (un/F15) 77.8h.

Men's 400-meter Dash

1. Craig Atkinson (un/M19) 52.5h; 2. Aaron Allen (un/M39) 53.2h; 3. Jason Sims (un/M26) 53.7h; 4. Justin Stallworth (un/M??) 54.2h; 5. Tim Carrithers (un/M14) 54.9h; 6. Ajamu Davis (un/M22) 55.0h; 7. Kenny Johnson (un/M17) 55.5h; 8. Doug Rakel (un/M16) 56.6h; 9. Brandon Thompson (un/M18) 60.4h; 10. Mike Easterly (un/M52) 61.3h; 11. Spencer Nietman (un/M14) 63.7h; 12. Will Leslie (un/M57) 68.1h.

Women's 800-meter Dash

1. Sarah Leonard (CNW/F33) 2:17.9h; 2. Kelly Tysseling (un/F33) 2:34.1h; 3. Susan Sifferman (un/F18) 2:52.9h; 4. Katrina Schwerdtfeger (un/F19) 2:54.2h; 5. Nina Abeya (un/F23) 3:08.0h; 6. Christina Murphy (un/F20) 3:26.4h.

Men's 800-meter Dash

1. Pat Croteau (un/M15) 2:08.7h; 2. Dustin Gilbert (un/M34) 2:09.5h; 3. John Teal (un/M17) 2:14.4h; 4. Luke Dickinson (un/M17) 2:14.7h; 5. Brandon Thompson (un/M18) 2:15.9h; 6. Bryan Burdo (CNW/M46) 2:17.6h; 7. Lance Albertson (un/M41) 2:21.4h; 8. Rick Hammond (un/M51) 2:30.0h; 9. Rick Garrison (un/M50) 2:34.9h; 10. Jose Ayala (un/M19) 2:37.6h; 11. Brandon Myers (un/M18) 2:39.9h; 12. Steve Kok (un/M43) 2:40.2h.

Co-ed 4x400-meter Relay

1. Prairie Doggers (Saku Uchikawa M22, Shane Carothers M22, Colin Zener M20, Matt Hart M21) 4:08.1h; 2. Knights (Rod Wilcox M37, Brandon Thompson M17) 4:15.0h; 3. Hot Potatoes (Leonard, Tsiesung, Brown, Dustin) 4:20.8h; 4. Aardvarks (Arny Stonkus M48, Michael Allison M51, Karl Kunkle M48) 4:23.5h; 5. Socks (Lindsey F16, Dougie M16 Brandon M17, Kristen F17) 5:03.8h.

Women's 5000-meter Run

1. Katrina Schwerdtfeger (un/F19) 23:55.4h; 2. Christina Murphy (un/F20) 25:21.1h.

Men's 5000-meter Run

1. David Martin (CNW/M25) 14:30.3h; 2. Chris Charles (CNW/M26) 15:31.2h; 3. Ben Sauvage (un/M34) 15:56.2h; 4. Phil Pohl (un/M21) 16:35.7h; 5. Michael Stewart (un/M17) 16:36.0h; 6. David Kessler (un/M25) 16:38.8h; 7. Derry Betts (un/M16) 16:50.4h; 8. Chris Owens (un/M33) 17:06.7h; 9. Brian Van Houten (CNW/M28) 17:12.7h; 10. Brody Gann (un/M17) 17:13.6h; 11. Jack Prestrud (CNW/M46) 17:19.9h; 12. Garret Van Swearingen (un/M15) 17:24.5h; 13. Sean Doyle (un/M17) 17:35.1h; 14. Phil Collins (un/M17) 17:37.3h; 15. James O'Connor (un/M29) 17:44.4h; 16. Dave Johnson (un/M46) 17:44.9h; 17. Patrick Lindsay (un/M31) 17:53.8h; 18. Ian Brown (CNW/M40) 18:02.1h; 19. Andy Gist (un/M25)

18:09.4h; 20. Ben Hit-Campbl (un/M14) 18:12.8h; 21. Matt Zuvela (un/M19) 18:27.7h; 22. Justin Wolfe (un/M15) 18:56.8h; 23. Mark Looi (un/M43) 19:04.8h; 24. Justin Ricarte (un/M17) 20:17.2h; 25. Doug Prestrud (un/M46) 20:20.8h; 26. Michael Allison (CNW/M51) 20:23.7h; 27. Steven Miller (un/M17) 20:34.7h; 28. Frank Covelli (un/M45) 21:14.0h; dnf. Craig Vanderoef (CNW/M28).

No Entrants

Co-ed Mile Race Walk.