

39th Annual Club Northwest Summer All-Comers Track & Field Meet Series

MEET 11 -- 08 AUGUST 2007 -- FINAL MEET OF THE SEASON

Redmond High School Stadium, Redmond, Washington

OUTSTANDING PERFORMANCES

Male -- Leon Joslin of West Seattle, new age 95 world record in the discus

Female -- Gabriella Duclos in the pole vault

TOP FIVE PERFORMANCES OF THE SUMMER

1.	\$500	Ryan Brown	UWashington	800-meter Dash	1:47.1h	1110 points
2.	\$400	Reedus Thurmond	Club Northwest	Discus Throw	61.42m (201-6)	1077 points
3.	\$300	Abdi Hassan	Nathan Hale HS	800-meter Dash	1:49.5h	1042 points
4.	\$200	Bruce Jackson	Club Northwest	800-meter Dash	1:50.0h	1028 points
5.	\$100	Ryan Vu	UWashington	Pole Vault	5.00m (16-4 3/4)	966 points

NOTE 1: We are not able to award athletes with school eligibility remaining any prize money.

NOTE 2: We looked at a smattering of the best masters' marks in order to identify any performances on the age-graded tables which would "break into" this top five. We did not identify any. If any such marks are reported to us before October 1, 2007, we will update the list and prize money awards. We will not distribute prize funds until that point.

TOTAL ENTRIES -- 412 -- high mark of the summer!

Weather -- fine

FIELD EVENT RESULTS

Kid's High Jump

1. Brett Arrivey (un/M14) 1.50m (4-11); 2. Eric Schultz (un/M11) 1.24m (4-0 3/4); 3. Kate Steele (un/F13) 1.24m (4-0 3/4); 4. Rachel Thorne (un/F11) 1.12m (3-8); 5. Isabelle Long (un/F11) 1.09m (3-7); 6. Melissa Long (un/F10) 1.06m (3-5 3/4); 7. Elena Joseph (CasStr/F10) 1.00m (3-3 1/4); nh. Bridgette Long (un/F07) and Mason Wachter (un/M06).

Women's High Jump

1. Ally Mueller (un/F16) 1.45m (4-9).

Men's High Jump

1. Trent Arrivey (un/M20) 1.95m (6-4 3/4); 2. Vince Kinney (PSU/M20) 1.80m (5-10 3/4); 3. Nicolandro Leopando (un/M15) 1.60m (5-3); 4. Tony Young (CNW/M45) 1.10m (3-7 1/4); 5. Al Erickson (un/M78) 1.08m (3-6 1/2); nh. John O'Hearn (CNW/M45).

Women's Pole Vault

1. Gabriella Duclos (un/F19) 3.90m (12-9 1/2); 2. Valan Calvo (STC/F17) 3.15m (10-4); 3. Amber Williams (un/F17) 2.85m (9-4 1/4); 4. Samantha Stevens (CNW/F18) 2.70m (8-10 1/2); nh. Jacquelyn Jacobson (STC/F18), Susan Walkup (un/F22), and Laura Jones (un/F17).

Men's Pole Vault

1. Nathan Simunds (StanHS/M17) 4.35m (14-3 1/4); 2. Roy McElmurry (un/M17) 4.20m (13-9 1/4); 3. Sean Beighton (CNW/M18) 4.05m (13-3 1/2); 4. John Winters (un/M52) 3.45m (11-3 3/4); 5. Chris Tobey (CNW/M40) 3.15m (10-4); 6. Phil Milliman (un/M55) 3.15m (10-4); 7. Dave Butler (CNW/M67) 2.55m (8-4 1/2); 8. Fred Zapf (un/M66) 2.40m (7-10 1/2); 9. (tie) Al Erickson (un/M78) and Reyes McElmurry (un/M14) 1.95m (6-4 3/4); nh. Joel Grindeland (un/M50), Nick Morgan (un/M18), Zach Hamilton (STC/M26), Josh Winters (un/M19), Ron Johnson (CNW/M37), and Chris Randolph (CNW/M23).

Kids' Long Jump

1. Sarah Blatchford (un/F14) 3.98m (13-0 3/4); 2. Briahna Gibson (STC/F09) 2.83m (9-3 1/2); 3. Ruben Joseph (CasStr/M07) 2.74m (8-11 3/4); 4. Melissa Long (un/F10) 2.60m (8-6 1/4); 5. Isabelle Long (un/F11) 2.41m (7-11); 6. Lauren Stavig (un/F07) 2.37m (7-9 1/4); 7. Josh Rauvole (un/M07) 2.26m (7-5); 8. Mason Wachter (un/M06) 2.19m (7-2 1/4); 9. Sara Surface (un/F11) 2.19m (7-2 1/4); 10. Kylie Russell (un/F07) 2.15m (7-0 3/4); 11. Cheyenne Calvo (un/F07) 2.10m (6-10 3/4); 12. Alexa Rauvole (un/F10) 2.06m (6-9); 13. Carson Wachter (un/M05) 2.05m (6-8 3/4); 14. Kayla Zabel (un/F11) 1.98m (6-6); 15. Meghan Hanrahan (un/F10) 1.89m (6-2 1/2); 16. Bridgette Long (un/F07) 1.85m (6-0 3/4); 17. Jayce Knerr (un/M06) 1.82m (5-11 3/4); 18. Justin Zabel (un/M07) 1.80m (5-10 3/4); 19. Rylee Reese-Rutkowski (un/F05) 1.50m (4-11); 20. Elian Joseph (CasStr/M04) 1.03m (3-4 1/2); 21. Logan Russell (un/M05) 1.03m (3-4 1/2).

Women's Long Jump

1. Valan Calvo (STC/F17) 4.03m (13-2 3/4); 2. Susan Walkup (un/F22) 3.00m (9-10).

Men's Long Jump

1. Drew Guttorsen (un/M18) 5.96m (19-6 3/4); 2. Patrick Ni (un/M18) 5.92m (19-5); 3. Bryan Jacobson (un/M20) 5.90m (19-4 1/4); 4. Keith Kochendorfer (un/M18) 5.87m (19-3); 5. Bruce Thomas (un/M15) 5.02m (16-5 3/4); 6. Jean Blatchford (un/M16) 5.01m (16-5 1/4); 7. Tony Young (CNW/M45) 4.40m (14-5 1/4); 8. John O'Hearn (CNW/M45) 3.78m (12-4 3/4); 9. Al Erickson (un/M78) 2.80m (9-2 1/4); 10. Gary Wright (un/M69) 2.36m (7-9); nm. Peter Rizzarda (un/M25).

Men's Triple Jump

1. Bruce McLean (CNW/M51) 8.72m (28-7 1/4); 2. Gary Wright (un/M69) 5.90m (19-4 1/4); nm. Tony Young (CNW/M45), John O'Hearn (CNW/M45), and Chris Tremonte (un/M27).

Kid's Shot Put

(6-lb) 1. Brock Eager (un/M11) 7.60m (24-11 1/4); 2. Meghan Hanrahan (un/F10) 6.81m (22-4).

Women's Shot Put

(4kg) 1. Aida Malanovic (un/F24) 10.48m (34-4 1/2).

Men's Shot Put

(1kg) 1. Al Erickson (un/M78) 7.83m (25-8 1/4); 2. Leon Joslin (un/M95) 5.51m (18-1).
(12-lb) 1. Andrey Levkiv (un/M17) 15.38m (50-5 1/2); 2. Armin Basic (un/M16) 14.00m (45-11 1/4); 3. Derek Eager (un/M15) 11.15m (36-7); 4. Randy McLeod (un/M16) 10.35m (33-11 1/2).
(16-lb) 1. Dan Eernisse (un/M45) 10.55m (34-7 1/4); 2. Tony Young (CNW/M45) 7.91m (25-11 1/2); 3. John O'Hearn (CNW/M45) 7.39m (24-3); 4. Chris Tremonte (un/M27) 5.57m (18-3 1/4).

Women's Discus Throw

(1kg) 1. Mary Parker (un/F26) 47.92m (157-2); 2. Kathleen Hart (un/F22) 35.98m (118-0); 3. Aida Malanovic (un/F24) 32.12m (105-4); 4. Emily Anderberg (un/F16) 30.73m (100-9); 5. Kylie Eager (un/F12) 11.23m (36-10 1/4).

Men's Discus Throw

(1kg) 1. Al Erickson (un/M78) 20.42m (67-0); 2. Brock Eager (un/M11) 19.96m (65-5 3/4); 3. Leon A. Joslin (un/M95) 16.06m (52-8 1/2).
(1.6kg) 1. Andrey Levkiv (un/M17) 41.69m (136-9); 2. Derek Eager (un/M15) 39.03m (128-0); 3. Armin Basic (un/M16) 35.39m (116-1); 4. Randy McLeod (un/M16) 27.98m (91-9).
(2kg) 1. Dan Eernisse (un/M45) 30.89m (101-4); 2. Tony Young (CNW/M45) 21.61m (70-10 3/4).

Kid's TurboJav™ Toss *(measured in feet using the football yard markers)*

1. Brock Eager (un/M11) 54-0; 2. Ruben Joseph (CasStr/M07) 51-0; 3. Isabelle Long (un/F11) 40-6; 4. Jonathan Robinson (un/M07) 36-0; 5. Melissa Long (un/F10) 36-0; 6. Kayla Zabel (un/F11) 33-0; 7. Nicholas Goodwin (un/M04) 31-6; 8. Carson Wachter (un/M05) 30-0; 9. Josh Rauvole (un/M07) 27-0; 10. Meghan Hanrahan (un/F10) 22-6; 11. Alexa Rauvole (un/F10) 21-0; 12. Justin Zabel (un/M07) 18-0; 13. Cheyenne Calvo (un/F07) 18-0; 14. Joshua Wolters (un/M06) 15-0; 15. Logan Russell (un/M05) 15-0; 16. Gabe Robinson (un/M05) 15-0; 17. Mason Wachter (un/M06) 13-6; 18. Mikayla Goodwin (un/F06) 12-0.

Women's Javelin Throw

(600g) 1. Ally Mueller (un/F16) 32.75m (107-5); 2. Marlee Elston (un/F16) 28.15m (92-4); 3. Jennifer Conner (un/F22) 24.12m (79-1 1/4).

Men's Javelin Throw

(600g) 1. Al Erickson (un/M78) 24.17m (79-3 1/2); 2. Brock Eager (un/M11) 18.78m (61-7 1/4).
(800g) 1. Vince Kinney (PSU/M20) 51.57m (169-2); 2. Damir Basic (un/M17) 49.82m (163-5); 3. Jason Foster (un/M19) 45.45m (149-1); 4. Derek Eager (un/M15) 45.33m (148-8); 5. Tony Young (CNW/M45) 39.03m (128-0); 6. Geoff Appel (un/M30) 36.76m (120-7); 7. Armin Basic (un/M16) 34.76m (114-0); 8. Scott Copeland (un/M48) 33.67m (110-5); 9. Chad Smith (un/M21) 30.64m (100-6); 10. Randy McLeod (un/M16) 29.80m (97-9); 11. John O'Hearn (CNW/M45) 18.50m (60-8 1/4); 12. Chris Tremonte (un/M27) 18.26m (59-11).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Eric Schulz (un/M11) 13.8h; 2. Kate Scheele (un/F13) 14.1h; 3. Jake Singer (un/M14) 14.5h; 4. Gabriel Joseph (CasStr/M11) 14.8h; 5. (tie) Emerson Schulz (un/M09) and Amy-Eloise Neale (STC/F12) 15.1h; 7. (tie) Rachel Thorne (un/F11) and David Goldstone (FWTC/M12) 16.0h; 9. Benjamin Wolters (un/M08) 16.6h; 10. (tie) Sam Prestrud (un/M11) and Elena Joseph (CasStr/F10) 16.7h; 12. (tie) Melissa Long (un/F10), Zabrina Bateh (un/F10), and Jesse Goldstone (FWTC/M08) 17.1h; 15. (tie) Mikayla Goodwin (un/F06), Ruben Joseph (CasStr/M07), and Bri Gibson (STC/F09) 17.4h; 18. Jayce Knerr (un/M06) 17.6h; 19. Isabelle Long (un/F11) 17.7h; 20. Kylie Russell (un/F07) 18.3h; 21. Jake Rauvole (un/M12) 18.4h; 22. (tie) Josh Rauvole (un/M07) and Joshua Wolters (un/M06) 19.5h; 24. Cheyenne Calvo (un/F07) 19.5h; 25. Sari Surface (un/F11) 20.0h; 26. Montana Hodege (un/F10) 20.4h; 27. (tie) Kayla Whitesel (un/F07) and Kayla Zabel (un/F11) 21.0h; 29. Randall Schulz (un/M05) 21.2h; 30. Logan Russell (un/M05) 21.6h; 31. Mason Wachter (un/M06) 21.7h; 32. Rylee Reese-Rutkowski (un/F05) 22.3h; 33. Elian Joseph (CasStr/M04) 23.0h; 34. Carson Wachter (un/M05) 25.0h; 35. Gabe Robinson (un/M05) 29.7h; 36. Sophie Wolters (un/F03) 32.7h; 37. Mason Tobey (un/M02) 33.4h.

Kid's 50-meter Dash

1. Jake Singer (un/M14) 7.4h; 2. David Goldstone (FWTC/M12) 8.2h; 3. Rachel Thorne (un/F11) 8.3h; 4. Benjamin Wolters (un/M08) 8.4h; 5. Sam Prestrud (un/M11) 8.5h; 6. (tie) Melissa Long (un/F10) and Ruben Joseph (CasStr/M07) 8.8h; 8. Jesse Goldstone (FWTC/M08) 8.8h; 9. Bri Gibson (STC/F09) 8.8h; 10. Jayce Knerr (un/M06) 8.9h; 11. (tie) and Lauren Stavig (un/F07) and Zabrina Bateh (un/F10) 9.0h; 13. Isabelle Long (un/F11) 9.1h; 14. Brigitte Long (un/F07) 9.3h; 15. Kylie Russell (un/F07) 9.5h; 16. Alexa Rauvole (un/F10) 9.9h; 17. Josh Rauvole (un/M07) 10.1h; 18. Mason Wachter (un/M06) 10.2h; 19. (tie) Sari Surface (un/F11), Jake Rauvole (un/M12), and Kayla Whitesel (un/F07) 10.3h; 22. Carson Wachter (un/M05) 10.5h; 23. (tie) Kayla Zabel (un/F11) and Mikayla Goodwin (un/F06) 10.7h; 25. Montana Hodege (un/F10) 10.8h; 26. Rylee Reese-Rutkowski (un/F05) 11.0h; 27. Justin Zabel (un/M07) 11.3h; 28. Logan Russell (un/M05) 11.7h; 29. Joshua Wolters (un/M06) 11.9h; 30. Elian Joseph (CasStr/M04) 12.0h; 31. Sophie Wolters (un/F03) 19.1h; 32. Mason Tobey (un/M02) 21.5h; 33. Jakob Schulz (un/M03) 26.6h.

Kid's 200-meter Dash

1. Eric Schulz (un/M11) 28.4h; 2. Gabriel Joseph (CasStr/M11) 29.8h; 3. Jake Singer (un/M14) 30.7h; 4. David Goldstone (FWTC/M12) 32.4h; 5. Rachel Thorne (un/F11) 34.9h; 6. Elena Joseph (CasStr/F10) 35.4h; 7. Benjamin Wolters (un/M08) 35.6h; 8. Jesse Goldstone (FWTC/M08) 35.8h; 9. (tie) Bri Gibson (STC/F09) and Kelsey Dunn (un/F11) 36.2h; 11. Sam Prestrud (un/M11) 37.3h; 12. Zabrina Bateh (un/F10) 37.7h; 13. Jake Ruavole (un/M12) 37.8h; 14. Ruben Joseph (CasStr/M07) 39.2h; 15. (tie) Jayce Knerr (un/M06) and Lauren Stavig (un/F07) 39.6h; 17. Carissa Fillman (un/F09) 40.7h; 18. Kylie Russell (un/F07) 42.2h; 19. Kayla Whitesel (un/F07) 43.4h; 20. Sari Surface (un/F11) 44.2h; 21. Randall Schulz (un/M05) 44.4h; 22. Cheyenne Calvo (un/F07) 44.6h; 23. Mikayla Goodwin (un/F06) 46.9h; 24. Carson Wachter (un/M05) 48.0h; 25. Mason Wachter (un/M06) 49.7h; 26. Montana Hodege (un/F10) 50.9h; 27. Joshua Wolters (un/M06) 53.7h; 28. Elian Joseph (un/M04) 54.0h; 29. Logan Russell (un/M05) 1:06.4h.

Kid's Mile Jog

1. David Goldstone (FWTC/M12) 5:23.3h; 2. Amy-Eloise Neale (STC/F12) 5:33.5h; 3. Eric Schulz (un/M11) 6:07.3h; 4. Gabriel Joseph (CasStr/M11) 6:10.7h; 5. Jesse Goldstone (FWTC/M08) 6:14.1h; 6. Emerson Schulz (un/M09) 6:18.3h; 7. Bri Gibson (STC/F09) 6:19.0h; 8. Zabrina Bateh (un/F10) 6:21.7h; 9. Sam Prestrud (un/M11) 6:58.0h; 10. Rachel Thorne (un/F11) 8:42.2h; 11. Lauren Stavig (un/F07) 9:05.5h; 12. Montana Hodege (un/F10) 9:17.1h; 13. Jonathan Robinson (un/M07) 9:39.8h; 14. Courtney Lee (un/F09) 11:03.2h; dnf. Kayla Whitesel (un/F08) did three laps.

Firefighters Mile Jog

1. Tony Robinson (CNW/M40) 10:02.6h.

Men's 110-meter Hurdles

(42") 1. Chris Randolph (CNW/M23) 14.8h.
(39") 1. Daniel Anderson (un/M18) 17.1h.

Women's 100-meter Dash

1. Rachel Meis (un/F17) 12.6h; 2. Kate Scheele (un/F13) 14.0h; 3. Sarah Blatchford (un/F14) 14.5h.

Men's 100-meter Dash

1. Stephane Jordan (un/M17) 11.0h; 2. Drew Guttormsen (un/M18) 11.3h; 3. Patrick Ni (un/M18) 11.5h; 4. (tie) Leonardo Santana (un/M17) and Charles Kim (un/M18) 11.3h; 6. Chad Smith (un/M21) 11.7h; 7. David Webster (un/M38) 11.8h; 8. Keith Kochendorfer (un/M18) 11.9h; 9. Will Fields (un/M16) 12.0h; 10. Chris Chan (un/M15) 12.1h; 11. (tie) Rob Voce (un/M41) and Jean Blatchford (un/M16) 12.2h; 13. (tie) Bruce Thomas (un/M15), Daniel Goldstein (un/M14), and

Scott Copeland (un/M42) 12.5h; 16. Rod Wilcox (un/M41) 12.8h; 17. Nicolandro Leopando (un/M15) 13.1h; 18. Tony Young (CNW/M45) 13.4h; 19. Art Turock (un/M57) 13.7h; 20. John O'Hearn (CNW/M45) 13.7h; 21. Chris Tremonte (un/M27) 14.7h; 22. Gary Wright (un/M69) 18.7h.

Co-ed Jogger's Mile Run *(listed in order of best prediction)*

1. Bri Gibson (STC/F09) 6:30-6:30 **ZERO!**; 2. (tie) Chuck Meis (un/M49) 6:20-6:19 **-1**, Ken Lilly (un/M53) 10:00-10:01 **+1**, Amy-Eloise Neale (STC/F12) 5:42-5:43 **+1**, and Trisha Steidl (SRC/F30) 7:27-7:26 **-1**; 6. Craig Jones (un/M58) 7:45-7:47 **+2**; 7. (tie) Chad Smith (un/M21) 7:30-7:27 **-3**, Tony Robinson (CNW/M40) 7:30-7:27 **-3**, and Tony Young (CNW/M45) 6:20-6:23 **+3**; 10. Matt Hollingsworth (CNW/M39) 7:15-7:11 **-4**; 11. (tie) Jesse Goldstone (FWTC/M08) 6:30-6:25 **-5** and David Schach (un/M49) 8:00-7:55 **-5**; 13. (tie) Gene Fisher (un/M26) 7:20-7:13 **-7** and Chris Tremonte (un/M27) 6:45-6:38 **-7**; 15. (tie) Matt Crawford (un/M14) 7:00-7:08 **+8**, Jack Prestrud (un/M50) 6:24-6:32 **+8**, and Ian Brown (CNW/M44) 6:10-6:18 **+8**; 18. (tie) John O'Hearn (CNW/M45) 7:00-7:09 **+9** and Zabrina Bateh (un/F10) 7:00-6:51 **-9**; 20. Michael Allison (CNW/M55) 7:30-7:20 **-10**; 21. (tie) Brenda Carter (un/F39) 8:40-8:27 **-13** and Kwame Turner (un/M65) 8:00-7:47 **-13**; 23. John Goldstone (un/M49) 6:30-6:44 **+14**; 24. Nick Fleming (CNW/M50) 7:56-7:39 **-17**; 25. (tie) Tyler Frederickson (un/M32) 8:30-8:11 **-19** and John Swenson (un/M48) 6:50-6:31 **-19**; 27. Mike Smith (un/M31) 7:00-7:23 **+23**; 28. Sherri Prather (CNW/F53) 7:15-7:40 **+25**; 29. Robert Bartholomew (un/M23) 6:44-7:10 **+26**; 30. (tie) David Goldstone (FWTC/M12) 6:00-5:33 **-27** and Sergei Ivanov (un/M26) 8:30-8:57 **+27**; dnf. Joe Wilcox (un/M64), Brian Stavig (un/M38), and Lauren Stavig (un/F07).

Co-ed 400-meter Relay

1. Team Panda (Patrick, Leo, Stephane, Drew) 44.4h; 2. Team X-treme (Sarah Blatchford, Jean Blatchford, Rod Wilcox, ?) 56.3h; 3. Barrow of Monkeys (O'Hearn, Young, Oster, Wright) 1:02.2h; 4. Cascade Striders (Ruben Joseph M07, Emeron Schulz M09, Gabriel Joseph M11, Eric Schulz M11) 1:06.0h; dnf. The Pink Elephants (Chris Chan, Nicolandro Leopande, Bruce Thomas, Will Fields).

Men's Mile Run

1. Matt Koenigs (Brooks/M27) 4:46.0h; 2. Tony Young (CNW/M45) 4:49.4h; 3. Ian Brown (CNW/M44) 4:49.7h; 4. John O'Hearn (CNW/M45) 4:50.0h; 5. Gene Fisher (un/M26) 4:58.0h; 6. Matt Hollingsworth (CNW/M39) 4:58.0h; 7. Chris Tremonte (un/M27) 4:58.3h; 8. Jack Prestrud (un/M50) 4:58.7h; 9. Michael Allison (CNW/M55) 4:59.1h; 10. Sergei Ivanov (un/M26) 5:13.4h; 11. Tyler Frederickson (un/M32) 5:21.2h; 12. Mike Smith (un/M31) 5:33.1h; 13. Brad Nelson (un/M38) 5:36.0h; 14. Rick Garrison (un/M54) 5:36.0h; 15. John Goldstone (un/M49) 5:39.5h; 16. Craig Jones (un/M58) 6:32.6h; 17. Joe Wilcox (un/M64) 6:36.0h.

Women's 400-meter Dash

1. Bri Gibson (STC/F09) 1:21.8h; 2. Sherri Prather (CNW/F53) 1:27.9h; 3. Elena Joseph (CasStr/F10) 1:32.8h.

Men's 400-meter Dash

1. Leonardo Samana (un/M17) 53.7h; 2. Vince Kinney (PSU/M20) 53.9h; 3. Will Fields (un/M16) 58.0h; 4. Bruce Thomas (un/M15) 58.3h; 5. Rob Voce (un/M41) 59.9h; 6. Tony Young (CNW/M45) 1:00.2h; 7. Arny Stonkus (CNW/M52) 1:02.4h; 8. Scott Copeland (un/M48) 1:02.9h; 9. Chad Smith (un/M21) 1:03.1h; 10. Chris Tremonte (un/M27) 1:04.8h; 11. David Goldstone (FWTC/M12) 1:05.8h; 12. John O'Hearn (CNW/M45) 1:08.3h; 13. Eric Schulz (un/M11) 1:08.4h; 14. Nicolandro Leopando (un/M15) 1:08.7h; 15. Emerson Schulz (un/M09) 1:17.5h; 16. Jesse Goldstone (FWTC/M08) 1:20.2h; 17. Gary Wright (un/M69) 1:26.4h; 18. Ruben Joseph (un/M07) 1:44.6h; 19. Elian Joseph (un/M04) 2:04.7h.

Women's 800-meter Dash

1. Brenda Carter (un/F46) 2:46.1h.

Men's 800-meter Dash

1. Tony Young (CNW/M45) 2:14.2h; 2. Gene Fisher (un/M26) 2:16.2h; 3. C.J. Michaels (un/M42) 2:18.4h; 4. John O'Hearn (CNW/M45) 2:19.1h; 5. Eric Bone (SRC/M33) 2:20.2h; 6. Sergei Ivanov (un/M26) 2:20.9h; 7. Bob Prather (CNW/M52) 2:21.6h; 8. Lance Albertson (un/M45) 2:23.3h; 9. Michael Allison (CNW/M55) 2:24.6h; 10. Chris Tremonte (un/M27) 2:25.2h; 11. Perry Rodgers (un/M45) 2:28.9h; 12. Gabriel Joseph (CasStr/M11) 2:41.2h; 13. Michael Guttormsen (un/M49) 2:41.6h; 14. Craig Jones (un/M58) 3:03.9h.

Co-ed 1600-meter Relay

1. Cascade Striders (Emerson Schulz M 11 1:22, Elena Joseph F10 1:36, Gabriel Joseph M11 1:15, Eric Schulz M11 1:29) 5:42.2h.

Women's 5000-meter Run

1. Trisha Steidl (SRC/F30) 18:20.1h.

Men's 5000-meter Run

1. Myron Brixner (un/M23) 15:43.1h; 2. Kenneth Chilcoat (un/M21) 16:54.6h; 3. Tony Young (CNW/M45) 17:29.1h; 4. Chris Tremonte (un/M27) 17:30.1h; 5. Ian McLeod (un/M16) 17:30.6h; 6. Robert Bartholomew (un/M23) 17:35.5h; 7. John O'Hearn (CNW/M45) 17:40.2h; 8. Kevin Adams (un/M50) 18:09.5h; 9. David Schach (un/M49) 18:10.5h; 10. Paul Huynh (un/M16) 18:13.4h; 11. Eric Bone (SRC/M33) 18:19.2h; 12. Michael Allison (CNW/M55) 19:09.4h; 13. Bill "Birthday Boy" Cusworth (SRC/M40) 19:29.9h; 14. Matt Hollingsworth (CNW/M39) 20:13.2h; 15. Ken Lilly (un/M53) 23:32.8h; 16. Doug Sturn (un/M57) 25:23.3h.

Events not held

Women's Triple Jump, Open Mile Race Walk, Women's 100-meter Hurdles, and Women's Mile Run

The Big Hurt

An unofficial all-events (except the really hard ones) challenge between Tony, John, and Chris:

name (affiliation/age)	1 HJ	2 LJ	3 TJ	4 SP	5 DT	6 JT	7 100	8 JMile	9 Mile	10 400	11 800	12 5k	Tot Pts
Tony Young (CNW/M45)	5	5	0	5	5	5	5	5	5	5	5	5	55
John O'Hearn (CNW/M45)	0	3	0	3	0	3	3	1	3	1	3	1	21
Chris Tremonte (un/M27)	0	0	0	1	0	1	1	3	1	3	1	3	14