

## Club Northwest Summer All-Comers Track & Field Meets Presented by Road Runner Sports

**NOTE:** This year's listed sponsor, Stocks and Commodities Magazine, never paid their sponsorship after being billed three times. If you decided to give them business based on their 2005 sponsorship, we hope you will now give them "the business" about not fulfilling their obligations.

### MEET 04 -- 22 JUNE 2005

Sponsored by Virginia Mason Team Medicine Marathon at SEAFAIR  
Shoreline District Stadium, Shoreline, Washington

### OUTSTANDING PERFORMANCES

Male -- Neckly Barbosa (Prosser) and Isaak Bergman (Ellensburg) in a 1500-meter battle of the 16-year olds  
Female -- Sarah Leonard (CNW) in the 800-meters

**TOTAL ENTRIES** -- 179

### FIELD EVENT RESULTS

#### Kids High Jump

1. Tyler Newbould (un/M11) 1.00m (3-3 1/4). nh. Brad Riggs (un/M9).

#### Women's High Jump

1. Katy Westlund (un/F15) 1.35m (4-5 1/4).

#### Men's High Jump

1. Vince Kinney (un/M18) 1.80m (5-10 3/4); 2. Jeff Timmons (un/M15) 1.60m (5-3); 3. Mark Conrad (un/M19) 1.60m (5-3); 4. Brad Newbould (un/M15) 1.00m (3-3 1/4). nh. Nicholas Zidmigtonsando (un/M16)

#### Women's Pole Vault

1. Laura Bulander (Snohomish/F17) 2.90m (9-6 1/4); 2. Julie Mitchell (Snohomish/F14) 2.60m (8-6 1/4); 3. Britt James (Snohomish/F15) 2.45m (8-0 1/2); 4. Molly Lewis (un/F17) 2.45m (8-0 1/2); 5. Valan Calvo (un/F15) 2.15m (7-0 3/4); 6. Susan Sifferman (un/F20) 2.15m (7-0 3/4); nh. Mariet Schmid (un/F15).

#### Men's Pole Vault

1. Seth Cordell (Snohomish/M18) 4.12m (13-6 1/4); 2. David Pinkerton (Snohomish/M17) 3.95m (12-11 1/2); 3. Charles Villagrancia (un/M21) 3.65m (11-11 3/4); 4. Paul Angell (un/M42) 3.50m (11-5 3/4); 5. Nick Lackman (Super Dudes/M16) 3.35m (11-0); 6. Rick Roll (un/M48) 3.20m (10-6); 7. Phil Milliman (un/M53) 3.20m (10-6); 8. Jeff Timmons (Super Dudes/M15) 2.90m (9-6 1/4); 9. Dave Butler (Cougar TC/M65) 2.60m (8-6 1/4); 10. Ray Zelickey (un/M15) 2.30m (7-6 1/2). nh. AJ Cox (un/M16)

#### Kid's Long Jump

1. Sonja Mirana (un/F10) 2.68m (8-9 1/2); 2. Tomas Miranda (un/M7) 2.49m (8-2); 3. Jesse Goldstone (un/M6) 2.06m (6-9); 4. Brad Riggs (un/M9) 1.51m (4-11 1/2); 5. Chase Johnson (un/M3) 1.05m (3-5 1/4).

#### Women's Long Jump

1. Renee Giffins (un/F15) 4.41m (14-5 1/2); 2. Katy Westlund (un/F15) 3.58m (11-9); 3. Holly Allan (un/F18) 3.48m (11-5).

#### Men's Long Jump

1. Tim Carrithers (un/M16) 6.11m (20-0 3/4); 2. Vince Kinney (un/M18) 5.99m (19-7 3/4); 3. Mark Conrad (un/M19) 5.94m (19-5 3/4); 4. Mike Lovrovich (un/M19) 5.70m (18-8 1/2); 5. Nicholas Lidington Snyder (un/M16) 5.54m (18-2); 6. Lawrence Xiao (un/M43) 4.59m (15-0 3/4).

#### Women's Triple Jump

1. Renee Gittins (un/F15) 9.77m (32-0 3/4); 2. Erica Christiansen (un/F17) 8.16m (26-9 1/4).

#### Men's Triple Jump

1. Tim Carrithers (un/M16) 12.08m (39-7 3/4); 2. Mark Conrad (un/M19) 11.75m (38-6 1/2); 3. Jeff Timmons (un/M15) 10.66m (34-11 3/4); 4. Michael Lovrovich (un/M19) 10.55m (34-7 1/4); 5. Nick Lackmann (un/M16) 9.82m (32-2 1/2).

### **Kid's Shot Put**

1. Tyler Newbould (un/M11) 6.19m (20-3 3/4).

### **Women's Shot Put**

(4kg) 1. Anyka Ozog (un/F17) 9.76m (32-0 1/4); 2. Jenae Christiansen (un/F16) 8.34m (27-4 1/4).

### **Men's Shot Put**

(16lb) 1. Andrew Steiner (un/M24) 11.51m (37-9 1/4).

(12lb) 1. John Kepler (un/M17) 11.83m (38-9 3/4).

### **Women's Discus Throw**

(1kg) 1. Anyka Ozog (un/F17) 28.76m (94-4); 2. Jenae Christiansen (un/F16) 21.43m (70-3 3/4).

### **Men's Discus Throw**

(2kg) 1. Vince Radish (un/M20) 41.65m (136-7); 2. Andrew Steiner (un/M24) 40.04m (131-4); 3. Vince Kinney (un/M18) 25.75m (84-5 1/2).

(1.6kg) 1. Chase Mancuso (un/M18) 45.00m (147-7).

### **Kids TurboJav™ Toss** (measured in yards using football hashmarks)

1. Tyler Newbould (un/M11) 27y; 2. Sonja Miranda (un/F10) 10.5y; 3. Tomas Miranda (un/M7) 5.5y.

### **Men's Javelin Throw**

(800g) 1. Woody Amidon (un/M17) 32.95m (108-1); 2. Russ Tumbic (un/M48) 18.70m (61-4 1/4).

(600g) 1. Tyler Newbould (un/M11) 19.46m (63-10 1/4); 2. Brad Newbould (un/M15) 18.29m (60-0); 3. Goran Tumbic (un/M11) 12.23m (40-1 1/2); 4. Dylan Tumbic (un/M9) 7.87m (25-9 3/4); 5. Brad Riggs (un/M9) 6.62m (21-8 3/4).

## **TRACK EVENT RESULTS**

### **Kid's 100-meter Dash**

1. Julia Tumbic (un/F14) 16.6h; 2. Zack Cotterill (un/M12) 16.8h; 3. Christian Hinrichsen (un/M8) 18.0h; 4. Goran Tumbic (un/M11) 18.4h; 5. Sonja Miranda (un/F10) 18.6h; 6. Joseph Hesterlee (un/M10) 21.0h; 7. Tomas Miranda (un/M7) 21.9h.

### **Kid's 50-meter Dash**

1. Zack Cotterill (un/M12) 7.1h; 2. Julia Tumbic (un/F14) 7.4h; 3. Sonja Mirana (un/F10) 8.1h; 4. Tyler Newbould (un/M11) 8.1h; 5. Christian Hinrichsen (un/M8) 8.7h; 6. Dylan Tumbic (un/M9) 9.3h; 7. Ben Tuberg (un/M8) 9.7h; 8. Tomas Miranda (un/M7) 10.1h; 9. Joseph Hesterbe (un/M10) 10.8h.

### **Kid's 200-meter Dash**

1. Zack Cotterill (un/M12) 33.5h; 2. David Goldstone (un/M10) 33.9h; 3. Christian Hinrichsen (un/M8) 39.7h; 4. Jesse Goldstone (un/M6) 42.1h; 5. Ben Tuberg (un/M8) 46.7h; 6. Brad Riggs (un/M9) 54.0h.

### **Kid's Mile Jog**

1. David Goldstone (un/M10) 5:36.3h; 2. Jesse Goldstone (un/M6) 7:07.2h; 3. Zack Cotterill (un/M12) 7:07.6h; 4. Christian Hinrichsen (un/M8) 7:56.1h.

### **Co-ed Mile Race Walk**

1. Ann Tuberg (un/F45) 8:39.0h; 2. Jim Gardner (un/M??) 8:42.0; np. Wendy Kendall (un/F46) 8:55.1h (not legal form).

### **Women's 400-meter Hurdles**

(30") 1. Katy Westlund (un/F15) 1:20.3h.

### **Men's 400-meter Hurdles**

(36") 1. Vince Kinney (un/M18) 57.3h; 2. Nicholas Lidington Snyder (un/M16) 59.4h; 3. Greg Martinez (un/M17) 1:02.5h.

### **Women's 200-meter Dash**

1. Sophie Merwick (un/F17) 27.7h; 2. Erika Lindsay (un/F17) 28.0h; 3. Renee Gittins (un/F15) 28.3h; 4. Megan Northey (un/F15) 28.6h; 5. Katy Westlund (un/F15) 30.3h.

### **Men's 200-meter Dash**

1. Tim Carrithers (un/M16) 23.6h; 2. Marques Liang (un/M19) 23.7h; 3. Nicholas Lidington Snyder (un/M16) 24.5h; 4. Mark Conrad (un/M19) 24.6h; 5. Michael Lovrovich (un/M19) 25.5h; 6. Maurice Fabien (un/M16) 25.6h; 7. Zach Parsons (un/M16) 26.3h; 8. Lawrence Xiao (un/M43) 27.3h.

### **Co-ed Jogger's Mile (listed by order of best prediction)**

1. (tie) Patrick Lindsey (un/M33) 7:45-7:46 +1 and David Martin (CNW/M27) 7:00-7:01 +1; 3. Eric Newbould (un/M47) 5:30-5:32 +2; 4. (tie) Susan Sifferman (un/F20) 7:20-7:23 +3 and Jesse Goldstone (un/M6) 8:00-7:57 -3 and Regina Joyce (CNW/F48) 7:03-7:06 +3; 7. David Goldstone (un/M10) 6:00-5:56 -4; 8. John Goldstone (un/M47) 6:00-5:55 -5; 9. Roger Pierce (un/M14) 8:00-8:07 +7; 10. Joshua Simons (un/M15) 7:57-8:05 +8; 11. (tie) Justin Simons (un/M14) 7:57-8:06 +9 and Arny Stonkus (un/M50) 8:00-8:09 +9; 13. Brad Newbould (un/M15) 6:05-6:20 +15; 14. (tie) Tom Skinner (un/M52) 8:00-8:16 +16 and Sasha Skinner (un/F17) 8:00-8:16 +16; 16. Michael Allison (CNW/M53) 7:52-8:09 +17; 17. Wendy Kendall (un/F46) 7:19-7:37 +18; 18. Robert Bartholomew (un/M21) 7:20-6:53 -27; 19. Lawrence Xioa (un/M43) 7:00-7:32 +32; 20. Tony Robinson (CNW/M37) 7:00-7:36 +36; 21. Matt Golney (CNW/M17) 6:30-5:41 -59; 22. Jack Prestrud (CNW/M48) 6:20-7:34 +1:14.

### **Co-ed 4x100-meter Relay**

1. Lane 3 (Michael Lovrovich M19, Mark Conrad M19) 52.5h; 2. Lane 1 (Katy Westlund F15, Nicholas Lidington Snyder M16, Zach Parsons M17) 53.7h; 3. Seventeens (Erika Lindsay F17, Holly Allan F17, Ericka Christiansen F17, Sophie Merwick F17) 57.0h.

### **Women's 1500-meter Run**

1. Regina Joyce (CNW/F48) 5:00.5h; 2. Susie Roley (un/F23) 5:10.3h; 3. Lacey Cotterill (un/F15) 6:02.1h.

### **Men's 1500-meter Run**

1. Neckly Barbosa (Prosser/M16) 4:02.2h; 2. Isak Bergman (Ellensburg/M16) 4:09.4h; 3. David Martin (CNW/M27) 4:23.9h; 4. Patrick Lindsay (un/M33) 4:48.0h; 5. Steven James (un/M44) 4:52.6h; 6. Michael Allison (CNW/M53) 4:58.4h; 7. Tony Robinson (CNW/M37) 5:27.2h; 8. Arny Stonkus (un/M50) 5:34.0h.

### **Women's 400-meter Dash**

1. Megan Northey (un/F15) 1:09.6h; 2. Katy Westlund (un/F15) 1:18.5h.

### **Men's 400-meter Dash**

1. Nicholas Lidington Snyder (un/M16) 57.9h; 2. David Martin (CNW/M27) 58.8h; 3. Russ Jacquet-Acea (un/M52) 62.8h; 4. Joey Domingues (un/M16) 63.6h; 5. Peter O'Neil (un/M59) 1:11.7h; 6. Arny Stonkus (un/M50) 1:13.0h.

### **Women's 800-meter Dash**

1. Sarah Leonard (CNW/F34) 2:17.1h.

### **Men's 800-meter Dash**

1. Ryan Johnson (SETA/M20) 1:55.3h; 2. David Martin (CNW/M27) 2:17.3h; 3. Joshua Simons (un/M15) 2:18.7h; 4. Zach Parsons (un/M10) 2:24.8h; 5. Tom Skinner (un/M52) 2:26.4h; 6. Michael Allison (CNW/M53) 2:33.1h; 7. Peter O'Neil (un/M59) 2:55.0h.

### **Men's 3000-meter Run**

1. Eric Garner (un/M24) 8:34.7h; 2. David Martin (CNW/M27) 9:14.0h; 3. Chris Owens (un/M35) 9:38.6h; 4. Robert Bartholomew (un/M21) 9:51.8h; 5. Patrick Lindsay (un/M33) 10:21.2h; 6. Steven James (un/M44) 11:10.1h; dnf. The Rabbit.

### **No Entrants**

Women's Javelin Throw, Co-ed 4x400-meter Relay, and Women's 3000-meter Run.