

Club Northwest Summer All-Comers Track & Field Meets Presented by Road Runner Sports

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MEET 09 -- 27 JULY 2005

Sponsored by Asics

Shoreline District Stadium, Shoreline, Washington

OUTSTANDING PERFORMANCES

Male -- McKane Lee with a new summer high point total in the men's pole vault and overall point leader

Female -- Liz Fuller with four victories

TOTAL ENTRIES -- 340

FIELD EVENT RESULTS

Kids High Jump

1. Trevor Herron (un/M14) 1.40m (3-2 1/4); nh. Lorri April (un/F11).

Women's High Jump

1. Liz Fuller (un/F19) 1.55m (5-1); 2. Megan Boettcher (un/F25) 1.15m (3-9 1/4).

Men's High Jump

1. Norris Frederick (UW/M19) 2.00m (6-6 3/4); 2. Jeremy McIver (un/M30) 1.75m (5-9); 3. Eric Green (un/M27) 1.75m (5-9); 4. Anthony Stabler (un/M16) 1.70m (5-7); 5. Bruce McLean (CNW/M49) 1.60m (5-3); 6. Tim Carrithers (un/M16) 1.60m (5-3); 7. Phil Hodges (un/M50) 1.35m (4-5 1/4); 8. Lew Luehrs (un/M87) 0.91m (2-11 3/4); nh. Cameron Bailey (un/M19).

Women's Pole Vault

1. Stevie Marshalek (UW/F20) 3.66m (12-0); 2. Kathleen Donoghue (un/F23) 3.13m (10-3 1/4); 3. Carrie Hauck (un/F16) 2.90m (9-6 1/4); 4. Valan Calvo (un/F15) 2.90m (9-6 1/4); 5. Kate Carlson (un/F23) 2.67m (8-9).

Men's Pole Vault

1. McKane Lee (UW/M21) 5.26m (17-3); 2. Andy Miller (VRoyals/M30) 4.92m (16-1 3/4); 3. Ron Johnson (un/M35) 4.12m (13-6 1/4); 4. David Pinkerton (un/M17) 4.12m (13-6 1/4); 5. Pat Licari (un/M37) 4.12m (13-6 1/4); 6. Steve Marshalek (un/M47) 3.51m (11-6 1/4); 7. Jason Marks (ILake/M15) 3.43m (11-3); 8. Paul Angell (un/M42) 3.43m (11-3); 9. Richard Notturmo (un/M16) 3.43m (11-3); 10. Phil Milliman (un/M53) 3.13m (10-3 1/4); 11. Nathan Simunds (Stanwood/M15) 2.90m (9-6 1/4); 12. Joe Stride (CPCS/M16) 2.90m (9-6 1/4); 13. Danny Coleman (un/M15) 2.67m (8-9); 14. Dave Butler (CougarTC/M65) 2.44m (8-0); nh. Garret Handy (un/M16) and Ryan Vu (ILake/M17).

Kid's Long Jump

1. Jacob Marks (un/M11) 3.29m (10-9 1/2); 2. Alex Lanser (un/M08) 2.74m (8-11 3/4); 3. Grant Peltier (un/M08) 2.67m (8-9); 4. Daniel Bastian (un/M08) 2.61m (8-6 3/4); 5. Sonja Miranda (un/F10) 2.53m (8-3 1/2); 6. Madison Licari (un/F05) 2.21m (7-3); 7. Tomas Miranda (un/M07) 2.19m (7-2 1/4); 8. Katey Licari (un/F09) 2.17m (7-1 1/2); 9. Brad Riggs (un/M09) 1.95m (6-4 3/4); 10. Lorri April (un/F11) 1.94m (6-4 1/2); 11. Owen Gortner (un/M05) 1.79m (5-10 1/2); 12. Victoria Lanser (un/F05) 1.50m (4-11); 13. Norah Dacy (un/F02) 0.20m (0-7 3/4).

Women's Long Jump

1. Liz Fuller (un/F19) 5.94m (19-7 3/4); 2. Cherish Gortner (un/F35) 4.92m (16-1 3/4); 3. Renee Gittins (un/F15) 4.35m (14-3 1/4).

Men's Long Jump

1. Norris Frederick (UW/M19) 6.91m (22-8); 2. Tim Carrithers (un/M16) 6.03m (19-9 1/2); 3. Evan DeCuire (un/M17) 5.84m (19-2); 4. Nick Um (un/M19) 5.40m (17-8 1/2); 5. Nick Wolfe (un/M26) 4.83m (15-10 1/4).

Women's Triple Jump

1. Liz Fuller (un/F19) 10.45m (34-3 1/2); 2. Renee Gittins (un/F15) 8.73m (28-7 3/4).

Men's Triple Jump

1. Tim Carrithers (un/M16) 12.44m (40-9 3/4); 2. Evan DeCuire (un/M17) 12.30m (40-4 1/4); 3. Norris Frederick (UW/M19) 10.06m (33-0).

Kid's Shot Put

(6lb) 1. Derek Eager (un/M13) 10.37m (34-0 1/4); 2. Nina Knight (un/F12) 7.30m (23-11 1/2); 3. Cody Radigan (un/M13) 7.26m (23-9 3/4); 4. Noah Knight (un/M10) 4.67m (15-3 3/4).

Women's Shot Put

(4kg) 1. Jennifer Conner (CNW/F20) 9.95m (32-7 3/4); 2. Anyka Ozog (un/F17) 9.60m (31-6); 3. (tie) Jenae Christiansen (un/F17) and Emeera Mathew (un/F15) 8.61m (28-3).

Men's Shot Put

(16lb) 1. Marc Hoemer (un/M25) 13.87m (45-6); 2. Andrew Steiner (un/M24) 11.83m (38-9 3/4); 3. Ron Knight (un/M37) 5.86m (19-2 3/4).

(12lb) 1. Ryan Freitas (un/M18) 12.00m (39-4 1/2).

(4kg) 1. Lew Luehrs (un/M87) 5.92m (19-5).

Women's Discus Throw

(1kg) 1. Anyka Ozog (un/F17) 30.86m (101-3); 2. Jennifer Conner (CNW/F20) 30.68m (100-8).

Men's Discus Throw

(2.0kg) 1. Marc Hoemer (un/M25) 41.67m (136-8); 2. Vinnie Radish (un/M20) 39.62m (130-0); 3. Andrew Steiner (un/M24) 39.20m (128-7); 4. Jason Frenzel (un/M26) 15.86m (52-0 1/2).

(1.6kg) none.

(1kg) 1. Derek Eager (un/M13) 34.49m (113-1); 2. Trevor Herron (un/M14) 23.95m (78-6); 3. Cody Ratigan (un/M13) 16.52m (54-2 1/2); 4. Lew Luehrs (un/M87) 13.64m (44-9).

Kids TurboJav™ Toss (measured in yards using football hashmarks)

1. Trevor Herron (un/M14) 34.5y; 2. Nina Knight (un/F12) 22y; 3. Andy Johnston (un/M08) 20.5y; 4. Alec Wade (un/M09) 20y; 5. Sonja Miranda (un/F10) 14y; 6. Nick Shugart (un/M08) 10.5y; 7. Noah Knight (un/M09) 10y; 8. Tyler Shugart (un/M08) 8y; 9. Jacob April (un/M07) 5y 4 times; 10. Tomas Miranda (un/M07) 5y 3 times; 11. Madison Licari (un/F05) 5y once; 12. Nicholas McIver (un/M04) 4y.

Women's Javelin Throw

(600g) 1. Melissa Moore (un/F44) 28.02m (91-11).

Men's Javelin Throw

(800g) 1. Woody Amidon (un/M17) 33.05m (108-5); 2. Scott Harron (un/M48) 30.00m (98-5).

(700g) 1. Russell Jacquet-Acea (un/M52) 29.39m (96-4).

(600g) 1. Derek Eager (un/M13) 36.24m (118-11); 2. Trevor Herron (un/M14) 29.27m (96-0); 3. Cody Ratigan (un/M13) 20.24m (66-4 3/4); 4. Lew Luehrs (un/M87) 10.47m (34-4 1/4).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Jacob Marks (un/M11) 14.9h; 2. Keira O'Hearn (un/F11) 16.2h; Andy Johnston (un/M08) 16.9h; 4. Daniel Bastian (un/M08) 17.3h; 5. Grant Peltier (un/M08) 17.3h; 6. Sonja Miranda (un/F10) 17.9h; 7. Alex Lanser (un/M08) 18.0h; 8. Zach Shugart (un/M07) 19.0h; 9. (tie) Alec Wade (un/M09) and Katelin Licari (un/F09) 19.1h; 11. Jacob Kohn (un/M07) 19.2h; 12. Tyler Shugart (un/M08) 19.7h; 13. Dylan Tumbic (un/M09) 20.1h; 14. Ben Tuberg (un/M08), Nick Shugart (un/M08), and Lorri April (un/F11) 20.3h; 17. Jonas Kohn (un/M05) 20.5h; 18. Madison Licari (un/F05) 22.0h; 19. Victoria Lanser (un/F05) 22.7h; 20. Tomas Miranda (un/M07) 22.8h; 21. Jacob April (un/M07) 24.4h; 22. Nicholas McIver (un/M04) 26.7h; 23. Mikayla Goodwin (un/F04) 28.8h; 24. Emma Gortner (un/F03) 40.5h; dnf. Owen Gortner (un/M05).

Kid's 50-meter Dash

1. Keira O'Hearn (un/F11) 7.4h; 2. Julia Tumbic (un/F14) 7.4h; 3. Jacob Marks (un/M11) 7.5h; 4. Andy Johnston (un/M08) 7.9h; 5. Daniel Bastian (un/M08) 8.2h; 6. (tie) Grant Peltier (un/M08) and Sonja Miranda (un/F10) 8.6h; 8. Alec Wade (un/M09) 8.7h; 9. Taylor Hanson (un/M07) 8.8h; 10. Alex Lanser (un/M08) 8.9h; 11. Zach Shugart (un/M07) 9.1h; 12. Tyler Shugart (un/M08) 9.2h; 13. (tie) Jacob Kohn (un/M07) and Dylan Tumbic (un/M09) 9.4h; 15. Lorri April (un/F11)

9.5h; 16. Brad Riggs (un/M09) 9.7h; 17. (tie) Nick Shugart (un/M08) and Jonas Kohn (un/M05) 9.8h; 19. Ben Tuberg (un/M08) 9.9h; 20. Jacob April (un/M07) 10.1h; 21. Owen Gortner (un/M05) 10.5h; 22. Victoria Lanser (un/F05) 10.7h; 23. Tomas Miranda (un/M07) 11.8h; 24. Nicholas McIver (un/M04) 12.7h; 25. Mikayla Goodwin (un/F04) 13.5h; 26. Emma Gortner (un/F03) 17.1h; 27. Nicholas Goodwin (un/M02) 19.9h; 28. Norah Dacy (un/F02) 21.2h.

Kid's 200-meter Dash

1. Nina Knight (un/F12) 29.9h; 2. Jacob Marks (un/M11) 33.1h; 3. Julia Tumbic (un/F14) 34.9h; 4. Keira O'Hearn (un/F11) 35.1h; 5. Andy Johnston (un/M08) 35.9h; 6. Daniel Bastian (un/M08) 36.3h; 7. Alex Lanser (un/M08) 37.0h; 8. Grant Peltier (un/M08) 38.5h; 9. Donna Van Hollebeke (un/F10) 40.5h; 10. Taylor Hanson (un/M07) 41.1h; 11. Jacob Kohn (un/M07) 42.9h; 12. Katelin Licari (un/F09) 44.4h; 13. Tyler Shugart (un/M08) 45.7h; 14. Zachary Shugart (un/M07) 47.7h; 15. Tomas Miranda (un/M07) 52.2h; 16. Madison Licari (un/F05) 52.4h; 17. Mikayla Goodwin (un/F04) 1:12.0h.

Kid's Mile Jog

1. Alex Lanser (un/M08) 7:07.6h; 2. Jacob Marks (un/M11) 7:32.2h; 3. Donna Van Hollebeke (un/F10) 7:43.7h; 4. Keira O'Hearn (un/F11) 7:59.7h; 5. Daniel Steen (un/M10) 8:09.8h; 6. Katelin Licari (un/F09) 8:43.1h; 7. Tyler Shugart (un/M08) 9:28.0h; 8. Sam Prestrud (un/M09) 11:59.2h; 9. Dylan Tumbic (un/M09) 12:09.2h; 10. Brad Riggs (un/M09) 12:25.5h; 11. Zachary Shugart (un/M07) 13:21.9h.

Co-ed Mile Race Walk

1. Ann Tuberg (un/F45) 8:45.2h.

Women's 100-meter Hurdles

(33") 1. Liz Fuller (un/F19) 15.5h; 2. Julia Tumbic (un/F14) 21.0h.

Men's 110-meter Hurdles

(36" 100m) 1. Russell Jacquet-Acea (un/M52) 15.8h.

(39") no finishers; dq. Evan DeCuire (un/M17) running into lane 3 during event; dnf. Rod Wilcox (un/M39) hurdles in lane displaced by DeCuire.

(42") 1. Brett Fawcett (un/M27) 22.3h; 2. Nick Wolfe (un/M26) 23.2h.

Women's 100-meter Dash

1. Sophie Merrick (un/F18) 13.3h; 2. Cherish Gardner (un/F35) 13.6h; 3. Erika Lindsay (un/F19) 13.7h; 4. Renee Gittins (un/F15) 14.2h; 5. Jessica Jensen (un/F17) 14.3h; 6. Julia Tumbic (un/F14) 16.0h; 7. Wendy Kendall (un/F47) 16.3h.

Men's 100-meter Dash

1. Victor Cheng (un/M19) 10.9h; 2. Tim Carrithers (un/M16) 11.4h; 3. Peter Rizzardi (un/M23) 11.4h; 4. Rod Wilcox (un/M39) 12.0h; 5. David Ortman (un/M52) 12.0h; 6. (tie) Cody Vandermyn (un/M22) and Ezra Frenzil (un/M24) 12.2h; 8. Rob Voce (un/M39) 12.4h; 9. Kurt Daniels (un/M18) 12.7h; 10. (tie) Russell Jacquet-Acea (un/M52) and Garrett Rene (un/M18) 12.9h; 12. James Bolding (un/M18) 13.0h; 13. Nick Wolfe (un/M26) 13.2h; 14. Darrin Wilcox (un/M22) 13.2h; 15. (tie) Gabe Phillips (un/M23) and Brett Fawcett (un/M27) 13.6h; 17. Frazer Mann (un/M57) 14.2h; 18. Juan Lopez (un/M26) 14.5h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. (tie) Elizabeth Steen (un/F42) and Katelyn Steen (un/F12) 8:00-8:00 **ZERO**; 3. (tie) Kurt Daniels (un/M18) 7:37-7:38 **+1**, Dan Arlan (un/M17) 7:36-7:37 **+1**, and Justine Jobe (un/F18) 8:00-7:59 **-1**; 6. (tie) Michael Allison (CNW/M53) 7:56-7:58 **+2**, and Ann Tuberg (un/F45) 7:48-7:46 **-2**; 8. (tie) Lana Rigelman (un/F22) 7:43-7:49 **+6** and Shane Carothers (un/M24) 7:44-7:50 **+6**; 10. Daniel Steen (un/M10) 8:00-8:08 **+8**; 11. (tie) Mark Steen (un/M44) 8:00-8:09 **+9** and Geoff Weatherbie (un/M24) 7:08-7:17 **+9**; 13. David Martin (CNW/M27) 7:00-7:10 **+10**; 14. Cheryl Robinson (un/F33) 7:30-7:41 **+11**; 15. John O'Hearn (CNW/M43) 6:55-7:16 **+21**; 16. Erica Christiansen (un/F17) 7:30-7:08 **-22**; 17. Mark Alexander (un/M40) 7:49-8:13 **+24**; 18. Ron Knight (un/M37) 6:30-6:58 **+28**; 19. Wendy Kendall (un/W47) 7:25-7:55 **+30**; 20. Frazer Mann (un/M57) 6:35-7:07 **+32**; 21. Chris Nelson (un/M22) 8:15-7:42 **-33**; 22. (tie) Kyle Lampi (un/M19) 7:30-8:05 **+35** and Jon Hoof (un/M12) 7:30-8:05 **+35**; 24. (tie) Matt Goiney (CNW/M17) 6:30-7:07 **+37** and Nina Knight (un/F12) 6:20-6:57 **+37**; 26. Mark Virkelyst (un/M17) 6:36-7:14 **+38**; 27. (tie) Tim Simon (un/M26) and Hannah Vietmeier (un/F17) 6:30-7:13 **+43**; 29. (tie) Elaine Hoof (un/F19) 7:00-7:57 **B+57**, Darrin Wilcox (un/M22) 6:59-7:56 **+57**, and Corey Heier (un/M23) 7:10-8:07 **+57**; 32. Erika Lindsay (un/F19) 8:14-7:08 **-1:06**; 33. Megan Boettcher (un/F25) 9:40-8:28 **-1:12**; we had five runners who did not submit predictions.

Co-ed 4x100-meter Relay

1. Team P.O.L.O. (Kurt Daniels M18, Dan Arlan M17, James Bolding M18) 50.9h; 2. Blood Vapor (Garrett Rene M18, Carl Fricke M25, Nick M, Ezra M24) 51.8h; 3. "Lane For" (Lora Rigelman F22, Geoff Weatherbie M24, Shane Carothers M24) 56.4h; 4. Vampire Zombies (Chris Nelson, Gabe Phillips, Juan Lopez) 58.4h.

Women's Mile Run

1. Katelyn Steen (un/F12) 5:28.1h.

Men's Mile Run

1. David Martin (CNW/M27) 4:36.5h; 2. Biniam Radele (un/M16) 4:43.4h; 3. Abe Wehmiller (un/M32) 4:46.0h; 4. Kyle Lampi (un/M19) 4:48.8h; 5. Paul Abdalla (CNW/M43) 4:51.1h; 6. Jeff Tull (un/M16) 4:55.2h; 7. Mark Alexander (un/M40) 5:05.6h; 8. Mark Steen (un/M44) 5:09.0h; 9. Jon Hoof (un/M17) 5:15.6h; 10. Michael Allison (CNW/M53) 5:24.3h; 11. Michael Ayres (un/M24) 5:29.0h; 12. Ezra Frenzel (un/M24) 5:47.9h; 13. Mark Looi (un/M45) 5:54.8h; 14. Carl Fricke (un/M25) 6:06.3h; 15. Frazer Mann (un /M57) 6:21.9h.

Women's 400-meter Dash

1. Sarah Leonard (CNW/F35) 1:01.1h; 2. Jessica Jensen (un/F17) 1:12.7h; 3. Justine Jobe (un/F18) 1:15.4h; 4. Cheryl Robinson (un/F33) 2:49.0h (with Gabe...).

Men's 400-meter Dash

1. Shane Carothers (un/M24) 56.0h; 2. David Martin (CNW/M27) 56.7h; 3. Alex Johnston (un/M47) 58.5h; 4. (tie) Binian Tadele (un/M16) and Nate Barmore (un/M15) 58.9h; 6. Nathan Simonds (un/M15) 1:00.9h; 7. Geoff Weatherbie (un/M24) 1:01.7h; 8. Russell Jacquet-Acea (un/M52) 1:02.0h; 9. Jason Frenzel (un/M26) 1:03.9h; 10. Ron Knight (un/M37) 1:07.6h; 11. Frazer Mann (un/M57) 1:18.5h; 12. Gabe Robinson (un/M03) 2:49.0h; dnf. Jonathan Robinson (un/M05).

Women's 800-meter Dash

1. Renee Gittins (un/F15) 2:39.7h; 2. Elaina Hoof (un/F19) 3:12.7h.

Men's 800-meter Dash

1. Austin Shelton (un/M18) 2:07.0h; 2. David Martin (CNW/M27) 2:15.7h; 3. Jon Hoof (un/M17) 2:17.3h; 4. David Ortman (un/M52) 2:23.9h; 5. Army Stonkus (un/M50) 2:32.7h; 6. Bill Fleming (un/M49) 2:34.9h; 7. Bill Etnyre (un/M58) 2:40.2h.

Co-ed 4x400-meter Relay

1. Dino Scott (Justin Jobe F18, Nick Um M19, Victor Cheng M19, Jessica Jensen F17) 4:18.4h; 2. P.O.L.O. (Kurt Daniels M18, James Bolding M17, Dan Arlan M18, Elaina Hoof F19) 4:37.2h.

Women's 5000-meter Run

1. Hannah Vietmeies (un/F17) 19:58.5h; 2. Chelsea Snyder (un/F17) 23:17.6h; 3. Karissa Eslinger (un/F17) 23:18.4h.

Men's 5000-meter Run

1. Paul Abdalla (CNW/M43) 16:41.3h; 2. Alex Looi (un/M16) 16:55.5h; 3. John O'Hearn (CNW/M43) 16:59.1h; 4. Jeff Razor (un/M21) 17:22.5h; 5. Kyle Lampi (un/M19) 18:00.1h; 6. Steven James (un/M44) 18:13.0h; 7. James Bolding (un/M18) 18:25.1h; 8. Jeff Dull (un/M16) 18:50.1h; 9. Eric Newbould (un/M49) 19:05.9h; 10. Biniam Tadele (un/M16) 19:30.6h; 11. Matt Goiney (CNW/M17) 19:36.5h; 12. Dan Arlan (un/M17) 19:47.3h; 13. Tim Simon (un/M26) 19:58.5h; 14. Michael Allison (CNW/M53) 20:12.8h; 15. Mark Looi (un/M45) 20:35.1h; 16. Mark Virkelyst (un/M17) 21:26.2h; 17. Mark Alexander (un/M40) 21:38.4h; 18. Kurt Daniels (un/M18) 22:37.0h; 19. Tom Fricke (un/M22) 23:03.7h; dnf. Patrick Lindsay (un/M33).

No entries

All events were participated in tonite.