

MEET 09 — 21 JULY 2004

SPONSORED BY DR. MICHAEL ALLISON

Edmonds District Stadium, Edmonds, WA

OUTSTANDING PERFORMANCES

Male -- Jeff Skiba (CNW) in the high jump and discus throw

Female -- Brittany Bekins, women's javelin throw

TOTAL ENTRIES -- 332

FIELD EVENT RESULTS

Kids High Jump

1. Xavier Mickelsen (un/M12) 1.17m (3-10); 2. Brian Mapili (un/M10) 1.12m (3-8); 3. Grace Russell (un/F12) 1.06m (3-5 3/4); 4. Olivia Reams (un/F11) .98m (3-2 1/2); 5. Lili Simon (un/F10) .88m (2-10 3/4); nh Shina Cook (un/F07) and Kathleen Pennington (un/F08).

Women's High Jump

1. Barbara Johnshoy (un/F17) 1.18m (3-10 1/2).

Men's High Jump

1. Jeff Skiba (CNW/M20) 1.95m (6-4 3/4); 2. (tie) Brian Burns (un/M18) and Vince Kinney (un/M17) 1.83m (6-0); 4. Tim Carrithers (un/M15) 1.73m (5-8); 5. Bryant Shiu (un/M15) 1.67m (5-5 3/4); 6. Bruce McLean (CNW/M48) 1.52m (4-11 3/4); 7. Russell Jacquet Acea (un/M51) 1.47m (4-9 3/4).

Women's Pole Vault

1. Stevie Marshalek (un/F??) 3.50m (11-6); 2. Amy Harris (un/F20) 3.05m (10-0); 3. Susan Sifferman (un/F19) 1.90m (6-3 3/4); nh Jessica Creelman (un/F18).

Men's Pole Vault

1. Doug Blaty (un/M21) 4.19m (13-9); 2. Pat M. (un/M??) 3.96m (13-0); 3. Bryan Lucke (un/M18) 3.96m (13-0); 4. Vinh Chung (un/M21) 3.73m (12-2 3/4); 5. Ryan ?? (VV/M16) 3.73m (12-2 3/4); 6. John Winters (un/M??) 3.50m (11-6); 7. Jose Castaneda (un/M17) 3.50m (11-6); 8. Steve M. (un/M??) 3.27m (10-8 3/4); 9. Russell Jacquet Acea (un/M51) 3.27m (10-8 3/4); 10. Zack Vella (un/M15) 3.05m (10-0); 11. Eric Scaia (un/M26) 3.05m (10-0); 12. Kiel Rasp (un/M15) 3.05m (10-0); 13. Joe Chiarelli (un/M18) 2.59m (8-6); 14. David Cole (un/M27) 2.59m (8-6); 15. Dave Butler (un/M64) 2.36m (7-9); 16. Nick Iverson (un/M15) 2.13m (6-11 3/4); nh Charlie Shugart (un/M45).

Kid's Long Jump

1. Xavier Mickelsen (un/M12) 3.75m (12-3 3/4); 2. Trevor Harron (un/M13) 3.53m (11-7); 3. Dustin McPhillips (un/M08) 3.22m (10-6 3/4); 4. Jacob Potter (un/M11) 3.15m (10-4); 5. Grace Russell (un/F12) 3.00m (9-10); 6. Brian Mapili (un/M10) 2.69m (8-10); 7. Payton Potter (un/M10) 2.68m (8-9 1/2); 8. (tie) Audrey Western (un/F07) and Olivia Reams (un/F11) 2.47 (8-1 1/4); 10. B.J. Dondoyano (un/M07) 2.38m (7-9 3/4); 11. LiLi Simon (un/F10) 1.92m (6-3 1/2); 12. Nina Job (un/F09) 1.89 (6-2 1/2); 13. Kathleen Pennington (un/F08) 1.88m (6-4 1/2); 14. Bennett Dondoyano (un/M05) 1.84m (6-0 1/2); 15. Shina Cook (un/F07) 1.44m (4-8 3/4).

Women's Long Jump

1. Brittany Bekins (un/F19) 4.66m (15-3 1/2); 2. Susan Quick (un/F18) 4.42m (14-6).

Men's Long Jump

1. Doug Blaty (un/M21) 6.30m (20-3 3/4); 2. Sean Williams (un/M21) 6.15m (20-2 1/4); 3. Tim Carrithers (un/M15) 6.80m (19-11 1/4); 4. Dean Yeh (un/M15) 5.61m (18-4 3/4); 5. Jose Castaneda (un/M17) 5.36m (17-7); 6. Sung Kim (un/M15) 4.35m (14-3 1/4); 7. David Cole (un/M27) 4.24m (13-11).

Kid's Shot Put

(6lb) 1. Trevor Harron (un/M13) 6.46m (21-2 1/4); 2. Jacob Potter (un/M11) 5.21m (17-1).

Women's Shot Put

(4.0kg) 1. Jennifer Conner (CNW/F19) 10.23m (33-6 3/4); 2. Brittany Bekins (un/F19) 9.92m (32-6 1/2); 3. Kaisa Keranen (un/F18) 8.64m (28-4 1/4).

Men's Shot Put

(16lb) 1. Mark Horner (un/M24) 13.34m (43-9 1/4).

(12lb) 1. Korey Morris (un/M16) 12.34m (40-5 3/4); 2. Kenny White (un/M16) 11.50m (37-8 3/4); 3. Donovan Montross (un/M16) 10.42m (34-2 1/4).

Women's Discus Throw

(1.0kg) 1. Jennifer Conner (un/F19) 31.54m (103-6).

Men's Discus Throw

(2.0kg) 1. Ben Dillow (un/M19) 31.98m (104-11).

(1.6kg) 1. Korey Morris (un/M16) 46.14m (151-4); 2. Kenny White (un/M16) 27.75m (91-0); nm Donovan Montross (un/M16).

(1.5kg) 1. Mark Hermer (un/M24) 40.00m (131-3); 2. Jeff Skiba (CNW/M20) 39.17m (128-6); 3. Russell Jacquet Acea (un/M51) 31.44m (103-2); 4. David Richards (un/M21) 25.65m (84-1).

(1.0kg) 1. Trevor Harron (un/M13) 21.69m (71-2).

Kids TurboJav™ Toss (measured in yards using football hashmarks)

1. Trevor Harron (un/M13) 32.5y; 2. Grace Russell (un/F12) 20.5y; 3. Xavier Mickelsen (un/M12) 18.5y; 4. Dustin McPhillips (un/M08) 18.0y; 5. Olivia Reams (un/F11) 13.0y; 6. B.J. Dondoyano (un/M07) 12.5y; 7. David Goldstone (un/M9) 12.0y; 8. Bennett Dondoyano (un/M05) 8.0y; 9. Jonathan R. (un/M04) 5.0y.

Women's Javelin Throw

(600g) 1. Brittany Bekins (un/F19) 39.83m (130-8); 2. Kelly Stovin (un/F19) 32.96m (108-1); 3. Kaisa Keranen (un/F18) 31.50m (103-4).

Men's Javelin Throw

(800g) 1. Ben Dillow (un/M19) 49.62m (162-9); 2. Dan Farsinburg (un/M18) 39.90m (130-11); 3. Trevor Harron (un/M13) 22.04m (72-3).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Trevor Harron (un/M13) 17.3h; 2. Dustin McPhillips (un/M08) 17.8h; 3. Nina Job (un/F09) 18.0h; 4. Audrey Western (un/F07) 19.0h; 5. Lili Simon (un/F10) 21.4h; 6. B.J. Dondoyano (un/M07) 21.7h; 7. Jacob Kohn (un/M06) 22.8h; 8. Shina Cook (un/F03) 23.1h; 9. Kathleen Pennington (un/F08) 23.1; 10. Bennett Dondoyano (un/M05) 23.7h; 11. Jonas Kohn (un/M04) 26.3h.

Kid's 50-meter Dash

1. Trevor Harron (un/M13) 8.4h; 2. Olivia Reams (un/F11) 8.5h; 3. (tie) Jacob Potter (un/M11) and Xavier Mickelsen (un/M12) 8.8h; 5. Dustin McPhillips (un/M08) 9.1h; 6. Grace Russell (un/F12) 9.2h; 7. Nina Job (un/F09) 9.4h; 8. (tie) Payton Potter (un/M10) and Audrey Western (un/F07) 9.6h; 10. David Goldstone (un/M09) 10.0h; 11. LiLi Simon (un/F10) 10.8h; 12. (tie) Shina Cook (un/F07) and Nick Shugart (un/M07) and Jacob Kohn (un/M06) and B.J. Dondoyano (un/M07) 10.9h; 16. Jesse Goldstone (un/M05) 11.4h; 17. Kathleen Pennington (un/F08) 11.6h; 18. Zach Shugart (un/M06) 11.7h; 19. Jonas Kohn (un/M04) 12.4h; 20. Brian Mapili (un/M10) 12.6h; 21. Bennett Dondoyano (un/M05) 13.0h.

Kid's 200-meter Dash

1. Geoffrey Martin-Noble (un/M10) 33.3h; 2. Trevor Harron (un/M13) 33.9h; 3. David Goldstone (un/M09) 36.2h; 4. Dustin McPhillips (un/M08) 36.9h; 5. Ava Oakley (un/F07) 44.0h; 6. Jacob Kohn (un/M06) 44.7h; 7. Jesse Goldstone (un/M05) 48.9h; 8. Nick Shugart (un/M07) 52.2h; 9. Zach Shugart (un/M06) 55.2h.

Kid's Mile Jog

1. David Goldstone (un/M09) 6:02.3h; 2. Geoffrey Martin-Noble (un/M10) 6:13.0h; 3. Xavier Miceklsen (un/M12) 6:37.8h; 4. Dustin McPhillips (un/M08) 7:38.9h; 5. Katelin Licari (un/F08) 7:58.2h; 6. Jesse Goldstone (un/M05) 8:21.0h; 7. LiLi Simon (un/F10) 13:16.9h.

Co-ed Mile Race Walk

1. Ann Tuberg (un/F44) 8:48.8h; 2. Lynne Graybeal (un/F48) 13:26.6h.

Women's 100-meter Hurdles

(33") 1. Barbara Johnshoy (un/F17) 18.8h.

Men's 110-meter Hurdles

(42") 1. Ben Dillow (un/M19) 15.8h.

(Unknown) 1. Sean Williams (un/M21) 15.8h; 2. Jeremiah Avila (un/M17) 16.3h; 3. (tie) Vince Kinney (un/M17) and Eric Mar (un/M16) 16.9h; 5. Eric Scaia (un/M26) 19.2h.

Women's 100-meter Dash

1. Rachel Tynan (un/F19) 13.6h; 2. Susan Quick (un/F18) 13.6h.

Men's 100-meter Dash

1. Terry Johnson (un/M16) 11.0h; 2. (tie) David Angiulo (un/M18) and Ben Blackmer (un/M28) 11.6h; 4. Tim Carrithers (un/M15) 11.7h; 5. Ben Dillow (un/M19) 11.9h; 6. Vince Kinney (un/M17) 12.1h; 7. (tie) Michael Wilson (un/M15) and Bryant Shiu (un/M15) and Jarrett Habu (un/M19) 12.2h; 10. Sung Kim (un/M15) 12.4h; 11. Maurice Fabien (un/M15) 12.5h; 12. (tie) Eric Mar (un/M16) and David E. Ortman (un/M51) and Rod Wilcox (un/M38) 12.6h; 15. (tie) Kyle Van Horn (un/M15) and Musa Kebbeh (un/M27) and Rob Voce (un/M38) 12.7h; 18. Nick Shults (un/M22) 12.9h; 19. David Cole (un/M27) 13.4h; 20. Rogelio Atherley (un/M38) 14.6h; 21. Lawrence Xiao (un/M42) 14.7h; 22. Bob Cantall (un/M46) 15.2h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. Jeff Jergens (un/M17) 7:18-7:20 **+2**; 2. Barbara Johnshoy (un/F17) 7:20-7:23 **+3**; 3. (tie) David Goldstone (un/M09) 6:15-6:19 **+4**, John Beardsley (un/M17) 7:20-7:24 **+4** and Nic Castona (un/M20) 8:00-8:04 **+4**; 6. Joaquin Kirk (un/M37) 7:00-6:55 **-5**; 7. (tie) M. Leffler (un/M33) 7:24-7:18 **-6**, Brad Albert (un/M16) 8:05-8:11 **+6**, Brian Dollard (un/M17) 7:18-7:12 **-6** and David W. Cronin (un/M19) 7:20-7:14 **-6**; 11. (tie) Shingo Yamazaki (un/M18) 7:30-7:23 **-7**, Bill Cusworth (un/M36) 7:40-7:47 **+7**, Eric Bone (un/M30) 7:40-7:47 **+7** and Terry Farrah (un/F44) 7:40-7:47 **+7**; 15. Phyllis Nelson (un/F56) 8:00-8:08 **+8**; 16. (tie) Michael Allison (un/M52) 8:00-8:09 **+9**, David Ojala (un/M15) 7:00-7:09 **+9** and Alex Jeffers (un/M18) 7:30-7:21 **-9**; 19. Vince Kinney (un/M17) 7:00-7:10 **+10**; 20. Tom Heneghan (un/M17) 7:00-7:11 **+11**; 21. Kelvin Freeman (un/M37) 7:14-7:02 **-12**; 22. Cheryl Robinson (un/F32) 6:59-7:12 **+13**; 23. Jordan Foster (un/M16) 7:40-7:54 **+14**; 24. Jonathon Nelson (un/M15) 7:00-7:15 **+15**; 25. (tie) Kelly Spady (un/M17) 7:44-8:01 **+17**, Trevor Velzeboer (un/M18) 7:45-8:02 **+17** and Devin Branson (un/M17) 7:00-7:17 **+17**; 28. Pat Croteau (un/M18) 7:00-7:18 **+18**; 29. Sean Doyle (un/M18) 7:23-7:04 **-19**; 30. Brian Kramer (un/M17) 7:33-7:13 **-20**; 31. Steven Houck (un/M16) 7:00-6:39 **-21**; 32. Nick Iverson (un/M15) 7:00-7:22 **+22**; 33. (tie) Daren Toy (un/M16) 8:02-8:25 **+23**, Carol Xu (un/F16) 7:30-7:07 **-23** and Lydia Ngai (un/F14) 7:30-7:07 **-23**; 36. John O'Hearn (un/M42) 8:35-8:10 **-25**; 37. Reva Moeller (un/F43) 7:30-7:03 **-27**; 38. Keira O'Hearn (un/F10) 8:35-8:06 **-29**; 39. Diana Quam (un/F18) 7:40-7:08 **-32**; 40. Jeffrey Helmer (un/M16) 6:15-6:53 **+38**; 41. Eric Chen (un/M14) 8:06-7:27 **-39**; 42. Peter P-J (un/M16) 7:20-6:39 **-41**; 43. Jenny Serrato (un/F16) 7:20-8:02 **+42**; 44. Mark Smith (un/M51) 8:00-7:12 **-48**; 45. Kevin Iverson (un/M18) 6:00-7:19 **+79**.

Co-ed 4x100-meter Relay

1. Catch Pat If You Can (Doug Blatey/Sean Williams/Vinn Chung/ Pat Licari) 44.7h; 2. Lynnwood (Nic/Vince/Tim/??) 45.7h; 3. Seattle Track Academy II (Sung Kim/??/Dean Yeh/Bryant Shiu) 48.1h; 4. Seattle Track Academy (Susan Quick/Jarrett Habu/Mike Wilson/David Angiulo) 49.1h; 5. Unnamed (Brittany Bekins/Jose C./Darin Richards/Rachel Tynan) 51.7h; 6. Unnamed (Jeff/David/John Beardsley/Jenny) 53.1h; 7. Unnamed (Brian Dollard/Alex Jeffers/Shingo Yamazaki/Brian Kramer) 54.2h.

Women's 1500-meter Run

1. Phyllis Nelson (un/F56) 6:11.8h.

Men's 1500-meter Run

1. Yusuke Inoue (un/M22) 4:17.7h; 2. Jeff Bigham (un/M23) 4:24.0h; 3. John O'Hearn (un/M42) 4:32.2h; 4. Craig Atkinson (un/M20) 4:38.4h; 5. Shelby Schenck (un/M36) 4:42.2h; 6. Dave Ross (un/M38) 4:42.9h; 7. Army Stonkus (un/M49) 4:43.5h; 8. Michael Allison (un/M52) 4:46.2h; 9. Jake Nist (un/M27) 4:48.4h; 10. David Cole (un/M27) 4:54.1h; 11. Scott Neff (un/M28) 4:59.4h; 12. Kevin Iverson (un/M18) 4:59.7h; 13. Ted Winskill (un/M30) 5:00.0h; 14. John Goldstone (un/M46) 5:07.8h; 15. Mark Looi (un/M44) 5:10.1h; 16. Steven Hevek (un/M16) 5:28.8h; 17. Russell Jacquet Acea (un/M51) 5:31.0h; 18. Tony Robinson (un/M36) 5:33.1h.

Women's 400-meter Dash

1. Alex Bonn (un/F19) 68.5h; 2. Katherine Spiewak (un/F19) 70.0h; 3. Diana Quam (un/F18) 76.6h; 4. Lydia Ngai (un/F14) 76.8h; 5. Carol Xu (un/F16) 77.3h; 6. Reva Moeller (un/F43) 78.5h.

Men's 400-meter Dash

1. Ben Blackmer (un/M28) 55.0h; 2. Daren Toy (un/M16) 58.4h; 3. Rod Wilcox (un/M38) 58.7h; 4. Kyle Van Horn (un/M15) 59.0h; 5. Nick Shults (un/M22) 60.9h; 6. Michael Wilson (un/M15) 61.6h; 7. John C. (un/M17) 64.1h; 8. Brad Albert (un/M16) 65.8h; 9. Irwin Fletcher (un/M16) 66.2h; 10. Mark Smith (un/M51) 80.0h.

Women's 800-meter Dash

1. Katrina Drennen (FWayTC/F15) 2:19.3h.

Men's 800-meter Dash

1. Vince Kinney (un/M17) 2:04.2h; 2. Jeff Bigham (un/M23) 2:04.6h; 3. Jason Wimbish (un/M15) 2:14.8h; 4. Kevin Iverson (un/M18) 2:23.5h; 5. Daren Toy (un/M16) 2:24.0h; 6. David Cole (un/M27) 2:26.8h; 7. Brad Albert (un/M16) 2:43.8h.

Women's 3000-meter Run

1. Carol Xu (un/F16) 11:31.5h; 2. Lyoka Ngoii (un/F14) 12:04.5h; 3. Diana Quam (un/F18) 12:28.3h; 4. Phyllis Nelson (un/F56) 14:28.2h; 5. Terry Farrah (un/F44) 16:37.1h.

Men's 3000-meter Run

1. Pat Croteau (un/M16) 9:29.0h; 2. Sean Doyle (un/M18) 9:34.6h; 3. Jeff Bigham (un/M23) 9:40.4h; 4. Eric Bone (un/M30) 9:41.7h; 5. Jordan Foster (un/M16) 9:44.4h; 6. John O'Hearn (un/M40) 9:46.6h; 7. Rick Becker (un/M49) 9:53.8h; 8. Trevor Velzeboer (un/M18) 10:07.9h; 9. Devin Branson (un/M17) 10:10.3h; 10. Tom Heneghan (un/M17) 10:16.9h; 11. David Ojala (un/M15) 10:17.3h; 12. Brian Dollard (un/M17) 10:23.0h; 13. Andy Jaegar (un/M17) 10:24.3h; 14. Brian VanHouten (un/M29) 10:26.1h; 15. M. Leffler (un/M33) 10:26.6h; 16. Brian Kramer (un/M17) 10:29.6h; 17. Steven Houck (un/M16) 10:39.3h; 18. Bill Cusworth (un/M36) 10:43.1h; 19. Shelby Schenck (un/M37) 10:54.5h; 20. Jeff Helmer (un/M16) 10:55.0h; 21. Alex Jeffers (un/M15) 10:55.4h; 22. Michael Allison (un/M52) 11:03.9h; 23. Mark Looi (un/M44) 11:05.5h; 24. David Cole (un/M27) 11:12.0h; 25. JD Nelson (un/M15) 11:17.7h; 26. Jim Gardell (un/M50) 11:28.7h; 27. Kevin Iverson (un/M18) 12:37.6h; 28. Nick Iverson (un/M15) 13:11.1h; 29. Eric Chen (un/M14) 13:14.6h; 30. Mark Smith (un/M51) 13:28.8h; 31. Kelly Spady (un/M17) 14:49.9h; 32. Lawrence Xiao (un/M42) 14:53.0h.

No entries

Co-ed Triple Jump and Co-ed 4x400-meter Relay