

## Club Northwest Summer All-Comers Track & Field Meets Presented by Road Runner Sports

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### MEET 03 -- 15 JUNE 2005

Sponsored by Brooks Running

Shoreline District Stadium, Shoreline, Washington

### OUTSTANDING PERFORMANCES

Male -- Mathew Schwinn in the Men's Discus Throw (56.53m worth 984 points)

Male -- McKane Lee in the Pole Vault (5.05m worth 980 points)

Female -- none

**TOTAL ENTRIES** -- 306

### FIELD EVENT RESULTS

#### Kids High Jump

1. Brad Newbould (un/M14) 1.30m (4-3 1/4); 2. Amy-Eloise Beale (Essc./F9) 1.10m (3-7.25). nh. Betsy Wade (un/F12).

#### Men's High Jump

1. Norris Frederick (un/M19) 2.05m (6-8 3/4); 2. Vince Kinney (un/M18) 1.90m (6-3); 3. Sean Mackie (un/M18) 1.75m (5-9); 4. Tim Carrithers (un/M16) 1.65m (5-5); 5. Rob Amidue (un/M24) 1.65m (5-5); 6. Bruce McLean (un/M49) 1.50m (4-11). nh. Doug Parris (un/M57).

#### Women's Pole Vault

1. Kathleen Donoghue (un/F23) 3.65m (11-11 3/4); 2. Kate Carlson (un/F23) 3.50m (11-5 3/4); 3. Myrriah Swango (un/F21) 3.35m (11-0); 4. Laura Bulander (Snohomish/F17) 2.75m (9-0 1/4); 5. Pam Trautman (un/F46) 2.60m (8-6 1/4); 6. Valan Calvo (Cedar Park/F15) 2.45m (8-0 1/2); 7. (tie) Susan Sifferman (un/F20) and DeeDee McCormick (SW/F17) 2.30m (7-6 1/2); 9. Alyssa Pettigrew (SW/F17) 2.30m (7-6 1/2); 10. Linnea Bickeboller (SW/F15) 2.15m (7-0 3/4). nh. Stevie Marshalek (un/F20).

#### Men's Pole Vault

1. McKane Lee (un/M21) 5.05m (16-6 3/4); 2. Pat Licari (un/M36) 4.40m (14-5 1/4); 3. Ryan Vu (un/M16) 4.40m (14-5 1/4); 4. Seth Cordell (Everett/M18) 4.25m (13-11 1/4); 5. Sean Beighton (un/M16) 3.95m (12-11 1/2); 6. Jamie Wilson (un/M21) 3.95m (12-11 1/2); 7. David Pinkerton (Snohomish/M17) 3.95m (12-11 1/2); 8. Brandon Kilpatrick (Snohomish/M16) 3.65m (11-11 3/4); 9. Jason Marks (Interlake/M15) 3.50m (11-5 3/4); 10. Paul Angell (un/M42) 3.35m (11-0); 11. (tie) Eric Craig (un/M27) and Vince Kinney (un/M18) 3.05m (10-0); 13. Phil Milliman (un/M53) 2.90m (9-6 1/4); 14. Danny Coleman (un/M15) 2.75m (9-0 1/4); 15. Dave Butler (Cougar TC/M65) 2.60m (8-6 1/4); 16. Tim Carrithers (un/M16) 2.45m (8-0 1/2). nh. Bart Ons (un/M32) and Charlie Shugart (un/M45).

#### Kid's Long Jump

1. Perry Conricode (un/M14) 5.15m (16-10 3/4); 2. Nick Wiltz (un/M14) 4.75m (15-7); 3. Betsy Wade (un/F12) 3.86m (12-8); 4. Amy-Eloise Neal (un/F9) 2.76m (9-0 3/4); 5. Alec Wade (un/M9) 2.07m (6-9 1/2); 6. Brad Riggs (un/M9) 2.00m (6-6 3/4); 7. Julien Burgess-Hunt (un/M5) 1.55m (5-1); 8. Jonathan Robinson (un/M5) 1.54m (5-0 3/4); 9. Brett Burgess-Hunt (un/M6) 1.50m (4-11); 10. Gabriel Robinson (un/M2) 0.50m (1-7 3/4).

#### Women's Long Jump

1. Holly Allan (un/F18) 3.61m (11-10 1/4).

#### Men's Long Jump

1. Norris Frederick (un/M19) 6.84m (22-5 1/4); 2. Tim Carrithers (un/M16) 6.38m (20-11 1/4); 3. James Shafer (un/M15) 5.74m (18-10); 4. Chris Salas (un/M35) 4.79m (15-8 1/2)

#### Men's Triple Jump

1. Justin Lawrence (CNW/M23) 14.65m (48-0 3/4); 2. Tim Carrithers (un/M16) 12.26m (40-2 3/4); 3. Dustin Redding (un/M18) 12.16m (39-10 3/4).

### **Kid's Shot Put**

(6lb) 1. Christian Taylor (un/M11) 5.45m (17-10 1/2); 2. Tyler Newbould (un/M11) 5.33m (17-5 3/4).

### **Women's Shot Put**

(4kg) 1. Jernaé Christiansen (un/F16) 8.90m (29-2 1/2).

### **Men's Shot Put**

(16lb) 1. Marc Kerner (un/M25) 12.99m (42-7 1/2).

(12lb) 1. Nick Bresolin (un/M16) 11.34m (37-2 1/2).

(6k) 1. Jeff Skiba (CNW/M21) 12.64m (41-5 3/4); 2. Andrew Steiner (un/M24) 10.78m (35-4 1/2); 3. Doug Korhel (un/M55) 10.75m (35-3 1/4).

### **Women's Discus Throw**

(1kg) 1. Jernaé Christiansen (un/F16) 22.13m (72-7 1/4).

### **Men's Discus Throw**

(2k) 1. Matthew Schwinn (un/M25) 56.53m (185-5); 2. Will Conwell (un/M22) 49.84m (163-6); 3. Vinnie Radish (un/M20) 42.71m (140-1); 4. Mac Herman (un/M25) 40.95m (134-4); 5. Andrew Steiner (un/M21) 39.45m (129-5); 6. Jack Hoyt (un/M40) 37.21m (122-0); 7. Chris Salas (un/M35) 32.59m (106-10).

(1.6k) 1. Vince Kinney (un/M18) 35.71m (117-1).

(1.5k) 1. Jeff Skiba (CNW/M21) 40.93m (134-3); 2. Russell Jacquet-Acea (un/M52) 33.51m (109-11); 3. Dave Korhel (un/M55) 30.58m (100-4).

### **Kids TurboJav™ Toss** (measured in yards using football hashmarks)

1. Brad Newbould (un/M14) 28y; 2. Tyler Newbould (un/M11) 25y; 3. Caleb Taylor (un/M9) 17y; 4. Ben Thompson (un/M12) 15.5; 5. Alec Wade (un/M9) 12y; 6. Julien Burgess-Hunt (un/M5) 10.5y; 7. Brett Burgess-Hunt (un/M6) 9y; 8. Jonathan Robinson (un/M5) 5y; 9. Gabriel Robinson (un/M2) 1.5y.

### **Women's Javelin Throw**

(600g) 1. Sara Johnson (un/F22) 34.75m (114-0 1/4).

### **Men's Javelin Throw**

(800g) 1. Vince Kinney (un/M18) 39.32m (129-0); 2. Woody Amidon (un/M17) 34.75m (114-0 1/4); 3. Tyler Newbould (un/M11) 20.80m (68-3); 4. Goran Tumbic (un/M11) 12.42m (40-9).

## **TRACK EVENT RESULTS**

### **Kid's 100-meter Dash**

1. Perry Conricode (un/M14) 13.3h; 2. Nick Wiltz (un/M14) 13.7h; 3. Brandon Bulaclac (un/M10) 14.2h; 4. Sam Smith (un/M10) 14.7h; 5. Ted Baird (un/M11) 14.9h; 6. Tessa Berkley (un/F11) 15.1h; 7. Betsy Wade (un/F12) 15.2h; 8. Amy-Eloise Neale (ESTC/F9) 16.0h; 9. Christian Hinrichsen 16.9h; 10. Alec Wade (un/M9) 17.4h; 11. Dylan Tumbic (un/M9) 19.4h.

### **Kid's 50-meter Dash**

1. Nick Wiltz (un/M14) 6.6h; 2. Perry Conricode (un/M14) 6.8h; 3. Brad Newbould (un/M14) 7.2h; 4. Brandon Bulaclac (un/M10) 7.3h; 5. (tie) Sam Smith (un/M10) and Tessa Berkley (un/F11) 7.4h; 7. Betsy Wade (un/F12) 7.4h; 8. Amy-Eloise Neale (ESTC/F9) 7.9h; 9. Caleb Taylor (un/M9) 8.1h; 10. Alec Wade (un/M9) 8.3h; 11. (tie) Christian Hinrichsen (un/M8) and Christian Taylor (un/M11) 8.5h; 13. Tyler Newbould (un/M11) 8.7h; 14. Brad Riggs (un/M9) 9.3h; 15. Ben Tuberg (un/M8) 9.4h; 16. Brett Burgess-Hunt (un/M6) 9.9h; 17. Julien Burgess-Hunt (un/M5) 10.6h.

### **Kid's 200-meter Dash**

1. Perry Conricode (un/M14) 28.7h; 2. Nick Wiltz (un/M14) 29.0h; 3. Brad Newbould (un/M14) 30.4h; 4. Betsy Wade (un/F12) 32.7h; 5. Amy-Eloise Neale (ESTC/F9) 34.5h; 6. Christian Hinrichsen (un/M8) 40.8h; 7. Brad Riggs (un/M9) 47.4h.

### **Kid's Mile Jog**

1. Brad Newbould (un/M14) 6:15.9h; 2. Amy-Eloise Neale (ESTC/F9) 6:30.8h; 3. Ted Baird (un/M11) 6:50.0h; 4. Christian Taylor (un/M11) 6:53.7h; 5. Caleb Taylor (un/M9) 6:57.1h. dnf. Brad Riggs (un/M9).

### **Co-ed Mile Race Walk**

1. Bob Novak (un/M56) 8:24.8h; 2. Doug Ermino (un/M47) 8:38.0h; 3. Ann Tuberg (un/F45) 8:46.5h; np. Wendy Kendall (un/F46) 8:34.4h (not legal form).

### **Women's 100-meter Hurdles**

(33") 1. Sandy Erickson (un/F25) 18.0h; 2. Shaylee Roberts (un/F16) 18.7h; 3. Holly Allan (un/F18) 20.2h; 4. Julia Tumbic (un/F14) 20.7h; 5. Betsy Wade (un/F12) 21.6h.

### **Men's 400-meter Hurdles**

(42") 1. Dustin Redding (un/M18) 15.7h.

(39") 1. Jack Hoyt (un/M40) 15.1h; 2. Paul Mach (un/M23) 15.4h.

### **Women's 100-meter Dash**

1. Sandy Erickson (un/F25) 13.9h; 2. Ashley Cormier (un/F13) 14.0h; 3. Janice Minn (un/F29) 15.6h; 4. Julia Tumbic (un/F14) 16.5h; 5. Kim Taylor (un/F41) 17.5h; 6. Wendy Kendall (un/F46) 18.9h.

### **Men's 100-meter Dash**

1. Tim Carrithers (un/M16) 11.5h; 2. Tristan Bodding-Long (un/M17) 11.6h; 3. (tie) James Shafer (un/M15) and Jack Hoyt (un/M40) and Shane Carothers (un/M24) 12.0h; 6. Maurice Fabien (un/M16) 12.1h; 7. James Bolding (un/M18) 12.2h; 8. Andy Jerome (un/M17) 12.3h; 9. Daren Monroe (un/M37) 12.3h; 10. Rob Voce (un/M39) 12.5h; 11. Rod Wilcox (un/M39) 12.5h; 12. David E. Ortman (un/M52) 12.5h; 13. Russell Jacquet-Acea (un/M52) 13.3h; dnf. Matt Hart (un/M23).

### **Co-ed Jogger's Mile** (listed by order of best prediction)

1. Tony Robinson (CNW/M38) 6:52-6:55 +3; 2. Mimi Cowan (un/F10) 7:30-7:26 -4; 3. Regina Joyce (CNW/F48) 7:10-7:05 -5; 4. Jesse Williams (Brooks/M27) 7:00-7:06 +6; 5. (tie) David Martin (CNW/M27) 7:00-7:07 +7 and Eric Newbould (un/M49) 5:30-5:37 +7; 7. (tie) Michael Gongliewski (un/M35) 7:00-6:52 -8 and Tom Ross (un/M33) 7:00-7:08 +8; 9. Alex Golshan (un/M17) 7:21-7:30 +9; 10. (tie) Shaylee Roberts (un/F16) 7:30-7:20 -10 and Shane Carothers (un/M24) 7:21-7:11 -10; 12. Julie Gongliewski (un/F29) 9:00-8:48 -12; 13. (tie) Lucy Kjolso (un/F26) 9:00-8:46 -14 and Jim Meyer (un/F29) 6:44-6:30 -14 and Michael Allison (CNW/M53) 7:45-7:59 +14; 16. (tie) Sean Doyle (CWU/M19) 7:20-7:05 -15 and Calvin Grover (un/M14) 5:05-5:20 +15 and Andrew Hamilton (un/M15) 6:45-7:00 +15 and Paul Mach (un/M23) 6:00-6:15 +15 and Sarah Meyer (un/F24) 6:30-6:15 -15; 21. (tie) Rod Wilcox (un/M39) 6:45-7:02 +17 and Brad Carr (un/M17) 6:42-6:59 +17; 23. (tie) Zack Gussin (un/M17) 6:17-5:59 -18 and Lana Rigelman (un/F22) 7:30-7:12 -18; 25. (tie) Robert Bartholomew (un/M21) 7:26-7:06 -20 and Patrick Lindsay (un/M33) 7:35-7:55 -20 and Hans Peterson (un/M??) 7:55-7:35 -20 and Steve Dekoker (Brooks/M24) 6:00-5:40 -20; 29. Michelle Lacki (un/F29) 8:00-7:35 -25; 30. Chase Mueller (un/M33) 8:00-7:34 -26; 31. Susan Sifferman (un/F20) 6:45-7:24 +39; 32. Rob Amidon (un/M24) 8:00-7:11 -49; 33. (tie) Kim Taylor (un/F40) 10:00-8:29 -1:31 and Wendy Kendall (un/F??) 9:00-7:29 -1:31; np. Doug Ermini (un/M47) nt-9:02.

### **Co-ed 4x100-meter Relay**

1. Brooks #1 (Andy J M17, Maurice F M17, Cody V M22, Tristan BL M17) 48.4h; 2. 8 Playas' (James Bolding M??, Zach Gussin M??, Kurt Daniels M??, ?? M??) 49.9h; 3. Lane 7 (Dorsey M18, Corey Hansen M18; Alex Bones M18, David P M18) 50.2h; 4. Lane 1 (Matt Hart M??, Shane Carothers M24, Rob Amidon M??, Lana Rigelman F22) 55.1h; 5. Brooks #3 (Tamara Hills F??, Hans M??, Jesse Williams M27, Dennis Hills M??) 56.2h; 6. Brooks #4 (Steve Dekoker M24, Michelle Lacki F??, Chase Mueller M?, Lydia Vale-Starling F??) 57.8h; 7. Brooks #2 (Lucy Kjolso F26, Julie Gary F??, Mike Gongo M??, Tom Ross M33) 60.0h; 8. Lane 2 (Julia Tumbic F14, Brad Riggs M9, Dylan Tumbic M9, Wendy Kendall F46) 1:25.9h.

### **Women's Mile Run**

1. Sarah Leonard (CNW/F34) 5:03.4h; 2. Regina Joyce (CNW/F48) 5:15.3h

### **Men's Mile Run**

1. Zack Gussin (un/M17) 4:23.9h; 2. Ryan Dorsey (un/M18) 4:25.7h; 3. David Martin (CNW/M27) 4:31.9h; 4. Rob Webster Jr (un/M15) 4:33.0h; 5. Alex Jones (un/M18) 4:40.2h; 6. Chris Owens (un/M35) 4:41.1h; 7. Steve Dekoker (CNW/M24) 4:42.6h; 8. Julian-Blake Cowan (FWTC & CNW/M15) 4:44.0h; 9. Brad Corso (un/M17) 4:50.6h; 10. Jam Master Jay (un/M19) 4:57.3h; 11. David D (un/M19) 4:59.6h; 12. Sean Doyle (CWU/M19) 5:00.1h; 13. Eric Haley (un/M20) 5:10.2h; 14. Patrick Lindsay (un/M33) 5:10.7h; 15. Andrew Hamilton (un/M15) 5:14.5h; 16. Joey Domingues (un/M16) 5:14.7h; 17. Daniel Kavet (un/M47) 5:18.5h; 18. Joel Purcell (un/M20) 5:21.9h; 19. Alex Korotkov (un/M14) 5:26.5h; 20. Michael Allison (CNW/M53) 5:28.0h; 21. Scott Elmore (un/M22) 5:43.2h.

**Women's 400-meter Dash**

1. Ashley Cormier (un/F13) 65.5h.

**Men's 400-meter Dash**

1. Vince Kinney (un/M18) 51.8h; 2. Tristan Bodding-Long (un/M17) 54.4h; 3. Sean Mackie (un/M18) 56.7h; 4. Andy Jerome (un/M17) 56.8h; 5. David Ortman (un/M52) 57.4h; 6. Daren Monroe (un/M37) 59.5h; 7. Russell Jacquet-Acea (un/M52) 63.8h.

**Women's 800-meter Dash**

1. Ashley Cormier (un/F13) 2:59.7h.

**Men's 800-meter Dash**

1. Ryan Johnson (SETA/M20) 1:56.1h; 2. Calvin Grover (un/M14) 2:05.0h; 3. David Martin (CNW/M27) 2:08.0h; 4. Alex Korotkov (un/M14) 2:18.8h; 5. Steven James (un/M44) 2:26.5h; 6. Michael Allison (CNW/M53) 2:28.6h; 7. Arny Stonkus (un/M50) 2:34.1h; 8. Alex Golshen (un/M17) 2:36.0h; 9. Scott Elmore (un/M22) 2:39.5h.

**Co-ed 4x400-meter Relay**

1. Curfew Violatars (James Schaefer M15, Tim Carrithers M16, Vince Kinney M18, Rob Webster Jr M15) 3:43.6h; 2. White Horse (Andy Jerome M17, Shane Crothers M24, Cody Vandermyn M22, Tristan Bodding-Long M17) 3:54.0h; 3. Gimps (Eric Haley M20, Joel Purcell M20, Max Ferguson M19, David Desmarais M19) 3:59.8h; 4. Run or Die TC (Rod M??, Brad M??, Jim M??, Evan M??) 4:26.7h; 5. Catalyst (Sarah F??, Jeff M??, Kim F??, Eric M??) 4:45.9h; dnf. Team Dave (David Martin M27, left holding the baton).

**Men's 5000-meter Run**

1. Uli Steidl (SRC/M33) 14:57.2h; 2. David Martin (CNW/M27) 15:49.8h; 3. Julian-Blake Cowan (FWTC & CNW/M15) 16:27.5h; 4. Robert Bartholomew (un/M21) 16:37.3h; 5. Alex Jones (un/M18) 16:54.2h; 6. Ryan Dorsey (un/M18) 17:41.5h; 7. Patrick Lindsay (un/M33) 17:49.4h; 8. Hansen (un/M??) 18:03.7h; 9. James Bolding (un/M18) 19:04.8h; 10. Kurt Daniels (un/M18) 21:55.5h. dnf. Evan Dall (un/M16), Steven James (un/M44), and Jeff Dall (un/M16).

**No Entrants**

Women's High Jump, Women's Triple Jump, and Women's 5000-meter Run.