Club Northwest Summer All-Comers Track \& Field Meets Presented by Road Runner Sports
NOTE: This year's listed sponsor, Stocks and Commodities Magazine, never paid their sponsorship after being billed three times. If you decided to give them business based on their 2005 sponsorship, we hope you will now give them "the business" about not fulfilling their obligations.

MEET 12 -- 17 AUGUST 2005
Sponsored by the Spiders from Mars as
THE FOURTHANNUAL RETRO MEET
Shoreline District Stadium, Shoreline, Washington

## OUTSTANDING PERFORMANCES

Male -- Ben Mangrum for a double mile / two mile victory
Male -- Vince Kinney in the javelin and 400-meters
Female -- none
TOTAL ENTRIES -- 255

## FIELD EVENT RESULTS

## Kid's High Jump

1. Bernie Carden (un/F12) 3-8; 2. Jessie Murphy (un/F11) 3-6; 3. Tessa Berkley (un/F12) 3-6; 4. (tie) Amy Eloise Neale (un/F10) and Mary Johnson (un/F11) 3-4; 6. Clint Carden (un/M08) 3-3.

## Women's High Jump

1. Liz Fuller (un/F19) 5-4.

## Men's High Jump

1. Norris Frederick (un/M19) 6-4; 2. Vince Kinney (un/M18) 6-2; 3. Tim Carrithers (un/M16) 5-6; 4. Bruce McLean (CNW / M49) 5-2.

## Men's Pole Vault

1. Richard Notturno (un/M16) 11-6; 2. Paul Angell (un/M42) 11-6; 3. Nathan Simunds (un/M15) 11-6; 4. John Winters (CNW / M50) 11-0; 5. Phil Milliman (un/M53) 10-6; 6. David Butler (un/M65) 8-6; 7. Ray Zoellide (un/M15) 8-6; 8. Jesse Winters (un/M15) 6-6.

## Kid's Broad Jump

1. Marquel Staudamire (un/M11) 9-10 1/2; 2. Mary Johnson (un/F11) 9-8 1/2; 3. Jessie Murphy (un/F11) 9-6 1/2; 4. Alec Wade (un/M09) 8-11; 5. Mikayla Font (un/F07) 8-0; 6. Chase Font (un/M05) 6-11; 7. Owen Gortner (un/M05) 6-9; 8. Jacob Kohn (un/M07) 6-3; 9. Ingrid Fosberg (un/F04) 5-8 1/2; 10. Jonus Kohn (un/M05) 4-5; 11. Emma Gortner (un/F03) 2-3.

## Women's Broad Jump

1. Liz Fuller (un/F19) 16-10 1/2; 2. Cherish Gortner (un/F36) 15-11 1/2; nm. Renee Gittins (un/F15).

## Men's Broad Jump

1. Tim Carrithers (un/M16) 20-3; 2. Ben Duncan (un/M39) 17-6 1/2; 3. Scott Copeland (Barron Park/M46) 16-8 1/4; 4. Russell Jacquet-Acea (un/M52) 15-7.

## Women's Hop-Step-Jump

1. Liz Fuller (un/F19) 33-4; 2. Renee Gittins (un/F15) 29-8.

## Men's Hop-Step-Jump

1. Tim Carrithers (un/M16) 40-0; 2. Vince Kinney (un/M18) 38-3; 3. Ben Duncan (un/M39) 34-7; 4. Scott Copeland (Barron Park/M46) 31-8.

## Kid's Shot Put

(6lb) 1. Bernie Cardon (un/F12) 22-9 1/2; 2. Jessie Murphy (un/F11) 17-9.

## Women's Shot Put

(4k) 1. Jennifer Conner (CNW /F20) 35-0 1/2.

## Men's Shot Put

(12lb) 1. Tim Carrithers (un/M16) 37-7; 2. Vince Kinney (un/M18) 36-1.
(6kg) 1. Doug Korher (un/M55) 38-1 1/2.
( 5 kg ) 1. Chris Salas (un/M35) 45-0.

## Women's Discus Throw

(1k) 1. Jennifer Conner (CNW/F20) 107-7; 2. Rachel Olivarez (un/F17) 61-9.

## Men's Discus Throw

(1.5k) 1. Doug Korhel (un/M56) 114-10; 2. Russell Jacquet-Acea (un/M52) 107-6.
(1.6k) 1. Korion Morris (un/M17) 189-7; 2. Jeremiah Olivarez (un/M18) 114-0.
(2.0k) 1. Chris Salas (un/M35) 116-3; 2. Vince Kinney (un/M18) 97-10 1/2.

Kid's Turbo Jav ${ }^{\text {TM }}$ Toss (measured in yards using football hashmarks)

1. Tyler Newbould (un/M11) 30y; 2. Simon Barbe (un/M10) 17y (twice); 3. Alec Wade (un/M09) 17y (once); 4. Jonas Cohn (un/M05) 10y (twice); 5. Chase Font (un/M05) 10y (once); 6. Tyler Schenck (un/M05) 7y; 7. Mikayla Font (un/F07) 6.5y;
2. Taj Hitti-McGee (un/M05) 6y.

## Men's Javelin Throw

(800g) 1. Vince Kinney (un/M18) 163-0; 2. Woody Amidon (un/M17) 114-5.

## TRACK EVENT RESULTS

## Kid's 100-yard Dash

1. Tessa Berkley (un/F12) 13.6h; 2. Julia Tumbic (un/F14) 14.5h; 3. Amy-Eloise Neale (un/F10) 15.0h; 4. Clint Cardon (un/M08) 16.0h; 5. David Goldstone (un/M10) 16.1h; 6. Simon Barbe (un/M10) 16.5h; 7. Alec Wade (un/M09) 17.7h; 8. Jesse Goldstone (un/M06) 18.1h; 9. Jacob Kohn (un/M07) 18.3h; 10. Ben Tuberg (un/M08) 18.3h; 11. Dylan Tumbic (un/M09) 18.9h; 12. Owen Gortner (un/M05) 20.4h; 13. Ingrid Fosberg (un/F04) 22.7h; 14. Tyler Schenck (un/M05) 23.9h; 15. Jessie Evans (un/F05) 25.8h; 16. Emma Gortner (un/F03) 39.0h.

## Kid's 50-yard Dash

1. Tessa Berkley (un/F12) 7.0h; 2. Julia Tumbic (un/F14) 7.4h; 3. Amy Eloise Neale (un/F10) 7.9h; 4. (tie) David Goldstone (un/M10) and Clint Cardon (un/M08) 8.2h; 6. Jessie Murphy (un/F11) 8.3h; 7. Mary Johnson (un/F11) 8.3h; 8. Alec Wade (un/M09) 8.9h; 9. Jacob Kohn (un/M07) 9.0h; 10. Ben Tuberg (un/M08) 9.0h; 11. Dylan Tumbic (un/M09) 9.1h; 12. Jesse Goldstone (un/M06) 9.2h; 13. Jonas Kohn (un/M05) 9.5h; 14. Taj Hitti-McGee (un/M05) 9.9h; 15. Owen Gortner (un/M05) 9.9h; 16. Jonathan Robinson (un/M05) 9.9h; 17. Ingrid Fosberg (un/F04) 10.9h; 18. Tyler Schenck (un/M05) 11.3h; 19. Jessie Evans (un/F05) 12.2h; 20. Gabe Robinson (un/M03) 14.5h; 21. Emma Gortner (un/F03) 19.4h.

## Kid's 220-yard Dash

1. Amy Eloise Neale (un/F10) 34.1h; 2. David Goldstone (un/M10) 35.5h; 3. Clint Cardon (un/M08) 36.0h; 4. Simon Barbe (un/M10) 36.4h; 5. Jacob Kohn (un/M07) 41.2h; 6. Jesse Goldstone (un/M06) 41.4h; 7. Jonas Kohn (un/M05) $47.2 h ; 8$. Jonathan Robinson (un/M05) 49.9h; 9. Taj Hitti-McGee (un/M05) 50.2h; 10. Ingrid Fosberg (un/F04) 56.8h; 11. Jessie Evans (un/F05) 1:12.7h; 12. Gabe Robinson (un/M03) 1:18.9h.

## Kid's Mile Jog

1. David Goldstone (un/M10) 5:55.0h; 2. Simon Barbe (un/M10) 6:16.4h; 3. Amy Eloise Neale (un/F10) 6:26.2h; 4.

Chelsea Sowards (un/F13) 6:31.3h; 5. Mary Johnson (un/F11) 6:50.4h; 6. Rachel Sowards (un/F09) 7:21.6h; 7. Clint Cardon (un/M08) 7:33.4h; 8. Bernie Cardon (un/F12) 7:36.4h; 9. Jesse Goldstone (un/M06) 7:52.5h; 10. Sam Prestrud (un/M09) 8:26.1h; 11. Dylan Tumbic (un/M09) 11:14.2h; 12. Brad Riggs (un/M09) 11:15.9h; dnf. Gabe and Jon.

## Co-ed Mike Race Walk

1. Ann Tuberg (un/F45) 8:39.4h.

## Women's 440-yard Hurdles

(30") 1. Sarah Leonard (CNW/F35) 1:13.6h.

## Women's 220-yard Dash

1. Cherish Gortner (un/F36) 28.6h; 2. Sarah Leonard (CNW / F35) 28.7h; 3. Renee Gittins (un/F15) 29.3h; 4. Julia Tumbic (un/F14) 37.0h.

## Men's 220-yard Dash

1. Tim Carrithers (un/M16) 23.8h; 2. Norris Frederick (un/M19) 24.4h; 3. Dave McCary (un/M16) 25.4h; 4. Spencer Nietman (un/M16) 25.9h; 5. Kevin Rovengo (un/M16) 26.0h; 6. Jeremy Rasor (un/M16) 26.1h; 7. Ben McCary (un/M17) 26.4h; 8. Jeff Jergens (un/M18) 28.7h; 9. Kyle Rasor (un/M14) 29.0h.

Co-ed Jogger's Mile (listed in order of best prediction)

1. (tie) Bruce McLean (CNW/M49) 7:47-7:47 ZERO and Matt Hart (un/M23) 7:00-7:00 ZERO; 3. Arny Stonkus (un/M50) 8:00-8:01 +1; 4. (tie) Christina Murphy (un/F22) 7:50-7:48-2, Shane Carothers (un/M24) 6:58-7:00 +2, Jason Paur (un/M35) 8:00-7:58-2, and Ian Brown (CNW/M42) 6:03-6:01-2; 8. (tie) Tim Simon (un/M26) 6:50-6:53 +3, Jeff Jergens (un/M17) 6:42-6:39-3, Patrick Lindsay (un/M33) 7:30-7:33 +3, Alex Pelmar (un/M17) 8:01-7:58 -3, and Hannah Vietmeier (un/F16) 6:50-6:53 +3; 13. (tie) Ben McCary (un/M16) 6:41-6:37-4 and Spencer Nietman (un/M16) 7:01-7:05 +4; 15. (tie) Jordi Viladar (un/M15) 8:02-7:57-5 and Yusuke Inoue (un/M23) 7:55-8:00 +5; 17. (tie) Ben Hait-Campbell (un/M16) 6:00-5:54-6 and Tina DeKoker (un/F23) 7:00-6:54-6; 19. Evan Dull (un/M16) 8:00-7:53-7, Will Dean (un/M18) 8:00-7:53-7, and Jack Prestrud (CNW/M48) 6:05-5:58-7; 22. (tie) Jeff Dull (un/M16) 8:00-7:52-8, Oliver Wood (un/M15) 8:01-7:53-8, and Shelby Schenck (un/M38) 8:00-7:52-8; 25. Ann Tuberg (un/F45) 7:50-7:41-9; 26. Amy Eloise Neale (un/F10) 6:35-6:45 +10; 27. Bob Prather (un/M50) 7:00-7:11 +11; 28. (tie) Sherri Prather (un/F51) 7:00-7:12 +12, Eric Newbould (un/M49) 9:15-9:27 +12, Cheryl Robinson (un/F34) 6:59-7:11 +12, and Tyler Newbould (un/M11) 9:15-9:27 +12; 32. Jeff Rasor (un/M21) 6:00-6:13 +13; 33. (tie) Kyle Rasor (un/M14) 6:10-6:24 +14 and David McCary (un/M16) 6:45-6:31 -14; 35. (tie) David Goldstone (un/M10) 6:15-6:30 +15 andWendy Kendall (un/F46) 7:25-7:10 -15; 37. Simon Barbe (un/M10) 6:25-6:46 +21; 38. Kevin Rovegno (un/M16) 7:00-7:23 +23; 39. Will Leslie (CNW/M60) 9:00-8:28-32; 40. Kelly Brown (un/F14) 5:59-6:32 +33; 41. Brad Newbould (un/M15) 9:15-7:52 +1:23; two runners entered no prediction.

## Co-ed 440-yard (4x110-yard) Relay

1. Shane and Matt (Shane C arothers M24/Matt Hart M23) 50.5h; 2. Six Pack (Ben McCary M17 / Dave McCary M16 / Spencer Nietman M16 / Jeff Gergens M17 / Kyle Rasor M14 / Kevin Rovegno M16) 54.3h; 3. Loose Kids (Alex Pelmar M17 / Jordi Viladis M16 / Will Dean M16 / Oliver Wood M15) 57.0h; 4. CNW Plus (David Martin M27 / Tony Robinson M38 / Sarah Leonard F34 / Garrett VanSwearingen M17) 60.1h; 5. Trio Kids (David Goldstone M10 / Simon Barbe M10 / Amy Eloise Neale F10) 1:10.7h.

## Men's Mile Run

1. Ben Mangrum (un/M27) 4:32.1h; 2. Yusuke Inoue (un/M23) 4:44.2h; 3. Ian Brown (CNW/M42) 4:48.1h; 4. Jeff Rasor (un/M21) 4:51.9h; 5. Shelby Schenck (un/M38) 4:54.0h; 6. Garrett VanSwearingen (un/M17) 4:56.5h; 7. Joshua Simons (un/M15) 4:57.3h; 8. Jeff Dull (un/M16) 4:59.5h; 9. Evan Dull (un/M16) 5:00.5h; 10. Jason Paur (un/M35) 5:02.5h; 11. Jack Prestrud (un/M48) 5:06.6h; 12. Will Dean (un/M18) 5:24.9h; 13. Oliver Wood (un/M15) 5:25.1h.

## Men's 440-yard Dash

1. Vince Kinney (un/M18) 53.6h; 2. Tim Carrithers (un/M16) 54.4h; 3. Yusuke Inone (un/M23) 61.4h; 4. Ben Duncan (un/M39) 63.3h; 5. Arny Stonkus (un/M50) 66.2h.

## Women's 180-yard Low Hurdles

1. Renee Gittins (un/F15) 29.2h; 2. Cheryl Robinson (un/F33) 45.9h.

## Men's 180-yard Low Hurdles

1. Shane Carothers (un/M24) 24.3h; 2. Russ Jacquet-Acea (un/M52) 24.6h; 3. Scott Copeland (un/M46) 24.8h; 4. Tony Robinson (CNW/M38) 30.9h; 5. Oliver Wood (un/M15) 31.6h; 6. Alexander Pelman (un/M17) 32.3h; 7. Jordi Viladas (un/M15) 33.8h.

## Women's Two-mile Run

1. Tina DeKoker (un/F23) 12:02.4h; 2. Hannah Vietmeier (un/F17) 12:05.2h.

## Men's Two-mile Run

1. Ben Mangrum (un/M27) 10:00.9h; 2. Calvin Grover (un/M15) 10:42.2h; 3. Garrett VanSwearingen (un/M17) 10:42.5h; 4. Ian Brown (CNW/M42) 10:57.6h; 5. Steven James (un/M45) 11:33.4h; 6. Ben Hiat-Campbell (un/M16) 11:41.7h; 7. Eric Newbould (un/M49) 11:43.5h; 8. Oliver Wood (un/M15) 12:01.8h; 9. Tim Simon (un/M26) 12:04.8h; 10. Biniam Tadele (un/M16) 12:09.4h; 11. David Goldstone (un/M10) 12:23.0h; 12. John Goldstone (un/M47) 12:29.1h; 13. Simon Barbe (un/M10) 13:24.9h; 14. Jeff Dull (un/M16) 13:25.5h; 15. Brad Newbould (un/M15) 13:33.3h; 16. Jason Doe (un/M28) 13:34.5h; 17. Jeff Helmer (un/M18) 13:35.9h; 18. Evan Dull (un/M16) 13:37.1h.

## No entries

Women's Pole Vault, Women's Javelin Throw, Men's 440-yard Hurdles, Women's Mile Run, Women's 440-yard Dash, Women's 880-yard Dash, Men's 880-yard Dash, and Co-ed Mile (4x440-yard) Relay

