

MEET 02 — 02 JUNE 2004

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Edmonds District Stadium, Edmonds, Washington

OUTSTANDING PERFORMANCES

Male -- Jeff Skiba (CNW) in multiple events

Female -- Kristina Proticova (NWC) in the mile

TOTAL ENTRIES -- 138 (lowest ever Edmonds total)

FIELD EVENT RESULTS

Women's High Jump

1. Kaisa Keranen (un/F18) 1.43m (4-8 1/4).

Men's High Jump

1. Kevin Rabsatt (un/M23) 1.93m (6-4); 2. Sean Trimble (un/M43) 1.68m (5-6 1/4); 3. Tim Carrithers (LynnHS/M15) 1.63m (5-4 1/4); nh. Jeff Skiba (CNW/M20).

Women's Pole Vault

1. Alena Schlumpf (un/F25) 2.74m (8-11 3/4); 2. Shelby Contreras (un/F18) 2.28m (7-5 3/4).

Men's Pole Vault

1. Russ Acea (un/M51) 3.20m (10-6); 2. Joe Chiarelli (un/M??) 3.20m (10-6); 3. Paul Angell (un/M41) 3.05m (10-0); 4. Zach Hermann (un/M15) 2.89m (9-5 3/4); 5. Uli Steidl (SRC/M32) 2.74m (8-11 3/4); 6. Vince Kinney (LynnHS/M17) 2.59m (8-6); 7. Dave Butler (un/M64) 2.59m (8-6).

Women's Long Jump

1. Tonika Vickers (un/F22) 4.36m (14-3 3/4); 2. Laura Mohler (un/F16) 4.31m (14-1 3/4); 3. Jasmine Young (un/F??) 3.59m (11-9 1/4); 4. Sonja Miranda (un/F09) 2.55m (8-4 1/2).

Men's Long Jump

1. Tim Carrithers (LynnHS/M15) 6.15m (20-2 1/4); 2. Vince Kinney (LynnHS/M17) 6.09m (19-11 3/4); 3. Jeff Skiba (CNW/M20) 5.51m (18-1); 4. Desmond Young (un/M09) 2.70m (8-10 1/4); 5. Nathan McIver (un/M06) 1.88m (6-2); 6. Tomas Miranda (un/M06) 1.70m (5-7).

Women's Shot Put

(8lb) 1. Kaisa Keranen (un/F18) 7.06m (23-2).

Men's Shot Put

(16lb) 1. David Phaxayseng (un/M20) 12.52m (41-1); 2. Chris Magno (un/M20) 9.79m (32-1 1/2); 3. Uli Steidl (SRC/M32) 6.38m (20-11 1/4).

(12lb) 1. Howie Kellogg (un/M57) 9.96m (32-8 1/4).

Women's Discus Throw

(1kg) 1. Stephanie Skiba (un/F14) 16.99m (55-8 3/4).

Men's Discus Throw

(1.5kg) 1. Jeff Skiba (CNW/M20) 41.85m (137-3); 2. Rod Wilcox (Kings/M38) 35.97m (118-0); 3. Howie Kellogg (un/M57) 29.22m (95-10).

(1.6kg) 1. Dave Nyland (WoodnvHS/M18) 31.00m (101-8).

(2kg) 1. David Phaxayseng (un/M20) 34.02m (111-7); 2. Vince Kinney (LynnHS/M17) 30.85m (101-2).

Kids TurboJav™ Toss (measured in yards using football hashmarks)

1. Desmond Young (un/M09) 16y; 2. Sonja Miranda (un/F09) 14y; 3. Nathan McIver (un/M06) 8y; 4. Tomas Miranda (un/M06) 5-1y.

Women's Javelin Throw

(400g) 1. Kaisa Keranen (un/F18) 30.66m (100-7).

Men's Javelin Throw

(800g) 1. Dave Nyland (WoodnvHS/M18) 51.25m (168-1); 2. Jeff Skiba (CNW/M20) 46.88m (153-9).
(700g) 1. Russ Acea (un/M51) 35.25m (115-7); 2. Howie Kellogg (un/M57) 32.94m (108-1).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Jasmine Young (un/F12) 16.4h; 2. Desmond Young (un/M09) 18.5h; 3. Tomas Miranda (un/M06) 20.1h.

Kid's 50-meter Dash

1. Jasmine Young (un/F12) 8.5h; 2. Desmond Young (un/M09) 8.7h; 3. Lila Rice (un/F08) 9.3h; 4. Reilly Montgomery (un/M09) 10.0h; 5. Tomas Miranda (un/M06) 12.3h.

Kid's Mile Jog

1. Lila Rice (un/F08) 7:37.1h; 2. Sydda Rice (un/F06) 9:07.4h.

Men's 400-meter Hurdles

(36") 1. Bob Prather (CNW/M48) 69.3h.

Women's 200-meter Dash

1. Tonika Vickers (un/F22) 25.5h; 2. Phyllis Nelson (un/F56) 40.2h.

Men's 200-meter Dash

1. Chris Wada (un/M19) 23.4h; 2. Tim Carrithers (LynnHS/M15) 23.8h; 3. Rod Wilcox (Kings/M38) 26.1h; 4. Rob Voce (un/M38) 26.6h; 5. Greg Font (un/M42) 27.1h; 6. Sean Trimble (un/M43) 27.8h; 7. Uli Steidl (SRC/M32) 28.0h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. Stephan Lee (un/M17) 6:30-6:31 **+1**; 2. Alex Looi (un/M15) 8:00-8:02 **+2**; 3. Michael Allison (CNW/M52) 7:14-7:10 **-4**;
4. (tie) Bob Prather (CNW/M48) 7:16-7:22 and Sherri Prather (CNW/F50) 7:15-7:21 **+6**; 6. (tie) Phyllis Nelson (un/F56) 7:00-7:07 **+7** and Arny Stonkus (un/M49) 7:40-7:33 **-7**; 8. Mark Looi (un/M43) 8:00-8:08 **+8**; 9. (tie) Regina Joyce (CNW/F47) 6:55-6:46 and Nikki D'Amico (LynnHS/F18) 6:55-6:46 **-9**; 11. John Winters (CNW/M49) 8:00-7:50 **-10**; 12. Uli Steidl (SRC/M32) 5:30-5:43 **+13**; 13. Catlin Bonney (CNW/F16) 7:45-7:59 **+14**; 14. (tie) Jeff Rasor (un/M20) 6:20-5:58 and Jack Prestrud (CNW/M46) 7:00-6:38 **-22**; 16. Nic Castona (un/M20) 8:30-8:00 **-30**; 17. Rod Wilcox (Kings/M38) 7:00-7:43 **+43**; 18. Matt Goiney (CNW/M16) 7:20-6:25 **-55**.

Co-ed 4x100-meter Relay

(2 by 2 today) 1. 2 by 2 (Carrithers and Kinney) 48.2h; 2. 2s (Wada and Phaxayseng) 59.4h.

Women's Mile Run

1. Kristina Proticova (NWC/F24) 5:01.2h; 2. Danyel Longmire (NWC/F23) 5:02.8h; 3. Regina Joyce (CNW/F47) 5:13.8h; 4. Ashley Polakovic (NWC/F19) 5:14.9h; 5. Jess Dalger (un/F18) 5:21.3h; 6. Nikki D'Amico (LynnHS/F18) 5:47.7h.

Men's Mile Run

1. Chris Fayant (UW/M21) 4:27.7h; 2. Chris Goiney (UW/M18) 4:28.1h; 3. Uli Steidl (SRC/M32) 4:31.4h; 4. Matt Kaftanski (un/M16) 4:34.6h; 5. Alan Triggs (CNW/M32) 4:45.3h; 6. David Kessler (un/M26) 4:51.2h; 7. Alex Looi (un/M15) 4:53.4h; 8. Adam McKee (un/M18) 5:05.1h; 9. Patrick Lindsay (un/M32) 5:07.8h; 10. Paul Rice (un/M39) 5:17.7h; 11. Mark Looi (un/M43) 5:34.9h; 12. Jack Prestrud (CNW/M46) 5:35.8h; dnf. Martin Guttman (un/M26).

Women's 400-meter Dash

1. Renee Wageman (un/F21) 58.9h; 2. Phyllis Nelson (un/F56) 88.7h.

Men's 400-meter Dash

1. Tim Carrithers (LynnHS/M15) 55.6h; 2. Matt Goiney (CNW/M16) 57.7h; 3. Rod Voce (un/M38) 60.2h; 4. Uli Steidl (SRC/M32) 62.3h.

Women's 800-meter Dash

1. Robin Brooks (un/F18) 2:28.6h; 2. Phyllis Nelson (un/F56) 3:19.9h.

Men's 800-meter Dash

1. Chris Ahl (un/M17) 2:00.8h; 2. Uli Steidl (SRC/M32) 2:15.6h; 3. Jeff Rasor (un/M20) 2:17.8h; 4. Army Stonkus (un/M49) 2:22.4h; 5. Paul Rice (un/M39) 2:25.5h; 6. Bjorn Begelman (un/M20) 2:28.0h; 7. Michael Allison (CNW/M52) 2:29.0h.

Women's 5000-meter Run

1. Ashley Polakovic (NWC/F19) 17:46.1h; 2. Jenny Jensen (un/F20) 18:52.1h; 3. Phyllis Nelson (un/F56) 24:25.2h.

Men's 5000-meter Run

1. Uli Steidl (SRC/M32) 15:51.4h; 2. Doug Welch (un/M40) 16:29.0h; 3. John O'Leary (CNW/M29) 16:40.7h; 4. David Kessler (un/M26) 17:02.8h; 5. Max Ferguson (un/M18) 17:05.6h; 6. Alex Looi (un/M15) 17:25.3h; 7. Patrick Lindsay (un/M32) 17:43.6h; 8. Josh Kratzer (un/M19) 18:22.1h; 9. Brett Johnson (un/M22) 18:23.2h; 10. David Mesmois (un/M18) 18:37.8h; 11. Mark Looi (un/M43) 19:34.5h; 12. Michael Allison (CNW/M52) 19:39.6h; 13. Jack Prestrud (CNW/M46) 20:33.5h; dnf. Sam Ahlbeck (un/M17).

No Entrants

Kids High Jump, Kid's Long Jump, Women's Triple Jump, Men's Triple Jump, Kid's Shot Put, Kid's 200-meter Dash, Co-ed Mile Race Walk, Women's 400-meter Hurdles, and Co-ed 4x400-meter Relay