

MEET 11 -- 06 AUGUST 2003
THE SECOND ANNUAL RETRO MEET
Edmonds District Stadium, Edmonds, Washington

OUTSTANDING PERFORMANCES

Male -- Alex McClure, Dartmouth, Javelin Thro

Female -- Barbara Johnshoy, hurdles double!

TOTAL ENTRIES -- 325

FIELD EVENT RESULTS

Kid's High Jump

1. Tim Carrithers (un/M14) 5-4 (1.62m, actually 5-3 3/4); 2. Anthony Mickelsen (un/M11) 3-9 (1.14m); 3. (tie) Parisa Sonsagele (un/F09) and Katrina Sonsagele (un/F07) 2-5 (0.73m, actually 2-4 3/4); 5. Li Li Simon (un/F09) 2-4 (0.71m); nh. Alex Nelson (un/M06).

Women's High Jump

1. Stephanie Jaross (un/F21) 5-4 (1.62m, actually 5-3 3/4); 2. Tina Shoemake (un/F15) 5-0 (1.52m, actually 4-11 3/4); nh Susan Sifferman (un/F18).

Men's High Jump

1. Eric Greene (un/M25) 6-0 (1.83m); 2. Cameron Bailey (un/M17) 6-0 (1.83m); 3. Brian Lucke (un/M17) 5-10 (1.78m); 4. Jeremy McIver (un/M28) 5-8 (1.73m); 5. Bobby Good (un/M16) 5-8 (1.73m).

Women's Pole Vault

1. Sandy Erickson (un/F23) 11-9 1/4 (3.59m); 2. Sarah Hagenee (un/F18) 11-0 1/4 (3.36m); 3. Ally Studer (SPU/F21) 10-6 (3.20m); 4. Amber Rose (un/F21) 10-3 1/4 (3.13m); 5. Laura Schyaneveldt (un/F15) 8-9 (2.67m); 6. Kelly Wright (un/F22) 8-9 (2.67m); 7. (tie) Susan Sifferman (un/F18), Andrea Madison (un/F17), and Callie Jones (un/F19) 7-3 (2.21m); 10. Shelby Contreras (un/F17) 7-3 (2.21m); nh Christina Simunds (un/F??), Emily Enders (un/F18), and Kim Dahm (un/F17).

Men's Pole Vault

1. McKane Lee (un/M19) 4.58m (15-0 1/4); 2. Ron Johnson (CNW/M34) 15-0 1/4 (4.58m); 3. Jack Hoyt (Falcon TC/M39) 12-9 1/4 (3.89m); 4. Charlie Villagracia (un/M19) 12-0 (3.66m); 5. Chris Csonka (un/M17) 12-0 (3.66m); 6. Bryan Lucke (un/M17) 12-0 (3.66m); 7. Alan Huynh (un/M17) 11-3 (3.43m); 8. Richard Lim (un/M16) 11-0 1/4 (3.36m); 9. Paul Angell (un/M40) 10-3 1/4 (3.13m); nh. Ryan Fonda (un/M17), Ryan Vu (un/M15), and John Novak (un/M23).

Kid's Broad Jump

1. Tim Carrithers (un/M14) 20-3 (6.17m); 2. Anthony Mickelsen (un/M11) 10-8 3/4 (3.27m); 3. Dustin McPhillips (un/M07) 9-11 (3.02m); 4. Mara Willaford (un/F10) 9-7 3/4 (2.94m); 5. Brian Ess (un/M12) 8-9 (2.67m); 6. Achil Jackson (un/F12) 8-8 (2.64m); 7. Kay Kay Good (un/F09) 7-11 (2.41m); 8. Parisa Sonsagele (un/F09) 7-3 (2.21m); 9. Miranda Reddick (un/F08) 7-1 (2.16m); 10. B.J. Dondoyano (un/M06) 6-9 (2.06m); 11. Patrick Willaford (un/M13) 6-6 3/4 (2.00m); 12. Bennett Dondoyano (un/M04) 5-10 3/4 (1.80m); 13. Katrina Sonsagele (un/F07) 5-5 3/4 (1.67m); 14. Nathan McIver (un/M05) 5-3 3/4 (1.62m); 15. Nathaniel Schuessler (un/M05) 4-0 (1.22m); 16. Alex Nelson (un/M06) 3-3 (0.99m); 17. Jonathan Robinson (CNW/M04) 2-4 (0.71m).

Women's Broad Jump

1. Susan Quick (un/F20) 17-1 (5.21m); 2. Susan Sifferman (un/F18) 13-9 (4.19m).

Men's Broad Jump

1. Tim Carrithers (un/M14) 19-7 3/4 (5.99m); 2. Spencer Stiglets (un/M22) 18-8 (5.69m); 3. Alan Huynh (un/M17) 17-11 (5.46m); 4. Mike Schuessler (un/M36) 10-10 (3.30m).

Women's Hop-Step-Jump

1. Susan Sifferman (un/F18) 27-3 (8.30m).

Men's Hop-Step-Jump

1. Spencer Stiglets (un/M22) 40-0 (12.19m); 2. Bryan Lucke (un/M17) 37-11 (11.56m); 3. Derek Dow (un/M17) 30-9

(9.37m).

Kid's Shot Put

(6lb) 1. Brian Ess (un/M12) 25-7 (7.80m).

(12lb) 1. Tim Carrithers (un/M14) 29-4 3/4 (8.96m).

Women's Shot Put (4.0kg only)

1. Dionna Anderson (un/F25) 37-8 (11.48m); 2. Jennifer Conner (un/F18) 34-8 (10.56m); 3. Lauren Knox (un/F22) 32-11 1/4 (9.43m); 4. Ally Studer (SPU/F21) 23-11 3/4 (7.31m).

Men's Shot Put

(12lb) 1. Gabe Hammond (un/M17) 43-9 1/2 (13.35m).

(16lb) 1. Jack Hoyt (FalconTC/M39) 38-4 1/2 (11.69m); 2. Shaun Stoddard (un/M20) 29-2 3/4 (8.91m).

Women's Discus Throw (1.0kg only)

1. Lauren Kooy (SPU/F22) 114-3 (34.82m); 2. Jennifer Conner (un/F18) 97-5 (29.70m); 3. Dionna Anderson (un/F25) 90-5 (27.56m).

Men's Discus Throw

(2.0kg) 1. Jack Hoyt (FalconTC/M39) 127-4 (38.82m); 2. Shaun Stoddard (un/M20) 86-7 (26.40m); 3. Gabe Hammond (un/M17) 86-0 (26.22m).

Kid's TurboJav™ Toss (measured in yards using football hashmarks)

1. Spencer Nietmann (un/M14) 22.5y; 2. (tie) Dustin McPhillips (un/M07) and Anthony Mickelsen (un/M11) 13.5y; 4. Lena Peloso (un/F14) 13.0y; 5. KayKay Good (un/F09) 11.0y; 6. David Goldstone (un/M08) 10.0y; 7. Parisa Sonsagele (un/F09) 9.5y; 8. Anders Jordan (un/M07) 9.0y; 9. Devon Grove (un/M07) 8.5y; 10. B.J. dondoyano (un/M8.0y); 11. Alex Nelson (un/M06) 6.5y; 12. (tie) Bennett Dondoyano (un/M06) and Katrina Sonsagele (un/F06) 5.5y; 14. (tie) Jesse Goldstone (un/M04) and Nathan McIver (un/M05) 4.5y; 16. Nathaniel Schuessler (un/M08) 3.5y; 17. Jonathan Robinson (CNW/M03) 3.0y 18. Erin Grove (un/F04) 2.5y; 19. Jonathan Schuessler (un/M02) 1.0y.

Men's Javelin Throw (800g only)

1. Alex McClure (Dartmouth/M20) 206-10 (63.04m); 2. Michael Davis (un/M15) 173-4 (52.84m); 3. Derek Dow (un/M17) 149-0 (45.42m); 4. Bryan Lucke (un/M17) 107-4 (32.72m); 5. Brandon Linstead (un/M15) 99-9 (30.40m); 6. Chris Lehman (un/M15) 83-8 (25.50m); 7. Les Netterstrom (un/M44) 73-9 (22.48m); 8. Jim Padden (un/M64) 73-0 (22.26m); 9. Cameron Reddick (un/M14) 40-5 3/4 (12.34m).

TRACK EVENT RESULTS

Kid's 100-yard Dash

1. Arnaud Kpachari (un/M10) 13.9h; 2. Paul Seaton (un/M12) 15.6h; 3. Mara Willaford (un/F10) 15.7h; 17.8h; 4. Dustin McPhillips (un/M07) 16.9h; 5. Parisa Sonsagele (un/F09) 17.2h; 6. KayKay Good (un/F09) 17.6h; 7. David Goldstone (un/M08) 18.1h; 8. Miranda Reddick (un/F08) 19.1h; 9. Devon Grove (un/M07) 19.3h; 10. Nathan McIver (un/M05) 19.6h 11. (tie) Sam Prestrud (un/M07) and Katrina Sonsagele (un/F06) 19.8h; 13. Li Li Simon (un/F09) 21.6h; 14. B.J. Dondoyano (un/M04) 21.9h; 15. Alex Nelson (un/M06) 23.5h; 16. (tie) Jesse Goldstone (un/M04) and Nathaniel Schuessler (un/M05) 24.0h; 18. Bennett Dondoyano (un/M06) 24.2h; 19. Yannick Kpachari (un/M05) 26.9h; 20. Erin Grove (un/F04) 28.0h.

Kid's 50-yard Dash

1. (tie) Dustin McPhillips (un/M07) and Parisa Sonsagele (un/F09) 8.3h; 3. Mara Willaford (un/F10) 8.4h; 8.3h; 4. David Goldstone (un/M08) 9.0h; 5. Miranda Reddick (un/F08) 9.4h; 6. (tie) Sam Prestrud (un/M07), Yannick Kpachari (un/M05), and Patrick Willaford (un/M13) 9.7h; 9. Katrina Sonsagele (un/F06) 10.1h; 10. Li Li Simon (un/F09) 10.5h; 11. B.J. Dondoyano (un/M06) 11.0h; 12. Alex Nelson (un/M06) 11.7h; 13. Nathan McIver (un/M05) 12.0h; 14. Bennett Dondoyano (un/M04) 12.3h; 15. Jesse Goldstone (un/M04) 12.3h; 16. Jonathan Scuessler (un/M02) 12.3h; 17. Erin Grove (un/F04) 12.4h; 18. Nathaniel Schuessler (un/M05) 13.6h.

Kid's 220-yard Dash

1. Arnaud Kpachari (un/M10) 32.5h; 2. Paul Seaton (un/M12) 35.9h; 3. Anthony Mickelsen (un/M11) 36.3h; 4. (tie) Dustin McPhillips (un/M07) and Parisa Sonsagele (un/F09) 41.1h; 6. David Goldstone (un/M08) 43.0h; 7. Devon Grove (un/M07) 46.3h; 8. Yannick Kpachari (un/M05) 49.1h; 9. Sam Prestrud (un/M07) 51.5h; 10. Katrina Sonsagele (un/F06)

54.0h; 11. Anders Jorstad (un/M07) 55.3h; 12. Jesse Goldstone (un/M04) 60.5h; 13. Bennett Dondoyano (un/M04) 61.1h; 14. Alex Nelson (un/M06) 65.7h..

Kid's Mile Jog

1. David Goldstone (un/M08) 6:59.9h; 2. Miranda Reddick (un/F08) 8:38.4h; 3. Dustin McPhillips (un/M07) 9:03.8h; 4. Jesse Goldstone (un/M04) 12:26.5h; dnf. Alex Nelson (un/M06).

Co-ed Mile Race Walk

1. Ann Tuberg (PPacers/F43) 8:52.2h; 2. Susan Sanchez (un/F??) nt.

Women's 80-yard Hurdles (30" only)

1. Barbara Johnshoy (un/F16) 13.2h; 2. Susan Sifferman (un/F18) 15.5h.

Men's 120-yard Hurdles

(39") 1. Spencer Stiglets (un/M22) 16.9h; 2. Vince Kinney (un/M16) 17.9h; 3. Antonio Sevilla-Williams (un/M16) 18.7h.

Women's 100-yard Dash

1. Susan Quick (un/F17) 11.9h; 2. Sophie Merrick (un/F16) 12.5h.

Men's 100-yard Dash

1. Matt Hart (un/M21) 10.6h; 2. (tie) Jamaal Rivers (un/M17) and Ben Dillow (un/M18) 10.8; 4. Cody Vandermyn (un/M20) 10.9h; 5. (tie) Eric Williams (un/M14) and Clinton Seal (un/M22) 11.2h; 7. Tim Carrithers (un/M14) 11.2h; 8. Vince Kinney (un/M16) 11.3h; 9. Koffi Kpachari (un/M39) 11.7h; 10. Sung Min Kim (un/M14) 11.8h; 11. Bobby Good (un/M17) 12.5h; 12. Phil Lanier (un/M22) 13.0h; 13. Neriah Yoo (un/M16) 14.6h.

Co-ed Joggers Mile Run (listed in order of prediction)

T. J. Garlatz (WWU/M22) 6:04-6:04 **ZERO**; 2. (tie) Sam Brancheau (EWHS/M18) 7:30-7:29 **-1**, Tony Mickelsen (un/M46) 7:10-7:11 **+1**, Doug Rakel (un/M16) 6:15-6:14 **-1**, Katie Gahnberg (un/F17) 7:30-7:31 **+1**, Allison McGrath (un/F17) 7:30-7:31 **+1**, Jeff Rasor (un/M19) 6:40-6:39 **-1**, Sean Doyle (un/M17) 7:30-7:29 **-1**, and Mark Looi (un/M43) 8:00-8:01 **+1**; 10. (tie) Jeff Jergens (un/M16) 6:41-6:39 **-2**, Dustin Goodnight (un/M17) 5:40-5:38 **-2**, and Tim Magdziarz (un/M30) 6:40-6:38 **-2**; 13. (tie) Nick Welch (RCFlyers/M15) 7:00-6:57 **-3**, Phil Welch (SnoTC/M54) 7:01-6:58 **-3**, and Kenny Johnson (un/M17) 6:42-6:39 **-3**; 16. Lindsay Nietman (un/F16) 6:20-6:24 **+4**; 17. Floyd Bangerter (un/M22) 7:20-7:15 **-5**; 18. (tie) James O'Connor (un/M29) 6:00-6:06 **+6**, Laura Bangerter (un/F22) 7:20-7:14 **-6**, Barbara Johnshoy (un/F16) 7:20-7:26 **+6**, and Jeff Grove (un/M39) 7:28-7:22 **-6**; 22. (tie) Debbie Newton (un/F43) 7:25-7:17 **-8**, Greg Swanson (un/M51) 6:38-6:46 **+8**, and Lana Rigelman (un/F20) 6:58-7:06 **+8**; 25. (tie) Brandon S. Neidu (un/M17) 6:14-6:25 **+11**, and Tori Swanson (un/F16) 7:00-7:11 **+11**; 27. Karl Kunkle (CNW/M49) 7:30-7:43 **+13**; 28. (tie) Brian VanHousten (CNW/M28) 7:00-6:46 **-14**, Jenny Sawnsen (un/F48) 6:50-7:04 **+14**, Susan Cheng-Looi (un/F43) 8:30-8:16 **-14**, and Jon Jorstad (un/M50) 6:30-6:44 **+14**; 32. (tie) Jack Prestrud (CNW/M46) 7:00-6:45 **-15** and Shane Carothers (un/M22) 6:51-7:06 **+15**; 34. (tie) Kurt Hartmaier (WWU/M22) 5:43-5:59 **+16**, Brad Barquist (CNW/M35) 8:00-7:44 **-16**, and Alan Huynh (un/M17) 8:00-7:44 **-16**; 37. Dustin Pittis (un/M18) 8:00-7:43 **-17**; 38. (tie) Gary Fox (un/M19) 8:00-7:42 **-18** and Jeremy Rasor (un/M14) 7:00-7:18 **+18**; 40. Spencer Nietmann (un/M14) 7:00-7:19 **+19**; 41. Anthony Mickelsen (un/M11) 6:30-6:56 **+26**; 42. John Constable (un/M22) 7:45-7:16 **-29**; 42. Phil Lanier (un/M22) 7:02-6:32 **-30**; 43. (tie) Frank Frankies (un/M33) 7:00-6:24 **-36** and Vince Kinney (un/M16) 7:25-6:49 **-36**; 45. Lena Peloso (un/F15) 7:00-7:38 **+38**; 46. (tie) Estelle Kills Right (un/F16) 6:00-6:40 **+40** and Doug Prestrud (un/M46) 8:30-7:50 **-40**; 48. Paul Seaton (un/M12) 7:00-7:46 **+46**; 49. Crash Mahoney (un/M36) 6:30-7:30 **+1:00**; dnr. Derry Betts (un/M16), Abby Jermasek (un/F15), and John Kaiser (un/M59).

Women's Mile Run

1. Laura Bangerter (un/F22) 6:11.4h.

Men's Mile Run

1. Kurt Hartmaier (WWU/M22) 4:42.3h; 2. David Kessler (un/M25) 4:42.8h; 3. Floyd Bangerter (un/M22) 4:44.8h; 4. Jeff Grove (un/M39) 4:46.4h; 5. Gary Fox (un/M19) 4:50.8h; 6. Kenny Johnson (un/M17) 4:51.3h; 7. Jack Prestrud (CNW/M46) 4:53.4h; 8. Jake Nist (un/M26) 4:55.3h; 9. Jason Condon (un/M19) 4:56.6h; 10. Joel Constable (un/M22) 4:58.4h; 11. Nick Welch (RCFlyers/M15) 5:01.2h; 12. Jeff Jergens (un/M16) 5:04.9h; 13. Patrick Lindsay (un/M31) 5:07.1h; 14. Jeff Rasor (un/M19) 5:10.8h; 15. Spencer Nietmann (un/M19) 5:13.5h; 16. Brian VanHouten (CNW/M28) 5:16.3h; 17. Dustin Pittis (un/M18) 5:18.2h; 18. Karl Kunkle (CNW/M47) 5:19.7h; 19. Ted Winskill (un/M29) 5:20.2h; 20. Jeremy Rasor (un/M14) 5:21.2h; 21. Lance Albertson (un/M41) 5:54.2h; 22. Mark Looi (un/M43) 5:30.2h; 23. Matt Zuvela (un/M19) 5:34.1h; 24. Philip Welch (SnoTC/M54) 5:45.6h; 25. Cameron Albertson (un/M12) 5:54.2h; 26. Greg Swanson (un/M51) 6:39.4h; dnf. Sean Doyle (un/M17).

Women's 440-yard Dash

1. Jenny Swanson (un/F48) 80.2h; 2. Tori Swanson (un/F16) 81.9h.

Men's 440-yard Dash

1. Ben Dillow (un/M18) 52.3h; 2. Craig Atkinson (un/M19) 52.7h; 3. Tim Carrithers (un/M14) 56.5h; 4. Koffi Kpachari (un/M39) 61.2h; 5. Phil Lanier (un/M22) 62.3h.

Women's 180-yard Low Hurdles

1. Barbara Johnshoy (un/F16) 29.0h; 2. Laura Bangerter (un/F22) 30.3h; 3. Susan Sifferman (un/F18) 30.9h.

Men's 180-yard Low Hurdles

1. Shane Carothers (un/M22) 22.8h; 2. Clinton Seal (un/M22) 23.1h; 3. Cody Vandermyn (un/M20) 24.3h; 4. Dustin Goodnight (un/M17) 25.8h; 5. Karl Kunkle (CNW/M49) 30.9h.

Women's 880-yard Dash

1. Lindsey Nietmann (un/F16) 2:37.3h; 2. Abby Jermasek (un/F16) 2:49.8h; 3. Susan Sifferman (un/F18) 2:57.6h; 4. Laura Bangerter (un/F22) 2:59.4h; 5. Allison McGrath (un/F17) 3:02.1h; 6. Jenny Swanson (un/F48) 3:05.8h; 7. Katie Gannberg (un/F17) 3:21.5h.

Men's 880-yard Dash

1. Vince Kinney (un/M16) 2:09.6h; 2. Phil Paul (un/M21) 2:11.7h; 3. Floyd Bangerter (un/M22) 2:15.0h; 4. Brian VanHouten (CNW/M28) 2:16.7h; 5. Jess Lawson (un/M30) 2:19.4h; 6. Dustin Pittis (un/M18) 2:21.9h.

Co-ed Mile (4x440-yard) Relay

1. Minority Affair (Uriel Gutierrez 55.4, Thad Shelton 56.2, Kahn Khabra 54.5, Tyrone Minnis 56.3) 3:42.3h; 2. 2x4x2 Old Skool Extreme (Sean Doyle/Sam Brancheau times two) 3:58.1h; 3. Dirty Bastards (Matt/Floyd/Shane/Lana) 4:19.7h; 4. Ramblin' Whiskey Drinkers (Andy/Phil/Jess/Mindy) 4:27.2h; 5. Not WWU (Jim/Paul/Kurt/T.J.) 4:28.3h.

Women's Two-Mile Run

1. Mindy Moffet (un/F22) 15:57.5h.

Men's Two-Mile Run

1. Alan Triggs (un/M31) 9:48.8h; 2. Derry Betts (un/M16) 10:09.1h; 3. Phil Paul (un/M21) 11:07.4h; 4. Patrick Lindsay (un/M31) 11:17.6h; 5. Andy Gist (un/M25) 11:18.6h; 6. Mark Looi (un/M43) 11:51.7h; 7. Karl Kunkle (CNW/M49) 12:18.3h; 8. Doug Prestrud (un/M46) 12:38.2h; 9. Frank Covelli (un/M45) 12:58.6h; 10. Greg Swanson (un/M51) 13:21.0h; 11. Brian Van Houten (CNW/M28) 13:46.6h.

No entrants

Women's Javelin Throw, Co-ed 440 (4x110-yard) Relay