

## MEET 08 — 14 JULY 2004

Sponsored by Club Northwest and ProMotion Events as the Doris Brown Heritage Meet

Edmonds District Stadium, Edmonds, WA

### OUTSTANDING PERFORMANCES

Male -- David Ortman, Masters performance in 400m

Female -- Trisha Rosenberg, SRC, 10,000-meters

**TOTAL ENTRIES** -- 359

### FIELD EVENT RESULTS

#### Kids High Jump

1. Xavier Mickelsen (un/M12) 1.14m (3-9); 2. Grace Russell (un/F12) 1.01m (3-3 3/4); 3. Lexie Tucker (un/F11) 0.96m (3-1 3/4); nh. LiLi Simon (un/F10).

#### Women's High Jump

1. Tina Shoemaker (un/F16) 1.46m (4-9 1/2); 2. Emily Kling (un/F19) 1.42m (4-8); 3. Katelyn Waterhouse (un/F20) 1.37m (4-6).

#### Men's High Jump

1. Vince Kinney (un/M17) 1.88m (6-2); 2. (tie) Cam Bailey (un/M17), Jeremy McIver (un/M29) and Eric Green (un/M26) 1.72m (5-7 3/4); 5. Bryant Shiu (un/M15) 1.68m (5- 6 1/4); 6. Tim Carrithers (un/M15) 1.62m (5-3 1/4); 7. Bruce McLean (un/M42) 1.57m (5-1 3/4).

#### Women's Pole Vault

1. Amy Lynn (un/F20) 3.50m (11-5 3/4); 2. Ashley Werner (un/F17) 2.67m (8-9); 3. Susan Sifferman (un/F19) 1.98m (6-6).

#### Men's Pole Vault

1. Adam Redmond (un/M??) 3.96 (13-0); 2. (tie) John Winters (un/M49) and Russ ? (un/M??) 3.35m (11-0); 4. (tie) Phil Milliman (un/M52) and Kiel Rasp (un/M15) 3.12m (10-2 3/4) ; 6. Zach Herrmann (un/M15) 2.89 (9-5 3/4); 7. Dave Butler (un/M64) 2.44 (8-0); 8. Jesse Winters (un/M14) 1.98 (6-6).

#### Kid's Long Jump

1. Marshall Massengale (un/M12) 4.11m (13-5 3/4); 2. Xavier Mickelson (un/M12) 3.67m (12-0 1/2); 3. Jason Winters (un/M10) 3.22m (10-6 3/4); 4. Dustin McPhillips (un/M08) 3.11m (10-2 1/2); 5. Grace Russell (un/F12) 3.09m (10-1 3/4); 6. Brian Hughes (un/M09) 2.83m (9-3 1/2); 7. Lexie Tucker (un/F11) 2.80m (9-2 1/4); 8. Lauren Anderson (un/F10) 2.75m (9-0 1/4); 9. Kaykay Good (un/F10) 2.62m (8-7 1/4); 10. Ben Reidy (un/M08) 2.59m (8-6); 11. Austin Venhaus (un/M09) 2.51m (8-2 3/4); 12. Jontae Graves (un/M06) 2.47m (8-1 1/4); 13. Sami Olafson (un/F10) 2.28m (7-5 3/4); 14. LiLi Simon (un/F10) 2.25m (7-4 1/2); 15. Matthew ? (un/M??) 1.92m (6-3 1/2); 16. Sean Strecker (un/M08) 1.87m (6-1 1/2); 17. Nathan McIver (un/M06) 1.74m (5-8 1/2); 18. Haley Strecker (un/F06) 1.71m (5-7 1/4); 19. George Reidy (un/M04) 1.40m (4-7).

#### Women's Long Jump

1. Katelyn Waterhouse (un/F20) 4.72m (15-5 3/4); 2. Brittany Bekins (un/F19) 4.47m (14-8); 3. Ashley Werner (un/F17) 4.11m (13-5 3/4).

#### Men's Long Jump

1. 1. Tim Carrithers (un/M15) 6.16m (20-2 1/2); 2. Charles Kim (un/M15) 4.87m (15-11 3/4); 3. Xavier Bolling (un/M15) 4.84m (15-10 1/2); 4. David Cole (un/M27) 4.33m (14-2 1/2).

#### Men's Triple Jump

1. Jon Beardsley (un/M17) 11.24m (36-10 1/2); nm. Nick Shults (un/M22).

#### Women's Shot Put

(4kg) 1. Jennifer Conner (CNW/F19) 10.45m (34-3 1/2); 2. Brittany Bekins (un/F19) 10.37m (34-0).

#### Men's Shot Put

(16lb) 1. Marc Hermer (un/M24) 13.76m (45-2); 2. Jack Hoyt (un/M40) 10.30m (33-9 1/2); 3. Ben Dillow (un/M19) 9.83m (32-3); 4. Rod Wilcox (un/M38) 8.22m (26-11 1/2).

(12lb) 1. Korey Morris (un/M16) 13.56m (44-5 3/4); 2. Kenny White (un/M16) 11.95m (39-2); 3. Tim Carrithers (un/M15) 11.53m (37-10); 4. Mark Cook (un/M31) 11.31m (37-1 1/4); 5. Adam Redmond (un/M17) 10.09m (33-1 1/4).

(4kg) 1. Anthony Allen (un/M15) 12.10m (39-8 1/2); 2. Xavier Bolling (un/M15) 9.83m (32-3); 3. Jack Prestrud (un/M47) 8.43m (27-8).

### **Women's Discus Throw**

(1.0kg) 1. Jennifer Conner (CNW/F19) 33.68m (110-6); 2. Lacey Cone (un/F15) 24.42m (80-1 1/2) 3. Brittany Ojalento (un/F14) 17.40m (57-1); 4. Mersi Begley (un/F13) 16.90m (55-5).

### **Men's Discus Throw**

(1.6kg) 1. Korey Morris (un/M16) 45.27m (148-6); 2. Vince Kinney (un/M17) 34.13m (111-11); 3. Tim Carrithers (un/M15) 28.29m (92-10); 4. Kenny White (un/M16) 26.71m (87-7 1/2); 5. Adam Redmond (un/M17) 26.13m (85-9).

(2.0kg) 1. Marc Hermer (un/M24) 38.0m (124-8); 2. Rod Wilcox (un/M38) 30.06m (98-7 1/2).

### **Kids TurboJav™ Toss** (measured in yards using football hashmarks)

1. Kyle Flanigan (un/M11) 30y; 2. Ben Reidy (un/M08) 21y; 3. (tie) Dustin McPhillips (un/M08) and Grace Kissel (un/F12) 20y; 5. (tie) Rashaun Graves (1911TC/M09) and Andreus Blackwell (1911TC/M11) 18.5y; 7. Xavier ?? (un/M12) 18y; 8. (tie) Jamie Good (un/M10) and Austin Venhaus (un/M09) 17.5y; 10. Lexie Tucker (un/F11) 16y; 11. Andrew Ayers (un/M07) 15.5y; 12. (tie) Jason Winters (un/M10) and Kaykay Good (un/F10) 15y; 14. Sean Strecker (un/M08) 14y; 15. Lauren Anderson (un/F10) 13y; 16. (tie) Evan Crossett (un/M07) and Jontae Graves (un/M06) 12.5y; 18. Sami Olafson (un/F10) 8.5y; 19. Nathan McIver (un/M06) 8y; 20. Jesse Goldstone (un/M05) 7y; 21. (tie) Julia Winters (un/F07) and George Reidy (un/M04) 6y; 23. Nicholas McIver (un/M03) 3y.

### **Women's Javelin Throw**

(600g) 1. Brittany Bekins (un/F19) 37.27m (122-3); 2. Lacey Cone (un/F15) 24.84m (81-6); 3. Emily Kling (un/F19) 18.36m (60-2 3/4).

### **Men's Javelin Throw**

(800g) 1. Ben Dillow (un/M19) 52.37m (171-9); 2. Stephen Kreiger (un/M16) 44.95m (147-5).

(700g) 1. Russell Acea (un/M51) 33.69m (110-6).

## **TRACK EVENT RESULTS**

### **Kid's 100-meter Dash**

1. Kyle Flanigan (un/M11) 16.0h; 2. Xavier Mickelson (un/M12) 16.3h; 3. Andreus Blackwell (1911TC/M11) 16.9h; 4. (tie) Dustin McPhillips (un/M08) and Sean Strecker (un/M08) and Lauren Anderson (un/F10) and Lexie Tucker (un/F11) 17.1h; 8. Jason Winters (un/M10) 17.3h; 9. (tie) Samie Good (un/M10) and Brian Hughes (un/M09) 17.6h; 11. Kaykay Good (un/F10) 17.7h; 12. Tyrell Peters (1911TC/M11) 17.8h; 13. Austin Venhaus (un/M09) 17.9h; 14. Andrew Ayers (un/M07) 18.4h; 15. Alex Peters (1911TC/M10) 18.9h; 16. Rashaun Graves (1911TC/M09) 19.1h; 17. Sammy Olafson (un/F10) 19.2h; 18. Jontae Graves (1911TC/M06) 19.7h; 19. Carlyn Beaudry (un/F06) 20.3h; 20. (tie) Haley Strecker (un/F06) and Evan Crossett (un/M07) 20.7h; 22. Sam Prestrud (un/M08) 21.0h; 23. LiLi Simon (un/F10) 21.7h; 24. Matthew Wilkinson (un/M07) 22.9h; 25. Nathan McIver (un/M06) 23.0h; 26. Nicholas McIver (un/M03) 41.5h.

### **Kid's 50-meter Dash**

1. (tie) Xavier Mickelson (un/M12) and Kyle Flanigan (un/M11) 8.4h; 3. Sean Strecker (un/M08) 8.8h; 4. (tie) Tyrell Peters (1911TC/M08), Grace Russell (un/F12) and Jason Winters (un/M10) 8.9h; 7. Dustin McPhillips (un/M08) 9.0h; 8. (tie) Brian Hughes (un/M09) and Lauren Anderson (un/F10) 9.03h; 10. (tie) David Goldstone (un/M09) and Andrew Ayers (un/M07) 9.5h; 12. (tie) Lexie Tucker (un/F11) and Miranda Reddick (un/F09) 9.8h; 14. Sami Olafson (un/F10) 9.9h; 15. (tie) Jontae Graves (1911TC/M06) and Austin Venhaus (un/M09) 10.0h; 17. Carlyn Beaudry (un/F06) 10.3h; 18. (tie) Evan Crossett (un/M07), Eli Tuberg (un/M09) and LiLi Simon (un/F10) 10.4h; 21. Haley Strecker (un/F06) 10.6h; 22. Sam Prestrud (un/M08) 10.9h; 23. Matthew Wilkinson (un/M07) 11.0h; 24. Jesse Goldstone (un/M05) 11.3h; 25. Nathan McIver (un/M06) 11.8h; 26. George Reidy (un/M04) 12.1h; 27. Nicholas McIver (un/M03) 20.1h.

### **Kid's 200-meter Dash**

1. Kyle Flanigan (un/M11) 35.5h; 2. Andreus Blackwell (1911TC/M11) 36.0h; 3. Sean Strecker (un/M08) 36.2h; 4. David Goldstone (un/M09) 36.3h; 5. Dustin McPhillips (un/M08) 37.0h; 6. Andrew Ayers (un/M07) 37.9h; 7. Tyrell Peters (1911TC/M08) 38.2h; 8. Brian Hughes (un/M09) 38.3h; 9. Austin Venhaus (un/M09) 40.4h; 10. Rashaun Graves (1911TC/M09) 42.8h; 11. (tie) Eli Tyberg (un/M09) and Jontae Graves (1911TC/M06) 44.8h; 13. Matthew Wilkinson (un/M07) 45.8h; 14. Sam Prestrud (un/M08) 46.3h; 15. Evan Crossett (un/M07) 46.5h; 16. Jesse Goldstone (un/M05) 47.4h.

### **Kid's Mile Jog**

1. David Goldstone (un/M09) 6:17.6h; 2. Xavier Mickelson (un/M12) 6:51.6h; 3. Jamie Good (un/M10) 6:55.9h; 4. Andrew Ayers (un/M07) 7:22.9h; 5. Brian Hughes (un/M09) 7:27.6h; 6. Dustin McPhillips (un/M08) 7:59.7h; 7. Miranda Reddick (un/F09) 8:16.0h; 8. Austin Venhaus (un/M09) 8:31.1h; 9. Jesse Goldstone (un/M05) 8:32.7h; 10. Grace Russell (un/F12) 9:06.2h; 11. Matthew Wilkinson (un/M07) 9:15.7h.

### **Co-ed Mile Race Walk**

1. Ann Tuberg (un/F44) 8:53.8h; 2. Grace Russell (un/F12) 9:06.2h.

### **Women's 400-meter Hurdles**

1. Robyn Embrey (un/F19) 71.4h; 2. Becky Wetzler (un/F19) 72.5h; 3. Shartrice Watkins (1911TC/F15) 80.0h.

### **Men's 400-meter Hurdles**

1. Vince Kinney (un/M17) 57.6h; 2. Keon Price (1911TC/M16) 59.3h; 3. Luke Weinbrecht (un/M16) 61.7h; 4. Clinton Seal (un/M22) 64.0h; 5. Dustin ? (un/M18) 67.7h; 6. Armon Blackwell (1911TC/M15) 69.3h.

### **Women's 200-meter Dash**

1. Nateisha Poe (1911TC/F16) 25.7h; 2. Tisha Wells (1911TC/F19) 26.7h; 3. Jena Butler (1911TC/F16) 28.1h; 4. Becky Wetzler (un/F19) 30.5h; 5. Shartrice Watkins (1911TC/F15) 31.0h.

### **Men's 200-meter Dash**

1. Darwin Peters (1911TC/M17) 22.6h; 2. Pat Boyd (un/M25) 22.8h; 3. Ben Blackmer (un/M28) 23.1h; 4. Ben Dillow (un/M19) 23.7h; 5. Luke Weinbrecht (un/M16) 24.0h; 6. (tie) Jaquan Price (un/M16), Chris Wada (un/M19) and Tim Carrithers (un/M15) 24.2h; 9. Keon Price (1911TC/M16) 24.8h; 10. Rod Wilcox (un/M38) 25.7h; 11. Armon Blackwell (1911TC/M15) 27.3h; 12. Anthony Allen (un/M15) 27.5h; 13. David Cole (un/M27) 27.7h; 14. Will Leslie (un/M58) 29.4h.

### **Co-ed Jogger's Mile (listed by order of best prediction)**

1. Ron Rutherford (un/M47) 7:30-7:30 ZERO; 2. (tie) Michael Brydges (un/M16) 7:30-7:31, Jeff Jergens (un/M17) 6:07-6:08, Michael Erickson (un/M16) 7:50-7:51 and Uli Steidl (un/M32) 5:40-5:41 +1; 6. Mark Cook (un/M31) 7:30-7:32 +2; 7. John Kaiser (un/M60) 8:32-8:29, Stephen Colford (un/M17) 7:00-6:57, ? Croteau (un/M16) 7:00-6:57, Jeff Rasor (un/M20) 6:04-6:07, Phyllis Nelson (un/F56) 7:00-6:57, Garrett Rutherford (un/M14) 6:40-6:43, and David Cronin (un/M19) 6:08-6:11, + or - 3; 14. (tie) Nikki D'Amico (un/F18) 6:35-6:39, Kyle Flanigan (un/M11) 7:15-7:19, and Kevin Flanigan (un/M42) 7:15-7:19, + or - 4; 17. (tie) Kelvin Freeman (un/M37) 7:25-7:19, Shawn O'Donnell Jr. (un/M15) 6:00-6:06, and ? McLen (un/M48) 8:02-7:56, + or - 6; 20. (tie) Shawn O'Donnell (un/M44) 6:59-6:52 and Mark Looi (un/M44) 8:00-7:53 + or - 7; 22. Trisha Rosenberg (un/F27) 7:22-7:30, Mark Logue (un/M12) 7:55-7:47, Colin Logue (un/M15) 6:00-5:52, John Winters (un/M49) 8:30-8:22, and Ted Wuskill (un/M30) 6:00-5:52, + or - 8; 27. (tie) Jeff Logue (un/M45) 7:56-7:47, Jesse Winters (un/M14) 8:30-8:21 and Michael Allison (un/M52) 7:12-7:03, + or - 9; 30. (tie) Dan Myers (un/M17) 5:30-5:40 and Jason Winters (un/M10) 8:30-8:20, + or - 10; 32. Nick Fleming (un/M47) 8:15-8:03, -12; 33. John Chang (un/M19) 6:35-6:48, +13; 34. Will Leslie (un/M58) 9:00-9:14, +14; 35. Koichi Sato (un/M16) 5:45-5:30, -15; 36. Jared Carlstrom (un/M14) 7:35-7:52, +17; 37. Paul Swenson (un/M38) 7:30-7:12, -18; 38. Eliza Rice (un/F09) 7:20-7:40, +20; 39. Una Reloso (un/F16) 7:20-7:44, +24; 40. Paul Rice (un/M39) 7:20-7:45, +25; 41. Dustin G. (un/M18) 5:45-6:12, +27; 42. Cam Ackerman (un/M15) 5:14-5:44, +30; 43. Robert Bartholomew (un/M20) 6:42.71-5:58; -44; 44. Nick Iverson (un/M15) 7:59-7:08, -51; 45. Kevin Iverson (un/M18) 8:00-7:05, -55; 46. Matt Goiney (un/M16) 6:32-5:34, -58; 47. Kenny Johnson (un/M18) 7:31-6:07, -1:24.

### **Co-ed 4x100-meter Relay**

1. JJKJ (Jeff/John/Kenny/Jenny) 51.2h; 2. 2x2 (Vince Kinney M17/Kelvin Freeman M??) 52.9h; 3. Oddballs (Shawn-O/Mark/Shawn/Colin) 60.5h.

### **Women's Mile Run**

1. Lisa Lindsay (un/F24) 5:42.9h.

### **Men's Mile Run**

1. Jeff Bigham (un/M23) 4:37.2h; 2. Dan Welsh (un/M27) 4:41.8h; 3. Brandon Thompson (un/M19) 4:42.1h; 4. David Kessler (un/M26) 4:49.0h; 5. Ted Winskill (un/M30) 5:27.4h; 6. Kevin Flanigan (un/M42) 5:36.3h; 7. Mark Cook (un/M31) 5:47.3h; 8. Joe Wilcox (un/M64) 6:04.6h; 9. Mark Looi (un/M44) 7:10.9h.

### **Women's 400-meter Dash**

1. Phyllis Nelson (un/F56) 86.5h.

#### **Men's 400-meter Dash**

1. David E. Ortman (un/M51) 56.2h; 2. Ben Blackmer (un/M28) 56.5h; 3. John Beardsley (un/M??) 57.7h; 4. Russell Acea (Un/M51) 61.9; 5. David Cronin (un/M19) 62.1h; 6. David Cole (un/M27) 63.1h.

#### **Women's 800-meter Dash**

1. Brittany Bekins (un/F19) 2:35.8h; 2. Lisa Lindsay (un/F24) 2:36.6h; 3. Phyllis Nelson (un/F56) 3:14.8h.

#### **Men's 800-meter Dash**

1. Dan Welsh (un/M27) 2:06.5h; 2. Jeff Bigham (un/M23) 2:07.0h; 3. Kevin Means (un/M18) 2:07.9h; 4. Kenny Johnson (un/M18) 2:08.2h; 5. Jason Wimbish (un/M15) 2:14.4h; 6. Paul Rice (un/M39) 2:14.7h; 7. Arny Stonkus (un/M49) 2:16.7h; 8. Koichi Sato (un/M16) 2:23.3; 9. Michael Allison (un/M52) 2:25.2h; 10. Cam Ackerman (un/M15) 2:34.2h.

#### **Co-ed 4x400-meter Relay**

1. Shakira (Dan M17/John M1/Matt M16/Chris M20) 4:01.8h; 2. Miguel Fantastico and the Pink Flamingos (Mark Cook M31/Nick Shults M22/Michael Brydges M16/Garret Rutherford M14) 4:16.9h; 3. Second Place (Kevin Iverson M18/Mike Oh M16/ Nick Iverson M15/Kevin Iverson M18) 4:37.9h; 4. Flying Turtles (Sato M16/Ackerman M16/O'Donnell M16/Logue M16) 4:40.4h; 5. RoMiJaRo (Robin/Michael/J/Ron) 4:59.5h.

#### **Women's 5000-meter Run**

1. Heidi Peterson (un/F17) 21:31.2h; 2. Phyllis Nelson (un/F56) 23:48.6h.

#### **Men's 5000-meter Run**

1. Alan Triggs (un/M32) 16:05.5h; 2. Patrick McAuliffe (Un/M20) 16:15.8h; 3. Axel Stanovsky (un/M15) 16:18.8h; 4. John O'Leary (un/M29) 16:20.6h; 5. David Kessler (un/M26) 16:39.3h; 6. Lane Seeley (un/M32) 16:41.4h; 7. Pat Croteau (unM16) 16:51.4h; 8. Robert Bartholomew (un/M20) 17:05.8h; 9. Brandon Thompson (un/M19) 17:31.3h; 10. Stephen Colford (un/M17) 17:46.7h; 11. David Cole (un/M27) 18:38.1h; 12. Paul Swenson (un/M38) 19:57.7h; 13. Dan Welsh (un/M27) 20:00.2h; 14. Michael Allison (un/M52) 20:00.5h; 15. Jonathon Nelson (un/M15) 20:03.4h; 16. Jim Gardell (un/M50) 20:14.0h; 17. John Swenson (un/M45) 20:25.5h; 18. Mark Cook (un/M31) 21:16.2h; 19. Kevin Iverson (un/M18) 22:01.7h; 20. Mike Oh (un/M17) 23:29.5h.

#### **Women's 10,000-meter Run –SPECIAL EVENT**

1. Trisha Rosenberg (SRC/F27) 38:53.4h; 2. Chelsea Forkner (un/F18) 48:11.2h.

#### **Men's 10,000-meter Run – SPECIAL EVENT**

1. Uli Steidl (SRC/M32) 30:15.7h; 2. Jeff Bigham (un/M23) 33:41.4h; 3. Mark Looi (un/M44) 40:54.3h.

#### **No entries**

Women's Triple Jump and Kids' Shot Put.